

Update for the week of 10/6/2025

Wow - getting ready to enter our 5th week of the season already and our first hosted meet is only a few days away. Great job by the seniors this weekend up at Roger Williams for their Pink Pentathlon.

SCHEDULE CHANGES

Friday 10/10 - All Masuk (Junior & Senior) practices are canceled due to a girls home swim meet.

Saturday 10/11 - No practice for any groups due to our hosted meet at Masuk.

****Any practice not listed as changed are on as normal****

FOR PARENTS PLANNING (subject to change)

Masuk Home Swim Meets: 10/14

Sacred Heart Home Swim Meets (held at McCann): 10/25 (aquajets), 11/22 (SHU), 1/17 (SHU)

SWIM MEETS

- 1. All meets through Christmas are posted, please watch deadlines. The Santa meet is awesome for our little ones with a lot of characters walking around and even the big man himself sometimes makes an appearance.
- 2. Unless you were a late add after the deadline, if you do not see your name on an entry then you are not in the meet.
- 3. LAST CALL: UVAC, The CDOG IMX and our Rapids hosted Fall into Freestyle meets all become final on Tuesday. After Tuesday you are responsible for the splash fees. Let me know by Tuesday if you need to be added or removed from any of these meets. UVAC events may change as we get closer to the meet.
- 4. Meet Notes that contain everything parents will need to know for the meet usually get sent out the Wednesday/Thursday before a meet.
- 5. Our first hosted meet of the season is coming up quickly, look for a separate email on that meet.



RAPIDS SWIM TEAM