

WELCOME TO CAT

Welcome to the Clearwater Aquatic Swim Team, we look forward to building character and achievement with your swimmer. The Clearwater Aquatic Team is a premier competitive swim club that is committed to excellence. Here you will find that the coaches strive to develop the full potential of each athlete while stressing sportsmanship and team unity. The Clearwater Aquatic Team will prepare your swimmer to compete successfully at local, state, national, and international levels of competition.

At each level, the goals and objectives are specific and directed toward meeting the needs of the swimmer. As each child is different, he/she will progress at his/her own rate. The coaching staff at CAT recognizes this fact by making team assignments based on a swimmers physical, mental and emotional development.

HOW TO BECOME A SUCCESSFUL SWIMMER

- Have a good attitude
- Listen to your coach
- Communicate with your coach
- Attend weekly practices
- Arrive at least 10 min. BEFORE practice starts
- Have ALL equipment needed for class and be ready BEFORE practice begins
- Good Nutrition
- Set Goals
- Have good sportsmanship in and out of the pool