

# 2024 IN Swimming Senior Open and Elite Camps

These SENIOR CAMPS will be held in conjunction with USA Swimming's Olympic Trials in Indianapolis.

#### FEATURING THREE-TIME OLYMPIAN JOSH DAVIS

- ✓ Olympian Josh Davis (1996 & 2000) will lead the camps
- ✓ One Morning <u>or</u> Evening training session
- Attend corresponding Morning <u>or</u> Evening Trials session as Team Indiana
- 🗸 Team Indiana T-Shirt

## ATHLETES RESPONSIBILTY

- Only basic swim equipment required for training (suits, caps, goggles, towels)
- Transportation between practice and Lucas Oil Stadium
- Own meals and snacks

#### **REGISTRATION REQUIREMENTS**

Each camp is open to 40 athletes (20 female and 20 male) as described below. Camps will be filled on a first-come/first-serve registration basis.

#### SENIOR OPEN CAMP

 Successfully completed freshman year of high school

#### SENIOR ELITE CAMP

- Successfully completed freshman year of high school
- Achieved a <u>current</u> 2024
  Spring Senior Championship individual cut

We are very lucky to have a partnership with Josh Davis for the past ten years. Using his experiences and endless enthusiasm, Josh paints a picture of what it is like to be a world champion. Josh is truly the embodiment of the Olympic Spirit. – Tony Young, Executive Director, Indiana Swimming Half-Day Motivational Training Camp In Conjunction with USA Swimming's Olympic Trials

> SENIOR OPEN June 17, 2024 (1 Session)

SENIOR ELITE June 20 & 22, 2024 (4 Sessions)

<u>Training Location</u> Ruth Lilly Fitness Center on the campus of the University of Indianapolis

> <u>Cost</u> \$55/athlete

Registration Opens Dec 18, 2023





# 2024 IN Swimming Age Group Developmental and Elite Camps

These AGE GROUP CAMPS will be held in conjunction with USA Swimming's Olympic Trials in Indianapolis.

#### FEATURING THREE-TIME OLYMPIAN JOSH DAVIS

- ✓ Olympian Josh Davis (1996 & 2000) will lead the camps
- ✓ One Morning <u>or</u> Afternoon training session
- Attend corresponding Morning <u>or</u> Evening Trials session as Team Indiana
- 🗸 Team Indiana T-Shirt

## ATHLETES RESPONSIBILTY

- Only basic swim equipment required for training (suits, caps, goggles, towels)
- Transportation between practice and Lucas Oil Stadium
- Own meals and snacks

#### **REGISTRATION REQUIREMENTS**

Each camp is open to 40 athletes (20 female and 20 male) with required time standards listed below. Camps will be filled on a first-come/first-serve registration basis.

#### AGE GROUP DEVELOPMENTAL

- ✓ Age 11-14 on day of camp
- Achieved a <u>current</u> individual cut from 2024 Divisional single-age standards

## AGE GROUP ELITE

#### ✓ Age 11-14 on day of camp

 Achieved a <u>current</u> individual cut from 2024 Age Group State Championship single-age standards

We are very lucky to have a partnership with Josh Davis for the past ten years. Using his experiences and endless enthusiasm, Josh paints a picture of what it is like to be a world champion. Josh is truly the embodiment of the Olympic Spirit. – Tony Young, Executive Director, Indiana Swimming Half-Day Motivational Training Camp In Conjunction with USA Swimming's Olympic Trials

AGE GROUP DEVELOPMENTAL June 19 & 21, 2024 (2 Sessions)

> AGE GROUP ELITE June 18, 2024 (2 Sessions)

<u>Training Location</u> Ruth Lilly Fitness Center on the campus of the University of Indianapolis

> <u>Cost</u> \$55/athlete

<u>Registration</u> Opens Dec 18, 2023

