

2024 IN Swimming Senior Open and Elite Camps

These SENIOR CAMPS will be held in conjunction with USA Swimming's Olympic Trials in Indianapolis.

FEATURING THREE-TIME OLYMPIAN JOSH DAVIS

- ✓ Olympian Josh Davis (1996 & 2000) will lead the camps
- ✓ One Morning <u>or</u> Evening training session
- Attend corresponding Morning <u>or</u> Evening Trials session as Team Indiana
- 🗸 Team Indiana T-Shirt

ATHLETES RESPONSIBILTY

- Only basic swim equipment required for training (suits, caps, goggles, towels)
- Transportation between practice and Lucas Oil Stadium
- Own meals and snacks

REGISTRATION REQUIREMENTS

Each camp is open to 40 athletes (20 female and 20 male) as described below. Camps will be filled on a first-come/first-serve registration basis.

SENIOR OPEN CAMP

 Successfully completed freshman year of high school

SENIOR ELITE CAMP

- Successfully completed freshman year of high school
- Achieved a <u>current</u> 2024
 Spring Senior Championship individual cut

We are very lucky to have a partnership with Josh Davis for the past ten years. Using his experiences and endless enthusiasm, Josh paints a picture of what it is like to be a world champion. Josh is truly the embodiment of the Olympic Spirit. – Tony Young, Executive Director, Indiana Swimming Half-Day Motivational Training Camp In Conjunction with USA Swimming's Olympic Trials

> SENIOR OPEN June 17, 2024 (1 Session)

SENIOR ELITE June 20 & 22, 2024 (4 Sessions)

<u>Training Location</u> Ruth Lilly Fitness Center on the campus of the University of Indianapolis

> <u>Cost</u> \$55/athlete

Registration Opens Dec 18, 2023





2024 IN Swimming Age Group Developmental and Elite Camps

These AGE GROUP CAMPS will be held in conjunction with USA Swimming's Olympic Trials in Indianapolis.

FEATURING THREE-TIME OLYMPIAN JOSH DAVIS

- ✓ Olympian Josh Davis (1996 & 2000) will lead the camps
- ✓ One Morning <u>or</u> Afternoon training session
- Attend corresponding Morning <u>or</u> Evening Trials session as Team Indiana
- 🗸 Team Indiana T-Shirt

ATHLETES RESPONSIBILTY

- Only basic swim equipment required for training (suits, caps, goggles, towels)
- Transportation between practice and Lucas Oil Stadium
- Own meals and snacks

REGISTRATION REQUIREMENTS

Each camp is open to 40 athletes (20 female and 20 male) with required time standards listed below. Camps will be filled on a first-come/first-serve registration basis.

AGE GROUP DEVELOPMENTAL

- ✓ Age 11-14 on day of camp
- Achieved a <u>current</u> individual cut from 2024 Divisional single-age standards

AGE GROUP ELITE

✓ Age 11-14 on day of camp

 Achieved a <u>current</u> individual cut from 2024 Age Group State Championship single-age standards

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AGE GROUP DEVELOPMENTAL June 19 & 21, 2024 (2 Sessions)

> AGE GROUP ELITE June 18, 2024 (2 Sessions)

<u>Training Location</u> Ruth Lilly Fitness Center on the campus of the University of Indianapolis

> <u>Cost</u> \$55/athlete

<u>Registration</u> Opens Dec 18, 2023

