

Expectations How does it work?

Thanks for your interest in being a chaperone for the Tri City Channel Cats swim team. Listed below are the duties and expectations for any Channel Cat chaperone. If you have questions, please ask one of the coaches.

Required by USA Swimming and reimbursable through TCCC

- 1. Register with USA Swimming as a non-athlete
- 2. Complete the USA Swimming background check
- 3. Complete the Athlete Protection Training program with USA Swimming
- 4. Follow MAAPP and ask if there are questions

Responsibilities during travel

1. Be available to coaches/athletes for the entire travel meet, no side trips

2. Establish a food plan before the trip and adjust it daily with coaches 3. Arrange dinner area prior to arriving at hotel (if eating at hotel) 4. Act as the parent for every athlete, not just your own

- 5. If you buy your athlete something special, plan on getting that same thing for entire team
- 6. Collect swimmers' cell phones each night at assigned time, make sure they turn off alarms and wrap cord before handing to you and charge them in your room on power strips in the kit
- 7. Phone collection means lights out and quiet
- 8. Do not look at any swimmers cell phone at any time
- 9. Return cell phones once the athlete has finished breakfast Make sure all swimmers are at breakfast at assigned time (coaches help) Make sure to check the eating area for any water bottles, cell phones or swim bags before following vans to the pool.

10. Be available for parent requests (e.g. allergies, medications, etc.) 11. Work cooperatively with other chaperones, it takes 4 to manage a group over 20

12. Get to know all the swimmers, not just your child's best friends 13. Pay for team meals (reimbursable) Some are \$400.00 (credit card suggested) and gas (save receipts)

14. Keep within allotted budget (\$10) dinner and keep receipts, turn in last day or next day to Coach Todd.

- 15. Help any swimmer who gets sick on the trip
- 16. Keep the TCCC travel tote and keep it stocked, check first aid kit or bring your own-you will need it
- 17. Your child must be attending the meet as a swimmer, never enter their room or any other athletes room
- 18. Realize your attitude helps establish the mood for the entire travel team

What to expect

1. Very little down time, days start early and finish late

Chaperone Duties & Expectations

- 1. Your car (preferably large) will be packed and you will not see out the back very well because of luggage, team bags and meet gear
- Support coaches request and text group chat as needed, check on coaches at pool at lunch, sometimes they need to be added to lunch order The athletes will come to your room for snacks and beverages with your permission. Make sure they know the chaperones room number(in case they become ill in the night)
- 3. Have races printed for each athlete and make sure they know their heat and lane, have them use meet mobile as well
- 4. Be able to establish a night plan on room checks after phone pick up (10, 1030 and as needed depending on group.)
- 5. You may not be able to see every swim, including your own child Be patient, plans change at last minute
- 6. Be prepared to share a room with another chaperone
- 7. Expect to do a lot of driving and errands to store for items needed
- 8. No consumption of alcoholic beverages or drugs 24/7 as a chaperone