



**INDIANA IS
SWIMMING**

SWIMFEST

**ALL
IN**

CHAMPIONSHIPS

Sponsored by Speedo

July 11-14, 2024

Competition Locations:

IU Natatorium

Center Grove High School

Hosted by:

Franklin Regional Swim Team

Indiana Swimming

Sanctioned by USA Swimming and Indiana Swimming

IN24290

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DEADLINE CHECKLIST

DATE	TIME-DEADLINES (EST)	DESCRIPTION
Friday, July 5	11:59 pm	<u>Entry deadline</u> – all entries must be submitted through the online entry form
Sunday, July 7	11:59 pm	<u>New qualifier entry deadline/entry modification deadline</u> – new teams/unattached swimmers qualifying for the first time between Friday, July 5 and Sunday, July 7, and any changes to entries submitted before the entry deadline must submit entries through the online entry form
Tuesday, July 9	7:30 pm	Virtual coach’s meeting – link will be sent out prior to meeting
First session team/unattached swimmer competes	One hour prior to the start of the session	All fees, including any fines, due or the entire team will be scratched
Wednesday, July 10		Registration open at IU Natatorium 4:00-8:00 PM Pool open for warm up 5:00-8:00 PM
Thursday, July 11	One hour prior to the start of the Preliminary session	Scratch deadline for all Thursday events Positive check in deadline for the 13-14 Boys/Senior Girls 800 Free and 13-14 Girls/Senior Boys 1500 Free Scratch deadline for the 13-14 and Senior 400 Free Relays
	30 minutes after the start of the Finals session	Scratch deadline for all Friday events Scratch deadline for the 11-12, 13-14 and Senior 200 Medley relay and the Senior Women’s 800 Free Relay
Friday, July 12	One hour prior to the start of the 10 & Under timed final session	Scratch deadline for all Friday 10 & Under events Scratch deadline for the 10 & Under 200 Free Relay
	30 minutes after the start of the Finals session	Scratch deadline for all Saturday events Scratch deadline for the 11-12, 13-14 and Senior 200 Free Relay and the Senior Men’s 800 Free Relay
Saturday, July 13	One hour prior to the start of the 10 & Under timed final session	Scratch deadline for all Saturday 10 & Under events Scratch deadline for the 10 & Under 200 Medley Relay
	30 minutes after start of Finals session	Scratch deadline for Sunday events Positive check in deadline for the 13-14 Girls/Senior Boys 800 Free and 13-14 Boys/Senior Girls 1500 Free Scratch deadline for 13-14 and Senior 400 Medley Relays
Sunday, July 14	One hour prior to the start of the 10 & Under timed final session	Scratch deadline for all Sunday 10 & Under events
	End of meet	Pick up and individual and team awards before leaving

General Information

Meet Personnel

Meet Director - NAT
Paul Stockett
(484) 326-6875
stockett@frstswimming.com

Meet Director - NAT
Staci Finney
(317) 213-2004
stacikfinney@yahoo.com

Meet Director - CG
Tony Young
(317) 441-8323
tony@inswimming.org

Entry Chair
Michele DeLuna
(317) 501-9916
michele@inswimming.org

Meet Referee - NAT
Lucy Duncan
(317) 946-1371
lucyuss@aol.com

Meet Referee - CG
Mickey Smythe
(317) 748-9888
mickeymysmythe@comcast.net

Admin Referee
Troy Tricker
(317) 340-9995
troy.tricker@exaltric.com

Officials

Officials interested in officiating at these championships must complete the online Officials application on the Officials' page of the Indiana Swimming website. All Officials will be selected by the Indiana Swimming Officials Committee.

This meet has been approved as a 'Qualifying Meet' for all N2 and N3 position evaluations. Please include your evaluation request on the Official's application.

Rules

Current USA Swimming and Indiana Swimming rules will govern this meet, including MAAPP (Minor Athlete Abuse Prevention Policy).

Requirements and Conditions for Sanction: USA Swimming rules 202.4 and 202.5.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason or injuries to anyone during the conduct of the event.

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

As a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist in making arrangements for such supervision, but it is the swimmer's responsibility to make arrangements prior to the start of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel or below the knees, and for women, shall not cover the neck, extend past the shoulder, not extend below the knee.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas, and open ceiling locker-rooms) any time athletes, coaches, officials and/or spectators are present.

Use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, rest rooms or locker rooms.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc. cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever release and hold harmless USA Swimming and Indiana Swimming, the meet host and each of their officers, directors, agents, employees or other representatives from any liability or claims including for person injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection therewith.

SafeSport 360: The Minor Athlete Abuse Prevention Policy prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Adult Participants are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or before July 11, 2024, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or before July 11, 2024, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

Indiana Swimming Broadcast Policy & Image Authorization

Broadcast Statement: Any photographs, video or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal, non-commercial use, and may not be broadcast, published, disseminated or used for any commercial purposes without the prior written consent of Indiana Swimming.

Image Authorization: All participants agree to video and photography by the official photographer(s) and network(s) of Indiana Swimming and the meet host under the conditions authored by Indiana Swimming and USA Swimming and allow event organizers the right to use the names, pictures, likenesses and biographical information before, during or after the period of participation in this Indiana Swimming competition to promote such competition.

On Deck Image Recording: Video and photography on deck during this event is only allowed by approved USA Swimming member-coaches, media, webcasting staff and host photographer in their professional capacities or volunteers assigned by the meet host if so designated. No video or photographic images shall be recorded from behind the starting block or in any area where athletes are in a vulnerable position.

Facilities

These championships will utilize two facilities for the preliminary sessions, with the 11-12 and 13-14 preliminaries contested at the IU Natatorium and the Senior preliminaries contested at Center Grove High School. All 10 & Under timed final sessions and evening finals sessions will be contested at the IU Natatorium.

Results

Unofficial results will be available via Meet Mobile. No results will be posted in the concourse at either facility.

Lost and Found

Neither facility nor the event hosts are responsible for items left behind.

Admissions

All Session Pass: \$40

Single Day Pass: \$25

Single Session Pass: \$15

Ages 12 & Under Free

Coaches and Officials who are not working as coaches or officials must pay admission for access to the seating areas.

Psych Sheets and Heat Sheets

Available electronically for free on the event website and Meet Mobile.

Facility Notes

All swimmers, coaches, officials, and spectators are asked to treat the facilities like they were their own. Anyone caught abusing the building/facility will be asked to leave the meet immediately.

- Smoking, tobacco use, and vaping are strictly prohibited. The IU Indianapolis campus is a smoke free campus.
- Keep all trash picked up.
- Spectators, coaches, and athletes are to remain out of any unauthorized areas.
- No radios, bells, balls, or any other device that will be an inconvenience will be allowed.
- Vandalism will not be tolerated. Any individual caught vandalizing will be asked to leave for the remainder of the meet and no refunds will be issued.

Credentials

Only swimmers, coaches, officials, and meet volunteers will be allowed on the pool deck. There are no exceptions.

In compliance with Natatorium policy, all coaches, officials, and volunteers are required to show a valid government-issued ID to attain access to the deck level at this event. To receive meet packets and gain deck access, all coaches will be required to show proof of current membership in good standing with USA Swimming via their membership card.

Officials will be required to show proof of current membership in good standing with USA Swimming via their membership card as well as their USA Swimming certification cards.

The meet referee and/or meet directors reserve the right to deny access to anyone not in compliance.

Accidents

All accidents resulting in injury are to be reported to the meet directors. The online USA Swimming Report of Occurrence form must also be submitted. The lifeguarding staff will serve as the first responders for any injuries in the pool area during the meet.

IU Natatorium

Address

901 West New York St
Indianapolis, IN 46202

Pool Certification

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Water depth range on start end 1-3m from wall: 9'-10'

Water depth range on turn end 1-3m from wall: 9'-10'

Parking

Parking fees are determined by the University Parking Services and subject to change without notice. The meet host, Indiana Swimming, and the Natatorium staff have no influence on parking prices or procedures. Currently, the charge is \$7 each time the garage is entered. Payment is by credit card only.

Facility Entrance

The Natatorium may be entered from the parking garage or from the west entrance on University Boulevard.

Spectator Seating

Both concourses will be available for spectator seating. There are handicapped accessible areas.

Athlete Seating

There is ample seating for all teams and athletes on the pool deck.

Coach and Athlete Deck Access

Athletes will enter the pool level via the stairs on the east end of the concourse near the elevators and parking garage.

Swimmers, coaches, and officials must show their deck credentials to gain access to the pool deck.

Concessions

Concessions are available in the concourse. The host team and Natatorium staff have no control over the availability or cost of items, nor the hours of operation.

Center Grove High School Natatorium

Address

2717 S. Morgantown Rd
Greenwood, IN 46143

Pool Certification

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Water depth range on start end 1-3m from wall: 13'

Water depth range on turn end 1-3m from wall: 4'8"

Parking

CGHS is undergoing a construction project. Coaches, athletes, officials, and spectators should park in the student parking lots on the east side of the school next to the football field.

Facility Entrance

All coaches, athletes, officials and spectators will enter the building through Door 8. Once entering the building, the pool is straight ahead on the left.

Spectator Seating

There is seating for 600+ spectators in the elevated seating area, including handicapped accessible seating.

Athlete Seating

The deck has ample seating. Additional space for team seating will be available in the Student Activity Center. Swimmers should not camp in the spectator area.

Coach and Athlete Deck Access

Swimmers will enter the pool through the west hallway or through the locker rooms. Coaches can enter the pool through the west hallway.

Concessions

Concessions are available on site.

Meet Entry

Qualifying Period

January 1, 2023 through the late entry deadline of July 7, 2024

Eligibility

All swimmers, coaches and officials must have an ID number registered with Indiana Swimming, USA Swimming rule 202.5.

ISI will not process any on-deck registrations at this meet.

All 18 & Over athletes, including those turning 18 during the meet, must be MAAPP compliant.

Prior to entering the meet, it is the responsibility of NCAA college swimmers and teams to confirm eligibility with their school's compliance officer. It is strongly advised that the swimmer enter as unattached and compete for himself/herself. An NCAA swimmer may not compete for a club team during the academic college year.

There are no age restrictions on this meet. Any swimmer with qualifying times achieved during the qualifying period will be allowed to enter.

Swimmers with a disability wishing to compete in these championships must submit the Inclusion of Swimmers with Disabilities form before the deadlines listed in the document.

ISI will reimburse entry fees to clubs for swimmers registered with an Outreach membership after the event.

Entry Limits

14 & Under: Swimmers may enter an unlimited number of events but may swim no more than 6 individual events for the meet and no more than 3 individual events per day. Relay swims do not count toward the daily or meet totals.

Senior: Swimmers not entering bonus events may enter an unlimited number of events but may compete in no more than 6 individual events for the meet and no more than 3 individual events per day. Relay swims do not count toward the daily or meet total of individual events. Swimmers qualified in fewer than 4 individual events may enter bonus events. Bonus events must be 200 meters or shorter in distance. Swimmers with 1 qualifying individual event may enter 1 bonus event, swimmers with 2 qualifying individual events may enter up to 2 bonus events, and swimmers with 3 qualifying events may enter 1 bonus event. Relay only swimmers and swimmers entered in 4 or more qualified individual events do not qualify for bonus events.

Entry Fees

- Athlete Surcharge (including relay only swimmers and alternates): \$22.00 (\$16.00 to meet host/\$5.00 to Indiana Swimming/\$1.00 to Ancillary Fund)
- IU Natatorium Surcharge (age group swimmers only): \$1.50
- \$7.00 per individual event entry
- \$8.00 per Age Group relay entry
- \$10.00 per Senior relay entry

The total amount of all fees due, including any fines incurred due to late entry, shall be tendered no later than one hour prior to the start of the first session in which the team/athlete is competing or the entire team will be scratched from the meet.

Payments can be turned in at either the IU Natatorium or Center Grove High School. The Summary of Entries form can either be emailed or included with payment. No refunds shall be issued for events scratched after the entry modification deadline.

Entry Deadline/Associated Dates

It is the responsibility of the entering team/unattached swimmer to heed deadlines and be responsible for the accuracy of team entries. Times must be submitted in the course in which they were swum and may not be converted.

All entries must be submitted through the online entry form located on the Summer Championships page at www.inswimming.org. Teams must submit their entry file along with an entry report with each entry submission. Names of all athletes, including relay only swimmers, must appear in the entry and on the entry report.

▪ **Friday, July 5 by 11:59 pm (Eastern Time)**

All entries due via the online entry form. All teams/unattached swimmers with qualifying times prior to this deadline must submit an entry by this deadline. Entries after this date will be considered late and subject to the late entry fees. The only exception is a team/unattached swimmer who achieves a qualifying time between the Friday entry deadline and the Sunday modification deadline.

▪ **Saturday, July 6 by 11:59 pm (Eastern Time)**

Host will send a final entry report and exception report (if any) back to entering team/unattached swimmer via email.

▪ **Sunday, July 7 by 11:59 pm (Eastern Time)**

Entering teams must address their exceptions and submit final entries, including any modifications. Any modifications can be made to the initial entry, including event changes, addition/removal of swimmers, and relay additions/removal/changes.

Late Entries

Teams/unattached swimmers, including relay only swimmers, who neglect to enter an event by the Sunday, July 7, 11:59 pm entry deadline can enter up to one hour before the start of the first sessions of the meet. Late entries will be subject to the one-time \$100 late entry fee plus entry fees of \$14 per individual event, \$16 per Age Group relay, and \$20 per Senior relay. A team/unattached swimmer entered late may not make a change after entry.

Teams/unattached swimmers, including relay only swimmers, who's initial entry was submitted by the entry deadline but wish to make changes after the Sunday, July 7, 11:59 pm modification deadline may make changes, but will be assessed the one-time \$100 late entry fee and the modified events will be charged the late entry fees of \$14 per individual event, \$16 per Age Group relay, and \$20 per Senior relay.

Verification/Proof of Time

Indiana Swimming will verify all entries via SWIMS after the entry deadline. Any entry times that cannot be proven in the qualifying period through SWIMS will require submission of proof through the online proof submission form by Wednesday, July 10, at 12:00 pm Eastern Time or to the Meet Referee at the meet before the applicable scratch deadline. Any unproven times will result in the swimmer being scratched from the event.

Swimmers' names must be circled/highlighted on results.

Acceptable verifications are official results in pdf form from:

- USA Swimming sanctioned or approved meets.
- College, high school, junior high, YWCA or YMCA meets sanctioned by their respective governing organizations.
- Websites (provided host address is printed on the copy)
- Meet Mobile or Live Results with visible meet and date headers.
- Verification slips, time cards, timing system tapes or photocopies of such which are signed and dated by the referee.
- Official results from USA Swimming meets must be printed with either host team's name or the facility's name on each page.

Relays cannot be pre-proven. Any relay time entered slower than the qualifying standard after the modification deadline will be seeded at the qualifying standard. Any team's relay that fails to meet the qualifying standard or is disqualified in the competition will have to provide proof of time for all relays in that event. Proof requests will be sent to teams after the meet and any unproved relays will be assessed a \$100 non-refundable fee due to Indiana Swimming. A swimmer's name and time may only be used once per event to prove a relay time.

Time Standards

GIRLS			BOYS			
LCM	SCM	SCY	9 & Under	SCY	SCM	LCM
36.99	35.99	32.69	50 Free	32.19	35.39	36.89
1:23.79	1:20.89	1:13.59	100 Free	1:12.69	1:19.99	1:23.09
3:03.89	2:59.19	2:42.89	200 Free	2:35.69	2:51.29	2:56.89
44.89	42.19	38.39	50 Back	38.69	42.59	44.99
1:37.09	1:31.39	1:23.09	100 Back	1:22.39	1:30.59	1:34.89
49.69	47.89	43.59	50 Breast	42.89	47.19	49.99
1:49.89	1:44.79	1:35.29	100 Breast	1:35.59	1:45.09	1:48.89
42.89	41.79	37.99	50 Fly	37.09	40.79	42.19
1:41.09	1:37.89	1:28.99	100 Fly	1:27.39	1:36.09	1:41.19
3:25.79	3:17.99	2:59.99	200 IM	2:58.39	3:16.19	3:20.99

GIRLS			BOYS			
LCM	SCM	SCY	10	SCY	SCM	LCM
35.59	34.49	31.39	50 Free	31.19	34.29	35.69
1:20.19	1:17.49	1:10.49	100 Free	1:09.69	1:16.69	1:20.29
2:55.59	2:51.19	2:35.59	200 Free	2:32.09	2:47.29	2:52.79
42.89	40.39	36.69	50 Back	36.99	40.69	42.49
1:32.69	1:27.19	1:19.29	100 Back	1:19.89	1:27.89	1:33.29
48.19	45.89	41.69	50 Breast	42.39	46.59	49.99
1:44.99	1:41.09	1:31.89	100 Breast	1:33.09	1:42.39	1:48.89
40.79	39.79	36.19	50 Fly	35.89	39.49	41.59
1:37.79	1:32.49	1:24.09	100 Fly	1:24.19	1:32.59	1:41.19
3:17.09	3:09.59	2:52.39	200 IM	2:51.99	3:09.19	3:20.99

LCM	SCM	SCY	11	SCY	SCM	LCM
32.79	31.79	28.89	50 Free	28.59	31.39	32.79
1:11.59	1:08.99	1:02.69	100 Free	1:02.49	1:08.69	1:11.49
2:36.29	2:29.79	2:16.19	200 Free	2:15.49	2:28.99	2:34.99
5:28.79	5:22.09	6:08.09	400/500 Free	5:59.09	5:17.49	5:26.19
37.79	35.79	32.59	50 Back	33.09	36.39	38.19
1:23.09	1:17.59	1:10.59	100 Back	1:10.79	1:17.89	1:22.89
100 Back Standard			200 Back	100 Back Standard		
42.19	40.59	36.89	50 Breast	37.09	40.79	42.59
1:33.29	1:28.29	1:20.29	100 Breast	1:19.79	1:27.79	1:33.29
100 Breast Standard			200 Breast	100 Breast Standard		
35.39	34.39	31.29	50 Fly	31.79	34.99	35.79
1:20.89	1:18.09	1:10.99	100 Fly	1:10.89	1:17.99	1:20.99
100 Fly Standard			200 Fly	100 Fly Standard		
2:56.69	2:48.59	3:26.19	200 IM	2:33.79	2:49.19	2:57.29

LCM	SCM	SCY	12	SCY	SCM	LCM
31.69	30.59	27.79	50 Free	27.39	30.09	31.99
1:09.09	1:06.49	1:00.49	100 Free	59.79	1:05.79	1:09.69
2:29.99	2:24.99	2:11.79	200 Free	2:10.99	2:24.09	2:32.19
5:17.09	5:07.59	5:51.39	400/500 Free	5:47.79	4:59.99	5:21.89
36.79	34.49	31.39	50 Back	31.89	35.09	36.99
1:19.79	1:14.89	1:08.09	100 Back	1:08.79	1:15.69	1:20.99
100 Back Standard			200 Back	100 Back Standard		
41.19	39.39	35.79	50 Breast	36.09	39.69	42.09
1:30.49	1:25.59	1:17.79	100 Breast	1:17.49	1:25.19	1:33.29
100 Breast Standard			200 Breast	100 Breast Standard		
33.89	32.99	29.99	50 Fly	29.69	32.69	35.19
1:17.79	1:14.49	1:07.69	100 Fly	1:09.29	1:16.19	1:20.59
100 Fly Standard			200 Fly	100 Fly Standard		
2:49.89	2:42.89	2:28.09	200 IM	2:28.29	2:43.09	2:53.19

LCM	SCM	SCY	13	SCY	SCM	LCM
31.09	28.79	26.19	50 Free	24.59	26.99	29.39
1:07.49	1:02.39	56.69	100 Free	53.49	58.79	1:04.09
2:26.09	2:15.09	2:02.79	200 Free	1:56.29	2:07.89	2:19.99
5:07.39	5:00.39	5:26.59	400/500 Free	5:13.09	4:46.49	4:56.39
10:34.59	10:19.29	11:47.59	800/1000 Free	11:19.79	9:54.89	10:17.19
20:20.49	19:38.49	19:45.39	1500/1650 Free	18:57.49	18:50.79	19:38.99
1:16.19	1:11.49	1:04.99	100 Back	1:01.59	1:07.69	1:11.89
2:43.59	2:35.29	2:21.19	200 Back	2:14.09	2:27.49	2:35.89
1:25.69	1:22.49	1:14.99	100 Breast	1:09.29	1:16.19	1:20.59
3:04.89	2:56.09	2:40.09	200 Breast	2:36.69	2:52.39	2:57.19
1:13.29	1:10.59	1:04.19	100 Fly	1:00.69	1:06.79	1:09.19
2:44.69	2:36.99	2:22.69	200 Fly	2:21.29	2:35.39	2:41.39
2:44.99	2:38.29	2:23.89	200 IM	2:16.49	2:30.09	2:36.39
5:50.79	5:36.29	5:05.69	400 IM	4:50.59	5:19.59	5:35.59

LCM	SCM	SCY	14	SCY	SCM	LCM
30.59	28.39	25.79	50 Free	24.09	26.49	28.39
1:06.29	1:01.39	55.79	100 Free	52.89	58.19	1:01.99
2:23.39	2:13.39	2:01.29	200 Free	1:56.09	2:07.69	2:15.09
5:02.19	4:54.49	5:22.69	400/500 Free	5:09.49	4:37.39	4:46.39
10:22.19	10:10.19	11:29.69	800/1000 Free	11:05.99	9:35.59	9:59.79
19:48.09	19:07.89	19:12.89	1500/1650 Free	18:31.19	18:14.49	19:38.99
1:14.09	1:08.99	1:02.69	100 Back	1:00.49	1:06.49	1:11.59
2:38.99	2:29.09	2:15.59	200 Back	2:11.09	2:24.19	2:33.69
1:24.09	1:18.99	1:11.79	100 Breast	1:08.39	1:15.29	1:20.59
3:01.89	2:53.29	2:37.59	200 Breast	2:31.69	2:46.89	2:57.19
1:11.69	1:08.79	1:02.59	100 Fly	59.19	1:05.09	1:08.39
2:44.69	2:36.79	2:22.59	200 Fly	2:16.69	2:30.39	2:41.39
2:40.89	2:32.59	2:18.69	200 IM	2:12.09	2:25.29	2:33.19
5:43.29	5:21.99	4:42.89	400 IM	4:43.39	5:11.69	5:30.79

GIRLS				BOYS		
LCM	SCM	SCY	Senior	SCY	SCM	LCM
28.09	27.59	25.09	50 Free	22.39	24.59	25.39
1:00.89	59.29	54.09	100 Free	48.79	53.49	55.29
2:14.49	2:10.69	1:59.29	200 Free	1:48.09	1:58.39	2:04.09
4:45.39	4:44.39	5:19.89	400/500 Free	4:54.39	4:17.59	4:27.69
10:02.09	10:00.79	11:25.79	800/1000 Free	10:25.49	9:07.39	9:26.59
19:35.59	18:51.49	18:55.99	1500/1650 Free	17:34.69	17:28.39	18:16.29
1:09.19	1:06.39	1:00.29	100 Back	55.59	1:01.39	1:04.49
2:30.79	2:23.49	2:11.09	200 Back	2:00.89	2:13.59	2:22.39
1:19.99	1:16.39	1:09.49	100 Breast	1:01.99	1:08.09	1:12.09
2:54.49	2:45.69	2:31.69	200 Breast	2:17.59	2:31.69	2:40.39
1:07.39	1:05.99	1:00.29	100 Fly	53.59	59.69	1:00.49
2:35.29	2:30.29	2:15.99	200 Fly	2:01.29	2:13.99	2:21.39
2:32.79	2:27.39	2:14.59	200 IM	2:01.19	2:12.59	2:18.39
5:28.99	5:15.89	4:48.69	400 IM	4:20.89	4:46.99	5:06.29
GIRLS			RELAYS	BOYS		
LCM	SCM	SCY	10 & Under	SCY	SCM	LCM
2:36.29	2:27.99	2:15.19	200 Free Relay	2:20.29	2:33.69	2:46.59
3:02.39	2:48.29	2:33.69	200 Medley Relay	2:43.39	2:58.59	3:16.29
LCM	SCM	SCY	11-12	SCY	SCM	LCM
2:10.09	2:04.49	1:53.09	200 Free Relay	1:56.89	2:07.99	2:15.69
2:26.89	2:19.19	2:07.09	200 Medley Relay	2:10.29	2:22.59	2:34.89
LCM	SCM	SCY	13-14	SCY	SCM	LCM
2:01.09	1:55.79	1:45.39	200 Free Relay	1:41.39	1:52.29	1:58.79
4:28.09	4:14.99	3:52.19	400 Free Relay	3:43.29	4:07.19	4:22.69
2:20.19	2:10.29	1:58.09	200 Medley Relay	1:54.79	2:05.69	2:17.19
5:08.19	4:42.59	4:16.19	400 Medley Relay	4:11.89	4:35.89	5:00.29
LCM	SCM	SCY	Senior	SCY	SCM	LCM
1:58.69	1:54.49	1:44.49	200 Free Relay	1:34.09	1:43.09	1:46.69
4:21.19	4:12.99	3:50.39	400 Free Relay	3:26.09	3:48.19	3:59.99
9:34.99	9:16.19	8:24.19	800 Free Relay	7:38.59	8:22.19	8:57.89
2:12.69	2:06.79	1:55.79	200 Medley Relay	1:44.69	1:54.69	1:59.99
4:51.99	4:41.19	4:14.89	400 Medley Relay	3:48.79	4:10.59	4:25.69

Thursday

11-12, 13-14			
Preliminaries		IU Natatorium	
Girls	Boys	Event Order	
3	4	11-12	100 Back
5	6	13-14	200 Back
9	10	11-12	50 Free
11	12	13-14	50 Free
15	16	11-12	100 Breast
17	18	13-14	200 Breast
21	22	11-12	200 Fly
23		13-14	1500 Free
	24	13-14	800 Free

10 & Under
No 10 & Under Events

Senior		
Preliminaries		Center Grove HS
Women	Men	Event Order
7	8	200 Back
13	14	50 Free
19	20	200 Breast
27	28	400 Free Relay
1		800 Free
	2	1500 Free

Event Notes

11-12, 13-14, Senior			
Finals		IU Natatorium	
Women	Men	Event Order	
1		Senior	800 Free
	2	Senior	1500 Free
3	4	11-12	100 Back
5	6	13-14	200 Back
7	8	Senior	200 Back
9	10	11-12	50 Free
11	12	13-14	50 Free
13	14	Senior	50 Free
15	16	11-12	100 Breast
17	18	13-14	200 Breast
19	20	Senior	200 Breast
21	22	11-12	200 Fly
25	26	13-14	400 Free Relay

- All 13-14 Girls 1500 and Boys 800 Frees will be timed final and contested in preliminaries, swimming fastest to slowest, alternating heats of each gender.
- The 11-12 200 Fly will be contested as timed final with the top 8 seeded swimmers not declaring a preliminary swim competing in the finals session.
- The Senior Women's 800 and Men's 1500 Free will be timed final with the fastest 8 seeded swimmers not declaring a preliminary swim competing in the finals session. All other heats will be conducted in preliminaries swimming fastest to slowest, alternating heats of each gender.
- The Senior 400 Free Relays will be conducted in the preliminary session and will be swum fastest to slowest.
- The 13-14 400 Free Relays will be conducted in the finals session and will be swum fastest to slowest.

Friday

11-12, 13-14			
Preliminaries		IU Natatorium	
Girls	Boys	Event Order	
39	40	11-12	200 Free
40	42	13-14	200 Free
45	46	11-12	50 Fly
47	48	13-14	100 Fly
51	52	11-12	200 Breast
53	54	13-14	400 IM

10 & Under		
Timed Final	IU Natatorium	
Girls	Boys	Event Order
29	30	200 Free
31	32	50 Breast
33	34	50 Back
35	36	200 Free Relay

Senior		
Preliminaries		Center Grove HS
Women	Men	Event Order
37	38	200 Medley Relay
43	44	200 Free
49	50	100 Fly
55	56	400 IM
61		800 Free Relay

11-12, 13-14, Senior			
Finals		IU Natatorium	
Women	Men	Event Order	
39	40	11-12	200 Free
41	42	13-14	200 Free
43	44	Senior	200 Free
45	46	11-12	50 Fly
47	48	13-14	100 Fly
49	50	Senior	100 Fly
51	52	11-12	200 Breast
53	54	13-14	400 IM
55	56	Senior	400 IM
57	58	11-12	200 Medley Relay
59	60	13-14	200 Medley Relay

Event Notes

- All 11-12 and 13-14 200 Medley Relays will be conducted in the finals session and will be swum fastest to slowest.
- The Senior Women's and Men's 200 Medley Relays and Senior Women's 800 Free Relay will be conducted in the preliminary session and will be swum fastest to slowest.
- The 11-12 200 Breaststroke and 13-14 400 IM will be conducted as timed final with the top 8 seeded swimmers not requesting a preliminary swim competing the finals session.

Saturday

11-12, 13-14			
Preliminaries		IU Natatorium	
Girls	Boys	Event Order	
73	74	11-12	50 Back
75	76	13-14	100 Back
85	86	11-12	50 Breast
87	88	13-14	100 Breast
91	92	11-12	100 Fly
93	94	13-14	200 Fly
79	80	11-12	400 Free
81	82	13-14	400 Free

10 & Under		
Timed Final		IU Natatorium
Girls	Boys	Event Order
63	64	100 Fly
65	66	50 Free
67	68	200 IM
69	70	200 Medley Relay

Senior		
Preliminaries		Center Grove HS
Women	Men	Event Order
71	72	200 Free Relay
77	78	100 Back
83	84	400 Free
89	90	100 Breast
95	96	200 Fly
	62	800 Free Relay

11-12, 13-14, Senior			
Finals		IU Natatorium	
Women	Men	Event Order	
73	74	11-12	50 Back
75	76	13-14	100 Back
77	78	Senior	100 Back
79	80	11-12	400 Free
81	82	13-14	400 Free
83	84	Senior	400 Free
85	86	11-12	50 Breast
87	88	13-14	100 Breast
89	90	Senior	100 Breast
91	92	11-12	100 Fly
93	94	13-14	200 Fly
95	96	Senior	200 Fly
97	98	11-12	200 Free Relay
99	100	13-14	200 Free Relay

Event Notes

- The 11-12 and 13-14 400 Frees will be conducted as timed final with the top 8 seeded swimmers not declaring a preliminary swim competing in finals. All other heats will be swum in preliminaries swimming slowest to fastest.
- The Senior Women's and Men's 200 Free Relays and Senior Men's 800 Free Relay will be conducted in the preliminary session and will be swum fastest to slowest.
- The 11-12 and 13-14 200 Free Relays will be conducted in the finals session and will be swum fastest to slowest.

Sunday

11-12, 13-14			
Preliminaries		IU Natatorium	
Girls	Boys	Event Order	
111	112	11-12	200 IM
113	114	13-14	200 IM
117	118	11-12	100 Free
119	120	13-14	100 Free
123	124	11-12	200 Back
109		13-14	800 Free
	110	13-14	1500 Free

10 & Under		
Timed Final		IU Natatorium
Girls	Boys	Event Order
101	102	100 Back
103	104	100 Free
105	106	100 Breast
107	108	50 Fly

Senior		
Preliminaries		Center Grove HS
Women	Men	Event Order
115	116	200 IM
121	122	100 Free
125	126	400 Medley Relay
129		1500 Free
	130	800 Free

11-12, 13-14, Senior			
Finals		IU Natatorium	
Women	Men	Event Order	
109		13-14	800 Free
	110	13-14	1500 Free
111	112	11-12	200 IM
113	114	13-14	200 IM
115	116	Senior	200 IM
117	118	11-12	100 Free
119	120	13-14	100 Free
121	122	Senior	100 Free
123	124	11-12	200 Back
127	128	13-14	400 Medley Relay

Event Notes

- All 13-14 400 Medley Relays will be conducted in the finals session and will be swum fastest to slowest.
- The Senior Women's 1500 Free and Men's 800 Free will be conducted in the preliminary session and will be swum fastest to slowest alternating heats of each gender.
- The 11-12 200 Backstroke, 13-14 Girls 800 Free, and 13-14 Boys 1500 Free will be conducted as timed final with the top 8 seeded swimmers not requesting a preliminary swim competing the finals session.

Meet Conduct

Format

Age Group

All 10 & Under events will be conducted as timed final. There will be no 10 & Under events on Thursday.

All 11-12 and 13-14 individual events will be contested as prelim/final, except for the 11-12 400 Free, 200 Back, 200 Breast, and 200 Fly and the 13-14 400 Free, 400 IM, 800 Free, and 1500 Free, which will be contested as timed final. All 11-12 and 13-14 relays will be contested as timed final and conducted in the finals sessions. Please see the event notes in the meet schedule for specifics on when each timed final event will swim.

Senior

All Senior individual events will be contested as prelim/final, except for the 800 Free and 1500 Free, which will be contested as timed final. Please see the event notes in the meet schedule for specifics on when each timed final event will swim.

Fly-over starts will be used in the preliminary sessions.

Backstroke ledges will be available in both preliminary and final sessions.

Distance event swimmers must provide their own lap counter. Lap counters that do not have deck access credentials for the meet must check-in and check-out with the volunteer coordinator to receive a temporary deck credential. Check-in is available 15 minutes prior to the scheduled start of the heat in which the swimmer will compete.

A 12-15 minute courtesy rest between an athlete's heats (not events) shall be given for swimmers in consecutive events. Requests for the courtesy rest must be made by the coach or swimmer to the meet referee prior to the swimmer's first of the consecutive events.

Finals

The 11-12 and 13-14 age groups will have championship and consolation finals, with the top 16 qualifying swimmers in the preliminary session advancing to the finals.

The Senior events will have championship, consolation, and bonus finals. The championship final will be the top 8 qualifying swimmers in the preliminary session. The consolation final will be the next 8 qualifying swimmers aged 18 & Under. The bonus final will be the next 8 qualifying swimmers aged 15-16. If the bonus final cannot be filled with 15-16 year olds, the unfilled spots will be filled with swimmers 18 & Under in finish order from the preliminary session.

The finals order will be bonus, consolation then championship final for the Senior events and consolation then championship final for the 11-12 and 13-14 events.

Rules

The meet will be conducted in accordance with USA Swimming and Indiana Swimming rules and regulations.

Pre-scratch Psych Sheets and Timelines

Pre-scratch psych sheets and timelines for preliminary sessions will be posted on the Summer Championships page at www.inswimming.org on Tuesday, July 9. The posted documents are for general planning purposes only. Seeding and actual meet session timelines may vary from what is posted due to scratches and late entries. Athletes and coaches are responsible for adhering to all meet deadlines and competition/event starting times.

Warm-Up Procedures and Meet Start Times

Age Group	Preliminaries			Finals		
	General Warm Up	Sprint/Pace Lanes	Competition Start	General Warm Up	Sprint Pace Lanes	Competition Start
13-14	7:00-7:30 AM	8:00-8:20 AM	8:30 AM	3:00-3:45 PM	3:45-4:15 PM	4:30 PM
11-12	7:30-8:00 AM					
Senior	7:00-8:00 AM	8:00-8:20 AM	8:30 AM			
10 & Under				12:00-12:25 PM	12:25-12:45 PM	1:00 PM

Specific warm up procedures will be available ahead of the start of the championships and will be posted in each facility. Any changes from this schedule will be posted to the championship meet page at www.inswimming.org and will be communicated to all participating teams.

The instructional pool at the IU Natatorium will be available during the finals warm up and throughout the session. Age groups may be split between the instructional pool and competition pool for general warm up. This information will be posted with the specific warm up procedures.

Marshals will be monitoring and enforcing warm-up procedures.

Seeding

All events will be seeded long course meters times first, followed by short course meters and then short course yards (L-S-Y). Times must be submitted in the course in which they were swum and may not be converted.

In individual events other than the 800 and 1500 Freestyles, the swimmer is assumed to be swimming unless he/she has been scratched by the applicable scratch deadline.

Swimmers entered in the 800 and 1500 Freestyles must positively check in with the Clerk of Course before the applicable scratch deadline to be seeded into the event. Individuals failing to check-in may present themselves to the Meet Referee or his/her designee requesting to swim and may be placed only as there are existing open lanes in the slowest heat per gender.

Entrants in the Senior Women's 800 Free, Senior Men's 1500 Free, 13-14 400 Free, 13-14 Girls 800 Free, 13-14 Boys 1500 Free, 13-14 400 IM, 11-12 400 Free, 11-12 200 Back, 11-12 200 Breast and 11-12 200 Fly may declare their preference to swim in the preliminary heats with the Clerk of Course by the scratch deadline for that day's events.

Preliminary heats for individual events in which prelims and finals will be contested will be swum slowest to fastest with the last 3 heats circle seeded, except for the Senior 400 IM and 400 Free which will have the fastest 2 heats circle seeded.

After the psych sheet is published to the ISI website on Wednesday, July 10, any swimmer entering the 800 or 1500 Free as a late entry shall not be seeded into the top heat of the event where that heat is contested in the finals session. The swimmer will be seeded by their entry time, but no higher than 9th place.

SCRATCH PROCEDURES

National scratch procedures, USA Swimming rule 207.11.6, will be observed. Additions and modifications are noted below.

Scratching from Preliminary Heats

All scratches for individual events, regardless of reason, must be made at the scratch table by the applicable deadlines.

- Thursday events – one hour prior to the start of the Thursday session
- Friday events – 30 minutes after the start of the Thursday finals session
- Saturday events – 30 minutes after the start of the Friday finals session
- Sunday events – 30 minutes after the start of the Saturday finals session
- 10 & Under events – one hour prior to the start of that day's session

In all individual preliminary heats and timed final events, after the heats have been seeded, any swimmer who fails to compete in an event in which they are seeded will be barred from all further individual events that day. This does not bar an individual who has qualified earlier in the session for a Bonus, Consolation, or Final heat from competing in that Final or from swimming on a relay team that day. The application of this penalty shall pertain to the order in which the event/heats are contested, not the numerical order of the events. Additionally, the swimmer shall be required to declare their intent to compete on subsequent days with the Administrative Referee before the close of the scratch box for that day's events to be seeded. This penalty does not apply to 10 & Under swimmers, who will have no penalty for a missed swim.

Over Entries

Failure to scratch by appropriate deadlines will result in the swimmer being entered in consecutive events, beginning with the first event entered until the maximum has been attained and scratched from all remaining events. Events will be seeded as they are contested, not in numerical order.

Scratching from Finals

Swimmers qualifying for and not intending to compete in a Bonus, Consolation, or Championship Final for which they have qualified will have 30 minutes from the reading of the preliminary results to scratch or declare their intention to scratch with the Administrative Referee. A swimmer declaring an intention to scratch must report their final intentions within 30 minutes following their last individual preliminary event.

Any swimmer qualifying for the original Bonus, Consolation, or Championship Final in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in Exceptions below. A

declared false start under 101.1.3E or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as failure to compete.

In the event of a withdrawal or barring of a swimmer from competition in the bonus, consolation, or championship finals, the Meet Referee shall fill the empty lane(s), when possible, with the next qualified swimmer(s). Alternates must report to the deck referee prior to the start of the event to be placed into an open lane in the Bonus or Consolation Final.

Where there is a known withdrawal or barring, the empty lanes may be filled by moving the swimmers up in order from the slower heats and by using the available alternates in the slowest heat without reseeding the heats.

SUNDAY ONLY: No-shows or not scratching according to the rules by the appropriate deadlines for a Bonus, Consolation, or Championship Final will result in a \$50 fine per swimmer, regardless of the number of events missed that finals session. The fine shall be assessed to the swimmer. Violations will be forwarded by the host team to the ISI office, who will then notify violators and collect fines. Half of each fine will be paid to the host club and the other half retained by ISI.

Exceptions for Failure to Compete

No penalty shall apply for failure to withdraw or compete in an individual event if:

- the Meet Referee is notified of an illness or injury and accepts the proof thereof.
- it is determined by the Meet Referee that failure to compete is caused by circumstances beyond the control of the swimmer.
- a first or second alternate does not report, and the Bonus or Consolation Final is contested with an open lane.
- a swimmer originally finishes outside of the Bonus or Consolation Final and is scratched into the finals heats.

Relays

Relay only swimmers and alternates not competing in individual events must appear on the team entry report. No swimmer will be allowed to swim unless his/her name is on the entry report.

Proof of relay times shall be the aggregate of any four individual swimmers eligible to compete for your team or an actual attained time by a relay team from your team designated "A", "B", "C", etc.

Relay cards will be due to the Administrative Referee one hour prior to the scheduled start of the relay event.

There will be no positive check in for relays. Entered relays will be seeded unless scratched at the Clerk of Course by the appropriate scratch deadline.

All Senior relays will be swum fastest to slowest and contested in the preliminary sessions. All 11-12 and 13-14 relays will be swum fastest to slowest and contested in the finals sessions. All 10 & Under relays will be swum slowest to fastest.

SCORING

Individual events are scored to 16 places as follows:

20-17-16-15-14-13-12-11

9-7-6-5-4-3-2-1

Relay events are scored to 16 places as follows:

40-34-32-30-28-26-24-22

18-14-12-10-8-6-4-2

Awards

Individual Awards

Medals will be awarded to the top 8 finishing swimmers in the Championship Final and the top 8 finishing relay teams for all age groups.

Ribbons will be awarded to the 9th-16th place finishers in individual events in the 10 & Under, 11-12, and 13-14 events.

Team Awards

Trophies will be awarded to the high point team for each gender and age group 10 & Under, 11-12, 13-14 and Senior.

Age Group State Championship awards will be presented to the top 10 finishing combined scoring teams in the 10 & Under, 11-12 and 13-14 age groups.

Senior State Championship awards will be presented to the top 3 finishing combined scoring teams in the Senior age group.

Combined Swimfest team awards (Age Group and Senior together) will be presented to the top 3 scoring teams.

Individual high point awards will be presented to the highest point scorers per gender in the 10 & Under, 11-12, 13-14, and Senior age groups.

An awards schedule will be published ahead of the championships and will be included in the heat sheets at each finals session.

Time Trials

Time trials will not be offered.

SUMMARY OF ENTRIES

THIS FORM IS REQUIRED WITH PAYMENT

The total amount of all fees due, including any fines incurred due to late entry for all swimmers and events entered, shall be tendered no later than one hour prior to the start of the first session in which the team/athlete is competing. If utilizing Fed Ex/Overnight mail you must check the waive signature box. Mailed payments should be sent to Michele Deluna at 5592 Gainesway Dr, Greenwood, IN 46142, and must arrive by the day prior to the first day the team competes. Please refrain from sending cash. No credit card payments will be accepted.

Please fill out the information requested below and mail with your entry form and check or bring to the meet. Payments will be taken at both the IU Natatorium and Center Grove High School.

Make checks payable to: Indiana Swimming

NAME OF TEAM _____ CODE _____

Number of athletes entered _____ x \$22.00 = _____

Number of Age Group Athletes entered _____ x \$1.50 = _____

Number of individual entries _____ x \$7.00 = _____

Number of Age Group relay entries _____ x \$8.00 = _____

Number of Senior relay entries _____ x \$10.00 = _____

Total _____

Team Official Entering Entry:

Contact Information for Coaches Attending Meet

Name: _____

Name: _____ Cell: _____

Cell Phone: _____

Name: _____ Cell: _____

Email: _____

RELEASE AND HOLD HARMLESS AGREEMENT

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assignees, hereby releases and forever discharges the host team, Indiana Swimming and its Board of Directors, USA Swimming, facility and each of their respective officers, agents, employees, members, successors, and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless the host team, Indiana Swimming, USA Swimming, said facility and the officers, trustees, agents, employees, and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Signature of Team Official/Coach _____ **Date** _____

- *Person who signs above is responsible for any fines imposed on the team for each missed cut not proven.
- *You may have one designated spokesperson for your team to talk to the referee or Clerk-of-Course. The coach would be the logical person. Please list the name of your spokesperson: _____