

## **RIPTIDE SWIM TEAM**

#### Saturday, May 18, 2024

Sanction Number: MN24S-03-155Y

#### Held under the sanction of USA Swimming.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

It is further understood and agreed that Minnesota Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Meet Director:	Amy Parratto - amy@riptideswimteam.org
Meet Officials	Meet Referee: Wendy Peterson Admin Referee or Admin Official: TBD Deck Referee: TBD Starter: TBD Stroke & Turn Officials: TBD, TBD
Inquiries:	Amy Parratto - amy@riptideswimteam.org
Emergency Phone:	Amy Parratto - (603) 661-3307.
Meet Type:	Invitational.
Teams Invited:	This meet is open to all MNSI teams as long as space is available. Priority will be given to Rochester Swim Club, North Suburban Aquatic Club, and Star Swim Team. Teams will comply with the current state, local, health and USA Swimming guidelines available on the meet date and should meet or exceed all requirements in their facility during the meet.
Fees:	22.00 Flat Fee Per Swimmer
	\$2.10 MNSI Splash Fee (for each individual event)
	\$18.00 Relay Fee (includes MNSI \$8.40 relay splash fee).
Time Schedule:	12:00 p.m. warm-up / 1:00 p.m. start time

Awards, Prizes and Scoring:	There will be fun rubber duck heat winner awards and hot heat prizes.	
Programs:	Programs will be available via Meet Mobile and as a PDF on host website.	
Amenities:	There will be drinks and snacks available for coaches and officials.	
FACILITY/LOCATION		
Meet Location:	Bluewater Aquatic Center, 5885 149th St W, Apple Valley, MN 55124.	
Directions:	From the north: Take I-35E South to Exit 92, MN 77 S/Cedar Ave. Continue South on MN 77/Cedar for 5.5 miles, turn right onto County Road 42E/150th St. Continue East for 1.5 miles, turn left onto Johnny Cake Ridge Road. Turn right onto 149th St W. The pool is on your left.	
	From the south: Take I-35E north to Exit 88B, County Rd 42 E. Continue East for 4.6 miles, turn left onto Johnny Cake Ridge Road. Turn right onto 149th St W. The pool is on your left.	
Facility:	8 lanes, 25 yard indoor pool with lanelines and backstroke pennants. Slanted Starting blocks are 28 inches above the water surface.	
Water depth:	The minimum water depth, measured in accordance with Article 103.2.3 is 8.5 ft at the start end and 3.5 ft at the turn end.	
Course certification:	The competition course has NOT been certified in accordance to 104.2.2C(4).	
Medical Supervision:	A first aid station and AED are available at the BWAC front desk	
Other:	The 7 lane pool will only be open if staff is available.	
ENTRIES		
Entries To:	Amy Parratto - amy@riptideswimteam.org	
Form of Entries:	email only	
Entry Start Date:	Entries will be accepted beginning at 9:00 PM on Friday, April 19, 2024	
Entry Close Date:	Entries will close at 9:00 PM on Wednesday, May 08, 2024. This is the final date that entries will be accepted for the meet.	
Entry Limitations:	Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day and 1 relays per day. Seed times must be in yards.	
ELIGIBILITY / ATHLETES		
Eligibility:	All MNSI registered swimmers.	
Racing start Certification:	Any swimmer entered in the meet must be certified by a USA Swimming member- coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of	

	the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
USA Swimming	No swimmer will be permitted to compete unless the swimmer is a member as
Membership:	Provided in Article 302 of USA Swimming Rules. All coaches must be current members as provided in Article 302 of USA Swimming Rules. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$100 fine per event per swimmer.
Swimmers without A Coach Present:	USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

### **MEET ADMINISTRATION, CONDUCT**

Coach's Meeting:	Will take place on a regular basis at the discretion of the referee.	
Deck Access - Coach & Official check-in:	Due to USA Swimming insurance, only athletes, working coaches or officials, authorized meet volunteers and facility personnel are allowed on deck. All others must remain off the pool deck unless timing for an event in which swimmers must provide their own timer.	
	Coaches must check in at the BWAC front desk. The required check in sheets will be available and we will cross reference with the app and the current printed spreadsheets with names and qualifications. The non-athlete membership and required certification expiration dates must be valid for the duration of the meet.	
	Working officials must check-in with the Referee (or designee) at the BWAC front desk. The required check in sheets will be available and we will cross reference with the app and the current printed spreadsheets with names and qualifications. The non-athlete membership and required certification expiration dates must be valid for the duration of the meet.	
	All working coaches or officials, and any other person required by sanction to be members of USA Swimming shall visibly display the valid membership credential for the meet at all times.	
	The Referee and/or Meet Director(s) (or their designees) reserve the right to ask a working coach or official for proof of their active membership during the meet, and/or deny deck access if a working coach or official does not comply or any membership requirement is no longer valid.	
Safe Sport:	• The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.	
	• The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet.	

	• Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.
	<ul> <li>For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit <u>www.usaswimming.org/report</u>.</li> </ul>
	• All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after May 18, who has not completed Athlete Protection Training by the <u>first</u> day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after May 18, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.
Warm-up:	Current MNSI and USA Swimming Rules will govern all aspects of the warm-ups. If warmup procedures have been modified to accommodate the size of the meet, the procedures MUST be prominently posted in the pool area.
	Swimmers and coaches are expected to be acquainted with all rules and regulations; the NO Diving and Slip-In Entry rules will be strictly enforced.
	Violation of MNSI Meet Warm-up Policy (Policy #250) will result in the offending swimmer being barred from his/her next individual event in the meet.
Rules and Regulations:	All information, rules and regulations including time standards, schedules, order of events, meet operations, and requirements will be in accordance with Minnesota Swimming Inc. policies, rules and regulations and USA Swimming Rules and Regulations current edition, and take precedence over any errors or omissions on this form.
	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Changes to the Meet Information:	Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.
Prohibited:	✓ Deck changing: Deck changes are prohibited.
	Use of audio or visual recording devices including a cell phone, is not permitted in changing areas, rest rooms, locker rooms nor behind the blocks at either the start of the race or as swimmers exit the pool.
	<ul> <li>Operations of a drone or any other flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> </ul>

Distance Events:	Heats for distance events may be combined across gender at the Meet Referee's discretion. Minnesota Scratch rules will be in effect. The 500 free will be swum fastest to slowest.	
Time Trials:	Time trials will NOT be offered at this meet.	
Open Lane Swims:	The MNSI "Open Lane Swim" procedure will be available at this meet. The open lane fee is \$ 10.00. Sign-up is on a first come basis at the timing table. Swimmers must be registered in the swim meet in order to have the opportunity to participate in Open Lane Swims. In the event of a missed heat, the Referee will determine if the missed swim may occur and how it is conducted. Swimmers may swim events for which they have no times. Swimmers may not exceed the event limit of 4 events <u>including</u> Open Lane Swims. Swimmers may scratch an event in order to swim on Open Lane Swim to stay within the entry limit. No refunds will be given for scratched events.	
Time Standards:	No Senior time standards will be used for this meet.	

#### **ORDER OF EVENTS**

Girls	Event Order	Boys
1	13&O 200 Free Relay	2
3	11-12 200 Free Relay	4
5	10&U 200 Free Relay	6
	10:00 BREAK	
7	13&O 100 Free	8
9	11-12 100 Free	10
11	10&U 100 Free	12
13	8&U 25 Free - Mixed	13
14	13&O 100 I.M.	15
16	11-12 100 I.M.	17
18	10&U 100 I.M.	19
20	8&U 25 Fly - Mixed	20
21	13&O 100 Fly	22
23	11-12 50 Fly	24
25	10&U 50 Fly	26
27	8&U 25 Back - Mixed	27
28	13&O 100 Back	29
30	11-12 50 Back	31
32	10&U 50 Back	33
34	8&U 25 Breast - Mixed	34
35	13&O 100 Breast	36
37	11-12 50 Breast	38
39	10&U 50 Breast	40
41	8&U 50 Free - Mixed	41
42	13&O 200 Free	43
44	11-12 200 Free	45
46	10&U 200 Free	47
48	8&U 100 IM - Mixed	48
	5:00 BREAK	
49	Open 500 Free - Mixed	49

Meet Calculation Form

# 2024 MN RIPT MAGGIE McMAHON MEMORIAL INVITE RIPTIDE SWIM TEAM MAY 18, 2024

Sanction Number: MN24S-03-155Y	
Entering Club's Name:	Club Code
Coach:	Phone #
Entries Person:	_ Phone #
Entry Data Costs:	
Total # swimmers x Flat Fee of \$ 22.00 = \$	# of boys # of girls
Total Splashes x \$ 2.10 = \$ # of boys	# of girls
Total Relays x \$ 18.00 (includes MNSI relay splash fe	ee) =\$
	Total Due = \$
Make checks payable to: Riptide Swim Team All fees ar	<b>e due</b> before the start of the meet.
E-Mail results to: Name	
Email Address	
The undersigned team representative certifies by his/her currently registered athlete members of USA Swimming, I appearing on deck in this meet in the capacity of coach is	nc. The undersigned further certifies that any person
- Who should we contact if there is a problem with your e Name	
Phone: DayNight	
Email Address:	