



2024 MN Short Course 11-14 State Championship

GENERAL MEETING

Meet Officials



Meet Referee: Tracy Meece

Administrative Officials: Linda McKee (lead), Rick Bigg, Marcus Stromberg

Deck Referees: Gary Albrecht, Eugene Tomasevich, Jack Swanson

Starters: Erin Stiers, Julie Craig, Jennifer Martini

Lead Chief Judge: Jim Meece

Asst Chief Judges: Kerra Mayor, Chris Hetzler, Cheepang Chua

National Officials Evaluator: Robert Broyles (Inland Empire Swimming)

Note: USA Swimming national officiating experience at all these positions.

Contact Information

Meet Referee: Tracy Meece- (320) 247-0940 (tjmeece1974@gmail.com or tmeece@mns swim.org)

- NSAC has contact information that you provided. If the coach that is going to be present at the meet has changed, please provide a contact to the administrative team.
- When texting, identify yourself!

Livestream Link for the meet:

<https://www.youtube.com/@jeankfreemanaquaticcenter6237>

Meet Jury / Meet Committee

Meet Jury

(adjudicating protests)

Coach: Ryan Clausman (FOXJ)

Official: Kerrra Mayor (AQJT)

Athlete: (STRM)

Meet Committee

(cancelations, postponements, etc. due to weather)

Meet Referee: Tracy Meece (ALEX)

Meet Director: Rory Coplan (NSAC)

Coach: Ryan Clausman

Athlete: (STRM)

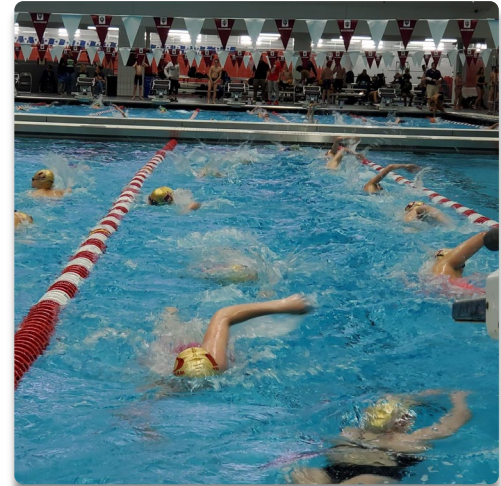
Safe Sport

- ▶ Follow all Safe Sport guidelines.
- ▶ Be aware of where you can and cannot go in the facility.
- ▶ A reminder:
 - ▶ No deck changing.
 - ▶ No video recording in change rooms, rest rooms, locker rooms, or behind the blocks.
 - ▶ No drones.
 - ▶ No glass with the aquatic center.



Warm-up Safety

- ▶ Athletes must “slip-in” to the pool during warm-up.
- ▶ “Sit and Slip” entry applies to ALL entries into the pool, not just during the official meet warm-ups.
- ▶ There will be an official on-deck during warm-up.
- ▶ They will enforce [MN Policy 250](#).
 - ▶ Slip-in Entry - Enter by sitting down on the edge of the pool facing the water. Keep your eyes on the water, gently slide into the water with your hand on the deck.
 - ▶ Violation of the slip-in procedure will result in the offending swimmer being barred from his/her next individual event in the meet.
- ▶ If the official observes a violation and identifies the athlete a disqualification will be issued.



Facility Reminders

- **NO GLASS** allowed anywhere in the facility. Keep an eye out for glass water bottles, yogurt jars, make up containers, etc. Get it off deck quickly but safely or alert a facility staff member to assist.
- You may leave items on your team bleachers over night as long as your bleacher area is cleaned up! If we must tip your bleachers, your items will be removed, and you'll need to see a facility staff to retrieve them. All items must be put on the bleachers and not left on the floor.
- Coach/staff restrooms are in the Rec Center, adjacent to the check in table in the north landing. The code is 248#. Do not share this code with your athletes. If we find swimmers in the Rec Center, we will change the code and you'll need to use the restrooms in the lobby.
- Lifeguards will respond to all in-water emergencies and will provide basic first aid needs. Aquatic Center staff cannot provide ice or any other athletic training modalities. If your athlete needs ice for an on-going injury treatment, you may get a bag for them from the ice machine on deck. Facility staff and lifeguards can only provide ice for injuries sustained at the meet. Please do not direct your athletes to get their own ice.
- The West Pool (scoreboard end) will remain open for 20 minutes following the end of each session for cool down. The diving well and competition pools will close immediately at the end of competition.

Coach/Official Deck Access

- ▶ A coach must have an active USA Swimming membership.
- ▶ Membership and certification expiration dates must be valid for the duration of the meet.
- ▶ Check-in required prior to accessing the deck. Membership and certification will be cross referenced.
- ▶ Meet credentials/wristband must be worn and visible.
- ▶ Meet Director or Meet Referee can ask a coach on the deck to prove their active membership.
- ▶ Same requirements apply to officials.



Individual Event Limits



- ▶ Swimmer may over-enter but must scratch down to meet the Meet/Daily Maximum entry limits.
- ▶ Daily maximum of 3 individual events.
- ▶ Meet maximum of 7 individual events.
- ▶ TOTAL daily limit of 6 championship and Time Trial events.
- ▶ Relays and time trials do not count against these maximums.
- ▶ When a maximum is met, the athlete will be automatically scratched.
- ▶ A declared false start (DFS) and "no show" count against the maximums. Only a scratch eliminates an event from the swimmer's maximum counts.
- ▶ If for some reason an athlete inadvertently exceeds the maximum their result in that event will be deemed invalid.

Proof of Times

- ▶ Please refer to the Meet Information regarding the definition of how a qualifying time can be achieved and the proof of such a time. Meet Mobile CANNOT be used for Proof of Time.
- ▶ All entry times have been checked against the SWIMS database.
- ▶ If a swimmer fails to achieve an event's qualifying time and their entry time is not in SWIMS they must provide proof of their qualifying time.
- ▶ \$100 fine if proof is not provided.



Athletes with Disabilities



- ▶ Inform the Meet Referee of any accommodations the athlete requires and modifications to their strokes they have.
- ▶ During prelims para-athletes will be seeded and swim with their able-bodied peers unless they request a separate heat. A request for a separate heat must be made prior to the day's scratch deadline (night before).
- ▶ During finals the athlete may race in a mixed/combined event as agreed to by Meet Referee and coach/swimmer.
- ▶ Must compete in prelims and finals to earn points.

Relays Composition



- ▶ “A” relay team:
 - ▶ At least one swimmer who has:
 - ▶ Achieved the championship qualifying time.
 - ▶ Is entered in at least one individual event.
- ▶ “B” relay team:
 - ▶ Club has at least five swimmers:
 - ▶ Each with a championship qualifying time.
 - ▶ Each is entered in at least one individual event.
 - ▶ Four must compete on the “A” relay and at least one on the “B” relay.
- ▶ A relay team cannot be created using an Age Up or “win it to swim it” athlete.
- ▶ Relays only and alternates must have been entered in the meet by the entry deadline.

Relays Composition



- ▶ Return your relays entry cards to Clerk of Course table even if no change is made
- ▶ Changes to the composition and order of the relay team maybe made up to be moment their heat begins.
- ▶ Changes must conform to the relay eligibility rules.
- ▶ Coaches, **please** ensure that the administrative team has your changes.
- ▶ Deadlines to turn in relay cards are noted on published timeline.

Relays



- ▶ 800 Free Relay
 - ▶ 1 team maximum and qualifying time standard
 - ▶ Swum fastest to slowest.
- ▶ 200 and 400 relays
 - ▶ 2 team maximum
 - ▶ Swum slowest to fastest.
 - ▶ Top 2 heats swum in finals.
 - ▶ All Relay teams have the option to “down seed”. Teams may designate, prior to the scratch deadline (night before), that they will down seed. All down seeds will be accommodated.
 - ▶ Email down-seeding to Admin Official at: uofmswimentries@gmail.com

Scratch Rules



SCRATCH CARD

EVENT # _____ TITLE _____

SWIMMER MEET ID # _____ TIME _____

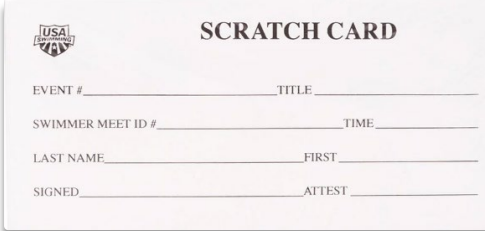
LAST NAME _____ FIRST _____

SIGNED _____ ATTEST _____

- USA Swimming National Scratch Procedure (207.11.6 A-E)
- Scratch and positive check-in deadline for the next day's events.
 - Thursday - 30 minutes after conclusion of General Meeting on Wednesday.
 - Prelims - 30 minutes after the start of the previous night's finals.
- Finals - 30 minutes after the finals qualifiers have been announced.
- Positive Check-in - prior to that day's scratch deadline (night before).
 - 1000 and 1650
- Next day scratch box, positive check-in and finals scratch sheet are located at the Clerk of Course table on deck.
- PLEASE...if your athlete has no intention of swimming in finals, scratch them after their prelims race. We want to ensure finals are full and the extra effort on your part will save the admin team HOURS of chasing down coaches in order to seed finals.

Scratch Rules

- ▶ Prelims & Individual Timed Finals
 - ▶ Prelims - scratch box
 - ▶ Individual Timed Finals - positive check-in
 - ▶ No show penalty - barred from all further individual and relay events of that day.
 - ▶ Coaches, a declared false start (DFS) submitted before a no show will prevent the penalty. This can be submitted at anytime during warm up and before the athlete's heat. Contact a administrative official, chief judge or deck referee to submit a DFS before the heat.



The Scratch Card form is a rectangular document with a white background and a thin grey border. In the top left corner, there is a small logo for USA Swimming. The title "SCRATCH CARD" is centered at the top in a bold, black, sans-serif font. Below the title, there are four lines of text, each followed by a horizontal line for writing. The first line is "EVENT # _____ TITLE _____". The second line is "SWIMMER MEET ID # _____ TIME _____". The third line is "LAST NAME _____ FIRST _____". The fourth line is "SIGNED _____ ATTEST _____".

Wednesday Night Scratch & Check-in Procedure

- Email to uofmswimentries@gmail.com.
- Email must be received no later than 30 minutes following the general meeting.
- 1000 Freestyle - Positive Check-in
 - The subject line should say "CHECK-IN", then Athlete Name, Team Name, Event Number.
- 800 Free Relay and 400 Individual Medley - Scratches
 - The subject line should say "SCRATCH", then Team Name, Event Number.

Finals



- ▶ Top 16 qualifiers – 2 heats
 - ▶ Consolation
 - ▶ Championship
- ▶ All swimmer report to the blocks for the start of their heat.
- ▶ Alternates are only eligible for the Consolation heat. Alternates should identify themselves, prior to the Consolation heat, to the officials in the start area.

Finals



- ▶ Finals “no show” penalty is exclusion for the remainder of the meet.
- ▶ Coaches, if you are aware, prior to the start of finals, that a no show will occur please inform the meet referee or administrative official. Time permitting, the alternates will be informed and heats will be reseeded.
- ▶ A medical exemption must be approved by the meet referee prior to the athlete’s heat.

1000 Freestyle



- ▶ Timed final.
- ▶ Positive check in.
- ▶ Seeded fastest to slowest.
- ▶ Genders WILLL alternate.

1650 Freestyle



- ▶ Timed final.
- ▶ Positive check-in.
- ▶ Seeded fastest to slowest.
- ▶ Will be swum in 2 pools. Women in Diving Well Pool. Men in Scoreboard pool.

Time Trials



- ▶ Timeline is LONG. Plan is for Time Trials to be offered after Friday & Saturday Prelims and AFTER Sunday 1650's.
- ▶ Begins 10 minutes after the end of the session.
- ▶ Entrants must supply their own timer.
- ▶ Coaches, sign up at the Clerk of Course table.
- ▶ \$10 per time trial.



Questions ??