



Stroke and Turn Official Apprenticeship Form

Minnesota Swimming

Updated September 2024

Name: _____ Club: _____

Email: _____

Although it may seem a lot to learn, experienced Officials will work with you over the course of four apprentice sessions to cover everything you need to know to become a USA Swimming Stroke & Turn Official. This form will guide you through the process. *To ensure the best possible educational experience at your shadow sessions, we recommend that you complete at least one shadow session at an away meet, at least one shadow session at a 12 & under session, and at least one shadow session at a 13 & over session.* When complete, e-mail a photo of this form to mnsicertifications@gmail.com.

Prior to Coming On Deck to Apprentice

Task	Date Complete
Create an online account with USA Swimming.	
Register as a member of USA Swimming as Apprentice Official. (NOTE: alternatively, may register as a full non-athlete member, but then must complete APT, Background Check, and Concussion Training prior to coming onto deck).	

Prior to Certification as a Stroke and Turn Official

Task	Date Complete
Complete Athlete Protection Training (APT).	
Complete USA Swimming Background Check	
Complete Concussion Training and email certificate to the Minnesota Swimming office (NOT the Officials Chair).	
Complete Foundations of Officiating Course in USA Swimming University.	
Complete Stroke and Turn Online Module in USA Swimming University.	
Complete 4 apprentice sessions at 2 Minnesota Swimming sanctioned meets.	
Order a name badge.	
Send a scan or photo of this log to the MNSI Officials Chair	

Apprentice Sessions

Session 1:

Meet Date: _____ Meet Referee: _____

Meet Host: _____ ☐ Home meet ☐ Away meet ☐ 12 & Under ☐ 13 & Over

Session 2:

Meet Date: _____ Meet Referee: _____

Meet Host: _____ ☐ Home meet ☐ Away meet ☐ 12 & Under ☐ 13 & Over**Session 3:**

Meet Date: _____ Meet Referee: _____

Meet Host: _____ ☐ Home meet ☐ Away meet ☐ 12 & Under ☐ 13 & Over**Session 4:**

Meet Date: _____ Meet Referee: _____

Meet Host: _____ ☐ Home meet ☐ Away meet ☐ 12 & Under ☐ 13 & Over**Performance Checklist**

Complete with trainer during your final apprentice session. If any skills are not met, trainer should send written proposed plan to help apprentice (e.g. additional apprentice sessions, rewatch clinic) to the apprentice and the Minnesota Swimming Officials Chair. Mark Y for Yes, N for No, and ND for Not Demonstrated

	Arrives on time, prepared with necessary personal equipment, in proper and professional uniform.
	Is respectful of other officials, coaches, meet volunteers, spectators, and athletes.
	Understands and applies proper positioning on deck.
	Understands and applies communicated jurisdictions and protocols.
	Understands and applies the rules for the start, stroke, kick, turn, and finish for butterfly.
	Understands and applies the rules for the start, stroke, kick, turn, and finish for backstroke.
	Understands and applies the rules for the start, stroke, kick, turn, and finish for breaststroke.
	Understands and applies the rules for the start, stroke, kicks, turn, and finish for freestyle.
	Understands and applies the rules for relays.
	Understands and applies the rules for individual medley.
	Is comfortable making calls as appropriate and also understands when a call is not appropriate.
	Can correctly communicate a disqualification and what was observed using USA Swimming rulebook language.
	Always gives the swimmer the benefit of the doubt.
	Understands performance criteria as outlined in Stroke & Turn Judge Professional Document.
	Understands USA Swimming Safe Sport and MAAPP rules.

Signature of Trainer _____ Date _____

Signature of Meet Referee _____ Date _____

Thank you for volunteering as an official! Once complete, please send a photo or scan of your apprentice form to the Minnesota Swimming Officials Chair.