

Wichita Swim Club 2023-2024 Short Course Practice Schedule

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
<i>National</i>	5:20-6:50AM & 3:45-5:45PM	3:45-6:00PM	5:20-6:50AM	3:45-6:00PM	5:20-6:50AM & 3:45-5:15PM	7:00-10:00PM (dryland)	OFF
<i>Gold</i>	5:20-6:50AM & 3:45-5:45PM	3:45-6:00PM	3:45-5:45PM	5:20-6:50AM	3:45-5:15PM	7:00-10:00AM (dryland)	OFF
<i>Silver</i>	5:45-7:45PM	5:45-7:45PM	5:45-7:30PM	5:45-7:30PM	5:15-7:00PM	10:00-12:00AM	OFF
<i>Bronze</i>	OFF	5:20-6:50AM	3:45-5:45PM	3:45-5:45PM	3:45-5:15PM	10:00-12:00AM	OFF
<i>Red</i>	6:00-7:30PM	6:00-7:30PM	OFF	6:00-7:30PM	5:15-7:00PM	10:00-11:30AM	OFF
<i>White</i>	4:00-5:00PM Or 5:00-6:00PM	4:00-5:00PM Or 5:00-6:00PM	4:00-5:00PM Or 5:00-6:00PM	4:00-5:00PM Or 5:00-6:00PM	5:15-6:15PM	OFF	OFF

A.M practice for National & Gold will begin the week of Sept 25th.