

“机会倍增，一旦抓住” -孫子
"Opportunities multiply once they're seized" -Sun Tzu

Practice Changes

[SCY Practice Schedule](#)

[WSC Calendar](#)

[Practice Schedule \(teamunify/live\)](#)

Announcements

Congratulations to Coach Brian on his marriage!

KSHSAA Fall Swimming Participants

Athletes intending to swim high school only or dual participate should inform our Director of Business Operations Brian Wingert [Wichita Swim Club](#) and me as soon as possible. Athletes that intend on swimming Olympic Development Program (ODP) meets must also be active on the team in order to register.

SCY Program Information available [here](#)

Wichita Swim School Instructor

Are you passionate about the water and teaching others how to swim? We're seeking dynamic Swim Instructors to join our team. As a Swim Instructor, you'll have the opportunity to share your love for swimming while helping individuals of all ages and skill levels develop their confidence and ability in the water. [Apply Here](#)

- Starting pay \$11/hr after training
- Instructors set their own schedules

Weekly Article for Parents: [Here](#)

Weekly Article for Athletes: [Here](#)

Recommended Activity: Write a quick summary about the article as well as any points that stood out

Meets

[Meet page](#)

[Time standards](#)

Athletes intending to advance to Gold should aim to achieve times qualifying for the Missouri Valley 2023 LCM Championships

[MoVal SCY 25 Time Standards](#)

[IMX](#)

Athletes intending to advance to Gold Squad should aim to compete in all their events prior to the end of the season.

Listed in **Bold font** below are the recommended meets for Bronze, with alternative meets in normal typeface.

In season Meets

WSC Fall Invitational | October 10-12

[Registration](#) Deadline October 1

📍 Wichita Swim Club

Recommended for all swimmers. WSC Hosted Meet (Please sign-up to volunteer)

Jim Devine Memorial Invitational | October 24-26

[Registration](#) Deadline September 26

📍 MizzouRec

Recommended for all qualifying swimmers. Priority meet for those looking to advance to Gold Squad

Legends Invitational | November 7-9

[Registration](#) Deadline October 29

📍 Wichita Swim Club

Recommended for all swimmers. WSC Hosted Meet (Please sign-up to volunteer)

Central Plains Elite Showcase | December 4-7

[Registration](#) Deadline November 26

📍 Wichita Swim Club

Recommended for all qualifying swimmers. WSC Hosted Meet (Please sign-up to volunteer)

Time Bomb | January 3

Not a meet for Bronze Squad Athletes

📍 Wichita Swim Club

Bronze Athletes should volunteer to assist with the prize table and or timing. WSC Hosted Meet
(Please sign-up to volunteer)

Splash Club Meet of Champions | January 16-18

[Registration](#) Deadline December 24

📍 Phillips 66 Splash Club

Recommended for all qualified athletes

Seahawk Chill | January 24-25

[Registration](#) Deadline January 15

📍 Hutchinson YMCA

Recommended for athletes who did not swim a December/January Meet

Last Chance | February 6-8

[Registration](#) Deadline January 28

📍 Wichita Swim Club

Recommended for athletes who have not qualified for a SCY Championship Meet. WSC Hosted Meet
(Please sign-up to volunteer)

Championship Meets

District Championship West | February 13-15

[Registration](#) Deadline February 4

📍 Wichita Swim Club

Recommended for all qualified athletes. WSC Hosted Meet (Please sign-up to volunteer)

MoVal Senior Championships | February 26 - March 1

[Registration](#) Deadline February 18

📍 Shawnee Mission School District Aquatic Center

Recommended for all qualifying swimmers

MoVal 14 & Under Championships | March 5 - March 8

[Registration](#) Deadline February 25

📍 Shawnee Mission School District Aquatic Center

Recommended for all qualifying swimmers

Region VIII Sectionals | TBD

[Registration](#) Deadline February 25

TBD

Recommended for all qualifying swimmers

Time Standards: Please keep in mind athletes will have to qualify for Championship meets with the time standards provided in the meet information, i.e. swimmers that qualify for Short Course Champs or Districts, may not necessarily be eligible for the Long Course meet(s) with that SCY time; athletes must have the corresponding qualifying time for the 2025 Long Course Standards.

Thank you for your time,
Coach Jack
Bronze Squad Lead Coach
Wichita Swim Club