



2025 Fall BOD Meeting

Virtual Zoom Meeting

October 1, 2025

6:30pm

OUR MISSION: Providing opportunities for athletes to achieve lifelong success through swimming

OUR VISION: Swim Now – Lead Forever

1. Mike Stromberg called the meeting to order @ 6:31pm
2. Roll Call
 - a. Addison Olson, Alicia Bungum, Amy Mayer, Ben Richards, Ben Smith, Berit Hillmer, Chris Domitrovich, Erich Richardson, Jill Schlenker, Kaylee Schell, Kim Kuntz, Lisa Montplaisir, Madisen Schue, Mike Stromberg, Nathan Enderle, Rachel Carter, Sara Wolff, Sienna Mrachek, & Sydney Graf
3. Chair Reports - *See corresponding attachment below*
 - a. Mike Stromberg gave a summary of the USA Swimming Summit
 - b. NDLSA will meet with Jane Grosser tomorrow, BOD members are asked to attend if able.
4. Approve Meeting Minutes - *See corresponding attachment below*
 - a. Rachel Carter made a motion to approve the 2025 September BOD Meeting minutes
 - i. Lisa Montplaisir second
 - ii. Motion passed
5. Bylaw Amendment – *See corresponding attachment below*
 - a. Rachel Carter and Kaylee Schell spoke to the reasoning behind the Amendment
 - b. Rachel will work with the athlete reps on this proposal for the HOD
6. Policy Revision Proposal – *See corresponding attachment below*
 - a. Jill Schlenker made a motion to approve the Policy 1.2
 - i. Lisa Montplaisir second
 - ii. Motion approved
7. Budget – *Approved 2026 Budget attached below for referencing convenience*
 - a. 2026 Athlete Summit will be held in St. Louis
 - i. Lisa Montplaisir made a motion to amend the budget to include \$5000 for the Athlete Summit
 1. Rachel Carter second
 2. Motion passed



- b. Zones
 - i. Discussion on Open Water meets; uncertain of amount needed to add to the budget
 - ii. Discussed and agreed upon that if Zones is held in ND, the coaches who live locally would not need, thus would not receive, the per diem for food.
- 8. Athlete Representative Revised Proposal
 - a. Intentions are to have flyers and items for athletes to take at the State Championship Meet. Once the items are gone each day, they are gone
 - i. For 11&Over, table would be on your honor, and someone would manage the table during the 10&Under meet
 - b. Proposed estimated budget: \$200
- 9. NDLSC Website project
 - a. Mike Stromberg, Ben Richards and Kaylee Schell are going update the NDLSC website
 - b. Please submit any website update suggestions
- 10. Meets
 - a. Meet Referees for 2026 State Meets
 - i. 10&Under Short Course State Championships – Nathan Enderle
 - ii. 11&Over Short Course State Championships - Chris Domitrovich
 - iii. Long Course State Championships - Lisa Montplaisir
 - b. Coaches Clinic – May 1-2, 2026 in West Fargo
 - i. Potentially will have an official's component added to Saturday.
 - c. Zones date and site
 - i. August 6-9, 2026 in Minneapolis, MN
 - 1. 4 full days, with prelim and finals on all 4 days
 - 2. Thursday – Saturday
 - 3. 10&Unders will swim in finals
 - 4. Central Zones will now have 3 sites due to meet size
 - ii. Lisa Montplaisir made a motion to amend the budget to account for an additional day at zones, and adjust the budget accordingly
 - 1. Kim Kuntz second
 - 2. Motion passed
 - iii. Summer state meet date
 - 1. Discussion was had on the current date of the ND Long Course State Championship meet in regards to Zones now being moved to August 6th– 9th
 - a. Erich Richardson made a motion to move the 2026 ND Long Course State Meet from July 17-19, 2026 to July 24-26, 2026
 - i. Sydney Graf second
 - ii. Motion passed
 - d. Discussion was had on the potential for a ND vs SD Dual Swim Meet, with qualify standards



11. Camps

- Discussion was had on having a 2.5-day training camp with standards to encourage athletes to come together and train. Additional discussion was had on having a 1-day training camp for 10-12 year old, with the possibility of doing one on each side of the state.
- Both camps would contain an educational component

12. State Meet Committee Report

- Alicia Bungum shared the feedback the State Meet Committee received, and what they feel is the best revision of Order of events for the ND 11&Over SC State Championship Meet
- Discussion was had
- Rachel Carter made a motion to approve the Order of Events and send it to the Fall HOD meeting
 - Chris Domitrovich second
 - Motion passed

2026 Event Order Revised - September

Thursday	Entries	Heats	Time	Friday Prelims	Entries	Heats	Time	Saturday Prelims	Entries	Heats	Time	Sunday Prelims	Entries	Heats	Time
13 over Mile	36	5	110	400 Freestyle Relay	60	10	50	400 Medley Relay	56	11	55	50 Free	258	34	34
11-12 Mile	14	2	48	100 IM	196	25	50	200 Freestyle	170	22	60	200 IM	116	17	56
800 Free Relay	54	7	70	50 Breaststroke	112	14	14	100 Breast	129	18	36	100 Fly	84	11	22
				200 Butterfly	32	4	12	200 Backstroke	57	7	21	200 Breaststroke	61	8	24
				100 Free	196	25	50	50 Butterfly	150	20	20	100 Backstroke	148	21	42
				50 Backstroke	109	15	15	400 IM (TF)	13	2	14	1000 Freestyle (ALL)	50	7	105
				500 Free (TF)	66	9	63								
			228				254				206				283

Friday Finals	Entries	Heats	Time	Saturday Finals	Entries	Heats	Time	Sunday Finals	Entries	Heats	Time
200 Medley Relay		9	27	200 Free Relay		9	27	50 Free		8	16
100 IM		8	24	200 Freestyle		8	32	200 IM		8	32
50 Breaststroke		8	16	100 Breast		8	24	100 Fly		8	24
200 Butterfly		8	32	200 Backstroke		8	32	200 Breaststroke		8	32
100 Free		8	24	50 Butterfly		8	16	100 Backstroke		8	24
50 Backstroke		8	16	400 IM (TF)		8	50				
500 Free (TF)		8	48								
			187			0					128
							181				

13. Future Dates

- October 12th – Fall HOD @ 9am (Bismarck)
- February 21-22, 2026 – 10&Under SC State Championships (FMY @ HAC)
- March 19-22, 2026 – 11&Over SC State Championships (@HAC)
- May 1-2, 2026 – Coach's Clinic
- May 3, 2026 – Spring HOD Meeting @ 9am (@HAC)
- July 24-26, 2026 – LC State Championships (@HAC)
- August 6-9, 2026 – Zones (@Minneapolis, MN)

14. Lisa Montplaisir made a motion to adjourn the meeting

- Rachel Carter second
- Motion passed
- Meeting ended @ 8:09pm

Age Group Chair report for 2024-25 submitted by Lisa Montplaisir

Meets

- 52 total meets sanctioned; 37 SC meets and 15 LC meets
- 6 meets observed in SC, boys and girls EDC, WDA, and HS State
- 43,572 individual times loaded into SWIMS; 27,324 during SC and 16,248 during LC. Many meets had times anomalies, some are still in process of being corrected.
- I did not track number of total athletes as I didn't get all financial reports to determine.
- There are multiple dates where we have more than one meet. Please put your team abbreviate in your meet file name so it loads correctly. Things like "iSquad" or "Last Chance" are used by multiple teams and it makes loading a bit more tricky to confirm.
- For 2025-26 there are currently 30 meet intents that have been submitted.

Sanctioning Process

A few reminders of the steps for sanctioning.

- Complete the online google form found at ND Swimming, Forms, Meet request forms. Note: the Admin official, Meet Referee, and Team contact must be 3 different non-athletes in good standing through the meet dates; as long as they renew any expiring credentials before they actually expire, all is good.
<https://docs.google.com/forms/d/e/1FAIpQLSdsfS7xECGslwWN5KXIRIOhRzR57vugKpA4Oul4dn-MWRd30Q/viewform?c=0&w=1>
- Submit and email with the meet info and event file to ndlscagegroupchair@gmail.com
- Once all approved, enter the sanction onto the meet info and send a pdf to be posted to the ND Swimming website.

Pre/during/post meet Process

- At least a week before the meet date,
 - submit a meet recon file after you've imported entries to the Registration Chair (Kim Kuntz). She will send back a list of issues that need to be addressed before the meet happens.
 - After seeding, send a session report to the Officials Chair (Chris Domitrovich) and AGC for approval of the sessions. Identify any changes from meet info (combining events/sessions, etc).
- During the meet,
 - the AO should be checking that the times "make sense" to reduce errors that are submitted to SWIMS.
- After the meet,
 - send a meet backup, results file, and pdf of results to the AGC for entry into SWIMS.
 - Send a results file to the Coaches Reps (Erich Richardson and Sydney Graf) for the top 10 list.
 - Send the financial report to the Treasurer (Nathan Enderle) for billing.

LSC Officials Report-October 2025

LSC Officials Chair Contact Information:

Chris Domitrovich; 701-212-0696; Christopher_domitrovich@yahoo.com

Looking for volunteers to be on the LSC Officials Committee and if interested, please call/text/email me. Thanks for your consideration!

Officials Count:

Able to now view who is certified for each position, current as of 22 September 2025:

Referee: 27 (1 apprentice)

Starter: 41 (7 apprentices)

Chief Judge: 23 (1 apprentice)

Admin Official: 28 (2 apprentices)

Stroke and Turn: 98 (14 apprentices)

****Requesting that each club's officials chair email me when they have a new apprentice starting and then also when they become approved by the applicable Meet Referee. This allows me to update OTS in a timely manner!**

USA Swimming OTS Updates:

USA Swimming has made many updates since changing the way officials are certified/re-certified following the R9 implementation on 1 February 2024. I have updated the ND LSC website (Officials Tab) with step-by-step procedures. Additionally, USA Swimming has now removed the Stroke & Turn, Admin Official, and Starter tests, due to the implementation and roll-out of the new Stroke & Turn, Admin Official, and Starter Certification Courses found on the USA Swimming Website, under the Education Tab. To access and receive credit, you will have to be registered with USA Swimming and have a log-in. These new courses take approximately one hour to complete and will be required for re-certification (every 3 years). What I can do now is LSC Bulk Recertification, which I will do for ALL Officials in December prior to their expiration.

OQM /State Meets:

I will be submitting the Gator IMX Challenge & Fall Meet, held November 21-23, 2025 at the Hulbert in West Fargo as an OQM to allow for up to N3 evaluations for those officials attending. Please email the Meet Referee, Paul Sjurseth (psjurseth@msn.com), if you are interested in an evaluation from Phil Barnes. Per our Policies and Procedures 7.4, the LSC will provide up to \$2000 each year for reimbursement of expenses related to travel, lodging, and food for the OQM evaluator. The Gators will send all receipts to the ND LSC Treasurer for reimbursement on the reimbursement form, following the meet.



Fall 2025 Safety Chair Report - Amy Mayer

RECOGNITION:

The USA Swimming Safe Sport Club Recognition program allows a USA Swimming member club to demonstrate its commitment to creating a healthy and positive environment free from abuse for all its members through the development and implementation of club governance measures, Safe Sport policies and reporting mechanisms, Safe Sport best practices and training to athletes and parents.

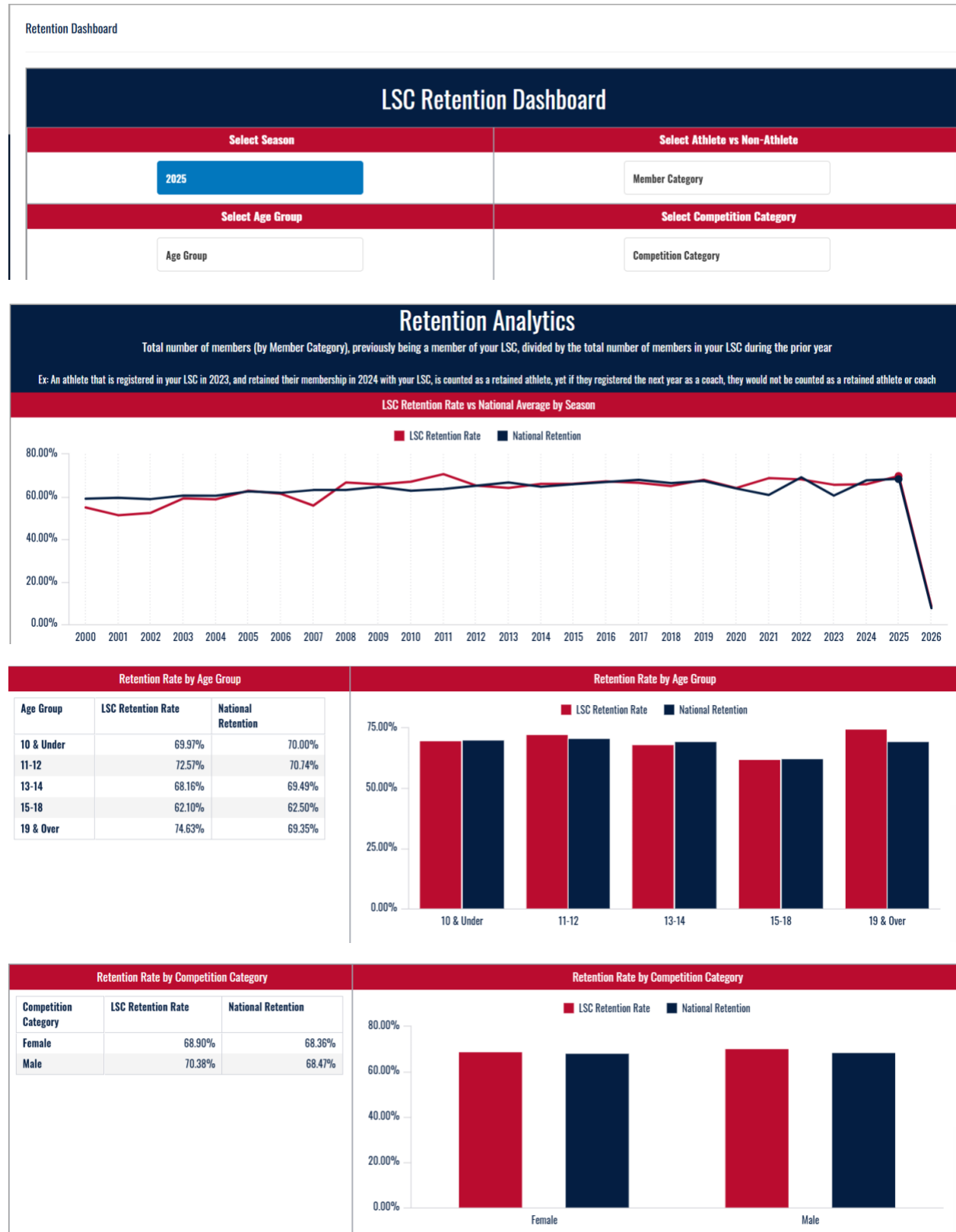
Reports are using end of September 2025 information

ND Clubs Current SSRP

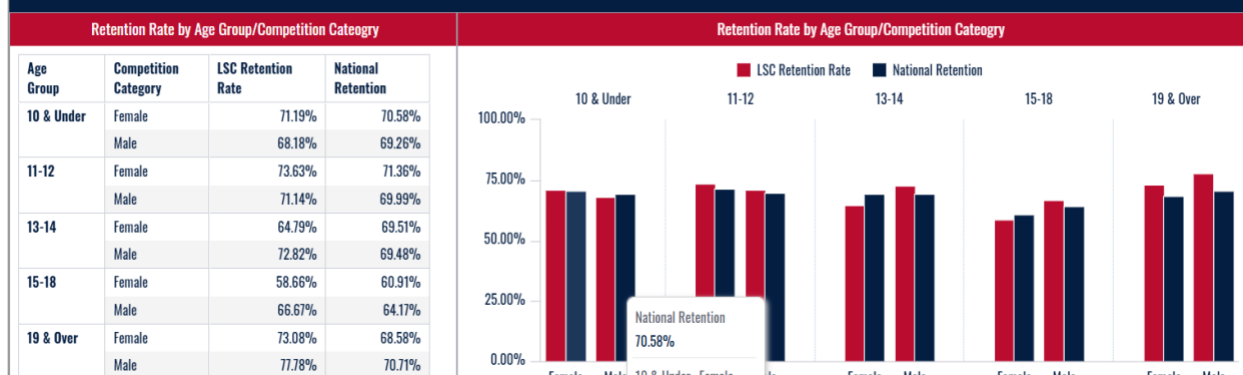
Club	Effective Date	Expiration Date
Aquastorm	5/6/2024	5/31/2026
Fargo Gators	1/28/2025	1/31/2027
Mandan	7/1/2025	7/31/2027
West Fargo Flyers	10/7/2024	10/31/2026
Williston	9/12/2023	9/30/2025
Expired		
Northern Lights	8/7/2023	8/31/2025

Keep up to date on all information regarding safe sport <https://www.usaswimming.org/safe-sport>

Registration Chair – Kim Kuntz



Advanced Retention Analytics



North Dakota Swimming Club Membership Breakdown for 2025 (9/1/2024 - 8/31/2025)



Club	Premium Athlete	Flex Athlete	Outreach Athlete	Individual Season Athlete	Coach	Official	Other	Junior Coach	Provisional Coach	Total
AQST	322	0	0	0	16	18	7	0	0	363
BWST	21	4	0	3	3	2	2	0	0	35
DDST	67	65	1	7	6	7	7	0	2	162
FMY	100	8	1	10	8	16	6	0	0	149
MMSC	118	47	0	0	6	9	10	2	2	194
MSC	164	0	8	18	11	18	6	0	2	227
NLSA	92	16	0	6	9	8	12	0	0	143
PRO	35	10	1	3	8	2	3	0	0	62
RRV	83	1	2	0	8	10	12	1	0	117
VCST	23	0	0	0	3	0	3	0	0	29
WCST	8	0	0	0	1	1	3	0	0	13
WFF	232	6	0	0	15	34	10	0	1	298
WSL	101	9	0	2	3	12	9	2	0	138
CBSC	0	0	0	8	1	1	0	0	0	10
UN	0	0	0	0	10	2	6	0	1	19
Total	1366	166	13	57	108	140	96	5	8	1959



2025 BOD Meeting Minutes

September 3, 2025

7:00pm

OUR MISSION: Providing opportunities for athletes to achieve lifelong success through swimming

OUR VISION: Swim Now – Lead Forever

1. Meeting called to order by Mike Stromberg @ 7:01pm
2. Roll Call
 - a. Addison Olson, Angie Heckaman, Amy Mayer, Ben Richards, Ben Smith, Berit Hillmer, Chris Domitrovich, Erich Richardson, Kaylee Schell, Kim Kuntz, Lisa Montplaisir, Madi Schue, Mike Stromberg, Nathan Enderle, Rachel Carter, Sara Wolff, Sienna Mrachek, and Sydney Graf
3. Any Chairs who would like to submit a Chair Report for the Fall HOD Meeting, need to have them emailed to Secretary, Kaylee Schell, by October 1st
4. June 2025 Meeting Minutes
 - a. Motion made by Kim Kuntz to approve the June 2025 meeting minutes
 - i. Ben Richards second
 - ii. Motion passed
 - b. BOD verified that since there was not enough members in attendance at the Budget Meeting, what would be the meeting minutes are discussion notes, and don't need to be voted on for approval
 - i. It was recommended the notes be sent out with the budget
5. NDLSCL
 - a. Coaches Representative
 - i. Erich Richardson discussed the confusion with the Coaches' Representatives term and election.
 1. Discussion was had on the proposed bylaw amendment that was submitted by Erich
 - a. Rachel Carter and Erich will work on the proposed amendment to the bylaw to define job descriptions and clarify term limits
 2. Mike Stromberg instructed that Erich needed to have a Coaches' Representative election before the Fall HOD meeting



b. Website

- i. Discussion had on the purpose, responsibility, and for whom the NDLS website was for
- ii. Communicated there are not clear responsibilities for everything that needs to be managed on the website
 1. No Chair is delegated to update qualifying time standards
 2. Jill Schlenker volunteered to update and post the file
 3. Mike Stromberg shared he thought it should be the State Meet Committee's responsibility, and is going to follow up with them
- iii. A question was submitted on the website inquiring about cameras for live streams. The BOD recommended reaching out to Gerald Brown at the Hulbert Aquatic Center or Thomas Wheeling of AQST

6. State Meet

a. Short Course

- i. Discussion was had on the proposed changes to the order of events that was submitted by the State Meet Committee
 1. On the proposal, Sunday was the longest day by 2 hours. Some suggestions from the BOD was put the 1000Fr back to Saturday, and move the 400 Medley Relay to Friday. Overall, the BOD was requested the times be evened out amongst the days
 2. Rachel Carter, who is on the State Meet Committee, took notes of the suggestions, and will share them with the State Meet Committee

b. Athlete Representatives proposed an Athlete Hospitality at the State Meets

- i. Athlete Representatives attended the Athlete Summit in Cleveland, Ohio, which was where the idea arose.
 1. The idea was well received by the BOD
 2. Idea was to have information on various topics like DEI, SafeSport, Nutrition, etc. available to athletes.
 3. Athlete Representatives will develop the idea more in regards to who would monitor the table during the 11&Over State Championships, cost of snacks, prototype of information that will be provided, etc. and present it to the BOD at the next meeting.
 4. Athletes to develop more and come up with a prototype, examples of what info they would provide, costs, who would monitor it. Etc.

7. State Record Update Committee

- a. Erich Richardson is working on updating the state meet and overall records for short course, then will work on long course. Overall records are easier than state meet records.
- b. Erich shared some obstacles with TeamUnify
 - i. Lisa Montplaisir recommended talking with Jeff Steele of AQST
- c. Erich will update the LC State Meet records from the 2025 LC State Championships and email them to Sara Wolff



8. The new 2025 USA Swimming Legislation will happen at the Summit meeting, later this month, in Denver, CO
9. Sectional and Central Zone – LSC income
 - a. Discussion was had on having a splash fee vs flat fee for Sectionals and Central Zones meets.
 - b. New legislation allows for LSC to charge for a splash fee if submitted by September 21st
 - i. The fee cannot be greater than what the ND LSC is currently charging, which is \$7 as a flat rate per athlete, not per splash
 - c. Sydney Graf made a motion to have a splash fee of \$7 for Sectionals and Central Zones meets in exchange for some form of sponsorship in the meet for the athletes.
 - i. Kim Kuntz second
 - ii. Motion passed
10. Future Dates
 - a. September 24th–27th – *USA Swimming Annual Summit (Denver, CO)*
 - b. September 28th – *BOD agenda items*
 - c. October 1st – *BOD Meeting @ 6:30pm (virtual)*
 - d. October 1st – Chair Reports due
 - e. October 12th – *Fall HOD @ 9am (Bismarck)*
 - f. February 21-22 – *10&Under SC State Championships (FMY @ HAC)*
 - g. March 19-22 – *11&Over SC State Championships*
 - h. July 17-19, 2026 – *LC State Championships*
11. Mike Stromberg informed the BOD of the open Finance Vice Chair position, and recommended former Treasurer, Angie Heckaman (NLSA) to the position
 - a. Angie would be able to help current Treasurer, Nathan Enderle (WFF), who was elected at the 2025 Spring HOD meeting
 - b. After a favorable discussion, Mike Stromberg made a motion to appoint Angie Heckaman (NLSA) to the Finance Vice Chair position
 - i. Kaylee Schell second
 - ii. Motion passed
12. Motion made by Erich Richardson adjourn the meeting
 - a. Sydney Graf second
 - b. Motion passed
 - c. Meeting ended at 8:21pm

Implementation of Athlete Representative Application Process

- Applications will be submitted virtually to the General Chair or other designated representative. Applications must be submitted by an appropriate date determined by the BOD. All applications will be sent to the BOD prior to the Spring Meeting for review. The BOD will vote on Candidates for the Junior and At Large Athlete Representative at the Spring BOD meeting with their term beginning following confirmation of the Athlete Representatives at the Spring HOD meeting.
- Application to include:
 - Athlete Representative Responsibilities
 - listing responsibilities with an included signature line stating that the athlete is aware of the responsibilities and duties they will be taking on if elected.
 - Athlete Representative Application
 - Requiring basic information and short responses to help the ND LSC BOD know more about the Athlete and their interest in being on the BOD
 - Two Letters of Recommendation
 - Requiring one to be from either their Club Coach or Board Member

Optional Bylaw or Policy amendment could include:

- The Board of Directors can choose to not to implement succession process if the Junior Athlete Representative has not shown desired involvement or has not upheld the expectations of their position.
- The Board of Directors will appoint the Junior Athlete Rep by majority vote. The Athlete at Large Representative Candidates will be chosen from the remaining application pool and presented to the athletes for vote by email (google doc). Email will go to all athletes who meet voting eligibility per ND LSC bylaws (1.2 section J.8). Following their term, the at large representatives are able to apply for Junior Representative.

Additionally

- The ND LSC P&P could be shortened significantly to reflect implantation and application process
- Appoint a Board Member or non-board adult to help guide and oversee athletes and for lack of better words, help hold them accountable. If non- board member, adult would need to be registered with USA Swim and successfully complete all APT training requirements. Provide a clear list of responsibilities for this position.

ARTICLE 6 – OFFICERS AND DIRECTORS

6.2 OTHER DIRECTORS

.1 ATHLETE REPRESENTATIVES -

Two (2) Athlete Representatives shall be elected, one each year for a two-year term, or until their respective successors are elected. At the time of election, the Athlete Representative must (a) be an athlete member in good standing; (b) be at least a sophomore in high school or at least 16 years of age, (c) be currently competing, or have competed within the three (3) immediately preceding years, in the program of swimming conducted by NDSI or another LSC; and (d) have his or her place of permanent residence in the Territory and expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an institution of higher education). The balloting shall take place ~~at a meeting called for that purpose by the Senior Athlete Representative or failing that, at a time and in a manner designated by the Board of Directors.~~ **the annual Spring Board of Directors meeting.** At least twenty (20) days' written notice of the election shall be given to all clubs. The Athlete Representatives elected shall be determined ~~by a majority of the Athlete Members in good standing present and voting who are thirteen (13) years of age or older.~~ **the Board of Directors upon review of all of the applicants. The Athlete Representative voted on and selected by the Board of Directors will be ratified at the corresponding Spring House of Delegates meeting.**



Athlete Representative Responsibilities

The Athlete Representatives will:

- Be an athlete member in good standing
- Meet all requirements as specified in the North Dakota Swimming Policies and Procedures Manual, NDLSB Bylaws and USA swimming.
- Act as a liaison between the Athletes of North Dakota Swimming and both the BOD and HOD.
- Host quarterly town hall meetings for all eligible athletes of North Dakota Swimming. One in person at both state meets and two virtually in between.
 - The goal of this would be to aid involvement of all athletes and to allow the athletes to exercise that “representative” role more effectively.
 - The NDLSB would be able to provide the Zoom link for the meeting
- Attend all BOD and HOD meetings possible.
- Be prepared to give updates at the Spring and Fall HOD Meetings and submit Chair Reports
- Effectively communicate with the BOD and HOD
- Complete tasks as assigned by the General Chair
- Work with BOD to have an active Social Media presence that positively engages the athletes of North Dakota Swimming
- Junior and Senior Representatives to try to attend National Conventions as long as it doesn't jeopardize NDHSAA eligibility. At Large Rep to serve as alternate, or attend alongside Jr. and Sr. Representatives if funding and Convention allows
- Maintain a high level of integrity. They understand that this position is a position of leadership and one of privilege, and behave in a manner befitting of such. They will demonstrate integrity and respect to coaches and fellow athletes, not only in and out of the pool, but in the community as well

Athlete Signature: _____

Date: _____

Guardian Signature: _____

Date: _____



Athlete Representative Application

Thank you for your interest in serving as an Athlete Representative for the North Dakota LSC. Please return the below requirements to: ndlsc.generalchair@gmail.com

Requirements:

- Athlete Representative Application
- Two Letters of Recommendations
 - One **must** be from a Coach or Board Member from your respective Club.
- Signed Responsibility Form

Name: _____ Age: _____ Team: _____

Email: _____ Phone: _____

Years involved with USA Swimming: _____

Are you willing and able to do any and all necessary trainings, including Safe Sport? **YES** **NO**

Are you willing and able to participate in committees as needed? **YES** **NO**

Please list and describe any leadership and board member/council experience you have.

Please list and describe any public speaking or other experience you have that would make you a good ND LSC Athlete Representative.



Describe a time you've had to work with someone who had an opinion you didn't agree with?
How did you deal with it and continue to work with that person?

Why do you want to be an Athlete Representative for the ND LSC?

What is one goal you would have as a ND LSC Athlete Representative?

What would you do to make sure you are representing all the swimmers at every level across North Dakota?



(Optional) Please list any additional information you would the ND LSC Committee to know when reviewing your application.

Athlete Signature: _____

Date: _____

Guardian Signature: _____

Date: _____

Policy 1.2

K. Coaches Representative

(1) Senior Coaches Representative

- (a) Will be the former Junior Coaches Representative and will assume office as Senior Coaches Representative immediately following the Long Course Zones meet. They will serve a one-year term.
- (b) Will train the incoming Junior Coaches Representative on all duties and responsibilities of the Senior Coaches Representative
- (c) Shall represent coaches at the House of Delegates and Board Meetings.
- (d) Shall call meetings of all coaches as needed to maintain communication and to faithfully represent coaches' views at ND LSC meetings.
- (e) Shall serve on committees as assigned by the General Chair.
- (f) They will be the Head Coach for Team North Dakota at Zones and All Stars and will choose and confirm appointment of the assistant coach(es) with the General Chair. (See Part 8 for further details.) In the event the Senior Coaches Representative and the Junior Coaches Representative are unable to attend Zones or All Stars the Senior Coaches Representative will be responsible for arranging and getting approval for an alternative coaching staff.
- (g) The Zone Coach is expected to do the entries, and if not, \$50 will be deducted from his/her pay. Responsibilities also include the ordering of team suits, caps, shirts, etc.
- (g) Shall serve as the Records Chair.
- (i) Shall update and post the Top Ten List, State Times, overall records and on a regular basis

(2) Junior Coaches Representative

- (a) Will be voted on by the Coaches at the Long Course State Meet and will assume office immediately following the Long Course Zones Meet.
- (b) Will serve one year as Junior Coaches Representative and then progress to Senior Coaches Representative.

(c) Will train under Senior Coaches Representative on all duties and responsibilities of Senior Coaches Representative

(d) Will assume the role of Head Coach for Team North Dakota in the event that the Senior Coaches Representative is unable to fulfill the role.

(3) Election: A special vote at the Long Course State Championship Meet will happen every year to confirm promotion of Junior Representative to Senior Coaches Representative and elect a new Junior Coaches Representative.

(a) In the event that the Coaches do not confirm the promotion of the Junior Representative to Senior Representative, new candidate(s) will be selected and voted upon. The outgoing Senior Representative will be expected to train the new incoming Senior Coaches Representative as necessary.

Company name: North Dakota Swimming Inc.

Budget name: Budget_FY26_P&L

Budget type: Profit and loss

Period: FY 2026 (Oct 2025 - Sep 2026)

Consolidated

Accounts	Budget totals
Coaches Clinic Income	\$4000.00
Team ND - All Star - Fees Received	\$7000.00
Team ND - Zones - Fees Received	\$8000.00
Total NDLSLSC - Team ND Income	\$15000.00
Meet Fees - Officials Fine	\$300.00
Meet Fees - Sanction Fees	\$4500.00
Meet Fees - Splash Fees	\$52000.00
Total NDLSLSC Meet Fees Income	\$56800.00
USA Swimming Reg Fees Received	\$19000.00
Total USA Swimming Registration Fee Income	\$19000.00
Total Income	\$94800.00
Coaches Clinic Expense	\$6500.00
National Level Meet - Athlete Expense Reimb	\$20000.00
National Level Meet - Coach Expense Reimb	\$4000.00
National Level Meet - Officials Expense Reimb	\$3000.00
Total NDLSLSC Expense - National Level Meet Reimbursed Expenses	\$27000.00
NDLSLSC Expense - Outreach	\$7500.00
State Meet Expense - Ribbons, Medals, Plaques	\$7000.00
Total NDLSLSC Expense - State meet expense	\$7000.00
Team ND - All Star - Hotel Fees	\$2100.00
Team ND - All Star - Salaries & Per Diem	\$3000.00
Team ND - All Star - Transportation	\$1750.00
Total Team ND - All Star - Coach Expenses	\$6850.00
Team ND - All Star - Entertainment/Meals	\$1200.00
Team ND - All Star - Gear - Apparel	\$1400.00
Team ND - All Star - Gear - Swim Bag	\$0.00
Team ND - All Star - Gear - Swim Caps	\$1000.00
Team ND - All Star - Meet Fees Paid	\$2650.00
Total Team ND - All Star - Swimmer Expenses	\$6250.00
Total NDLSLSC Expense - Team ND - All Star Meet Expenses	\$13100.00
Team ND - Zones - Hotel	\$2800.00
Team ND - Zones - Salaries & Per Diem	\$5550.00
Team ND - Zones - Transportation	\$1500.00
Total Team ND - Zones - Coach Expenses	\$9850.00
Team ND - Zones - Entertainment/Meals	\$1000.00
Team ND - Zones - Gear - Apparel	\$2000.00
Team ND - Zones - Gear - Swim Bags	\$1500.00
Team ND - Zones - Gear - Swim Caps	\$1200.00
Team ND - Zones - Meet Fees Paid	\$3300.00
Total Team ND - Zones - Swimmer Expenses	\$9000.00
Total NDLSLSC Expense - Team ND - Zones Meet Expenses	\$18850.00
Meetings & Conferences - Athlete Meeting	\$200.00
Meetings & Conferences - BOD/HOD Meeting Expenses	\$2000.00
Meetings & Conferences - Conference & Travel Expenses	\$8000.00
Total NDLSLSC Expenses - Meetings & Conferences	\$10200.00
Office/General - Checking Acct Exp (Checks, NSF, etc)	\$100.00
Office/General - Comp Equip/Software	\$1300.00
Office/General - Misc - Postage, office supplies, etc.	\$100.00
Office/General - Tax Expenditure	\$750.00
Office/General - USA Registration/BackGround	\$150.00
Office/General - USA Swim Central Zone Memb Dues	\$375.00

Accounts	Budget totals
Total NDLSC Expenses - Office/General	\$2775.00
Officials - Name Tags	\$180.00
Officials - OQM Reimbursement	\$2000.00
Officials - Shirts	\$3150.00
Officials - Supplies & Equipment	\$0.00
Officials - Thank You Gifts	\$400.00
Officials - Training/Evaluations	\$0.00
Total NDLSC Expenses - Officials	\$5730.00
Total NDLSC Expenses	\$98655.00
Total Expense	\$98655.00
Total Other Income	\$0.00
Total Other Expense	\$0.00
Total Net Income	\$-3855.00

Tuesday, August 5, 2025 at 10:03 PM CDT