



- 1) Call to order – 1:01pm
- 2) Roll Call – JoDell Bourgois, Stacy Olson, Bret Haglund, Thomas Wheeling, Amanda Finck, Anne McDonagh, Demi Peterson, Shane Peterson, Wayne Mastel, Payton Gabel
 - a. Teams in attendance: RRV, WFF, NLSA, BWST, ASK, WSL, MSC, JAWS, DDST
 - b. Teams not in attendance: AQST, CBSC, FMY, MMSC, VCST, WCST
- 3) Review/Approval of Meeting minutes
 - a. Motion to approve by Pat, second by Wayne
- 4) Chair Reports
 - a. **Bret Haglund – Admin Vice Chair - provided prior to meeting**
 - i. Leap 2 submission
 1. Need to clarify 7 items
 - ii. Changes coming from USA Swimming related to by-laws – ND will be meeting to update changes and adopt items into policy where needed
 1. Expected adoption by 2020
 - b. **Stacy Olson – Secretary – provided prior to meeting**
 - i. Previously non-distributed notes have been identified and distributed to the BoD
 - ii. ndlscswimming@gmail.com has been setup for contact email
 - iii. Gdrive tied to Gmail account has been established and all previous electronic documents have been transferred to the drive for storage and access
 1. Login information is shared with General Chair, Admin-Vice Chair, Secretary
 - iv. Ndswwimming.org has been updated to new template format released by Team Unify
 1. Posting locations remained the same from previous menus
 2. Look and feel has changed
 3. Device formatting has been implemented for computer / tablet / phone
 - v. New mission / vision added to the web site
 - vi. Directory has been updated multiple times since take over and update notification for directory changes has been moved to the Gmail account
 - vii. Instagram account has been linked to LSC web site
 - viii. Changes required for Leap 1 compliance have been made as requested by Admin-Vice Chair
 - ix. Changes required for Leap 2 qualification have been made as requested by Admin-Vice Chair
 - c. **Lisa Montplaisir – Technical Chair – provided prior to meeting**
 - i. 2018 – 296 non-athletes registered
 1. 65 have expired credentials
 - a. Crucial to point out to those non-athletes that are not current
 - ii. 2019 – 2 teams are registered and 80 non-athletes
 - iii. Concussion training required now for non-athletes
 1. Concussion documentation from NDHS will count – copy of documentation should be forwarded to Technical Chair to upload to swims
 - d. **General Chair – Shane Peterson**
 - i. We have had a very active year picking up the pace and bring the LSC in the right direction. Club leadership and business management kicked off as well as a strategic planning session. It was previously started 6 years ago and not completed.
 - ii. We have improved our engagement with the athletes
 1. Modified athlete meeting process



2. Expectations for athlete board members have been better defined
 3. Improved team representation
 - iii. Convention – included four adults and three athletes
 - iv. 2019 – Might 2500 Workshop, Leadership Workshop, Central Zone Workshop
 1. All to be covered during meetings
- e. Officials Chair – Wayne Mastel**
- i. Eric Anderson – NLSA is the new Athlete Representative on the Officials Committee
 - ii. Official Tracking – national evaluation scheduled in ND in 2018/19
 - iii. 107 officials in ND
 1. 44 of these officials are apprenticing at some level
 2. 28 of these officials are nationally certified at some level
 - a. Preference from USA Swimming is 50% of officials at the national level
 - b. ND offering two opportunities for advancement review to the national level
 - i. FMY Fall meet
 - ii. State SC
- f. Coaches' Rep – Thomas Wheeling**
- i. 55 athletes at central zones
 - ii. Elsa Musselman – championship title in three events
 - iii. Multiple swimmers made finals
 - iv. Thomas is pending input from the coaching team in response to the list of possible speakers provided
- g. JoDell Bourgois – Registration Chair**
- i. 1564 athletes registered for 2018 – same number as 2017
 1. Detail available
 - ii. Change in process to be made for those registered as both swimmers and non-athletes
 - iii. Flex membership has been rolled out for 2019
 - iv. Question raised about the fees doubling after 12/15, by Pat – NLSC – concerning that it is not fair to anyone
 1. Recommendation made by Shane that Pat research and then policy change can be motioned if desired
- h. Anne McDonagh – Sr. Vice Chair**
- i. Midwest All-star Meet is in progress – Jan 18-20, 2019
 1. Room block is currently available – 30 rooms
 - a. \$50 fee for each swimmer
 - b. One short sleeve shirt, one long sleeve, and 3 caps will be provided to each swimmer
 2. Kathy Aspaas will coach again this year
 3. Anne will be on site and coordinate swimmers to send to the pool deck
- i. Amanda Finck - Treasurer**
- i. Checking - \$76,125
 - ii. Savings - \$44,341
 - iii. Details provided separately
- j. Demi Peterson – Athlete Rep**
- i. Review of Convention
 1. Leadership
 2. Safe Sport
 3. Clean Sport
 4. Executive Image
 5. Multiple additional meeting resources
 - a. Provided great opportunity to meet swimmers, learn how other LSCs run
 6. Optional practices each morning
 7. Community Service Event
 - a. Private swim lessons for under-privileged and special needs children 3yrs to 16yrs
 8. Even events for athletes each night



k. Safe Sport

- i. Currently drafting a policy for visual deck credentials on deck
- ii. Working on a handbook for club safety chairs and deck marshals

l. Age Group

- i. Sanctions are approx. 2/3 processed
 - 1. Reminder that meet information needs to also be sent to Age Group Chair
- ii. Records will be printed and distributed via mail
- iii. Top 10 lists will be run the 1st and 15th of the month.
 - 1. Questions must be first sent to the coach, and coach can email the age group chair – not parents
- iv. SC State Times have been posted
 - 1. Adjustments made for boys 11+ - times slowed down
- v. EDC and WDA Results – who will be sending them to the Age Group Chair?
 - 1. Contact info should be send to Age Group Chair ASAP
 - a. Possibly Lisa or Alex for EDC
 - b. Thomas - WDA
 - 2. If clubs are able to interact with High School Coaches – encourage coaches to add athlete USA Swimming ID to times
- vi. Chair tenure is expired – contact Janna Schill if interested

Critical requirement of the position of Age Group Chair was reviewed by the General Chair, promoting the need to identify someone who may be eligible to fill the position.

Strategic Planning Session

- vii. Results/take-aways will be reviewed in detail during HOD meeting
- viii. OUR MISSION: Providing opportunities for athletes to achieve lifelong success through swimming
- ix. OUR VISION: Swim Now - Lead Forever
 - 1. April 7, 2019 – Jane will be returning for follow up session.
- State Meeting Working Group
- Continue to focus on athlete development and training opportunities
- Minimum 20% representation on the LSC board and committee level
 - Requirement carries down to the team level – please communicate this back to your BoD at the team level

5) Old Business

- a. State Meeting Working Group
 - i. Task force has met and is following up end of October 2018
 - 1. LSC is growing, thus participants in State are growing
 - 2. Need to manage event
 - 3. 2019 SC State currently under review
 - a. Placement of distance events
 - i. Possible separate session
 - b. 11-12 to possibly being moved to swim with older swimmers
 - c. Seeding with age group vs. times
 - 4. 2019 LC will be under review next
 - 5. Relays – qty and limitations

6) New Business

- Central Zone Championship Meet Working Group
 - Group has not begun working on selection process as of 10/2018
- Zone Policy Change Proposal
 - Will be brought to the Zone Championship Meet Working Group for review
- 2018 Mighty 2500 Workshop
 - Workshop for smaller LSCs to address the difference in challenges between large and small groups



- November 2-3 for Coaches
 - Will be attended by Alex Lucy (WFF) and JoAnna Baltas (WSL)
 - Focus is to increase Coach involvement at the BoD / LSC level
- 2019 USA Swimming Leadership Summit, April 25-28, Colorado Springs
 - Details have not yet been made public about who USA Swimming would like to see attend the summit
- 2019 Central Zone Workshop, May 17-19, Chicago
 - Programming will be available for nearly all board positions
 - Invitations will be distributed in December 2018
 - Anticipated - meals and housing at the expense of the LSC
 - Expect to review details at December 9, 2018 meeting
- 2019 Midwest AllStars – upcoming event in January 2019
- 2019 Central Zones Championship Meet – August 2019
 - Hosted in West Fargo
 - 2021 – Mega Zones – opportunity for the event to be hosted in West Fargo
 - Indianapolis site is unavailable, so it was recommended that West Fargo put in for the event

Meeting adjourned 2:14pm