



In attendance: Stacy Olson, Janna Schill, Amanda Finck, Kim Kuntz, Bret Haglund, JoDell Bourgois, Wayne Mastel, Payton Gabel, Shane Peterson, Lisa Montplaisir, Rylee Webb, Demi Peterson, Anne McDonagh, Jason Uhlir

Not in attendance: Thomas Wheeling,

- 1) Strategic Planning Session
 - a. Overview of previous planning meeting provided to those that have not attended previously
- 2) LEAP 1 Renewal Update
 - a. Everything was submitted three weeks ago
 - b. We have received come correction credit
 - c. Pending final pieces and we will be update to date for the quad
- 3) LEAP 2 Requirements
 - a. We are good with all "additional points" areas
 - b. We are behind on the "required points" areas
 - i. Missing scheduling availability for CPR, etc. for coaching teams
 1. Will post by contact information
 - ii. Publicize open water swims
 1. Bret will find link to offerings in MN to link to the site
 - iii. Athlete recognition awards
 1. Possible Social Media recognition
 - a. NDLSC needs to be setup on Instagram
 2. State Meet and Overall state records – certificates distributed
 3. Possible high point award at state – age group events score only – no open event scoring
 - iv. Board orientation manual
 1. Shane will work with Bret to develop and finalize
 - c. Annual Calendar
 - i. Jamestown October Fall ND LSC BOD / HOD meeting– October 21, 2018
 - ii. Grand Forks December Winter ND LSC BOD – December 9, 2018
 - iii. Jamestown Spring ND LSC BOD / HOD – April 28, 2019
- 4) State Meet Working Group
 - a. Working group reviewed at spring LSC meeting
 - b. Task Force Members
 - i. Janna Schill
 - ii. Bret Haglund
 - iii. Shane Peterson (lead)
 - iv. Payton Gabel / Rylee Webb / Demi Peterson
 - v. Thomas Wheeling
 - vi. Jeanie Mirnowski
 - vii. Pat Anderson
 - viii. Jeff Steele
 - ix. Bryan Walls
 - x. Rylee Webb



- c. Topics
 - i. Length of day
 - ii. Number of swimmers
 - 1. Face to face meeting may need to be planned – will need to provide information for confirmation in October 2018
 - d. Previous policy set in HOD is conflicting with some of the items currently reported as needing to be changed to improve efficiency
- 5) P&P Update
 - a. Pending updates received to upload
 - 6) Central Zone Board of Review Appointments
 - a. BOR – decision making body when complaints are filed
 - b. Three year appointment – to be appointed in Jacksonville
 - i. Alex Lucy
 - ii. Demi Peterson
 - 7) Central Zone Sanction Appeals Panel Appointments
 - a. 1 year appointment
 - b. Reviews denied sanction
 - i. Lisa Montplaisir
 - ii. Jeff Steele
 - iii. Payton Gabel
 - 8) 2018 Referee Workshop, October 19-21, San Antonio
 - a. Two people attending – Mark Veign and Greg Burnbaum (both new officials)
 - 9) 2018 Mighty 2500 Workshop
 - a. For coaches – falls on the same weekend of WDA and EDC for girls high school swimming
 - b. JoAnna – Williston / Alex – West Fargo (pending confirmation)
 - 10) Policy Change Request Form
 - a. Policy change request form to be implemented to improve impact, workflow, etc
 - i. Form must be received 14 days prior to next BOD / HOD meeting
 - b. Motion made by Jason Uhlir to approve modified form for policy change proposal - Wayne Mastel 2nd – all in favor – motion carries
 - 11) USA Swimming National Committees
 - a. ND currently represented by Scott Mengelkoch
 - b. Committees may be modified / removed / added – TBD following fall USA swimming meeting
 - 12) 2019 USA Swimming Leadership Summit, April 25-28, Colorado Springs
 - a. Attended by Demi and Rylee last year
 - b. Currently to include one coach and one athlete
 - c. USA Swimming covers expense for those listed above
 - i. If additional athletes are permitted to attend, LSC would be responsible for transportation
 - d. Process to determine who will attend – establish 5 person committee
 - i. If more than one person per permission is interested, committee will review interest and make final selection
 - e. Side Note – there are multiple Summits that we have the opportunity for swimmers/ coaches to attend that are currently not utilized
 - 13) 2019 Easter Central Zone Workshop, May 17-19, Chicago
 - a. Introduced to provide everyone with a heads up
 - 14) 2018 Central Zone Championship Meet Update
 - a. 53 athletes participated
 - b. First time we have had a disability rep
 - c. Elsa Musselman won three titles and set a central zone record



- d. Preparation for zones was difficult – identifying multiple opportunities for improvements for future events
 - i. COACHING – currently coaches’ rep is head coach and he selects assistants
 - 1. Two coaches had swimmers who qualified at state meet – they then decided they wanted to coach but coaching staff was already filled
 - 2. Going forward will look at possibility of application process and coaching staff will be finalized well ahead of time.
 - ii. CHAPERONES – 6 passes provided for the event
 - 1. Coaches not on deck wanted the chaperone passes
- e. Task Force to review changes
 - i. Anne McDonagh
 - ii. Janna Schill
 - iii. Shane Pederson
 - iv. Lisa Montplaisir
 - v. Thomas Wheeling
 - vi. Jason Uhlir
 - vii. Kim Kuntz
 - viii. Elsa Musselman

15) Top 10 Lisa

- a. Age group chair is looking for recommendations and guidelines for 10 ten list production

16) Meeting adjourned – 9:30pm

Addendum I

Motion made by Wayne Mastel to fund \$1500 to UP Aquatics to sponsor an athlete clinic in West Fargo on Sunday November 11th. Second was made by Lisa Montplaisir. Motion passed.

Addendum II

Currently LSC hosts an annual coaches’ clinic. Fees are partially paid by club and LSC. A further \$5,000 grant is available annually for coach education. Clubs must apply for specific sum by January 1. Money is to be used for travel expenses, registration, etc. This program is designed to give clubs and their coaches the flexibility to choose the continuing educational opportunity that best serves their needs. The following are examples of possible qualifying programs:

1. Coaching conferences, seminars and clinics.
2. Business management classes at a local community college or other recognized organization or institution.
3. Educational materials (videos, presentation materials, etc) that can be shared on a club wide basis.
4. Other educational opportunities and programs that are determined to meet this grant program’s goals.

Motion passed without additional discussion.