

BOD Meeting
07/13/2019
3:30pm – 4:30pm
Bismarck Aquatics Center



Call to order -3:30 PM Shane Peterson

Roll Call

In Attendance –Bret Haglund, Lisa Montplaisir, Thomas Wheeling, Stacy Olson, Liv Olson, Anne McDonagh, Dan Heckaman, JoDell Bourgois, Brian Toay

Dial in - Demi Peterson, Janna Schill, Shane Peterson

Not in Attendance – Madison Yonke, Amanda Finck, Kim Kuntz

Review/Approval of Meeting minutes – motion by Bret and second by JoDell to approve as posted. Passed with no discussion or opposition.

Chair Reports – provided by Bret and Stacy

- General Chair
 - Central zone workshop – attended by Shane and Bret as well as an officials representative
 - Nothing to report – covered items not applicable to ND
 - Other items will be covered under old or new business
- Admin Vice Chair
 - Shirts have been ordered for board members attending the 2019 USA-S National Convention in St. Louis, MO. I do need sizes from those attending.
 - Shirts provided for all in attendance including athletes
 - Simple polo
 - Also, group registration will be filled out today, so please fill out the Convention registration form before leaving. NDLSA will make a single payment for the BoD.
 - Central zones workshop
 - Attended safe sport portion of the event
 - Notes posted on the ND site
 - MAAPP has been added to the Policy and Documents page.
 - Registration and fees need to be updated in the P&P.
 - Need to be established for 2020
 - USA Swimming goes up \$2
 - Nothing further to present until post-Convention.
- Secretary
 - Directory is current based on most recent updates – they have been very limited for the summer.
 - Athletes returned from Summit – pictures were passed on to Shane and Lisa to post on Facebook page.
 - Assisted in and logged the creation of the Athlete Reps email and Google drive, to support the creation of forms for the training trip applications. Login information documented and shared with the General Chair.
 - Added copies of the Athlete Rep logos to their Google Drive
 - Strategic plan focus was created and added to the site, along with listings of all committee members.
 - All April notes are posted listed as pending approval.



- Treasurer – not in attendance
- Registration – nothing to report – will have annual update at the next meeting
- Technical –
 - Currently have 42 registered non-athletes that are non-valid. The list covers all teams across the LSC
 - 2019 Concussion process was updated multiple times but has been finalized
 - Multiple coaches are missing the forms
 - If coaches leave the team, notify technical so that they can be moved to unattached
- Safety
 - Thank you to Lisa and Brett for handling distribution of MAAPP information
 - Masters MAAPP guidelines are coming – just not released yet
 - Current rules don't apply if they are swimming event – they do not have to have a separate locker room currently
- Officials
 - Have been working to prep for LC State
 - Have been using Chief Judge position and it is working well
 - Officials conference – great opportunity for contact information as well as recognition and retention strategies
- Sr. Vice Chair
 - Currently tracking A time swimmers for Zones meet
 - Working on process for relay team creation and guidelines
 - All athletes will get
 - Picture
 - 4 shirts
 - Jacket
 -
- Age Group
 - Using team manager for top 10
 - Can't future date the list, so have to merge information for zones list
 - Will be using the Team Manager format for the top 10
 - Minor changes to LC State Meet
 - Committee did not want a split session
 - 9-10 400 free moved to Friday
 - 11& over age group instead of 11-12
 - Would like to look at the 50 qualifying times for the older age groups
 - Will need to recalculate for new time standard release for 2020
 - Would like to look at adults being allowed to swim and score at state for 19+
- Inclusion & Diversity – not in attendance
 - Will have two ND swimmers at zones
- Coach's Rep
 - Zones coaching staff has been finalized
 - Emily has been working closely with Anne
 - Emily Poppe
 - Jenna Wolf
 - JoAnna Baltas
 - LeAnne Mengelkoch
- Athlete Reps
 - Phone Call with USA Swimming – Elory Parish



- First call with ND reps
- Assisting in selection and planning of training
 - Not time standard based
 - Application process
 - 15+
- Created a google account for the athlete reps to store notes, create forms
- WeLEAD summit took place two weeks ago
 - Guest speakers
 - Team Culture
 - Creating positive environment
 - Creating team leaders
 - Met National Team Members

Old Business

Central Zone Workshop, May 17-19, Chicago, Ill

- Details provided during reports by Bret and Shane
- Paul attended as officials chair
 - Great take aways from discussions from other officials in other LSCs
 - Reviewed MAAPP

2019 USA Swimming Leadership Summit, April 25-28, Colorado Springs, CO

- Chris Burnbaum and Emily Poppie are attending
- Shane provided information from Emily
 - Did not have opportunity to talk about leadership summit beta for the LSC

We LEAD Summit, June 28-30, Norcross, GA

- Attended by Liv Olson and Hayley Rathgeber
- Liv provided details during report

Athlete Training Trip

- Athletes will work with Bret and Anne to plan trip arrangements
 - Will work to finalize the committee and prepare information for the October BoD meeting
 - Liv will make sure going forward that Bret and Anne are on emails
 - Meet in Lincoln during the week day
 - Tickets are for Sunday and Monday trial dates
 - Trip would head home Tuesday
 - Jeff Steele has expressed interest in leading the trip

2019 Central Zone Championship Meet

- Great leadership groups
- Volunteer lists are developed



- Gators, Flyers, Marlins
- Food trucks scheduled
- LSC Calls have been taking place
- Meet entry times are now due at 6pm instead of noon – there is a fine for late entries
- Multiple ND officials scheduled to officiate

Coaching Staff – Team ND – Central Zones

- Reviewed during reports

New Business

Treasurer Position

- Newly elected treasurer resigned from the position prior to take over
- Amanda is continuing as treasurer for the time being
- Suggestion is that the nominating committee look for additional person who may be interested
 - Position

3rd Athlete for Conference – Liv is unable to attend

- WFF has already committed to sending their own swimmers
- LSC has two going
- Athlete reps will reach out to the other reps to see who may be interested in attending

Zones Fees

- \$75 is the athlete fee
 - Includes clothing, etc mentioned in report
 - Will also be a social for Team ND – the itinerary is currently posted on the ND web site
 - Booked “Escape Room” for Wednesday evening
 - Using Team App for communications
 - Parking passes will be provided for ND Coaches

4 Hour Rule – Meet Format

- Per Dan – USA Swimming rule is from the start of the event until the last swimmer is out of the water
- There is not a documented penalty for exceeding timeframe
- Meet ref and officials chair would be responsible for resolving the four hour rule
 - Recommendation from ND Swimming Officials Chair is that the sanction approval is reviewed with the age group chair to make sure if there is an issue, it is clearly documented on how it will may be handled;
 - Documentation can then exist that all communications and attempt to be in compliance
- Need to review ND/LSC language on the policy for exceeding the rule



2019 State LC Meet

- Covered in reports

We need to look to fill the Finance Vice-Chair position being launched by USA Swimming

- Oversee finances and treasurer position, budgeting, etc

2020 State SC Meet

- Need to establish

LSC Representatives for 2020 SC and LC

- 2020 SC – LSC Representative – Bret Haglund
- 2020 LC – LSC Representative - Dan Heckaman

SC State Officials

- Meet ref and AO are selected by meet committee
- Meet Director – Bryon Hills
- Meet Rep – Shane Peterson
- AO – Janna Schill

SC Meet File Information

- Needs to be data based with final decision made by May 2020 to be implemented by 2021 SC
- Janna will share survey from 6 years ago
- Email amongst the group will be sent this coming week
- Meet file for 2020 will be made by October 2019

Non-athlete Registrations

- Reminders will be added to the form for concussion forms, etc...
- \$2 increase from USA Swimming on non-athlete form

Athlete Meeting at LC State

Need to finalize day – Friday or Saturday

Coaches' Rep Election

- Non-items – does not take place until summer 2020

Convention

- Brian
- Dan
- Thomas
- Bret
- Shane
- Demi
- Madi

Adjourned 6:19pm