

NDLSC – Fall HoD Meeting

10/24/21

9am – noon



1) Call to order – General Chair – 9am

2) Roll Call completed by Secretary between in person and online attendance

Susan Draper, Stacy Olson, Bret Haglund, Liv Olson, Dan Heckaman, Angie Heckaman, Ben Richards, Anne McDonagh, Pat Anderson, Megan Schill, Kelli Sears, Lisa Montplaisir

Board of Directors Members Not in attendance: Tierney Howell, Grant Schaeffer, Erin Palmer

AQST – Elyse Puklich, Jeff Steele

BWST – Jeanne Miranowski

CBSC -

DDST – Jenna Wolf, Kate Mettler

FMY – Paul Sjurseth, Erich Richards

JAWS – JeriLynn, Jill Schlenker

MMSC – Mike Schaff

MSC -

NLSA – Dulcie Hoff (president update manually during meeting approved by Dan Heckaman)

RRV – Janna Schill, Madeline Elseth

VCST -

WCST -

WFF – Talia Butery

WSL – Rachel Carter, Cameron Elmer, Rachel Carter

3) Mission and Vision

- Mission: Providing opportunities for athletes to achieve lifelong success through swimming
- Vision: Swim Now – Lead Forever

4) Review/Approval of Meeting minutes

Motion made by Janna Schill with a second by Pat Anderson to approve the spring notes. Motion passed.

5) Chair Reports

- General Chair

Like some of you, I am still drinking from the firehose. Although, I feel like I'm swallowing more and more water each day. I thank you all for helping me onboard as your GC.

Since we last met, I've been active in MANY MANY USAS Meetings. One of which is the LSC Leaders Calls. These calls were normally held monthly via zoom. It's been good to hear from other LSC's. And to better understand their challenges not only due to the pandemic, but also in regards to growing or shrinking membership numbers and what strategies they are deploying to meet those challenges. For us, I see a great opportunity to be strategic in areas such as our engagement level with USAS, our involvement with our local communities, ensuring high quality championship meets, and finding ways to engage, encourage, and support our newest members.



I believe that our Board of Directors should only be making decisions based on Policy. To that end, you can expect that I will be working hard each month to review our policies for clarity, accuracy, and enforcement. And to recommend Policy Additions, Changes, or Deletions at our Spring and Fall House of Delegates meetings.

Thank you for giving me the opportunity to serve as GC for North Dakota Swimming. I'm looking forward to an awesome Short Course season!!

Each position should be clear on how policy directly impacts and dictates your decision. If there is not clarity, it should be reviewed and sought out within the board.

- Admin Vice Chair – Attached
 - Waiting for new by-law template to arrive to identify impact on ND by-law structure
 - November delivery time frame
- Secretary
 - Directory continues to be updated and documented on the home page
 - Web site changes are processed as they come in – most recent include updating state committee purpose and membership, as well as 2022 registration forms, and directory updates
 - I will not be seeking re-election in the spring, documentation developed for secretary job description will be updated in full by time of election
 - All documentation has been loaded on the NDLSC Google Drive, with forms, agendas, etc, stored by year
 - Policy change request form has been deactivated until after the fall meetings have been completed per deadline
- Finance Vice Chair – No Report
- Treasurer
 - Expenses exceeded income, splash fees are ½ so income was automatically down
 - Sr Athlete trip happened a year off schedule and directly impacted numbers
- Registration Chair - attached
- Technical Chair
 - 80 registered coaches, officials, and board members
 - 22 are currently invalid working on stages of registration
 - Next year, athletes, non-athletes will all have to individually initiate registration
- Age Group Chair – State Times Attached
- Senior Vice Chair – zone recap to be given in person to allow discussion
 - Zones 2022 is in MSP
 - Zones 2023 is in Kansas City and Indiana
 - Location by LSC will be announced in April 2022
- Coaches Rep
 - Currently working on Allstars
 - Mid to late January
 - Tentatively in Des Moines
 - Being finalized in the next week or two



- Officials Rep

Official Counts

We currently have 100 certified officials. This number is still down significantly (25-30%) from two years ago but is similar to last year. There are 12 registered apprentices and a few more that have not yet registered yet. Apprentices are not required to register until after their 3rd of 6 apprentice sessions. Teams can reach out to me for help with recruitment.

Long Course State Meet

We had 30 ND officials and 2 MN officials at the state meet in Bismarck. We did have issues leading up to the meet finding enough qualified officials to fill starter, deck ref, and chief judge roles. With the help of Jim and Tracy Meece from MN, we filled these roles with experienced officials and ran a successful meet. We were also able to get 7 officials apprentice time as a chief judge at this meet. I would continue to encourage clubs to advance officials that are ready into starter and deck ref roles.

National Certification

There were 10 officials evaluated at the West Fargo Summer Explosion meet this summer. We also have an Official Qualifying Meet (OQM) in Fargo in November. I appreciate the Flyers and Gators for hosting these meets for ND officials. These meets are important for our officials to receive national certification which allows them to officiate at higher level meets, such as Futures that was in West Fargo this summer. We are currently not able to use our State Meets in their current format for OQMs as they do not have the required 4 sessions.

You can register as an AO, and not be certified on the web side

Expenses

- \$623.43 - ND Swimming Pins and ID Clips
- \$125.00 - 5 \$25 thank you gift cards for state meet lead positions
- \$41.65 - 5/10/15 year official nametags
- \$790.08 - total

- Safety Chair - webinar in November for double check certification levels

- We currently have 6 safe sport recognized clubs
 - We met first level completion for award
 - Safe Sport recognition is voluntary
 - MAAPP 2.0 is mandatory
 - Incident reporting has increased – we have had 13 reports since last HoD meeting
 - Clarification in process on how to manage incident
 - Entering report through USA Swimming results in a receipt, that has to be forwarded back to the Safety Chair
 - To see club status and safe sport certification, access via USASwimming.org
 - Coaches and team leaders
 - Club Portal
 - Search by ND to see all teams
 - Search by club code to see specific team

- Disability Chair – No report



- Sr. Athlete Rep
 - Hosted the Senior Athlete Leadership and Training Trip in June. Both the leadership summit and the trip to the Olympic Trials were extremely successful.
 - Focused on having an updated athlete representative listed for each team
 - Held an athlete rep meeting at Long Course State where the club reps were tasked with gathering opinions from their teams on a variety of topics
 - Held an Athlete Committee meeting in August for club representatives to discuss possibilities and share ideas for the short course season and bring up any concerns from Long Course state
 - Reinstated a committee with ND and SD board athlete reps to develop the partnership between the states
 - Attended the Central Zone athlete meeting where we learned of the upcoming legislation changes and potential future opportunities for athlete reps
- Jr. Athlete Rep – No Report
- Athlete at Large – No Report

6) Old Business

- 2021 Central Zones Championship Meet
 - Great feedback from swimmers and parents
 -
- 2022 Long Course Meets/Schedule
- Send in calendar plans for meets
 - Email meet schedule request directly to Susan Draper if attending online
 - Lisa will create calendars

7) New Business

- 2022 SC Bid Process/Award
 - 2022 11 and over is in Grand Forks ND
 - Williston was the only team that bid the event and has been awarded for March 2022
 - Concern was raised by JAWS that they are not comfortable with communication methods
 - Communicating directly to the Head Coach, President, and LSC representative will continue as current
- 2022 Long Course Meets/Schedule
 - LC Championship Meet - July 22-24, 2022. West Fargo, ND
 - Sectionals is the weekend prior
 - Futures the following week
 - Zones is the week following Futures
- 2022 Midwest All Star Meet
 - Meeting for final details scheduled for 10/24
 - Des Moines Iowa
- 2022 Central Zones Championship Meet
 - Minneapolis - UofM
- State Meet Committee Recommendation - Jeff Steele – Chair
 - 8 and under / 9-10 / 11-12 / 13-14 / 15-16 / 17-18 / Open
 - Need to define Open – swimmer would have to meet time for open and point as open
 - **Championship meet – you cannot swim up on a relay – it automatically pushes to Open**



- Will need to confirm that this is still standing – to be verified by Susan, Lisa, and Bret
 - Can we swim up instead?
- 11-12 will only race against their own age group – not 13- 18+ swimmers
 - 8 & Under – boys / girls / mixed
 - 13 & over – mens / womens / mixed
 - Event order draft will be completed by November 5th for approval by committee
 - Order of events will be included in the meet information
 - Would like to create a meet template – lock the fields that cannot be changed
 - Will be secured by Jeff Steele, Pat Anderson and Susan Draper
 - Awards
 - 10 and under champion and percentage
 - 11 and over champion and percentage
 - Combined champion and percentage
 - Potential policy change for time calculations
 - Meet file – needs to be owned by the host team with recommendations from the NDLSCL
 - Records will have to be maintained by Age Group chair and forwarded to the local team
 - Version of parade of athletes / cheers / structured by the host team
 - Version of awards structured by the host team
- Discussion on scoring for 19+ - with the recommendation of OPEN instead of 19+
 - Do 19+ score?
 - If 19+ is instead OPEN, it is unavoidable
 - Need documentation on when entry for relays are set in stone – can the entries be moved after

Voting –

Motion to approve the recommendation minus the time standard detail, made by Jill (JAWS) with a second by Pat – motion carries with no objections

- Safe Sport Incident Report Follow-up – addressed during chair report
 - Please communicate directly with Kelli with any questions
- Call for BoD Athlete Reps - Dan/Megan/Liv
 - The BOD group is experiencing struggles with participation from athletes
 - Megan's term as athlete rep is ending in March, and there is to be a hand off to current Junior Rep, but that person is currently not active
 - To be on BoD you must be the designated athlete rep for the team with the LSC
 - Jr. Rep 15 yo or Freshman
 - At Large – 16 yo
 - Lack of knowledge, not lack of interest
 - Megan and Liv will review policy to accommodate more participation requests
- List of Extensions (30) Days
 - Some people who completed APT in October need to verify their status because it may have only updated them for 30 days, not one year
- **Policy Change Requests**
 - Consent Agenda Approval – 3.4, 5.3, 8.1, 9.3, 9.4
- 4.2 – clarifying question about requirement
 - Motion to approve by Lisa with a second by Bret
 - No opposition
 - Motion carried



- 8.2 – clarification provided by Pat
 - Modification was originally to change multiple lines, but discussions were not agreed upon for all fields during BoD meeting
 - Changes listed were agreed upon as documented
 - Details of the coach structure
 - Remove 8,9, add 10 plus clarifying modification when approved
 - **Change to add 8 back but remove first 6 words, and add “for travel less than 350 miles one way”**
- **Motion by Paul with a second by Jeff to approve. No additional discussion.**
 - No opposition
 - Motion carried
- 8.2.a5 – discussion initiated due to no standard included in the definition
 - Request for feedback from the athletes
 - Megan - General consensus from athletes is that we want to fill the entries – should there be a requirement for state time was no discussed – only discussed A time
 - Individual athlete comments – should still be held to a qualifying time
 - Jeff commented in support
 - It is on the coaches shoulders to select appropriate events

From [Mike Schaff](#) to [Everyone](#):

11:25 AM

What about adding a requirement that they still need to qualify for State in at least one event, even if it is not the event that they go to Zones for?

- - Motion to approve by Pat with a second by Megan.
 - No additional discussion
 - Motion passed with no opposition
- 8.3 – Per Anne, clean up of eligibility for reimbursement
 - Eliminating relay only swimmers from being reimbursed
 - Is not eliminating college swimmers who swim with a college club
 - Must have competed in a ND meet
 - Athlete must be a full year around member
 - Motion made by Janna with a second by Kelli to approve.
 - No additional discussion
 - Motion passed with no opposition
- Elections for Spring Meeting - Nominating Committee Appointments
 - Open Positions
 - Admin Vice Chair
 - Senior Vice Chair
 - Secretary



- Finance Vice Chair
- Registration Chair
- Committee recommendations (need 5 people)
 - Mara Ellerkamp - DDST (Athlete)
 - Jeff Steele - AQST
 - Cam Elmer - WSL
 - Al McDonagh – WFF
 - Angie Heckaman - NLSA
- MegaKota Dual Meet Proposal – Megan
 - Working to continue partnership after training trip
 - Both committees have requested first dual meet to be in ND since last meeting was in SD
 - Saturday / Sunday meet
 - Event on Saturday evening
 - 13 and over / 15 and over possibilities
 - **Is there enough momentum to move forward with planning?**
- Motion to continue exploration with a second by Bret and Jeannie**
 - **No additional discussion**
 - **Motion carried**
- State Times Recommendations:
 - Current policy indicates taking the 24 top time for 8 and under
 - Changed calculation to the average of the 24th top time over the last 3 years
 - Talia made a motion to keep the times the times from the last standards for 8 and under
 - Revised motion: keep the same qualifying times from the 2018-2020 for all age groups, with a second by Erich
 - Extensive discussion
 - Clarifying question – motion to run for 2021-2024
 - Clarifying questions – for all times
 - Clarifying that appropriate times were adjusted to B in stead of BB for boys
 - **Motion carried**
 - Opposition 1 , abstain 1
- Motion made by Janna Schill to create a work group to support age group chair with calculations for future time standards
 - Pat Anderson
 - Ben Richards
 - Janna Schill
 - Liv Hettinger
 - Jill Schleicher
 - Susan Draper
- Motion to approve by Paul with a second by Jeff
 - Motion carried with no opposition or abstain votes

- State Meet - Input Committee – Dan

Committee Charge

Charge Description:



This committee is charged to deliver to the Board of Directors and House of Delegates, a set of recommendations regarding the following topics;

Phase 1: (to establish)

- Split Sessions for Long Course
- Split Meet for Short Course – already decided at May 2021 HoD
- Prelim/Final Format

Phase 2: (to recommend IF and HOW, for each item)

- Bid process for all Championship Meets.
- Hosting Services the LSC should be responsible for. (For Example: Awards, Financials, Hospitality)
- Rotation schedule in lieu of a Bid Process.

Membership (Chair to be selected at first meeting):

- General Chair - to schedule and attend first meeting.
- 3 Coaches
- 3 Athletes
- 3 Non-Athlete Members (not coaches)

Timeframe expectations:

Recommendations to be prepared for the BoD/HoD Spring 2022 meeting.

Motion to endorse the committee made by Bret with a second by Pat

- Motion carried with no opposition

Committee member recommendation

1. Megan Schill
2. Lauren McDonagh
3. Alyssa Larsen
4. Talia
5. Jeff
6. Erich
7. Mike Schaff
8. Rachel Carter
9. Elise Puklich

Spring Meeting – To be held in the East tied to the Coaches Meeting

- BoD – Saturday / HoD – Sunday
- Date will be confirmed once ND Coaches' Convention is finalized and updated on the general NDLSC calendar
 - www.ndswimming.org

Drawing for \$1500 from the Safe Sport completion – Winning team - FMY

Motion to adjourn at 12:26pm made by Megan with a second by Bret.