

NDLSC Spring HoD Meeting

5/2/2021 1pm



BoD in Attendance: Bret Haglund, Stacy Olson, Lisa Montplaisir, Megan Schill, Brian Toay, Janna Schill, Anne McDonagh, Wallace Twist, Grant Schaeffer, Pat Anderson, Dan Heckaman, Angie Heckaman

Not in attendance: Shane Peterson, Kristin Sharbono, Erin Palmer, Tierney Howell

Team Representation

Jeff Steele – AQST, Amy Whitney – RRV, JoDee DeVaney – NLSA, Eric – Gators, Allie – WFF, Jeanie – BW, Cam – Williston, JJ Wolf, Val Hills, Ellie AQST, **UNABLE TO RECORD BECAUSE OF AUDIO REASONS**

Call to order

Mission and Vision • Mission: Providing opportunities for athletes to achieve lifelong success through swimming • Vision: Swim Now – Lead Forever

Review of new athlete reps

- Erin Palmer - At Large Rep
- Grant Schaeffer - At Large Rep
- Tierney Howell - Junior Athlete Rep
- Megan Schill - Senior Athlete Rep (previously Junior Athlete Rep)

Review/Approval of Meeting minutes

No discussion or concerns with notes

General Chair – Shane Peterson

No Report

Sr. Athlete Rep – Megan Schill

- Hosted an Athlete Rep Meeting at Short Course State to generate interest in board positions
- Club Athlete Reps elected a new Junior Athlete Representative (Tierney Howell) and two At-Large Athlete Representatives (Erin Palmer and Grant Schaeffer)
- Working on planning the Training Trip this summer
 - Have had multiple calls with SD focused on the leadership portion of the trip
- Two athletes attended the Central Zone Athlete Virtual Workshop
- Working with Central Zone Athlete Heads to express concerns over proposed legislation with USA Swimming

Jr. Athlete Rep – Tierney Howell

No Report – Swimming / not in attendance

At Large Rep – Grant Schaeffer

No Report

At Large Rep – Erin Palmer

No Report



Board approved changes to North Dakota Swimming Policy and Procedures

3.4 Administrative Responsibility (2/21/2021)

• **Addition of 3.4.B:**

Masks are required to be worn for North Dakota Swimming competitions and practices by officials, coaches, meet workers, spectators, and athletes (while not swimming).

(1) This policy will be in effect until further notice from North Dakota Swimming or USA Swimming.

3.4 Administrative Responsibility (3/12/2021)

• **Modification of 3.4.B:**

Masks are required to be worn for North Dakota Swimming competitions and practices by officials, coaches, meet workers, spectators, and athletes (while not swimming). Spectators are expected to adhere to facility requirements.

(1) This policy will be in effect until further notice from North Dakota Swimming or USA Swimming.

HAS BEEN REMOVED AS OF BOD MEETING 5/2/2021

8.3 National Level Meets (4/11/2021)

• **Modification of 8.3.E(1):**

(1) Only travel, motel, event entry and time trial fees directly related to meet attendance will be considered for reimbursement. Mileage will be reimbursed at 25% of the standard IRS reimbursement rate.

Special meeting of the USA Swimming House of Delegates

• USA-S will be making numerous bylaws, rule, policy, and operational changes over the course of the next few months to remain in compliance with the updated USOPC Bylaws and the updated Ted Stevens Olympic and Amateur Sports Act.

o This will be held virtually in a special meeting of the National HoD on June 30, 2021 (3pm, MST).

o Additional information (and the requisite Board resolution) to follow.

o <https://www.usaswimming.org/about-usas/governance/special-hod-meeting>

Annual USA Swimming National Convention

• **Virtual meeting held September 23-25, 2021.**

o Registration and additional information to follow.

o <https://www.usaswimming.org/about-usas/governance/annual-meeting#registration>

Swimming of 2022 – will require coaches' check-in on deck like officials

Head Coach designation will not be automatic – will need to complete requirements prior to achieving status

MAAPP 2.0 will be released in the fall – approx. September 2021

Recommending a DEI voting chair on the board, separate from existing position

- Would separate Safe Sport from Disability
- Will need to clarify our position for NDLSC
 - o DEI will have to have term limits

Athlete representation will potential be moving from approx. 25% to 33% at the USA Swimming / LSC level

- o LSC Guidelines
 - LSC – freshman or 15
 - At large – 15 or sophomore



Secretary – Stacy Olson

- Directory updates have fallen off, but continue to be processed as they are received
- Communication of athlete rep changes are sent directly to the Sr. Athlete Rep to make sure communication chain is maintained for the athletes
- Free Zoom account has been setup for the NDLSLSC with the gmail account, for use when headcount and time requirements are minimal
- Athlete Rep changes have been updated on the web site and account created for new BoD members
- Athlete Trip communications have been initiated, and web site built out as a resource. The site can be accessed from the Team ND tab on the NDSwimming web site
 - <https://sites.google.com/view/ndlscathleterepts/home>

Finance Vice Chair – Amanda Finck

Tax Returns sent to Angie to have signed and turned over to USA Swimming

Treasurer – Angie Heckaman

Working on online payment / free option

Working to streamline location for payment receipt instead of two



Statement of
Activity.pdf



Statement of
Financial Position.pdf

Splash fees have been suspended due to COVID –
Will remain with no splash fees through LC season 2021

ND Swimming did not receive COVID grants because we were not in a financial hardship

We did receive \$1000 grant from USA Swimming for athlete trip



Registration Types as of April 2021

LSC	Registration Type	Totals	MemberType
ND	Athlete	1137	Athlete
ND	Athlete Flex	98	Athlete
ND	Athlete Season 1	71	Athlete
ND	Athlete Season 2	1	Athlete
ND	Athlete Outreach	5	Athlete
ND	Individual	239	Non-Athlete
ND	Club	14	Clubs

Club Info 2021 (As of April 2021)

Club Code	Athlete Yearly	Flex	Outreach	Season 1	Season 2	Non-Athlete (Other)	Coach	Official	Club Totals
AQST	270	0	0	0	0	7	14	12	299
BWST	14	0	0	0	0	1	3	1	18
CBSC	0	0	0	9	0	0	3	1	12
DDST	51	44	0	4	0	8	7	9	120
FMY	83	0	1	0	0	7	12	16	118
JAWS	6	8	1	0	0	2	1	2	18
MMSC	51	33	0	0	0	5	6	4	98
MSC	137	10	0	0	0	7	9	10	170
NLSA	98	3	0	3	1	8	7	8	127
RRV	74	0	3	0	0	9	9	7	98
UN	0	0	0	0	0	1	1	0	2
VCST	1	0	0	19	0	1	2	0	23
WCST	0	0	0	35	0	1	1	0	37
WFF	218	0	0	1	0	8	12	21	256
WSL	134	0	0	0	0	5	7	11	155
Totals =	1137	98	5	71	1	70	94	102	

ND Athlete Info 2021 (As of April 2021)

Age Group	Male	Female	Total
8 & U	70	113	183
9 & 10	97	184	281
11 & 12	117	217	334
13 & 14	91	156	247
15 & 16	60	102	162
17 & 18	42	46	88
19 & Up	4	11	15
Total	481	829	1310

Thank you to leaders of the clubs to support the sport in the state, and for the work done during COVID and getting our kids back to swimming.

Focus continues to be talking NDLSC vs. West/East, so that we maintain overall support and focus.



Technical Chair – Lisa Montplaisir

As of 24 April 2021

14 Clubs are registered

Club sizes range from 9 - 270.

5 Clubs have fewer than 50 athletes

4 Clubs have 50 - 100 athletes

3 Clubs have 100 - 150 athletes

2 Clubs have greater than 150 athletes

Coaches:

We have 95 registered coaches across all teams for 2021; 33 currently have expired credentials. There are 29 coaches who were registered last year who are not registered this year.

Officials:

We have 104 registered officials across all teams for 2021. There are 6 with expired credentials. There are 37 officials who were registered last year who are not registered this year.

There are 70 registered board members.

If you register for both athlete and non-athlete, the bill is only for the most expensive registration. Communicate to both Technical and Registration Chair if this is taking place to make sure billing is adjusted.

Age Group Chair – Brian Toay

Multiple meets came in last minute to accommodate HS Boys

- Payment has been received for all meets with the exception of one

Meet fees will be billed by Angie starting LC 2021, to avoid having payments sent to two separate locations

2021 SC Meets

- All but one team has completed their meet reports and provided payment for sanction and NDLSC fees for the Short Course Season.
- I have already received a few sanction requests for Long Course meets. By this early indication, Long Course meets will be moving forward as normal.
- USA Swimming will be meeting this week to discuss competition guidelines/requirements for LC Meets. I have been exchanging emails with Joel Shinofeld at USA Swimming to make sure we are in compliance with any new guidelines or requirements. 2021 SC State

2022 – Weekend after boys SC state for 11 and over – Grand Forks

2022 – Weekend prior to 11 and over for 10 and under

Committee will be established to determine structure, co-host, etc

Time standards will currently be used that were approved prior to Covid.

Championship Meet Format

- I have received nothing but positive feedback from the State Meet format we used this past year with 2 separate meets. I believe we should attempt to keep this format for at least 1-2 more years to see if we want to continue using this format.
- The biggest challenge I saw was teams being able to provide meaningful opportunities for High School boys to get State Qualifying times in the 13 days between HS Boys State and the 11&over SC State Meet.



In the past, many teams would host last chance meets the weekend after Boys State. As that weekend was now used for the 10&under State Meet, most teams were not hosting any event. With that, we may want to consider a different weekend for the 10&under State Meet.

- The next challenge was getting experienced officials to work the 10&under State Meet. Dan Heckaman, Kim Kuntz, Ben Anderson and I all agreed to work this meet even though we did not have any kids competing in the meet. This may present a challenge in the future.

2021 LC State Championship Meet

- At the April BOD meeting, we agreed that the Long Course State Meet would be held July 23-25 in Bismarck. I have confirmed the availability of Aquastorm to host this meet. They do not require an additional team to assist in hosting this meet.
- **The format for this meet would likely be determined by the requirements issued by USA Swimming later this week. Ideally, I believe it would be best to host a single session on Friday and Sunday with a split session on Saturday (10&under / 11&over). In the past, the Saturday single session has been over seven (7) hours. In 2019 it was over 7.5 hours. If our restrictions require it, we may have to consider having split sessions all 3 days. I believe this is a decision that should be made by the BOD as we get closer to the meet.**

NDLSC Splash Fees

- Last year we agreed to reduce the NDLSC splash fee from \$5.50/swimmer to \$2.75/swimmer. Throughout the fall and early winter, teams were holding very small meets and this allowed teams to keep more of their meet fees. As the season went on, larger and larger meets were held. It looks like many large meets are planned for this summer and next SC season. With that, I believe the BOD should restore the \$5.50/swimmer splash fee.

State Meet Rotation 2022 and Beyond

- The Pandemic basically threw a wrench in the State Meet rotation. In addition, if we move to a 2-meet format for SC State, the rotation is no longer adequate to meet our needs.
- The rotation also identifies “small” teams to co-host the SC meets. Crookston and ASK are listed on the rotation and are no longer functioning teams.
- **The BOD/HOD needs to determine how to handle this moving forward.**
- Last year we used the fall HOD meeting to vote on the location of the SC State meets. Do we want to continue using that format?
- Or do we give those on the rotation right of first refusal for either of the SC State meets?
- At this time, the LC rotation does not need to change, as there are only 2 locations available to host that meet and they are already the only 2 pools in the rotation. However, ASK is listed as a co-host for some of these meets.

Sr. Vice Chair – Anne McDonagh

Working on final details of trip

- Alex Lucy change his mind on head coach spot and has resigned – our coaching staff is waiting to be completed
- Forms will be on the web site next week
- Have 6 athletes that need APT and or registration completed
 - Eric LaFleur is not registered and needs APT
 - Kalen Hill is not registered
 - Korie Riely is not registered and needs APT
 - Madi Yonke is not registered



- Natalie Haroldson is not registered
- Zoe Frattin will need APT
- Plan to have COVID test prior to getting on the bus – even if vaccinated
 - COVID Plan – USA Swimming still working on mitigation plan
 - Waiting to know if we have to test in Sioux Falls prior to attending Trials
 - Will not need 2nd covid test if vaccinated
- Room assignments will be done week of May 2

Zones – firm commitment has been given for ND attendance

- June deadline approaching for meet information
 - May change to 3 day time final
 - Athlete headcount may be limited on deck – only allowing people on deck that are competing that day
 - Would result in possible need for more chaperones
 - Per prior LSC decision, 10 and under will not be on the bus
- DO WE TAKE A BUS
 - COVID is a concern for controls with young swimmers
 - **Motion made by Lisa, with a second by Anne and Pat - for this year, due to covid, NDLSA will not be taking a bus for Zones**

Coaches' Rep – Pat Anderson

- Working to replace Alex as head coach for training trip
- Working on coaches for Zones
- Working on establishment “coaches association” = to schedule meetings to deliver feedback to the BOD

Officials' Chair – Dan Heckaman

Officials Counts:

We currently have 102 Certified Officials registered for 2021. Overall, we're 29% down in total Officials from 2020 to 2021. This is a significant decrease in total Officials and is concerning. I encourage teams to continue the hard work of recruiting new Officials. And remind teams that I am available to help brainstorm recruitment ideas for their clubs.

Officials Chair Election:

Our Officials Chair position was up for election this year. The election was held during the two State Short Course Meets in March. Per Policy, this position is voted on by their peers. Nominees were Dan Heckaman and Scott Mengelkoch. Dan Heckaman was re-elected to another 2 year term. Thank you to all of the Officials who participated in the election process.

National Certifications:

USA Swimming has recently communicated plans to reinstate Advancements for Officials starting in Mid-May. (Advancements is the process of 'moving up' in levels of Certifications recognized at the National Level: N2 and N3 Certifications). The pause in allowing advancements the past year has created a 'log jam' in which our Officials have not been able to move up the Certification ladder which would offer them the opportunity to work at higher level meets, such as the upcoming Futures Meet in West Fargo. Having the opportunity to Advance is a positive move forward.

Lack of Deck Presence:



Since all teams have experienced a significant reduction in Invitation types of meets (Multi-Team Meets), our Officials have been limited in the number of meets available for deck time. And a lack of opportunities to work side by side with Officials from other teams. As a result, a significant number of Officials have only worked a small number of meets since the pandemic. While this concern is understandable and explainable, it has also created a gap in our never-ending effort of continuous training and development for all Officials. I encourage all teams to make efforts to ensure their Officials can experience as much deck time as possible, given the constraints and restrictions in place.

Budget and Expenses:

Expenses for the past year have included:

- \$540 for ND Swimming Branded Masks - used at the State Short Course Meets.
- \$1500 for replacement Officials Shirts - Officials receive a new white Officials Shirt every other year. This is an annual expense item.

Will look at opportunities to move officials through the progression track for moving up positions.

Vacancy in the officials' chair is appointed by the General Chair, with the advice and consent of the BoD.

Safety Chair – Janna Schill

NDLSC reached 25% safe sport certification prior to May 1, and will receive financial bonus - \$1500
Push is for 100% certification by the end of 2021

- June 15, four more clubs we get an additional \$2000
- Incentives progress through 8/1/2021

ND only received one incident report this year – LSC receives report quarterly

- Report process is simple/online

Inclusion & Diversity Chair – Kristin Sharbono

USA is doing a webinar titled: "My Swimmer with a Disability is Ready to Compete. Now What?" The target audience for the webinar is coaches and officials. It will be held Thursday, May 6th at 12pm EST. Anyone that is interested can email me and I can forward them the link for registration.

(Per Lisa) ND had two athletes that competed in the sectional meet, and are eligible for some of the coming camps

Elections

Open election positions:

General Chair – Dan Heckaman

Age Group Chair – Brian Toay / Susan Draper

Treasurer – Angie Heckaman

Technical Chair – Lisa Montplaisir / Maggie Kuklok

Safety and Safe Sport – Kelli Sears

Results:

- General Chair – **Dan Heckaman**
- Treasurer – **Angie Heckaman - unanimous**
- Safety and Safe Sport – Kelli Sears - unanimous
- Age Group Chair – Brian Toay (10) / **Susan Draper (11)**



- Technical Chair – **Lisa Montplaisir (14)** / Maggie Kuklok (8)

Next BoD meeting June 6th – new board members will be expected in attendance

Officials' chair will need to be appointed

- Recommendation for transition – Ben Richards - AQST

Old Business

- 2021 Athlete Leadership Training Trip
 - Discussed during chair reports
 - No further discussion
- 2021 Long Course Meets/Schedule
 - Discussed during chair reports
 - Time standards will remain in place
 - Can relays be combined between girls/boys/mixed?
 - Coaches previously requested for events to be separated
 - Make 400 relay 11-12 instead of 12 and under
 - Setup this way to try to accommodate smaller teams
 - If age groups are split, may result in swimmers having to stay through the whole session just to swim
 - Possibly remove 200 relay for 13+
 - Remove breaks after relays to streamline timeline
 - Currently event is scheduled for one session

Motion made by Cam to remove separate 12 & under 400 relay, and combine open and mixed relays to be swum as one event for 11 and over age groups. Second by Lisa Kramer.

- **Motion passed without any additional clarification.**

Motion made by Talia to remove 10 minute breaks following relay events. Second by Cam.

- **Additional discussion – coach may request break, but removal is for build in scheduled break**
- **Motion passed without additional clarification.**

Current rotation schedule is in place through 2026. Island park is going through major renovation. Would like to be considered in LC rotation when complete. Inquired on additional requirements.

Document online for LC times must be updated.

New Business

- 2021 Midwest All Star Meet – we will not be participating
 - 2022 All Star has not been set yet
 - Plan is to have the meet in Iowa
- 2021 Central Zones Championship Meet
 - Discussion took place during board reports
- 2021 Summer Sectionals Meet
 - Concerns with the dates, so attendance across NDLS may not be 100%
 - 4 day meet
 - 250 per session



- July 8-11 / we are assigned to MSP location
- Mask Policy – NDLS Level
 - Addition of 3.4.B:
 - Masks are required to be worn for North Dakota Swimming competitions and practices by officials,
 - coaches, meet workers, spectators, and athletes (while not swimming).
 - (1) This policy will be in effect until further notice from North Dakota Swimming or USA Swimming.
 - 3.4 Administrative Responsibility (3/12/2021)
 - • Modification of 3.4.B:
 - Masks are required to be worn for North Dakota Swimming competitions and practices by officials, coaches, meet workers, spectators, and athletes (while not swimming). Spectators are expected to adhere to facility requirements.
 - (1) This policy will be in effect until further notice from North Dakota Swimming or USA Swimming.
 - 8.3 National Level Meets (4/11/2021)
- Motion made by Dan to delete the mask policy, and fall back to the facility requirements, and general USA Swimming requirements. Motion was seconded by Wallace.
 - Concern raised by Janna that we may not want to “delete” the motion if we may have to implement again
 - Dan – most direction will be coming from the facility
 - General concern is how will it be enforced
 - Motion remains in place after extensive discussion
 - Motion passed unanimously

Motion made by Cam to return to QUAD based time standards starting SC 2021/22 season, moving forward

- Janna would like to consider a friendly amendment to use different time standard level for 9-10, 11-12, 13-14 boys time standards – B time standard. Girls would remain the same.
- Second by Anneliese with the friendly amendment
- Motion has opposition of two votes

Motion made by Talia to split the meet to 10 and Under, 11 and over, and score the meets as one meet. An athlete may swim only in only one of the two meets per season. Motion passed without opposition.

Motion made by Anneliese, and seconded by Elyse Pucklich to recognize 10 and Under, 11 and Over, and combined champions, 10 and under coaching award, 11 and over coaching award as determined by coaches. Motion passed without opposition.

State Meet Working Committee

- Jeff Steele – Committee Chair
- Pat Anderson
- Talia Butrey
- Rachael Carter (WSL Coach) - last name?
- Liv Hettinger
- Jennifer Schmidt
- JoDee Devaney
- Megan Schill

- Lisa Kramer
- DDST Athlete (From Jenna Wolf)
- Madeline Elseth



Monthly Check-In Meetings

- Will continue at least through LC season
 - June 6, 2021 – 7pm
 - July 11, 2021 – 7pm
 - August 15, 2021 – 7pm

Board of Directors / House of Delegates

- October 23-24
 - October 23 – BoD
 - October 24 – HoD
 - Location Tentatively – Fargo

Meeting adjourned – motion by Jill with a second by Elise at 3:58 pm.