



2023 Fall BOD Minutes

Hampton Inn and Suites Northwest – Bismarck, ND

October 14th, 2023

OUR MISSION: Providing opportunities for athletes to achieve lifelong success through swimming

OUR VISION: Swim Now – Lead Forever

- 1) Call to Order
 - a) Brian Toay called the meeting to order at 5:02pm
- 2) Roll Call
 - a) Present: Brian Toay, Lisa Montplaisir, Talia Butrey, Wallace Twist, Larry Hubbard, Erich Richardson, Kaylee Schell
 - b) Virtually: Angie Heckaman, Amber Eberhardt, Chris Domitrovich, Lauren McDonagh, Alex Lucy, Rachel Carter
- 3) Chair Reports
 - a) Refer to written reports provided by majority of the chair members prior to the meeting
 - b) Talia Butrey – Disability Chair
 - i) Created a Disability tab on the ND LSC website to provide more information to Coaches, Parents, and Officials about athletes with disabilities. See tab and attached documents for more information.
 - c) Alex Lucy – Sr. Coaches Rep
 - i) Provided a recap of the Zones swim meet
 - ii) Alex stated he would not be able to attend Midwest Regionals and asked Talia to take over as head coach for the meet
- 4) General Chair
 - a) Provided recap of the Annual Business Meeting, and shared major takeaways and key points with the BOD
 - b) Central Zones Meeting Recap
 - i) A vote will take place on October 29th at the Central Zones meeting elect a site to move their Zone date from August 9th-11th to August 2nd-4th. West Fargo is a host site, wants to host the meet August 2nd-4th.
 - ii) A new Central Zone policy was put in place that swimmers must have at least an A time standard to complete in an event. For a 13-14 swimmer to swim a 50, they must have a least an A time in the 100.
 - iii) A multicultural meet will be held the first weekend of trials in Indianapolis, and the LSC board would like to get the information out to clubs as soon as possible since we have athletes in our LSC that would qualify.
 - c) Brian Toay would like to table the ND LSC Outreach Policy Discussion to provide more time for Larry Hubbard and himself to develop it more before presenting it to the BOD.
- 5) Discussions
 - a) USA Swimming and ND LSC Bylaws requires a Governance Committee to oversee the BOD and HOD
 - i) Brian Toay has asked Dan Heckaman to be the Chair of the Governance Committee, and is looking for 2-4 more volunteers to join Dan in forming the committee
 - b) Zones
 - i) Alex Lucy provided a Central Zones recap earlier in the meeting
 - ii) Budget discussion
 - iii) Discussion of Policy 8.3.E.4
 - (1) Motion made by Alex Lucy to keep Policy 8.3.E.4 as is, where the athlete will get reimbursed up to \$350 per meet and up to \$500 maximum per fiscal year. The fiscal year runs from September 1st – August 31st.
 - (i) Motion Second by Larry Hubbard
 - (ii) Motion passed unanimously



- c) All-Star Meet
 - i) Brian relayed to the BOD that due to the Iowa Caucus on January 15th, 2024, the All-Star meet had decided to move the meet up a weekend and will not be held January 6th and 7th.
 - ii) Budget Planning Discussion very similar to the Central Zones budget

Break at 6:27pm, resumed meeting at 6:45pm

- d) State Meet
 - i) Discussed challenges being faced with awarding medals for 1st-8th place at the State meet.
 - (1) In order to use up the inventory of the 4th-8th place medals, the BOD's decision was
 - (a) 10&Unders will be awarded 1st-3rd custom medals, 4th-8th medals, and 9th-16th ribbons at both the Long Course and Short Course State Meets
 - (b) 11&Over will be awarded 1st-3rd custom medals and 4th-16th ribbons
 - ii) Talia Butrey shared feedback and recommendations received from the State Meet Committee
 - iii) Lengthy Discussion
 - (1) Larry Hubbard motioned that State qualifying standards, only for the 11&Over Short and Long Course State Meet, are based on a 3-year rolling average of 16th place. If there is not a 16th place, a one-time adjustment of a 0.5 second reduction for each 50 will be made. ND LSC Coaches' reps will be responsible for calculating the state qualifying average each year. If there is a year where 16th place is not met, the SQ time is used.
 - (a) Motion Second by Lisa Montplaisir
 - (b) Motion passed unanimously
 - (2) Brian Toay motioned that 12&Unders will swim the 200 relays and the 13&Over will swim the 400 relays and 800 relay. 11-12 can swim the 800 Free Relay
 - (a) Wallace Twist second the motion
 - (b) Motion passed – 2 opposed
 - (3) Lisa motioned aggregate times for relays of state qualifying times for each race plus 0.5 seconds per 50 length. Mixed and open relays, and the 800 free will be based on the 13-14 girls SQ times.
 - (a) Wallace second
 - (b) Motion passed unanimously
 - iv) State Meet Rotation
 - (1) The 2025 Long Course and 11&Over Short Course State meet will be at Bismarck Aquatic Center
 - (2) The 2026 Long Course and 11&Over Short Course State meet will be at Hulbert Aquatic Center
 - (3) Kaylee Schell motioned that the State meet will rotate between the Bismarck Aquatic Center and Hulbert Aquatic Center for Long Course and 11&Over Short Course State, until another qualifying facility becomes available and makes a request to the board. All bids for 2025 and 2026 calendar year are due April 1st
 - (a) Motion second by Wallace Twist
 - (b) Motion passed unanimously
 - e) Long Course Meet Calendar is typically collected at Fall HOD meeting, but most are sent by email present day. Please provide your proposed meets to Lisa Montplaisir by November 15th, 2023.
 - i) BOD is proposing July 19th weekend
 - f) Lisa Montplaisir has reached out, but still hasn't received 6 meet results, which are needed to verify records
 - g) Sanction requests
 - i) Remove the COVID components of our online request form
- 6) New Business
- a) USA swimming removed mask mandates, therefore, 3.4.B – ADMINISTRATIVE RESPONSIBILITIES of the Policy and Procedures is no longer in effect and can be removed
 - b) Brian Toay motioned to remove the last sentence of 5.6.E – MEET INFORMATION INVITATION: "If the 800- and 1500-yard freestyle events are held at the end of a session, such events shall be included in the 8-hour rule."
 - i) Chris Domitrovich second
 - ii) Motion passed unanimously



- c) Brian motioned to reword Policy and Procedure 5.12.D – ND LSC RECORD VERIFICATION to: Overall records – events recognized will be only those events which are swum at the ND LSC State Meet. The age groups swum at the ND State meet are: 8U, 9-10, 10U (are for those events where there isn't an 8U option), 11-12, 13-14, 15-16, & 17- 18. A State record can break an Overall record. No matter how events are swum, the record stands based on the age of the swimmer
 - i) Lisa Montplaisir second
 - ii) Motion passed unanimously
 - d) Kaylee Schell motioned to change the Policy and Procedure 6.7.A – AWARDS to: ND LSC to provide a medal for 1st-3rd place
 - i) Brian Toay Second
 - ii) Motion passed unanimously
 - e) Kaylee Schell motioned to change the Policy and Procedure 6.11.A – SPIRIT AWARDS to: The LSC will provide the host club with a Spirit Banner to be awarded on Sunday of the Long Course State Championship Meet, only, to the team that shows the most spirit and sportsmanship including parents, swimmers and coaches.
 - i) Brian Toay Second
 - ii) Motion passed unanimously
 - f) Larry Hubbard motioned to separate Policy and Procedure 1.2.N – BOARD OF DIRECTORS to as follows:
 - N. DISABILITY CHAIR
 - (1) Serve as a liaison between the LSC and the USA Swimming Disability Committee, disseminating information from the committee to the LSC board and committees.
 - (2) Serve as a liaison to the LSC Board of Directors.
 - (3) Facilitate inclusion of swimmers with disabilities into clubs, championship meets, and committees.
 - (4) Advocate for and facilitate funding for swimmers with disabilities for championship meets equivalent to funding for able-bodied swimmers. (5) Attend Convention in LSC delegate capacity.
 - O. DIVERSITY, EQUITY & INCLSION CHAIR
 - (1) Serve as a liaison between the LSC and the USA Swimming DEI Committee, disseminating information from the committee to the LSC board and committees.
 - (2) Serve as a liaison to the LSC Board of Directors.
 - (3) Advocate across ND LSC and facilitate programs for funding for all prospective swimmers from all backgrounds to include race, sex, and socioeconomic status
 - i) Lisa Montplaisir second
 - ii) Motion passed unanimously
 - g) Chris Domitovich motioned to unsuspend the requirements outlined in 5.7-MISC MEET REQUIREMENTS, which were suspended during COVID
 - i) Lisa Montplaisir second
 - ii) Motion passed unanimously
 - h) Chris Domitovich motioned to add a 5.7.A.8 to the Policy and Procedure stating: Coach and an Official during the same session at a meet.
 - i) Brian Toay second
 - ii) Motion passed unanimously
- 7) Future Dates discussed
- a) BOD/HOD Spring Meeting Dates
 - i) HOD will meet May 5th
 - ii) BOD will decide later on a meeting date
 - b) Budget meeting: November 1st at 7pm
 - c) Strategic planning meeting: November 29th at 7pm
- 8) Brian Toay motioned to adjourn the meeting @ 9:44pm
- a) Talia Butrey second
 - b) Motion passed unanimously