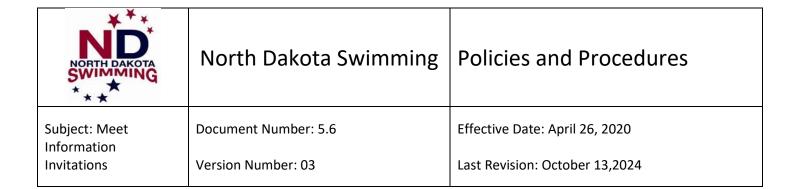


5.6 - MEET INFORMATION INVITATIONS

- A. Follow USA Swimming Rules & Regulations you will jeopardize your sanction and insurance coverage if you bend or break USA Swimming Rules & Regulations. If you plan on easing up on changing rules (ex. Easing up on younger swimmers) have your meet approved rather than sanctioned.
- B. Utilize the ND LSC standard meet template (see ndswimming.org).
- C. Meet information must include your sanction number, Meet Referee, Starter, and Administration Official.
- D. Deadline Date Meet info must use postmark date as deadline date.
- E. Meet length limit Meets shall follow rules set forth by USA Swimming Article 102 and 205. A fine of \$500 per hour will be assessed for the first violation; second violation is a six-month charter suspension. Enforcement would be the same as when fees are not paid. The Head Referee and Officials would be responsible for reporting the violation.
- F. Open water events can be included as part of a club's meet schedule.
- G. Meet entry form A meet entry form that can be filled in manually is sent by clubs. These should be included in the meet information.

Document Revision Log									
Version	Date	Description of Change/Sections	Author or Editor	Authority	Control Number				
01	04-26-2020	Restructure of P&P/entire document	B.Haglund	BoD	NDS-0001				
02	10-15-2023	Modification to 5.6.E	K. Schell	BoD	NDS-0002				
03	10-13-2024	Modification of 5.6 H (2)	R. Carter	BOD	NDS-003				



H. Meet entry fees

- (1) Maximum \$1.50/individual event and \$3/four-person relay.
- (2) Splash fees identified in Policy 5.8
- (3) Clubs may assess reasonable additional fee to help defray expenses for electronic timer, etc.
- (4) Allow individual clubs to charge a flat fee per swimmer rather than above 1, 2, and 3. If #4 is chosen, #2 must be submitted.
- I. Warm-up procedures (see ndswimming.org)
 - (1) Warm-ups will be a minimum of 1 hour.
 - (2) There will not be assigned lanes for warm-ups at the long course state championship meet.
- J. Out of courtesy, please use current ND LSC Club Directory for mailing.
- K. Meet announcement for a sanctioned meet must include USA Swimming membership requirement, on deck registration availability, competition course certification, water depth, sanction statement, and racing start certification statement.

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