

	North Dakota Swimming	Policies and Procedures
Subject: Championship Meet, Schedule of Events	Document Number: 6.20 Version Number: 05	Effective Date: April 26, 2020 Last Revision: May 04, 2025

6.20 - CHAMPIONSHIP MEET - SCHEDULE OF EVENTS

A. LONG COURSE MEET [See Appendix]

B. SHORT COURSE MEET

1. Short Course Championship meets will be split into 2 meets. A 2 day 10&Under timed final meet over one weekend and a four day 11 & Over prelim/final meet.
2. 10&U Short Course: TBD
3. 11&O Short Course
 - a. Age Groups – Age Groups will be 11-12, 13-14, 15-16, 17-18 and 19&Over for individual events and 11-12, 13-14, 15-16, 17-18 and 19&Over for relay events.
 - b. Seeding – Age groups will be combined and seeded in Prelims separated by gender, and then separated into 11-12, 13-14, 15-16, 17-18 and 19&Over for Finals. Circle seeding will be used to determine the heat and lane assignment for each preliminary heat entry and will be swum slowest to fastest.
 - c. Event Specifics
 - i. 12 and Under - 400 IM, 500 free, 200 fly/back/breast are Timed Finals with fastest heat being swum with finals. Events longer than 500 are Timed Final.
 - ii. 13 and Over – all events 200 and shorter are Prelims/Finals. 400 IM and all events longer than 500 are Timed Finals.
 - iii. The 400 Free Relay, 400 Medley Relay 13&Over only. Swim-ups are allowed for 11-12
 - iv. The 800 Free Relay 11&Over.

- C. Each swimmer is limited to 3 individual events per day and 1 relay per session with a maximum of 7 individual events at the Short Course State Championship Meet. Each swimmer is limited to 4 individual events and 2 relays per day with a maximum of 7 events at the Long Course State Championship Meet.
- D. Time trials will be held at the State Championships with a \$10 per event fee. Swimmers will be limited to no more than six total events per day. The host club is responsible for administering Time Trials. Overall records can be set at the time trials of a State Meet.

Version	Date	Description of Change/Sections	Author or Editor	Authority	Control Number
01	04-26-2020	Restructure of P&P/entire document	B.Haglund	BoD	NDS-0001
02	02-10-2022	Modification of 6.20.C: "3 individual" to "4 individual" events per day and 6.20.D "five total" to "six total" events per day	B.Haglund	BoD	NDS-0002
03	05-05-2024	Defined 6.20.B; modified 6.20.C from "4 individual and 2 relay" to "3 individual and 1 relay"	R. Carter	HoD	NDS-0003
04	10-13-2024	Open to 19&Over. Addition of 6.23 B (3) c. iii	R. Carter	HOD	NDS-0004
05	05-04-2025	Age group adjustments Adjust 6.20.B.c (i) to specify 12 and Under Addition of 6.20 B.c (ii)	R. Carter	HOD	NDS-0005