

Ohio Swimming 2025 Senior Championships Qualifying Time Standards				
WOMEN		Event	MEN	
SCY	LCM		LCM	SCY
2:14.19	2:30.69	200 Free	2:18.69	2:00.29
5:53.69	5:16.59	400/500 Free	4:54.19	5:27.89
12:14.09	10:57.69	800/1000 Free	10:21.59	11:27.69
20:30.39	20:59.99	1650/1500 Free	19:57.19	19:14.49
2:28.19	2:50.79	200 Back	2:37.89	2:15.29
2:49.19	3:13.29	200 Breast	2:59.09	2:33.19
2:30.19	2:49.09	200 Fly	2:36.29	2:16.49
2:30.19	2:50.69	200 IM	2:37.39	2:16.19
5:19.39	6:03.39	400 IM	5:38.79	4:54.19

Ohio Swimming 2025 Senior Championships Swimmer with a Disability Parallel Time Standards SCY						
WOMEN			Event	MEN		
P1	P2	P3		P1	P2	P3
7:06.49	3:31.69	3:08.09	200 Free	4:50.89	3:18.49	2:35.79
	8:37.49	7:08.19	400/500 Free		8:20.79	6:43.49
		16:18.49	800/1000 Free			15:54.69
		29:37.99	1650/1500 Free			29:31.53
	4:27.89	3:39.59	200 Back		3:46.09	3:01.59
	4:44.69	3:53.29	200 Breast		4:20.89	2:56.09
		3:18.09	200 Fly			2:47.39
	4:29.59	3:19.39	200 IM		4:06.19	2:32.49
		7:41.39	400 IM			6:40.09

Ohio Swimming 2025 Senior Championships Swimmer with a Disability Parallel Time Standards LCM						
WOMEN			Event	MEN		
P1	P2	P3		P1	P2	P3
7:06.49	3:42.79	3:28.99	200 Free	4:50.89	3:28.89	2:53.09
	7:02.39	6:16.39	400/500 Free		6:48.79	5:54.69
		13:52.79	800/1000 Free			13:32.49
		27:46.39	1650/1500 Free			27:40.29
	4:41.99	4:03.89	200 Back		3:57.99	3:21.79
	4:59.59	4:19.19	200 Breast		4:34.59	3:31.89
		3:40.09	200 Fly			3:21.39
	4:43.69	3:34.79	200 IM		4:19.09	3:03.59
		8:26.99	400 IM			7:13.39