



Ohio Swimming Coach/Senior Committee – Minutes

Oct 13, 2013 - **APPROVED MINUTES**

Committee Members:

(Senior Committee): Jason Roberts, Steve Nye, Chris Wolford, Jim Peterfish, John Reynolds, Patrick Lawrence (athlete)

(Coach): Ed Bachman, Phil Moran

1. Call to Order/Ed Bachman at 9:00 am
2. **MOTION:** To approve the previous meeting minutes for senior and coach committee meetings -
APPROVED
3. USAS convention highlights
 - Club Portal – has nice reports. Clubs are encouraged to use. Has comparison of rankings for LSC and also the central zone. Data shows Central Zone is falling behind.
 - Jr/Nat'l Senior Nat'l meets are getting faster. Cuts are 0.2/50 faster. Starts this year. National senior development committee is looking at world rankings for 18 & unders. Discussions included adding additional Jr Nat'l meets, slower cuts, need to look at 5-10 year model and make some decisions, Jr and Senior Nat'l cuts are very closed, Time trial cuts coming out Spring 2014.
 - Sectional restructuring :
 - i. In the spring 2015, USA Swimming will dictate (strongly recommend) sectional cuts which will be 5% of Jr Nat'l cuts. Each sectional may be able to set the cuts from 1%-5% of the Jr cuts depending on meet subscription for the region. Will have discussions at the Spring Sectional Meet. "D" final at sectionals will be 18 & under to preserve younger upcoming talent.
 - ii. Set nationwide time standards, and Individual Sections may make those slower (depending on the depth/entries from last year, etc.), but not faster than the national standards. The goal is to not go over 800 (one pool) or 1000 (two pools) athletes, but if so, the Section will need to tighten their time standards.
 - iii. The Spring and Summer Sectional will be no longer than 3.5 days long. The Summer Sectional shall be completed between 8-22 days prior to the U.S. Open or Juniors Nationals, depending on which falls first. Sectionals will have one 18&U final heat at the finals session of each day.
 - iv. These days could drastically change the face of Sectionals, especially in the summer. College athletes often compete at their local Sectional, but if the focus is to shift to 18&U, we could see more competition at the National events.
4. Raising the performance of Senior Swimming
 - High school swimming continues to be an obstacle in athlete progression to higher level meets. High school top times have not changed in many years, kids are not getting faster. Very few top times qualify for higher level meets.
 - Increase of smaller clubs in the LSC, could be possible cause of inconsistent training, which may be connected to decrease in performance. High school training also contributes to inconsistent training. Multiple tapers in a season is also not good.
 - Looking to get data on how the Ohio JO meet compares nationally.
 - Statistics on top performers at Jr Natls shows their powerpoint levels to be in the 700+ range as a 14 year old.
 - Suggestion that OSI look at a "purpose" for the remaining 8 months of the year outside the 4 months of High school swimming.



5. Coach Certification: Safety Training for Swim Coaches
 - Change in certification – 2 part certification. Online written test (\$19) and also an in-water component required.
 - Class offering – LEAP 2 requirement for the LSC to offer safety certifications. Currently a class is being offered on Oct 27, 2013 at Miami University. Sign-up on the OSI website.
 - Sept and March/April are good times for the LSC to offer coach certification classes.
 - Coach assistant per the insurance definition cannot coach. They can do in-water demos, but not coach in any capacity.
6. Senior Circuit Meet Proposal
 - Designed for faster senior swimmers to have a “shorter”, more focused meet available. Looking for a Fall Circuit Meet, possibly integrate it into a previously existing meet.
 - Suggestion to add a "B" Flight Timed Final afternoon session on Saturday and Sunday. The time standards are to be 5% slower than the Nat'l A Cut.
 - Meet was favorable, would like to continue.
 - 13-14 added so training groups do not have to be split. No special time standard, just flat out the cut.
 - Timed Final Approach on Friday.
 - Length of A flight session no more than 2.5 hours. B flight no longer than 3 hours.
7. New Senior Business
 - a. Search for 2014-2015 Short Course Senior Circuit Host (November) – subcommittee should look at adding and conflict issues in adding to the existing schedule.
8. Adjournment – 10:42 am