



Great White North Invitational
October 31- November 2, 2025
Held under the sanction of USA Swimming
Sanction #: OH-26SC-29AP

Hosted by
AMFY Waves

Location:	Grand Lake Health/Premier Health North YMCA 7590 State Route 703, Celina OH 45822 419-586-9622
Facility:	6 lane, 25 yard pool Colorado timing system, LED scoreboard, touchpads at starting end and plungers at opposite end for 25's. The water depth measured for a distance of 3' 3.5" to 16' 5" from the start end is 10 feet and from the turn end is 3.5 feet. The host will ensure the required course dimensions.
Meet Director:	Matt Reiss mreiss@daytonymca.org 419-586-9622
Meet Referee:	Patty Lefeld mplefeld@gmail.com
Officials Contact for the Meet:	Patty Lefeld mplefeld@gmail.com
Entry Chair:	Patty Lefeld mplefeld@gmail.com
Disclaimer:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Type:	Closed YMCA Invitational, Timed Finals
# of Sessions:	5
Medical Supervision available to athletes	There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.

Organization Regulations/Waivers	
USA Swimming Rules	- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. - Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. - Deck changes are prohibited. - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. - Flash photography is not permitted at the start of any race.
Technical Suit Ban	Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. Please refer to the USA Swimming rulebook for definitions of a technical suit.
Ohio State Laws that are applicable to Ohio Swimming sanctioned events	- Ohio's Return to Play Law (ORC 3313.539 and ORC 3707.511) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion. - There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.
Child Protection Training	All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the YMCA of the USA approved child protection training course.
Waiver/Release	By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Organization Regulations/Waivers	
	All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.
Entering the Meet	
Eligibility:	- This meet is a closed invitational meet open to YMCA registered teams. - To be eligible to swim in this meet, a swimmer must belong to their YMCA for 30 days prior to the meet. - All swimmers must meet all YUSA Competitive Sports Eligibility Standards - All adult athletes must hold current Athlete Protection Training certification. - Age on the first day of the meet (October 31, 2025) will determine age for the meet.
Disability Swimmers:	- Ohio Swimming welcomes swimmers with a disability. - Entry Procedures: - Enter the USA-S swimmers with a disability electronically or on the paper entry form. - Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations. - List in the email with the electronic entry (or on the paper entry) the swimmer's name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions. - Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats. - See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3).
Entry Limits Entry Fees:	- Swimmers may swim a maximum of 3 individual events per day and 1 relay \$4.50 per individual event. \$18.00 per relay event. \$1.00 OH LSC surcharge per swimmer. \$2.00 facility surcharge per swimmer
Entry Procedures:	- Deadline for receipt of entries is October 23, 2025 - Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify). - Unattached swimmers are not permitted per YMCA rules. - Send entries via email to Patty Lefeld (mplefeld@gmail.com) - Please include the names of any Outreach swimmers in the email. - Checks should be made payable to: YMCA of Greater Dayton. Teams should put their team abbreviation and "GWN INVY" in check memo. - Please mail checks to: Grand Lake Health/Premier Health NORTH YMCA, Attn: Matt Reiss, 7590 St Rt 703, Celina OH 45822 - YMCA TEAMS IN THE DAYTON YMCA ASSOCIATIONS MAY ISSUE A JOURNAL-ENTRY TRANSFER OF FUNDS RATHER THAN A CHECK "No Time" (NT) entries will be accepted. - The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.
Warm-up and Safety Guidelines:	- The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. - Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). - Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. - Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet. - No spectators permitted behind the starting blocks.

Entering the Meet	
Competition Guidelines:	• This meet will be a timed finals meet. • This meet will be contested in yards • This meet will be pre-seeded. Deck entries will be permitted to fill existing lanes in heats. No new heats will be created for deck entries. • A bullpen/clerk-of-course will be used for the 10 and under sessions on Saturday and Sunday afternoons
Deck Entries	• Deck entries will be accepted at this meet to fill lanes in existing heats only. New Heats will not be created. Deck entries will be entered in empty lanes only. • \$5 per individual event • \$20 per relay event • Swimmer surcharges will apply to athletes not already entered in the meet.
Awards:	• Individual: 1st through 3rd place medals/ 4th through 12th place ribbons • Relays: 1st place medals/ 2nd through 6th place ribbons • Only relay teams of same gender (all boys/all girls) are eligible for awards • We will make every effort to have awards finished shortly after the Sunday afternoon session is complete. Please pick up awards before you leave • Results will not be posted during the meet. We will publish results to Meet Mobile (technology-permitting)
General:	• Within each session we will combine all ages and genders in each event to allow a better "flow" of the meet and fewer open lanes. For scoring and awards, the final results will be split back into age groups and genders • For relays, teams may choose to enter same gender, or mixed gender relays of any designation. However, only same-gender (all boys or all girls) relays are eligible for points and awards. The age of the oldest swimmer on the relay will be the age-group of the relay team for awards/scoring purposes. • There will be a concession stand operated by the AMFY Boosters with breakfast, lunch and snack items. Please keep food and drinks off the pool deck. Thank you for your support! • Albert Sporting Goods will be on hand with a supply of essential meet items for sale • Any officials willing to participate are kindly asked to contact Patty Lefeld (mplefeld@gmail.com)
Code of Conduct	• Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams. • Good sportsmanship is expected at all times. Bullying or taunting, foul language or derogatory behavior will not be tolerated and will be subject to immediate removal. All volunteers, spectators, coaches, officials and meet staff are expected to be respectful of others. • The Ohio Swimming Code of Conduct governs this meet. The purpose of the Zero-Tolerance Code of Conduct Policy is to establish consistent expectations across the LSC in the best interest of our Athletes and Sport. Ohio Swimming is committed to creating a safe and fair environment for all of its athlete members. This policy is to be used as a guide to promote a positive environment and good sportsmanship at meets and events conducted in the geographical boundary of Ohio Swimming. The complete Ohio Swimming Code of Conduct can be reviewed on the Ohio Swimming website under Governance> OSI Policy & Procedures Manual, Appendix 18.

GREAT WHITE NORTH INVITATIONAL

October 31-November 2, 2025

Friday Evening Session

- 101- Mixed 11 & Over 500 Free
- 102- Mixed 10 & Under 200 Free
- 103- Mixed 11 & Over 400 IM
- 104- Mixed 10 & Under 200 IM

Saturday Morning (11 & Over)

- 201- Mixed 11 & Over 200 Butterfly
- 202- Mixed 11 & Over 50 Butterfly
- 203- Mixed 11 & Over 100 Freestyle
- 204- Mixed 11 & Over 200 IM
- 205- Mixed 11 & Over 200 Backstroke
- 206- Mixed 11 & Over 50 Backstroke
- 207- Mixed 11 & Over 100 Breaststroke
- 208- Mixed 11 & Over 200 Medley Relay

Saturday Afternoon (10 & Under)

- 209- Mixed 10 & Under 50 Butterfly
- 210- Mixed 8 & Under 25 Freestyle
- 211- Mixed 10 & Under 100 Freestyle
- 212- Mixed 10 & Under 50 Backstroke
- 213- Mixed 8 & Under 25 Breaststroke
- 214- Mixed 10 & Under 100 Breaststroke
- 215- Mixed 8 & Under 100 Medley Relay
- 216- Mixed 9-10 200 Medley Relay

Sunday Morning (11 & Over)

- 301- Mixed 11 & Over 200 Breaststroke
- 302- Mixed 11 & Over 50 Breaststroke
- 303- Mixed 11 & Over 100 Butterfly
- 304- Mixed 11 & Over 200 Freestyle
- 305- Mixed 11 & Over 50 Freestyle
- 306- Mixed 11 & Over 100 IM
- 307- Mixed 11 & Over 100 Backstroke
- 308- Mixed 11 & Over 200 Free Relay
- 309- Mixed 11 & Over 1000 Freestyle

Sunday Afternoon (10 & Under)

- 310- Mixed 10 & Under 50 Breaststroke
- 311- Mixed 10 & Under 100 Butterfly
- 312- Mixed 8 & Under 25 Butterfly
- 313- Mixed 10 & Under 50 Freestyle
- 314- Mixed 10 & Under 100 Backstroke
- 315- Mixed 8 & Under 25 Backstroke
- 316- Mixed 10 & Under 100 IM
- 317- Mixed 8 & Under 100 Free Relay
- 318- Mixed 9-10 200 Free Relay