



George Bare Memorial Meet
January 25, 2026
Held under the sanction of USA Swimming
Sanction #: OH-26SC-90

Hosted by
HEAT

Location:	Robert F. Busbey Natatorium, Cleveland State University, 2451 Euclid Avenue, Cleveland, Ohio 44115
Facility:	POOL: 25 yards by 10 lanes, Colorado Timing system and 10 lane digital readout scoreboard with ample locker room space and balcony seating for spectators; continuous warm-up and warm-down pool available in non-competitive end of the pool. The depth end of the pool at both the start end and turn end is 12 feet. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. The host will ensure the required course dimensions
Meet Director:	Mel Badziong HUDSONHEATPRESIDENT@gmail.com
Meet Referee:	Dave Brown
Officials Contact for the Meet:	Mel Badziong HUDSONHEATPRESIDENT@gmail.com
Entry Chair:	Mel Badziong HUDSONHEATPRESIDENT@gmail.com
Disclaimer:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Type:	Timed Final Open Meet
# of Sessions:	Session 1 – 10 & Under Session 2 – 11 – 12 Session 3 – 13 - 14
Medical Supervision available to athletes	Lifeguards will be present. An AED is in the guard office.

Organization Regulations/Waivers	
USA Swimming Rules	- At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. - Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. - The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. - Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. - Deck changes are prohibited. - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. - Flash photography is not permitted at the start of any race. - All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Technical Suit Ban	Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. Please refer to the USA Swimming rulebook for definitions of a technical suit.
Ohio State Laws that are applicable to Ohio Swimming sanctioned events	Ohio's Return to Play Law (ORC 3313.539 and ORC 3707.511) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National

Organization Regulations/Waivers	
	Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion. There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.
Safe Sport 360	- The U.S. Center for Safe Sport program is a comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. - The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. (www.usaswimming.org/maapp) - Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. - All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. - For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report
Waiver/Release	- By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. - All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.
Code of Conduct	- Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams. - Good sportsmanship is expected at all times. Bullying or taunting, foul language or derogatory behavior will not be tolerated and will be subject to immediate removal. All volunteers, spectators, coaches, officials and meet staff are expected to be respectful of others. - The Ohio Swimming Code of Conduct governs this meet. The purpose of the Zero-Tolerance Code of Conduct Policy is to establish consistent expectations across the LSC in the best interest of our Athletes and Sport. Ohio Swimming is committed to creating a safe and fair environment for all of its athlete members. This policy is to be used as a guide to promote a positive environment and good sportsmanship at meets and events conducted in the geographical boundary of Ohio Swimming. The complete Ohio Swimming Code of Conduct can be reviewed on the Ohio Swimming website under Governance> OSI Policy & Procedures Manual, Appendix 18.

Entering the Meet and Competition Information									
Eligibility:	- All meet contestants must be a member in good standing per Article 302.. - All contestants must be verified USA Swimming members. Membership will not be verified at the meet. - Membership verification deadline is no later than 48 hours prior to the first day of the meet. Unverified swimmers will be scratched from the meet after that deadline. There will be no refunds for unverified swimmers scratched from the meet. - All adult athletes must hold current Athlete Protection Training certification. - Age on the first day of the meet will determine age for the entire meet.								
Swimmers with a Disability:	- Entry Procedures: - Enter the USA-S swimmers with a disability electronically with your team entries. - Email the Meet Accommodation / Modification Form included in this meet information to the entry chair. - Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats. - See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3).								
Entry Limits Entry Fees:	- Swimmers may swim a maximum of 3 individual events per day. Swimmers should not enter back to back events. \$7 per individual event. \$10 per relay event. \$4 OH LSC surcharge per swimmer.								
Entry Procedures:	Entries will not be accepted before 8 p.m. Monday, January 5, 2026. It is suggested that you sync your computer time with the official U.S. time clock found at http://www.time.gov and perform a test email to yourself to confirm the correct time prior to submitting your entries. The entry chairs time stamp will be used to determine the time the entry was received. The due date for entries, electronic or otherwise is Monday, January 12, 2026. The meet may be closed prior to the entry deadline if at capacity. Phone entries will not be accepted. Hard copy, meet summary sheet and check must be received by Wednesday JANUARY 14, or the team's entry may be deleted. Entries should be emailed to HUDSONHEATPRESIDENT@gmail.com <table border="1"> <tr> <td>Monday Jan. 5, 2026</td><td>8:00 pm - Entries open – email to HUDSONHEATPRESIDENT@gmail.com</td></tr> <tr> <td>Monday Jan. 12, 2026</td><td>12:00 pm – Entry deadline; all entries must be received</td></tr> <tr> <td>Wednesday Jan. 7, 2026</td><td>Notification of entry acceptance** will not begin before 9 am</td></tr> <tr> <td>Wednesday Jan. 14, 2026</td><td>Payment due. **Please wait until entry acceptance to submit payment based on confirmed entries only.</td></tr> </table> - Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify). - Unattached swimmers (not with a team) are encouraged to use Hytek's TM Lite for entry submission. Entries not completed through a team software are subject to a \$50/swimmer surcharge. These fees are due at the time of the entry submission. - Send entries via email to: HUDSONHEATPRESIDENT@gmail.com - Please include the names of any Outreach swimmers or Swimmers with a Disability on the respective form(s) included in this meet information. - Checks should be made payable to: Hudson City Schools "No Time" (NT) entries will not be accepted. Please provide an estimate. - The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.	Monday Jan. 5, 2026	8:00 pm - Entries open – email to HUDSONHEATPRESIDENT@gmail.com	Monday Jan. 12, 2026	12:00 pm – Entry deadline; all entries must be received	Wednesday Jan. 7, 2026	Notification of entry acceptance** will not begin before 9 am	Wednesday Jan. 14, 2026	Payment due. **Please wait until entry acceptance to submit payment based on confirmed entries only.
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Warm-up and Safety Guidelines:	- The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. - Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). - Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. - Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet. - No spectators allowed on deck.								

Entering the Meet and Competition Information	
Competition Guidelines:	• This meet will be a timed finals meet. • This meet will be contested in SCY. • Session 1 will be pre-seeded. Session 2 will be pre-seeded except for the 400IM and 500 Free which require positive check in. Session 3 will be deck seeded. Circle in sheets will be posted on the windows of the instructional pool. Circle in closes 45 min prior to session start. Deck entries will be accepted at the meet for verified athletes only, and for pre-seeded events - only to fill empty lanes • Swimmers in the 500 must provide their own counter • No Clerk of Course will be available. • 25s will start from the turn end.
Scratch Procedures	• No penalty for pre-seeded events. Ohio scratch rule in effect.
Deck Entries	• Deck entries will be accepted at the meet for verified athletes only, and for pre-seeded events - only to fill empty lanes • Deck Entry Cost: Individual Events: \$14 Relays \$20
Awards:	• There will be awards at this meet. Ribbons will be awarded for 1 – 10th place, by gender, for 8 & under, 9-10, & 11-12 athletes. No awards for 13-14. Coaches should pick up awards prior to leaving the meet. • Results will not be posted during the meet. If technology permits the meet will be available on meet mobile.
General:	Admission: \$5 for adults Children 5 & Under are free, Adults 65 & Older are Free CSU charges for parking, an estimated amount of \$10 per day, cash only, in the EG garage. Concessions may or may not be available and are not controlled by the meet hose.

George Bare Memorial Meet			George Bare Memorial Meet			George Bare Memorial Meet		
Schedule of Events			Schedule of Events			Schedule of Events		
Sunday - Session 1			Sunday - Session 2			Sunday - Session 3		
10 & Under			11-12			13 - 14		
7:30am Warmups			Warmups will begin 15 minutes after the conclusion of Session 1			Warmups will begin 15 minutes after the conclusion of Session 2		
Mixed Gender	Age	Event	Mixed Gender	Age	Event	Mixed Gender	Age	Event
1	10 & Under	200 IM	12	11 - 12	200 IM	26	13-14	200 IM
2	8 & Under	25 Free	13	11 - 12	100 Fly	27	13-14	100 Fly
3	10 & Under	50 Backstroke	14	11 - 12	200 Back	28	13-14	200 Back
4	10 & Under	100 Breast	15	11 - 12	100 Breast	29	13-14	100 Breast
5	10 & Under	50 Butterfly	16	11 - 12	50 Free	30	13-14	50 Free
6	10 & Under	50 Free	17	11 - 12	200 Fly	31	13-14	200 Fly
7	10 & Under	50 Breast	18	11 - 12	100 Back	32	13-14	100 Back
8	8 & Under	25 Back	19	11 - 12	200 Breast	33	13-14	200 Breast
9	10 & Under	100 Back	20	11 - 12	100 Free	34	13-14	100 Free
10	10 & Under	100 Fly	21	11 - 12	50 Fly	35	13-14	50 Fly
11	10 & Under	100 Free	22	11 - 12	50 Back	36	13-14	50 Back
			23	11 - 12	50 Breast	37	13-14	50 Breast
			24	11 - 12	400 IM	38	13-14	400 IM
			25	11 - 12	500 Free	39	13-14	500 Free

Summary of Fees/Release Form

George Bare Memorial Meet

Team Name	
Club Representative	
Club Rep Email (for questions about entries)	
Coach Attending	
Coach Phone	
Coach Email	

Item	Total #	Cost per	Total
Individual Entries (exclude Outreach)		\$7 per event	
Relay Entries		\$10 per relay	
OSI Swimmer Surcharge (exclude Outreach)		\$4.00 per swimmer	
Host Team Facility Surcharge (exclude Outreach)		n/a	
Total Fees Due			

Please list any Outreach Swimmers Below:		

Total # outreach IEs: (# swimmers x # entries x \$7.00)		Total # of Outreach swimmers x \$4.00 surcharge:	
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(Outreach fees can be subtracted from your team totals)

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach, or team representative, verify that all the swimmers listed on the enclosed entry and coaches attending the meet are current USA Swimming members IN GOOD STANDING. I acknowledge that I am familiar with the expectations of the OSI Code of Conduct and also the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers and parents with the respective rules during this meet. HEAT, Cleveland State University, & Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Signature (Coach or Club Representative)

Club Title (Coach etc)

Name of Club

Date

Send this form with checks Payable to **HUDSON CITY SCHOOLS**

Mel Badziong
7863 Alexandra Dr.
Hudson, OH 44236

Ohio Swimming Meet Accommodation Form for Swimmer with a Disability

Meet Name:	
Date of Meet:	
Team:	
Swimmer's Name:	
Swimmer's Ability Grouping (P1, P2, P3)	
Coach's Name:	
Coach Cell:	

What, if any, accommodations are needed for the swimmer (include access to facility) up to the time they arrive at the starting block?

What modification of the technical rules per Article 105 (in accordance with 105.1.2) are needed for the swimmer with a disability for this event? Please list all entered events and indicate N/A if no modification is requested.

Event #	Description	Modification(s) Per Article 105

Please send a copy of this for to both the meet entry chair and Referee for the Meet.