



Hudson High School and Strongsville High School would like to invite you to the SPIRE Institute for the 2025 HS Winter Championships. This will be an A & B Flight meet with cut times. The A flight will be a prelims/finals meet format and the B flight meet will be a timed finals meet format. Swimmers are permitted to only compete in either the A flight OR the B flight, but not both. **If teams have 2 swimmers that qualify for the A Flight meet, they are permitted to enter up to 2 swimmers per gender to compete in the A flight relays and will be eligible to swim 2 individual bonus events in the A flight.

LOCATION:

The SPIRE Institute Aquatic Center 1822 South Broadway Geneva, OH 44041

Date:

Saturday Dec 20th, 2025

Schedule of events:

A Flight Prelims/B Flight Time Finals

Warm up (Teams will be assigned warm up times)

Warm up period #1 7:00-7:30am

Warm up period #2 7:30-8:00am

Warm up period #3 8:00-8:30am

Starts/Pace 8:30-8:55am

Coaches Meeting 8:35am

Meet start (A Flight Prelims/B Flight Timed Finals) 9:00am

Finals

A Flight Finals Warm up 4:00pm A Flight Finals Meet start 5:30pm

Facility Notes

- 2025 Winter Invite T-shirts will be on sale on a first come first serve basis, quantities will be limited.
- Spire Fuel will be open and available during the meet
- There will be no charge for parking
- Outside food is not allowed

Meet Entry Procedures

Entries open Friday Nov 28th, 2025

- Entry fee is \$18.00 per swimmer
 - o Team Facility Free to offset the higher cost of the facility rental.

\$50 per team

- Check payable to Hudson City Schools
- Entries must be received via Hy-Tek Team Manager only
- Send entries to Matt Davis: davismp1@yahoo.com, phone (330) 858-3113
- Send payment to: (Must be received by Sun Dec 14th, 2025)
 Matt Davis/Eastwoods Elementary School
 120 N. Hayden Pkway
 Hudson, OH 44236
- No Changes will be made after the Dec 14th deadline
- No Deck entries will be permitted

Entries will close on Sunday Dec 14th, 2025 or earlier depending on number of entries received.

POOL:

The competitive swimming pools measure 10 lanes by 25 yards in a 50 meters Olympic size pool, with 2 moveable bulkheads for subdivision of the pool. The competition will take place in both pools. The competition course has been certified in accordance with 104.2.2C (4). The depth of the pool at Course 1 is 8'2" at both ends (start end is under the scoreboard). The depth of the pool at Course 2 is 14' at both ends (start end is closest to the fish bowl office). The B Flight will be held in the Deep end course, the A Flight will be held in the scoreboard course.

Finals will be held in the Deep end course.

The permanent seating capacity for spectators is 1,200, with an additional 1,000+ temporary seating capacity. In addition, there is handicapped seating and elevator access to the spectator stands. An adjacent 25-yard pool is available for continuous warm-up and warm-down. Men's and Women's locker rooms are off the pool deck but are not accessible to parents during the meet. Colorado timing system and scoreboard are available.

Admissions

•	Adults - All Day Admission Good for both prelims/finals	\$10.00
•	Students/Seniors – All Day Admission Good for both prelims/finals	\$5.00
•	Prelims only Admission - Adults	\$6.00
•	Prelims only Admission Students/Seniors	\$3.00
•	Finals Admission only - Adults	\$6.00
•	Finals Admission only – Students/Seniors	\$3.00
•	Heat Sheets will be on meet mobile	

A Flight Meet Format

- Teams may enter unlimited number of swimmers per event as long as they have achieved the cut time.
 - Swimmers with only 1 cut time, can enter a bonus event
 - Qualifying time must be achieved from Nov 1st, 2024 to Dec 14th, 2025
 - o Coaches must be prepared to show proof of times for events entered.
 - Coaches can enter up to 2 swimmers per gender in the A flight to complete relays, those 2 swimmers are eligible to swim up to 2 individual bonus events.
- Swimmers may swim in no more than **4** events, not exceeding **2** individual events per swimmer.
- Swimmers entered in the A Flight cannot swim in the B Flight.
- Teams may enter 2 relay per relay event (B Relay is non-scoring and won't displace an A team in finals)
 - o Relay cards will be distributed at check in and collected on deck.
 - o Any 8 qualified athletes in the team's entry may be listed on relay cards.
 - o Participating in a relay will count towards an athlete's 4 event limit.
 - Relay lineups may change between prelims and finals provided no swimmer exceeds the 4 event limit.
 - o Swimmer must be listed in the meet database to be eligible for a relay event.
- Meet host reserves the right to limit the 500 free to 4 Heats for each gender based on the timeline. Swimmer that are not seeded in the top 40 will have the option to enter another event.
- There will be a 15 minute break following the 50 Free
- Individual events will have a championship final (1-10), consolation finals (11-20), and a bonus final (21-30). **500 Free Will be limited to top 20 Championship/Consolation finals only
- Relay events will have a championship final (1-10) and a consolation final (11-20)

2025 A Flight Time Standards					
Girls	Events	Boys			
2:02.00 (1)	200 Medley Relay	1:52.00 (2)			
2:06.99 (3)	200 Free	1:57.99 (4)			
2:24.99 (5)	200 IM	2:12.99 (6)			
26.99 (7)	50 Free	24.99 (8)			
1:06.99 (9)	100 Fly	1:01.99 (10)			
58.99 (11)	100 Free	54.99 (12)			
5:39.99 (13)**	500 Free	5:22.99 (14)**			
1:50.00 (15)	200 Free Relay	1:40.00 (16)			
1:07.99 (17)	100 Back	1:01.99 (18)			
1:14.99 (19)	100 Breast	1:08.99 (20)			
4:00.00 (21)	400 Free Relay	3:30.00 (22)			

Awards (A Flight only)

- Top 6 Individuals in Championships final
- Top 3 Relays in Championship final

Team Scoring

- Individual scoring will be top 20
- Relay scoring will be top 20

B Flight Meet Format

- Teams may enter unlimited number of swimmers per event as long as they have achieved the cut time.
 - o Time Standards are only for 200/500 Events
 - o Coaches must be prepared to show proof of times for events entered.
- Swimmers may swim in no more than 4 events, not exceeding 2 individual events per swimmer.
- Swimmers swimming in the B Flight cannot compete in the A Flight.
- Teams may enter 2 relay teams per relay event.
 - o Relay cards will be distributed at check in and collected on deck.
 - o Participating in a relay will count towards an athlete's 4 event limit.
 - o Swimmer must be listed in the meet database to be eligible for a relay event.
- Meet host reserves the right to limit the 500 free to 3 Heats for each gender based on the timeline. Swimmer that are not seeded in the top 30 will have the option to enter another event.
- The events will be swum in the order below and will not have any breaks between events.
- No Awards will be given for the B Flight

2025 B Flight Time Standards				
Girls	Events	Boys		
(101)	200 Medley Relay	(102)		
2:22.19 (103)	200 Free	2:12.49 (104)		
2:39.39 (105)	200 IM	2:28.59 (106)		
(107)	50 Free	(108)		
(109)	100 Fly	(110)		
(111)	100 Free	(112)		
6:20.39 (113)	500 Free	5:58.29 (114)		
(115)	200 Free Relay	(116)		
(117)	100 Back	(118)		
(119)	100 Breast	(120)		

Scratches

Swimmers who qualify for A-Meet Finals or Consolation Finals are expected to swim unless they scratch. If they do not intend to swim in the evening, they will have thirty (30) minutes after the announcement of qualifiers for a particular event to declare their intention to scratch at the official's table. Any swimmer qualifying for a consolation final or finals race in an individual event who fails to compete in said final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete."

Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if

- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
- (2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim.
- (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer

Official's Notes

- We will be following the swimming rules as dictated by the OHSAA
- A meeting for all coaches will be held before the start of the meet at 8:35 a.m.
- Dive overs will be conducted for A Flight prelims, and B Flight timed finals.
- At check in, you will receive heat sheets and meet rules. Because it will be a crowded event, it is our hope that your athletes will comport themselves respectfully, keep their area clear of debris, and be watchful of their belongings.
- Scratches will be accepted at the scoring table until the conclusion of the coaches meeting. No additions.
- Once the meet starts, declared false starts will be accepted by the referee. Swimmers not showing for their event will be disgualified from that event (3.2.3.1) 6

USA Observation

This meet will be USA observed; therefore, all USA Swimming registered athletes' who are members in good standing at the time of the swim will have their times uploaded to SWIMS. Please make sure you have submitted the athlete's full and correct first name, last name, date of birth and USA Swimming ID # in the database to ensure that the times are uploaded.