

2025 Upper Arlington High School Showcase December 20, 2025

HELD UNDER THE SANCTION OF USA SWIMMING #OH-26SC-1320B

Date: Saturday, December 20, 2025

Place: Upper Arlington High School
1625 Zollinger Road
Upper Arlington, Ohio 43221

Meet Director

Eric Limkemann & John Sands
elimkemann@uaschools.org & uacoachsands@gmail.com
(937) 620-3773 & (614) 370-5442

Officials Information

Meet Referee - Tom Trace - ttrace311@yahoo.com and
Tony Contakis - contakis_11@hotmail.com
Administrative Official - Brian Campbell – bcampbell@kpmg.com

Schedule:

Warm-Up – 7:30-9AM and 4-5PM
Clerk of Course Closes – 8:45AM
Meet Starts – Approx 9:00AM and 5:00PM *contingent upon number of entries*

Note: This meet is closed with the following teams participating; Upper Arlington, Dublin Jerome, Dublin Coffman, New Albany, Ursuline Academy, Archbishop Moeller, Kings High School

Please note:

The top 20 swimmers overall will compete at Finals EXCEPT the Relays. There will be a Consolation, A Final Heat and a Super final heat for all individual events (Top 4 qualifiers will compete in the Super Final), and only a Timed Finals heat of the relays during the evening session (2 entries per team with 2 heats).

Entries:

The 2024 UA Showcase will be a USA Swimming “Observed” meet. Entry file MUST include the following for times for be loaded to SWIMS: swimmers’ full name, correct USA ID # AND BIRTHDATE. USA ID #'s will NOT be added during the meet. I
Entry deadline is Monday December 16th at 4PM. An event file will be shared in the coming weeks.

Entry Chairperson:

Mike de Bear
coachdebear@gmail.com

FACILITIES

The venue has an 11-lane, 25-yard pool with an automated Colorado touch pad timing system, integrated horn starting system, and running time display. The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet at the start end and 4 feet at the turn end.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and prohibited.

Entry Fees:

Waved and will be covered by UASC.

Time Standard:

None for this meet

Rules:

Current NFHS rules will govern the meet.

Eligibility:

Each team may enter as many kids in events as they would like. Teams are permitted two relays in each relay event. Swimmers are permitted to enter a maximum of 4 events, no more than 2 of which may be individual events.

Enter all swimmers (including relay-only swimmers not participating in an individual event) using an electronic team software program, such as Hy-Tek Team Manager. Relay-Only swimmers can be added by assigning them to one or more relays as either one of the 4 relay swimmers or as an alternate on the relay.

Include first and last name and grade level – please use 9, 10, 11, 12 (not FR, SO, JR, SR) – this is different than OHSAA entries for Sectionals. Please use your assigned OHSAA school code and team name. Do not use school mascot as a team name.

Only swimmers entered via electronic entry may participate in this meet. There will be no exceptions.

PLEASE include your e-mail address in the contact information of your entry software.

Scoring:

Individual and relay swimming events will be Prelims/Finals with the Finals Session composed of a Consolation (B-Final) and a Championship (A-Final). Twenty (20) places will be scored for each individual swimming and relay event.

Final Results:

Free to each participating team. Bring your flash drive to the meet and we'll give you results immediately.

Special Notes:

UAHS always appreciates any help we get from other schools in officiating and timing our meets. We ask all visiting coaches to make this known to the parents of their swimmers. There will be no awards at this meet.

ORDER OF EVENTS

Event #	Event Description
1	200 Medley Relay (Finals Only)
5 Minute Break (Finals Only)	
2	200 Free
3	200 IM
4	50 Free
15 Minute Break	
5	100 Fly
6	100 Free
7	500 Free
8	200 Free Relay (Finals Only)
5 Minute Break (Only 1 5 Min. Break at Prelims)	
9	100 Back
10	100 Breast
5 Minute Break at Finals	
11	400 Free Relay (Finals Only)