



Andy Kuhl Age Group & Open
January 25th, 2026
Held under the sanction of USA Swimming
Sanction #: OH-26SC-89

Hosted by
SWIM

Location:	Medina Recreational Center, 855 Weymouth Rd, Medina, OH, 44256. Please enter through the pool entrance at the back of the building. Do not enter through the front doors of the Rec Center.
Facility:	25 yards by 8 lanes, electronic timing and great seating with handicap access, continuous warm-up pool, locker rooms. Food and swimwear concessions available, close parking. The depth of the pool at the start end is 4 feet, 6 inches. The depth at the turn end is 13 feet, 0 inches. The host will ensure the required course dimensions.
Meet Director:	Jodie Wohlfeil d_wohlfeil@att.net 216.409.2636
Meet Referee:	Jim Sherry Jimsherry311@yahoo.com 330-741-0767
Officials Contact for the Meet:	Jim Sherry Jimsherry311@yahoo.com 330-741-0767
Entry Chair:	Dave Wohlfeil Swimunitedentries@gmail.com 216.337.1117
Disclaimer:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Type:	Timed Finals
# of Sessions:	2
Description of Session:	<ul style="list-style-type: none">• Session 1 – Sunday, January 26th – 10 & U; 11-12 Boys Timed Finals Warm-ups will begin at 7:30 AM Competition will begin at 8:20 AM• Session 2 – Sunday January 26th -11-12 Girls; 13 & O Timed Finals Warm-ups will begin 15 minutes after the end of session 1 Competition will begin 50 minutes after the start of warm-ups
Medical Supervision available to athletes	A Meet Safety Director and lifeguards will be present to respond to an emergency or provide first aid in the event that is needed.

Organization Regulations/Waivers

USA Swimming Rules	<ul style="list-style-type: none">• At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet.• Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.• The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
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Organization Regulations/Waivers	
	<ul style="list-style-type: none"> • Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. • Deck changes are prohibited. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Flash photography is not permitted at the start of any race. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Technical Suit Ban	Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. Please refer to the USA Swimming rulebook for definitions of a technical suit.
Ohio State Laws that are applicable to Ohio Swimming sanctioned events	<ul style="list-style-type: none"> • Ohio's Return to Play Law (ORC 3313.539 and ORC 3707.511) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion. • There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.
Safe Sport 360	<ul style="list-style-type: none"> • The U.S. Center for Safe Sport program is a comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. • The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. (www.usaswimming.org/maapp) • Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. • All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. • For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report
Waiver/Release	<ul style="list-style-type: none"> • By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. • All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.
Code of Conduct	<ul style="list-style-type: none"> • Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams. • Good sportsmanship is expected at all times. Bullying or taunting, foul language or derogatory behavior will not be tolerated and will be subject to immediate removal. All volunteers, spectators, coaches, officials and meet staff are expected to be respectful of others.

Organization Regulations/Waivers	
	<ul style="list-style-type: none"> The Ohio Swimming Code of Conduct governs this meet. The purpose of the Zero-Tolerance Code of Conduct Policy is to establish consistent expectations across the LSC in the best interest of our Athletes and Sport. Ohio Swimming is committed to creating a safe and fair environment for all of its athlete members. This policy is to be used as a guide to promote a positive environment and good sportsmanship at meets and events conducted in the geographical boundary of Ohio Swimming. The complete Ohio Swimming Code of Conduct can be reviewed on the Ohio Swimming website under Governance> OSI Policy & Procedures Manual, Appendix 18.

Entering the Meet and Competition Information	
Eligibility:	<ul style="list-style-type: none"> All meet contestants must be a member in good standing per Article 302.. All contestants must be verified USA Swimming members. Membership will not be verified at the meet. Membership verification deadline is 12 PM EST two (2) business day prior to the first day of the meet . Unverified swimmers will be scratched from the meet after that deadline. There will be no refunds for unverified swimmers scratched from the meet. All adult athletes must hold current Athlete Protection Training certification. Age on the first day of the meet will determine age for the entire meet.
Swimmers with a Disability:	<ul style="list-style-type: none"> Entry Procedures: <ol style="list-style-type: none"> Enter the USA-S swimmers with a disability electronically with your team entries. Email the Meet Accommodation / Modification Form included in this meet information to the entry chair. Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats. See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3).
Entry Limits Entry Fees:	<ul style="list-style-type: none"> Swimmers may swim a maximum of 5 individual events per day. \$7.00 per individual event. \$10.00 per relay event. \$4 OH LSC surcharge per swimmer.
Entry Procedures:	<ul style="list-style-type: none"> Deadline for receipt of entries is January 14, 2026. Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify). Unattached swimmers (not with a team) are encouraged to use Hytek's TM Lite for entry submission. Entries not completed through a team software are subject to a \$25.00 swimmer surcharge. These fees are due at the time of the entry submission. Send entries via email to: swimunitedentries@gmail.com Please include the names of any Outreach swimmers or Swimmers with a Disability on the respective form(s) included in this meet information. Checks should be made payable to: SwimUnited and mailed to Dave Wohlfeil, 18312 Potomac Dr., Strongsville, OH 44136 "No Time" (NT) entries will be accepted. The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.
Warm-up and Safety Guidelines:	<ul style="list-style-type: none"> The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet. No spectators allowed on deck.
Competition Guidelines:	<ul style="list-style-type: none"> This meet will be a timed finals meet. This meet will be contested in SCY. This meet will be deck seeded. Deck entries will not be accepted at the meet. No Clerk of Course will be available.

Entering the Meet and Competition Information	
Scratch Procedures	<p>1) Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.</p> <p>2) Events Seeded on the Deck</p> <p>a) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or to the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.</p> <p>b) Any agent of a team (coach, parent, swimmer, etc) who check in swimmers for events when those swimmers are not present at the meet may cause a fine of \$25.00 per swimmer per day to be levied against the team, as the discretion of the Meet Referee.</p> <p>c) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmers the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the check-in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).</p> <p>3) Exceptions for Failure to Compete: No penalty shall apply for failure to withdraw or compete in an individual event if</p> <p>a) The Referee is notified in the event of illness or injury and accepts the proof thereof.</p> <p>b) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.</p>
Deck Entries	Deck entries will not be accepted at this meet.
Awards:	<ul style="list-style-type: none"> • Awards will be given for 6&U, 7, 8, 9, 10, and 11-12 age groups. No awards will be given for 13 & Over and OPEN age groups. • Individual Events: Ribbons for 1st-8th place. • 10 and U heat winners will receive an award. • All awards must be picked up at the meet. Awards will not be mailed unless specifically announced by the meet host. **No Awards for 14 & Older Age Groups. Including Relays.
General:	<p>ADMISSION COST: \$5.00 per spectator. Seniors 65 & over and children under 3 are free. CASH only at the door.</p> <p>PARKING: Free parking in lots D, E, and F at the back of the Medina Recreation Center. Please enter the Rec Center through the pool entrance in the back of the building. Do not enter through the front of the Recreation Center.</p> <p>RESULTS: Results will not be posted on site but will be posted on Lakeerieswimming.com. Teams may request a backup at the conclusion of the meet.</p> <p>TIME TRIALS: No time trials will be offered.</p>

**ANDY KUHL AGE GROUP AND OPEN
SCHEDULE OF EVENTS**

January 25, 2026

Session 1

10 & Under, 11-12 Boys

7:30 AM Warm-up, 8:20 AM Meet Start (Timed Finals)

Event #	Age Group/Stroke	Event #
GIRLS		BOYS
	11 & 12 200 IM	1
2	10 & U 200 IM	3
	11 & 12 100 Breast	4
5	10 & U 100 Breast	6
	11 & 12 200 Back	7
8	10 & U 50 Back	9
	11 & 12 100 Free	10
11	10 & U 200 Free	12
	11 & 12 200 Fly	13
14	10 & U 50 Fly	15
	11 & 12 100 Back	16
17	10 & U 50 Free	18
	11 & 12 50 Free	19
20	10 & U 50 Breast	21
	11 & 12 200 Breast	22
23	10 & U 100 IM	24
	11 & 12 100 Fly	25
26	OPEN 200 Free Relay*	27
	MIXED OPEN	
28	400 IM**	28
29	500 Free**	29

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**** SIGNING UP FOR OPEN EVENTS: Take care in selecting the correct event number when signing up for events in Team Unify or elsewhere. Swimmers are asked to compete in only one session.**

**ANDY KUHL AGE GROUP AND OPEN
SCHEDULE OF EVENTS
January 25, 2026 - - Session 2
11-12 Girls, 13 & Over**

Afternoon warm-up will begin 15 minutes after the conclusion of the morning session.
Estimated start times will be available January 21, 2026

Event #	Age Group/Stroke	Event #
GIRLS		BOYS
30	11 & 12 200 IM	
31	13 & O 200 IM	32
33	11 & 12 100 Fly	
34	13 & O 100 Fly	35
36	11 & 12 200 Back	
37	13 & O 200 Back	38
39	11 & 12 100 Breast	
40	13 & O 100 Breast	41
42	11 & 12 50 Free	
43	13 & O 50 Free	44
45	11 & 12 200 Fly	
46	13 & O 200 Fly	47
48	11 & 12 100 Back	
49	13 & O 100 Back	50
51	11 & 12 200 Breast	
52	13 & O 200 Breast	53
54	11 & 12 100 Free	
55	13 & O 100 Free	56
57	OPEN 200 Free Relay*	58
	MIXED OPEN	
59	400 IM**	59
60	500 Free**	60

**** SIGNING UP FOR OPEN EVENTS: Take care in selecting the correct event number when signing up for events in Team Unify or elsewhere. Swimmers are asked to compete in only one session.**

Summary of Fees/Release Form

Andy Kuhl Age Group & Open

January 25th, 2026

Team Name	
Club Representative	
Club Rep Email (for questions about entries)	
Coach Attending	
Coach Phone	
Coach Email	

Item	Total #	Cost per	Total
Individual Entries (exclude Outreach)		\$7.00 per event	
Relay Entries		\$10.00 per relay	
OSI Swimmer Surcharge (exclude Outreach)		\$4.00 per swimmer	
Total Fees Due			

Please list any Outreach Swimmers Below:		

Total # outreach IEs: (# swimmers x # entries x \$7.00)		Total # of Outreach swimmers x \$4.00 surcharge:	
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(Outreach fees can be subtracted from your team totals)

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach, or team representative, verify that all the swimmers listed on the enclosed entry and coaches attending the meet are current USA Swimming members IN GOOD STANDING. I acknowledge that I am familiar with the expectations of the OSI Code of Conduct and also the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers and parents with the respective rules during this meet. SwimUnited, Medina Rec., Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Signature (Coach or Club Representative)

Club Title (Coach etc)

Name of Club

Date

Send this form with check to:

SwimUnited
Dave Wohlfeil
18312 Potomac Dr.
Strongsville, OH 44136

Ohio Swimming Meet Accommodation Form for Swimmer with a Disability

Meet Name:	
Date of Meet:	
Team:	
Swimmer's Name:	
Swimmer's Ability Grouping (P1, P2, P3)	
Coach's Name:	
Coach Cell:	

What, if any, accommodations are needed for the swimmer (include access to facility) up to the time they arrive at the starting block?

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What modification of the technical rules per Article 105 (in accordance with 105.1.2) are needed for the swimmer with a disability for this event? Please list all entered events and indicate N/A if no modification is requested.

Event #	Description	Modification(s) Per Article 105

Please send a copy of this for to both the meet entry chair and Referee for the Meet.