



**2026 GCL GGCL Div 1 Swimming  
Championship Wednesday, February 4, 2026  
Held under the observation of Ohio Swimming  
OH-26SC-1450B**

**Hosted by**  
  
**Swim and Dive**

<b>Location:</b>	Keating Natatorium, St Xavier High School 616 W North Bend Rd, Cincinnati, OH 45224
<b>Facility:</b>	Keating Natatorium is a 50-meter pool. The competition pool will consist of one 25-yard course, 8 lanes, at the balcony end of the facility. Continuous warm-up and warm-down areas will be available in the 25 yard scoreboard end pool. The competition pool ranges in depth from 6 ft at the balcony (south) end of the pool to 4 ft in depth at the Scoreboard (north) end of the pool. The meet host will ensure the required course dimensions.
<b>Meet Director:</b>	Brian Reinhart and Tim Banker BReinhart@stxavier.org and tbanker@stxavier.org
<b>Entry Chair:</b>	Heather Shooner hdshooner@gmail.com 513-254-8877
<b>USA Swim Observation:</b>	In granting this observation it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
<b>Meet Type:</b>	Championship Meet, timed finals Dive meet held at a separate venue
<b># of Sessions:</b>	2
<b>Code of Conduct:</b>	Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams.
<b>General:</b>	Concessions will be available at the meet
<b>USA Swimming Rules:</b>	<ul style="list-style-type: none"><li>• The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</li><li>• Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices.</li><li>• Deck changes are prohibited.</li><li>• Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Flash photography is not permitted at the start of any race.</li></ul>

<b>Medical Supervision available to athletes:</b>	Lifeguard and AED device is available to athletes participating in the meet.
<b>Entry Limits:</b>	<ul style="list-style-type: none"> <li>• Swimmers may swim a maximum of 4 events total, only two of which can be individual events.</li> <li>• Only one relay may be entered per team for each relay event. You may enter as many as 8 names for each relay event; 4 of which are alternates.</li> <li>• You may enter up to four swimmers in each individual event.</li> <li>• This is a six (6) dive meet. Each team may enter 4 divers in this competition. Be sure to include the required dive (twisting) for this week of competition.</li> </ul>
<b>Entry Procedures:</b>	<ul style="list-style-type: none"> <li>• Entries are due by <b>5:00 p.m. on Thursday, January 29, 2026.</b></li> <li>• A TM roster file must accompany entries (export athletes).</li> <li>• Entry file can be downloaded from swimmeet.com.</li> <li>• An entry time is required; NT not accepted. Please enter athletes with times from the current season.</li> <li>• Please send the entry file and team roster file to Heather Shooner (hdshooner@gmail.com). <ul style="list-style-type: none"> <li>• Please send the roster as a Team Manager export file</li> </ul> </li> <li>• Entries must be submitted electronically using Hy-Tek Team Manager.</li> <li>• Diving Entry through Ediver. Contact David Wolkoff (dbwolkoff@gmail.com) with questions.</li> <li>• Diver entries must also be included in the Swimming Hy-Tek Entry file.</li> </ul>
<b>Warm-up and Safety Guidelines:</b>	<ul style="list-style-type: none"> <li>• Warmup Assignments emailed and listed on SwimMeet.com the week of competition (between 4-5pm).</li> <li>• The <b>scoreboard pool</b> will be open from <b>4:50</b> until the conclusion of the meet for warm-up and warm-down</li> <li>• Warm-ups will be monitored jointly by the Meet Director and Meet Referee</li> <li>• Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner</li> </ul>
<b>Competition Guidelines:</b>	<ul style="list-style-type: none"> <li>• There will be a 10 minute break following the 50 free.</li> <li>• This meet will be contested in SCY and observed. Athletes who are registered USA Swimming members in good standing at the time of the swim will have their times entered into SWIMS, provided their meet entry contains their full name, date of birth and USA Swimming ID number. Sanction #OH-26SC-145OB.</li> <li>• This meet will be pre-seeded. No deck entries will be accepted at the meet.</li> </ul>
<b>Scratch Rule:</b>	<ul style="list-style-type: none"> <li>• Last minute changes for illness or injury are due by <b>noon, Wednesday, February 4, 2026.</b></li> <li>• Only scratches are accepted during the meet. <ul style="list-style-type: none"> <li>• If an athlete becomes ill on the day of the meet, a substitution can be made but only by using someone who is already included on your team entry. The limit of 2 individual events remains in effect. These changes can be made in the meet office before 4:30pm.</li> <li>• No changes to the entries for any school shall be permitted after the posting of the first psych sheet except for students who must be withdrawn due to medical reasons verified by a physician. A substitute may replace the injured/ill athlete provided the substitute is already listed as a meet participant.</li> </ul> </li> <li>• Relay participants may be adjusted any time before the event is called. These participants must be one of the eight swimmers listed on your entry file.</li> </ul>
<b>Awards:</b>	<ul style="list-style-type: none"> <li>• Individual Events Medals: 1st-3rd place. Relays: Medals 1st -2nd place.</li> <li>• Results will not be posted during the meet. Results will be available on Meet Mobile.</li> <li>• Swim of the Meet Award will be determined using the NISCA Powerpoint system. In the event of a tie, the award will go to the event winner. GCL is based on one individual event, GGCL is based on two individual events.</li> <li>• The Male and Female Swimmer of the Meet as well as GCL and GGCL Coach of the Year will be announced at the conclusion of the meet.</li> </ul>
<b>Scoring:</b>	<p>Individuals: 16, 13, 12, 11, 10, 9, 7, 5, 4, 3, 2, 1</p> <p>Relays: Double Individual</p>

<b>Admission:</b>	<ul style="list-style-type: none"> <li>• Tickets are \$7 and available online (<a href="https://stxsports.net/sports/2020/2/25/tickets.aspx">https://stxsports.net/sports/2020/2/25/tickets.aspx</a>) or at the gate</li> </ul>
<b>Venue Rules</b>	<p><b>Deck Access:</b> Deck access is restricted to competing athletes, registered coaches, officials and meet workers. No parent or spectator will be allowed on deck except at the request of the meet officials or meet director.</p> <p><b>Locker Rooms and Changing Facilities:</b> The Men's and Women's locker rooms are located on the pool deck level. Locker space is not available. Belongings may be stored on deck in team areas. St Xavier is not responsible for any lost or stolen items.</p> <p><b>First Aid/Training Needs:</b> Lifeguards are trained to handle water emergencies and first aid on the deck. Please report all first aid issues to the lifeguard on duty.</p> <p><b>Flash Photography:</b> Flash photography is not permitted at the start of any race.</p> <p><b>Deck changing is not permitted.</b></p> <p><b>Team Seating:</b> Team seating is available on a first-come basis. Spectator gallery is also available on a first-come basis. Saving of seats is prohibited.</p> <p><b>Wireless Internet Access:</b> Wireless internet access will be available throughout the meet.</p>

## APPENDIX 1: Meet Safety Plan for St Xavier Swim and Dive Team

Facility Information	
<b>Facility Rules and Policies:</b>	All athletes, coaches and volunteers will enter through the main level. Spectators will enter via the stairway or elevator.
<b>Locker Rooms / Changing</b>	Locker rooms are available for changing and showering.
<b>Parental Access</b>	St Xavier Swim and Dive will provide a live stream so parents will have access to and/or opportunity to observe their swimmer.
<b>Waiver/Release</b>	<ul style="list-style-type: none"> <li>• By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.</li> <li>• All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.</li> </ul>

Ohio Swim Observation Information	
<b>Ohio State Laws applicable to sanctioned events</b>	<ul style="list-style-type: none"> <li>• Ohio's Return to Play Law (ORC 3313.539 and ORC 3707.511) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at <a href="http://www.swimohio.com">www.swimohio.com</a> under Safe Sport&gt;Concussion.</li> <li>• There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.</li> </ul>