



**Greater Miami
Conference**

SWIMMING & DIVING CHAMPIONSHIPS

January 30 –31, 2026

**COLERAIN – FAIRFIELD – HAMILTON – LAKOTA EAST – LAKOTA WEST
MASON – MIDDLETOWN – OAK HILLS – PRINCETON – SYCAMORE**

PLACE	Mason High School 6100 Mason-Montgomery Road Mason, OH 45040		
Both competitors & spectators use the entrance marked “Theater & Natatorium”.			
DATE	Diving	Friday	January 30
	Swimming	Saturday	January 31
TIME	Diving: Warm-up: 6:00 pm – 6:50 pm Competition: 7:00 pm Swimming: Warm-up: 12:00 pm – 1:30 pm Competition: 1:45 pm		
MEET	<p>The GMC Championships are actually two meets in one: a girl's championship meet and a boy's championship meet.</p> <p>Diving Events - The diving information published on swimmeet.com contains a detailed description of the dive events; including judging method and dive sheet submission.</p> <p>Swimming Events – Varsity events will be contested in the standard order. There will be a 10-minute break after the 50 free.</p> <p>In a brief ceremony after the meet, we will present individual & team awards.</p>		

ENTRY LIMITS	Each school may enter a maximum of four (4) swimmers or divers per gender in each individual event and two (2) relay teams per event (The B relay will be non-scoring). Each swimmer is permitted to swim a maximum of four (4) events, no more than two (2) of which may be individual events. A dive event is considered an individual event.
Seed times must be from the current high school season.	

No changes to the entries for any school shall be permitted after the posting of the first psych sheet except for students who must be withdrawn due to medical reasons verified by a physician. A substitute may replace the injured/ill athlete

provided the substitute is listed on the eligibility certificate, has not exceeded the entry limitations and is submitted NO LATER THAN 10:00 AM on the day the event is contested. After that time, no substitutions will be accepted. It is not permissible to replace the injured/ill student with a student who has already been entered into the tournament in two individual events.

ENTRY SUBMISSION

The event file for this meet is available on swimmeet.com. Entries must be submitted via email in an HY3 file as produced by Team Manager. Include both swimmers and divers in your Team Manager entries.

An entry is considered submitted if it meets the deadline and includes:

1. The **mobile phone number** of the person responsible for entry decisions in the body of the email.
2. All your swimmers and divers (including swimmers swimming exclusively in relays) in a format that can be imported into Meet Manager.
3. All your relay teams with the four swimmers assigned to each team in a format that can be imported into Meet Manager. (Relay change slips will be available in your meet package when you arrive at the pool the morning of the competition).
4. If times are submitted, times for results on a yard's course.
5. Dive sheets are submitted according to the procedure laid out in the diving instructions, found on swimmeet.com in a separate document.

ENTRY DEADLINE

Entries must be in the Entry Chair's email inbox by **12:00 noon Monday, January 26, 2026**.

ENTRY CHAIR

Gary Waechter
815-341-0951 (mobile)
masonswimmeets@yahoo.com

ENTRY ACCURACY

Each coach is responsible to verify the accuracy of their entries. The meet entry chair will email entry confirmations within 24 hours of the entry deadline.

Changes to individual events will be accepted until the psych sheet is posted.

PSYCH SHEET

A psych sheet and projected timeline will be posted on swimmeet.com on or before **Wednesday January 28, 2026**. After the psych sheet is posted, only changes to relay swimmers or scratches will be accepted.

SCORING

All events are timed finals

Top sixteen (16) will be scored in individual events – 1st through 16th
20 – 17 – 16 – 15 – 14 – 13 – 12 – 11 – 9 – 7 – 6 – 5 – 4 – 3 – 2 – 1

Top ten (10) will be scored in relay events – 1st through 10th
40 – 34 – 32 – 30 – 28 – 26 – 24 – 22 – 18 – 14

**MEET
RESULTS**

During the competition, results will be available on Meet Mobile. Within 24 hours of the close of the meet, meet results suitable for importing into Team Manager and meet results suitable for printing (PDF) will be emailed to each person who submitted a team entry.

AWARD**GMC Coach of the Year**

Coaches cannot vote for themselves in coach of the year balloting. Forms will be distributed at the coaches meeting and collected after the 100 Breaststroke.

GMC Swimmers of the Year

Male & female swimmer of the year will be awarded to the individuals earning the most NISCA power points in their two individual events. No NISCA points will be awarded to swimmers for competing in relays.

GMC Divers of the Year

The GMC will award a male & female diver of the year based upon points earned in the GMC championship meet. This will also be the first team all-conference award.

**PRE-MEET
WARM-UP**

Lane	12:00-12:25 pm	12:25-12:50 pm	12:50-1:15 pm	1:15-1:30 pm
1	Oak Hills	Hamilton	Mason	General warm-up or sprint @ coaches' discretion
2	Oak Hills	Hamilton	Mason	
3	Oak Hills	Hamilton	Mason	
4	Sycamore	Lakota East	Mason	
5	Sycamore	Lakota East	Fairfield	
6	Sycamore	Lakota East	Fairfield	
7	Sycamore	Lakota East	Fairfield	
8	Colerain	Lakota West	Princeton	
9	Colerain	Lakota West	Princeton	
10	Middletown	Lakota West	Princeton	
11	Middletown	Lakota West	Open	

**IN-MEET
WARM-UP/
COOL-DOWN**

During the competition, lanes 10 & 11 will be available for swimmers to use for warm-up / cool-down. Lane 9 will not be used, providing a buffer to minimize interference with the competitors in lanes 1-8. All swimmers must enter and leave warm-up/cool-down lanes in the northeast corner of the pool closest to the glassed-in office. Swimmers are not to jump or dive into the warm-up/cool-down area.

TIMERS Mason will supply all watches
Each school will be required to provide two (2) timers to work both boys & girls swim meets.

Timer Assignments		
Lane	200 medley relay through 100 fly	100 free until end of meet
1	Hamilton	Middletown
2	Fairfield	
3	Lakota West	
4	Lakota East	
5	Princeton	
6	Sycamore	
7	Oak hills	
8	Colerain	
Relief	Mason	

OFFICIALS Referee
Starter
Two turn officials at each end
One official at the fifteen-yard mark
One chief judge

MEETINGS Officials 1:00 pm Hospitality room
Coaches 1:15 pm Hospitality room
Timers 1:30 pm Outside pool doors by the trophy case

ADMISSION Online ticketing available through <https://www.gmcsparks.com/ticketBoxOffice.aspx>
Cash option available at the gate
Adult - \$8.00
Student - \$5.00

*No weekend pass, Diving/Swim ticket available. Both diving and swimming separate events

LIVESTREAM www.youtube.com/@masonpool

HEAT SHEETS \$3.00

CONCESSIONS Full concessions (hot & cold food & beverages) will be available

BOARDS Two 1-meter diving boards
LOCKER ROOM Full locker & shower rooms. Use the locker rooms on the high school side. Do not allow your teams to use the community center facilities.

TEAM AREA Team areas will be available in deck bleachers at the meet.

SEATING Poolside capacity for more than 700 spectators

COMMONS AREA	The commons area just inside the building entrance is available for spectators and competitors to relax during lulls between their events. It is a large space with open areas, tables, and chairs.
PARKING	Park only in the high school lots. If you are facing the Natatorium entrance, the high school lots are located to your right (west & south of the high school building). <u>Do not park on the circle, north of the Natatorium near the community center, or at the municipal building.</u>
OFF LIMITS	The community center abuts the high school Natatorium across the pool from spectator seating and is separated from the competition pool by a glass door. NO ONE is permitted beyond the glass door to the community center pool, locker rooms, or any other facilities.

USA Swimming Observation

This meet has been sanctioned as a USA Swimming Observed meet (#OH-26SC-96OB). Coaches must include the swimmer's full name, USA ID and DOB in the entry file if they wish to have the athlete's times loaded into the SWIMS database. The athlete must be a USA Swimming member in good standing on the day of the meet. This includes the athlete having successfully completed the APT requirement if they are 18 or older at the time of the swim.