

	<p align="center">2026 OH AP SPY Last Chance 3/1/2026 Held under the sanction of YMCA Sanction #: CAQ-2026-OHxxxxxxx USA Swimming Sanction Approval #: OH-26SC-130AP</p>	<p align="center">Hosted by SPY Swim Team</p>
Location:	Springfield Family YMCA 300 S. Limestone St. Springfield, Ohio 45505 937-323-3781	
Facility:	Six Lane 25-yard pool. Water depth measured from 1 to 5m from end walls are 12 feet for start and 4 feet for turn. Colorado System 6 timing system. The host will ensure the required course dimensions.	
Meet Director:	Jason Hill jmhill46@att.net (937) 215-4096	
Meet Referee:	Tina Gifford	
Officials Contact for the Meet:	Tina Gifford Email: tinagifford@gmail.com Cell phone (937) 838-1201	
Entry Chair:	Christine Bathgate cbathgate78@gmail.com 937-361-5691	
Disclaimer:	In granting approval it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.	
Meet Type:	Invitational (Closed YMCA meet) Timed Finals YMCA Sanctioned pending status once granted USA Swimming Approval Status once sanction is granted	
# of Sessions:	2	
Medical Supervision available to athletes	Description of the medical & safety supervision are YMCA lifeguards as first responders and YMCA staff available to athletes participating in the meet. AED device is centrally located and staff trained in our building EAP.	

Organization Regulations/Waivers	
USA Swimming Rules	<ul style="list-style-type: none"> • At an approved competitive event, all USA Swimming member athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. • Any USA Swimming member athlete entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. • Use of cameras, cell phones, or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. • Deck changes are prohibited.

	<ul style="list-style-type: none"> • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Flash photography is not permitted at the start of any race. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
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Technical Suit Ban	Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. Please refer to the USA Swimming rulebook for definitions of a technical suit.
Ohio State Laws that are applicable to Ohio Swimming sanctioned events	<ul style="list-style-type: none"> • Ohio's Return to Play Law (ORC 3313.539 and ORC 3707.511) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion. • There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.
Safe Sport 360	<ul style="list-style-type: none"> • The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. • The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. (www.usaswimming.org/maapp) • Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. • All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, and who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming-sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. • For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report. <p>This YMCA sanctioned and USA Swimming approved meet will observe the above Safe Sport policies, procedures and athlete protection training requirements.</p>

Waiver/Release	<ul style="list-style-type: none"> • By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. • All participants agree to be filmed and photographed by the host club-approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.
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Entering the Meet

Eligibility:	<ul style="list-style-type: none"> • Only those contestants who are current USA Swimming members will be verified for SWIMS consideration under OH LSC Approval Meet status. Membership will not be verified at the meet. Athletes full name, last name, DOB and USA Swimming ID must be submitted with entries and match what is entered in the USA Swimming database. • USA Swimming Membership verification deadline is 12 PM EST two (2) business days prior to the first day of the meet (3/1/2026) for times to be considered for this APPROVED meet status. Unverified USA Swimming swimmers' times will not be considered for SWIMS. • All adult athletes must hold current Athlete Protection Training certification. • Age on the first day of the meet will determine the age for the entire meet. • Follow requirements for YMCA Sanctioning for participating athletes following the "The Rules that Govern YMCA Competitive Sports & the Addendum" <p>All YMCA Coaches:</p> <ul style="list-style-type: none"> • Are required to maintain current certifications in Basic Life Support (Professional Rescuer CPR), First Aid, Safety Training for Swim Coaches, Child/Athlete Protection Training and Principles of YMCA Competitive Swimming and Diving. These are verified at the meet. • Have completed the online YMCA coach registration for the current season. <p>Athletes:</p> <ul style="list-style-type: none"> • Age 18 and older have completed Child/Athlete Protection Training within the past 12 months. • Age 12 and under may not compete in Technical Suits, as defined in the USA Swimming Rulebook. • Must have been full privilege members of the YMCA they represent for at least 30 days prior to the first day of the meet. <p>Teams:</p> <ul style="list-style-type: none"> • All participating teams have completed the YMCA Team Registration for the current season.
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Disability Swimmers:	<p>Ohio Swimming welcomes swimmers with a disability.</p> <ul style="list-style-type: none"> • Entry Procedures: <ol style="list-style-type: none"> 1. Enter the USA-S swimmers with a disability electronically or on the paper entry form. 2. Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations. 3. List in the email with the electronic entry (or on the paper entry) the swimmer's name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions. • Preferred seeding is in the swimmer's age group entered the event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats. their equivalent non-conforming time to ensure seeding in the initial heats. • See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3)..
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Entry Limits Entry Fees:	<ul style="list-style-type: none"> • Swimmers may swim a maximum of 3 individual events. • \$5.00 per individual event. • \$20.00 per relay event. • \$3 surcharge per swimmer.
Entry Procedures:	<ul style="list-style-type: none"> • Deadline for receipt of entries is WEDNESDAY 2/18/2026 • Each Team must provide completed <u>"YMCA Sanctioned Meet Declaration Form"</u> before <u>3/1/2026</u>; email to Meet Director jmhill46@att.net • Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify). • All swimmers must meet YMCA participation requirements and be a member of the YMCA represented by their team. • NO unattached swimmers. • Entries not completed through a team software are subject to a \$25/swimmer surcharge. These fees are due at the time of the entry submission. • Send entries via email to: cbathgate78@gmail.com Christine Bathgate, Meet Entry Chair • Checks should be made payable to <u>SPRINGFIELD FAMILY YMCA</u>; memo please place your team name. • Meet fee payment due on or before 3/1/2026 • "No Time" (NT) entries will be accepted. • The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at the meet.
Warm-up and Safety Guidelines:	<ul style="list-style-type: none"> • The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. • Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). • Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck.

Organization Regulations/Waivers	
	<ul style="list-style-type: none"> • YMCA and Ohio LSC Swimming Safety Guidelines and Warm-Up Procedures will be in effect for this meet. • Only swimmers, coaches, officials, and designated meet workers are permitted behind starting blocks.

Competition Guidelines:	<ul style="list-style-type: none"> • This meet will be a timed finals meet. • This meet will be contested in SCY. • This meet will be pre-seeded. Deck entries will be accepted at the meet (see Deck Entry section below). • Clerk of course will be available for 10 & under Individual events. Teams will be responsible for reporting to starting blocks for relay events
Scratch/ No Shows Procedures	<ul style="list-style-type: none"> • There is no penalty for no show (NS) swimmers. If coaches are aware of scratches before the start of each session, it would be appreciated to assist in flow of meet and provide opportunity for any deck entries. • Teams are still responsible for meet fees of NS swimmers.
Deck Entries	<ul style="list-style-type: none"> • Deck entries will be accepted at this meet for athletes verified by the published deadline in this meet information. Swimmer must still follow the THREE individual per day meet rule. Deck entries will be entered in empty lanes only. • DECK ENTRIES \$7 per individual event; \$25 per relay, \$5 surcharge if swimmer not currently entered in meet • Deck Entries must be submitted 45 minutes before the start of the meet session
Awards:	<ul style="list-style-type: none"> • No awards at this meet.
General:	<ul style="list-style-type: none"> • Hospitality will be available for coaches and officials. • Limited concessions will be available. • Live results will be posted to the Meet Mobile app. Results found on the app should be considered unofficial. • Poco Loco Swim Gear will be available. • There will be bottled water provided for officials, coaches and volunteers during the entire meet. • ONLY swimmers, coaches, meet workers, and officials are permitted in the starting block area on deck. • Visiting Teams will be housed our YMCA's large gym
Code of Conduct:	Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams.

2026 SPY Last Chance Order of Events

AM Session

- 101 Girls 11-12 200 Freestyle
- 102 Boys 11-12 200 Freestyle
- 103 Girls 13 & Over 200 Freestyle
- 104 Boys 13 & Over 200 Freestyle
- 105 Girls 11-12 100 IM
- 106 Boys 11-12 100 IM
- 107 Girls 11 & Over 200 IM
- 108 Boys 11 & Over 200 IM
- 109 Girls 11-12 50 Freestyle
- 110 Boys 11-12 50 Freestyle
- 111 Girls 13 & Over 50 Freestyle
- 112 Boys 13 & Over 50 Freestyle
- 113 Girls 11-12 50 Butterfly
- 114 Boys 11-12 50 Butterfly
- 115 Girls 11 & Over 100 Butterfly
- 116 Boys 11 & Over 100 Butterfly
- 117 Girls 200 Butterfly
- 118 Boys 200 Butterfly
- 119 Girls 11-12 100 Freestyle
- 120 Boys 11-12 100 Freestyle
- 121 Girls 13 & Over 100 Freestyle
- 122 Boys 13 & Over 100 Freestyle
- Break: 10 Minutes: Break Pool Open For Warmup
- 123 Girls 11-12 50 Backstroke
- 124 Boys 11-12 50 Backstroke
- 125 Girls 11 & Over 100 Backstroke
- 126 Boys 11 & Over 100 Backstroke
- 127 Girls 200 Backstroke
- 128 Boys 200 Backstroke
- 129 Girls 11-12 50 Breaststroke
- 130 Boys 11-12 50 Breaststroke
- 131 Girls 11 & Over 100 Breaststroke
- 132 Boys 11 & Over 100 Breaststroke
- 133 Girls 200 Breaststroke
- 134 Boys 200 Breaststroke
- 135 Girls 11-12 200 Medley Relay
- 136 Boys 11-12 200 Medley Relay
- 137 Girls 13 & Over 200 Medley Relay
- 138 Boys 13 & Over 200 Medley Relay
- Break: 15 Minutes: Break Pool Open For Warmup
- 139 Mixed 400 IM
- 140 Mixed 1000 Freestyle
- 141 Mixed 500 Freestyle

PM Session

- 142 Girls 8 & Under 100 Medley Relay
- 143 Boys 8 & Under 100 Medley Relay
- 144 Girls 9-10 200 Medley Relay
- 145 Boys 9-10 200 Medley Relay
- 146 Girls 9-10 200 Freestyle
- 147 Boys 9-10 200 Freestyle
- 148 Girls 8 & Under 100 IM
- 149 Boys 8 & Under 100 IM
- 150 Girls 9-10 100 IM
- 151 Boys 9-10 100 IM
- 152 Girls 9-10 200 IM
- 153 Boys 9-10 200 IM
- Break: 2 Minutes: Timers to far end
- 154 Girls 8 & Under 25 Freestyle
- 155 Boys 8 & Under 25 Freestyle
- 156 Girls 10 & Under 50 Freestyle
- 157 Boys 10 & Under 50 Freestyle
- Break: 2 Minutes: Timers to far end
- 158 Girls 8 & Under 25 Butterfly
- 159 Boys 8 & Under 25 Butterfly
- 160 Girls 10 & Under 50 Butterfly
- 161 Boys 10 & Under 50 Butterfly
- 162 Girls 9-10 100 Butterfly
- 163 Boys 9-10 100 Butterfly
- 164 Girls 8 & Under 50 Freestyle
- 165 Boys 8 & Under 50 Freestyle
- 166 Girls 10 & Under 100 Freestyle
- 167 Boys 10 & Under 100 Freestyle
- Break: 2 Minutes: Timers to far end
- 168 Girls 8 & Under 25 Backstroke
- 169 Boys 8 & Under 25 Backstroke
- 170 Girls 10 & Under 50 Backstroke
- 171 Boys 10 & Under 50 Backstroke
- 172 Girls 9-10 100 Backstroke
- 173 Boys 9-10 100 Backstroke
- Break: 2 Minutes: Timers to far end
- 174 Girls 8 & Under 25 Breaststroke
- 175 Boys 8 & Under 25 Breaststroke
- 176 Girls 10 & Under 50 Breaststroke
- 177 Boys 10 & Under 50 Breaststroke
- 178 Girls 9-10 100 Breaststroke
- 179 Boys 9-10 100 Breaststroke

YMCA Sanctioned Meet Declaration Form for 2026 OH AP SPY Last Chance

(Return signed form to the meet director)

Participating YMCA:

YMCA Address:

Meet Name: 2026 OH AP SPY Last Chance

Meet Date(s): 3/1/2026

Meet Host: Springfield Family YMCA

Meet Location: 300 S. Limestone St., Springfield, Ohio 45505

We the undersigned attest to the following:

SWIMMERS - All swimmers representing the YMCA above are full privilege members of this YMCA and meet all eligibility requirements.

- All swimmers age 18 and older have completed Child/Athlete Protection Training within the past 12 months.

COACHES - All coaches representing the YMCA above have completed the annual YMCA coach registration and hold current certifications in:

- BLS (Professional Rescuer CPR)
- First Aid
- Safety Training for Swim Coaches
- Child/Athlete Protection Training
- Principles of YMCA Competitive Swimming and Diving

INSURANCE - Our Association has insurance coverage for representative(s) including participants, coaches, volunteers and leadership who will be in attendance at the 2024 OH AP SPY Invitational for the entire period of the meet. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our participants, coaches, volunteers and leadership during their participation in the 2024 OH AP SPY Invitational

RELEASE - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, Springfield Family YMCA, their agents, representatives or assigns, and the Facility of the Springfield Family YMCA for any and all injuries which may be suffered by participants at the 2024 OH AP SPY Invitational. Furthermore, we understand that the YMCA of the USA and Springfield Family YMCA are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

Name and Signature of Head Coach _____

Name and Signature of YMCA CEO, Exec. Director or Designee _____