



**2026 Oh WTRC Sharks “Swim Your Age” Winter
Invitational Meet
January 10-11, 2026
Held under the sanction of USA Swimming
Sanction #: OH-26SC-76**

**Hosted by
WTRC Sharks
Swim Team**

Location:	Washington Township RecPlex 895 Miamisburg-Centerville Road, Dayton, OH 45459 (937) 433-0130 Please refer to www.wtrcsharks.net for additional meet information, psych and heat sheets, etc. prior to the meet and final results at the conclusion of the meet. Meet information will also be available via Meet Mobile.
Facility:	The pool is indoors, consists of eight lanes, and is 25 yards in length. Pool water depth is: Start End Depth at 1 Meter slopes from 5'6" at Lane 8 to 6'0" at Lane 1 Start End Depth at 5 Meters slopes from 5'0" at Lane 8 to 5'6" at Lane 1 Turn End Depth at 1 Meters is 4'0" at all lanes. Turn End Depth at 5 Meters is 5'0" at all lanes. The timing system consists of Colorado pads, a Colorado start system, and Superior Swim Timing software. The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C(4). The host will ensure the required course dimensions.
Meet Director:	Stephanie Yenn slyenn22@gmail.com (937) 321-1087
Meet Referee:	Rob Brooks
Officials Contact for the Meet:	Rob Brooks teambrooks@woh.rr.com
Entry Chair:	Rick Guerin fhguerin4th@gmail.com (937) 361-7296
Disclaimer:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Type:	Open Meet Timed Finals
# of Sessions:	2
Medical Supervision available to athletes	2 life guards on duty at all times, 2 AED's on deck. Two First Aid stations available to participating athletes

Organization Regulations/Waivers

USA Swimming Rules	<ul style="list-style-type: none">• At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet.• Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.• The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.• Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices.• Deck changes are prohibited.
---------------------------	--

Organization Regulations/Waivers	
	<ul style="list-style-type: none"> • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Flash photography is not permitted at the start of any race. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Technical Suit Ban	Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. Please refer to the USA Swimming rulebook for definitions of a technical suit.
Ohio State Laws that are applicable to Ohio Swimming sanctioned events	<ul style="list-style-type: none"> • Ohio's Return to Play Law (ORC 3313.539 and ORC 3707.511) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion. • There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.
Safe Sport 360	<ul style="list-style-type: none"> • The U.S. Center for Safe Sport program is a comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. • The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. (www.usaswimming.org/maapp) • Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. • All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. • For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report
Waiver/Release	<ul style="list-style-type: none"> • By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. • All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.
Code of Conduct	<ul style="list-style-type: none"> • Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams. • Good sportsmanship is expected at all times. Bullying or taunting, foul language or derogatory behavior will not be tolerated and will be subject to immediate removal. All volunteers, spectators, coaches, officials and meet staff are expected to be respectful of others.

Organization Regulations/Waivers	
	<ul style="list-style-type: none"> The Ohio Swimming Code of Conduct governs this meet. The purpose of the Zero-Tolerance Code of Conduct Policy is to establish consistent expectations across the LSC in the best interest of our Athletes and Sport. Ohio Swimming is committed to creating a safe and fair environment for all of its athlete members. This policy is to be used as a guide to promote a positive environment and good sportsmanship at meets and events conducted in the geographical boundary of Ohio Swimming. The complete Ohio Swimming Code of Conduct can be reviewed on the Ohio Swimming website under Governance> OSI Policy & Procedures Manual, Appendix 18.

Entering the Meet and Competition Information	
Eligibility:	<ul style="list-style-type: none"> All meet contestants must be a member in good standing per Article 302.. All contestants must be verified USA Swimming members. Membership will not be verified at the meet. Membership verification deadline is 12 PM EST two (2) business days prior to the first day of the meet. Unverified swimmers will be scratched from the meet after that deadline. There will be no refunds for unverified swimmers scratched from the meet. All adult athletes must hold current Athlete Protection Training certification. Age on the first day of the meet will determine age for the entire meet.
Swimmers with a Disability:	<ul style="list-style-type: none"> Entry Procedures: <ol style="list-style-type: none"> Enter the USA-S swimmers with a disability electronically with your team entries. Email the Meet Accommodation / Modification Form included in this meet information to the entry chair. Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats. See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3).
Entry Limits Entry Fees:	<ul style="list-style-type: none"> Swimmers may swim a maximum of 4 individual events per day. \$5 per individual event. \$8 per relay event \$4 OH LSC surcharge per swimmer. Facility fee for this event will be \$12.00 per swimmer
Entry Procedures:	<ul style="list-style-type: none"> Deadline for receipt of entries is January 2, 2026 Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify). Unattached swimmers (not with a team) are encouraged to use Hytek's TM Lite for entry submission. Entries not completed through a team software are subject to a \$50/swimmer surcharge. These fees are due at the time of the entry submission. Send entries via email to: fhguerin4th@gmail.com Please include the names of any Outreach swimmers or Swimmers with a Disability on the respective form(s) included in this meet information. Checks should be made payable to: WTRC Sharks Swim Team "No Time" (NT) entries will be accepted. The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.
Warm-up and Safety Guidelines:	<ul style="list-style-type: none"> The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet. No spectators allowed on deck.

Entering the Meet and Competition Information	
Competition Guidelines:	<ul style="list-style-type: none"> • This meet will be a timed final meet. • This meet will be contested in SCY • This meet will be pre-seeded. Deck entries will be accepted at the meet (see Deck entry section below). • A Clerk of Course will be available for 8 & Under events. • The meet host may combine events in accordance with official USA Swimming rules. • The meet host may choose to use fly-over starts to improve the timeline.
Scratch Procedures	<ul style="list-style-type: none"> • N/A
Deck Entries	<p>Deck entries will be accepted at this meet for athletes verified by the published deadline in this meet information. Deck entries are \$10/event, and must be submitted no later than one hour before the session starts. Coach approval is required for all deck entries</p> <p>Deck entries will be entered in empty lanes only.</p>
Awards:	<ul style="list-style-type: none"> • There will be awards for 12 & Under at this meet. • Ribbons will be available at the end of the meet. No ribbons will be mailed. • Results will not be posted during the meet, but the meet results will be available via Meet Mobile and final results will be posted on the team website.
General:	<ul style="list-style-type: none"> • Hospitality will be provided for officials and coaches. • Concessions will be available at this meet. • A swim gear vendor may be available at this meet. <p>• <i>Meet Officials: The WTRC Sharks greatly appreciate the help of your USA Swimming Officials. Please provide the names of your officials via email to Rob Brooks at teambrooks@woh.rr.com by September 20, 2024.</i></p>

Directions

- From I-75, take Exit St. Rt. 725 and proceed east. Travel approximately 2 miles. The Washington Township Rec Center (WTRC) is located on the north side of State Route 725.

- From I-675 South, take Exit 2 Miamisburg-Centerville Road (St. Rte. 725). Go east (left) at second stop light. This is Miamisburg Centerville Road (St. Rte 725). Proceed east approximately one mile to the facility. WTRC is located on the north side of Miamisburg Centerville Road.

Parking

In the event parking fills up in front of the Rec Center, please be aware that there is ample additional parking at Rec West (directly to the west of the Rec Center), on all sides of the building. This is a very short distance from the pool entrance. Please do not use the Subaru lot for parking, and park only in designated parking spaces. See aerial map below.



2025 WTRC Sharks “Swim Your Age” Winter Invitational Meet
ORDER OF EVENTS

Event Number	Saturday Events	Event Number	Sunday Events
101	7 & Under 50 Backstroke	201	7 & Under 50 Freestyle
102	8 year old 50 Backstroke	202	8 year old 50 Freestyle
103	9 year old 100 Backstroke	203	9 year old 100 Freestyle
104	10 year old 100 Backstroke	204	10 year old 100 Freestyle
105	11 year old 100 Backstroke	205	11 year old 100 Freestyle
106	12 year old 100 Backstroke	206	12 year old 100 Freestyle
107	13 & Over 100 Backstroke	207	13 & Over 100 Freestyle
108	6 & Under 25 Freestyle	208	7 & Under 50 Breaststroke
109	7 year old 25 Freestyle	209	8 year old 50 Breaststroke
110	8 year old 25 Freestyle	210	9 year old 100 Breaststroke
111	9 year old 50 Freestyle	211	10 year old 100 Breaststroke
112	10 year old 50 Freestyle	212	11 year old 100 Breaststroke
113	11 year old 50 Freestyle	213	12 year old 100 Breaststroke
114	12 year old 50 Freestyle	214	13 & Over 100 Breaststroke
115	13 & Over 50 Freestyle	215	6 & Under 25 Backstroke
116	6 & Under 25 Breaststroke	216	7 year old 25 Backstroke
117	7 year old 25 Breaststroke	217	8 year old 25 Backstroke
118	8 year old 25 Breaststroke	218	9 year old 50 Backstroke
119	9 year old 50 Breaststroke	219	10 year old 50 Backstroke
120	10 year old 50 Breaststroke	220	11 year old 50 Backstroke
121	11 year old 50 Breaststroke	221	12 year old 50 Backstroke
122	12 year old 50 Breaststroke	222	13 & Over 50 Backstroke
123	13 & Over 50 Breaststroke	223	6 & Under 25 Butterfly
124	7 & Under 50 Butterfly	224	7 year old 25 Butterfly
125	8 year old 50 Butterfly	225	8 year old 25 Butterfly
126	9 year old 100 Butterfly	226	9 year old 50 Butterfly
127	10 year old 100 Butterfly	227	10 year old 50 Butterfly
128	11 year old 100 Butterfly	228	11 year old 50 Butterfly
129	12 year old 100 Butterfly	229	12 year old 50 Butterfly
130	13 & Over 100 Butterfly	230	13 & Over 50 Butterfly
131	8 & Under 100 Freestyle	231	8 & Under 100 Individual Medley
132	9-10 200 Freestyle	232	9-10 200 Individual Medley
133	11-12 200 Freestyle	233	11-12 200 Individual Medley
134	13 & Over 200 Freestyle	234	13 & Over 200 Individual Medley

Summary of Fees/Release Form

2025 WTRC Sharks Winter Invitational Meet

Team Name	
Club Representative	
Club Rep Email (for questions about entries)	
Coach Attending	
Coach Phone	
Coach Email	

Item	Total #	Cost per	Total
Individual Entries (exclude Outreach)		\$5.00 per event	
Relay Entries		\$8.00 per relay	
OSI Swimmer Surcharge (exclude Outreach)		\$4.00 per swimmer	
Host Team Facility Surcharge (exclude Outreach)		\$12.00 per swimmer	
Total Fees Due			

Please list any Outreach Swimmers Below:		

Total # outreach IEs: (# swimmers x # entries x \$5.00)		Total # of Outreach swimmers x \$16 surcharge:	
--	--	--	--

(Outreach fees can be subtracted from your team totals)

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach, or team representative, verify that all the swimmers listed on the enclosed entry and coaches attending the meet are current USA Swimming members IN GOOD STANDING. I acknowledge that I am familiar with the expectations of the OSI Code of Conduct and also the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers and parents with the respective rules during this meet. [Host Team], [Facility], Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Signature (Coach or Club Representative)

Club Title (Coach etc)

Name of Club

Date

Send this form with check to:
[Meet Host Information]

Ohio Swimming Meet Accommodation Form for Swimmer with a Disability

Meet Name:	
Date of Meet:	
Team:	
Swimmer's Name:	
Swimmer's Ability Grouping (P1, P2, P3)	
Coach's Name:	
Coach Cell:	

What, if any, accommodations are needed for the swimmer (include access to facility) up to the time they arrive at the starting block?

What modification of the technical rules per Article 105 (in accordance with 105.1.2) are needed for the swimmer with a disability for this event? Please list all entered events and indicate N/A if no modification is requested.

Event #	Description	Modification(s) Per Article 105

Please send a copy of this for to both the meet entry chair and Referee for the Meet.