

# **German Memorial Meet**

## January 10-11, 2026 Held under the sanction of USA Swimming Sanction #: OH-26SC-78



Location:	Worthington Natatorium 400 W. Dublin-Granville Rd., Worthington, OH 43085 614-885-1619
Facility:	The Worthington Natatorium is a 10-lane, 25-yard indoor facility with a fully automated Colorado timing system. 8 lanes are used for competition with the remaining 2 lanes used for warm-up and warm-down. Water depth measured for a distance of 3 feet 3 1/2 inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls is as follow:  Lane 1 is a constant depth of 6 feet. Lane 2 is a constant depth of 7 feet 10 inches. Lane 3 is a constant depth of 9 feet 4 inches. Lanes 4-8 are a constant depth of 12 feet.  The host will ensure the required course dimensions.
Meet Director:	Bernard Vrancken <a href="mailto:coachbernard@worthingtonpools.com">coachbernard@worthingtonpools.com</a> 614-598-7064
Meet Referee:	Kemal Oz burcoz@yahoo.com
Officials Contact for the Meet:	Kemal Oz burcoz@yahoo.com
Entry Chair:	Bernard Vrancken <a href="mailto:coachbernard@worthingtonpools.com">coachbernard@worthingtonpools.com</a> 614-598-7064
Disclaimer:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Type:	Timed Finals meet for swimmers ages 9-10. Prelims/Finals for swimmers ages 11-14. National B Time Standards apply. Bonus swims available.
# of Sessions:	8
Medical Supervision available to athletes	Pool supervision by lifeguards and deck supervisor. AED on site.

#### **Organization Regulations/Waivers**

#### USA Swimming Rules

- At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet.
- Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing
  a racing start or must start each race from within the water without the use of the backstroke ledge. When
  unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure
  compliance with this requirement.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices.
- Deck changes are prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Flash photography is not permitted at the start of any race.
- All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of
  the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the
  MAAPP policy is a condition of participation in the conduct of this competition.

#### **Technical Suit Ban**

Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. Please refer to the USA Swimming rulebook for definitions of a technical suit.

#### Ohio State Laws that are applicable to Ohio Swimming sanctioned events

- Ohio's Return to Play Law (ORC 3313.539 and ORC 3707.511) requires that coaches and referees either (1) complete a
  free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity
  program permit from the Ohio State Board of Education. Free online concussion training is offered through the National
  Federation of State High School Association and Centers of Disease Control. Training links can be found at
  www.swimohio.com under Safe Sport>Concussion.
- There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.

#### Safe Sport 360

- The U.S. Center for Safe Sport program is a comprehensive abuse prevention program dedicated to creating a healthy
  and positive environment free from abuse for all its members. Components of the program include, but are not limited to,
  providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best
  practice guidelines, promoting healthy boundaries and mandatory reporting of violations.
- The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one
  interactions with minor athletes which are not within an observable and interruptible distance from another adult.
  Applicable Adults are required to abide by this policy in full during this meet. (www.usaswimming.org/maapp)
- Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.
- All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered
  member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not
  completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the
  competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age
  18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this
  membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a
  relay.
- For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention Policy, please visit <a href="https://www.usaswimming.org/report">www.usaswimming.org/report</a>

#### **Organization Regulations/Waivers** Waiver/Release By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet. **Code of Conduct** Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams. Good sportsmanship is expected at all times. Bullying or taunting, foul language or derogatory behavior will not be tolerated and will be subject to immediate removal. All volunteers, spectators, coaches, officials and meet staff are expected to be respectful of others. The Ohio Swimming Code of Conduct governs this meet. The purpose of the Zero-Tolerance Code of Conduct Policy is to establish consistent expectations across the LSC in the best interest of our Athletes and Sport. Ohio Swimming is committed to creating a safe and fair environment for all of its athlete members. This policy is to be used as a guide to

Governance> OSI Policy & Procedures Manual, Appendix 18.

promote a positive environment and good sportsmanship at meets and events conducted in the geographical boundary of Ohio Swimming. The complete Ohio Swimming Code of Conduct can be reviewed on the Ohio Swimming website under

Entering the Meet and Competition Information				
Eligibility:	All meet contestants must be a member in good standing per Article 302			
	All contestants must be verified USA Swimming members. Membership will not be verified at the meet.  Membership verification deadline is 12 PM EST two (2) business day prior to the first day of the meet. Unverified swimmers will be scratched from the meet after that deadline. There will be no refunds for unverified swimmers scratched from the meet.			
	Age on the first day of the meet will determine age for the entire meet.			
	Only swimmers ages 9-14 are eligible. Swimmers age 8 & Under are not eligible, even if they meet the time standards.			
	Swimmers must have accomplished at minimum one (1) <b>B Min Short Course</b> 2024-2028 National Age Group Motivational Time in an event offered at the meet.			
	Bonus swim(s): For every 1 standard met, earn 1 bonus swim on the same day.  1 standard met: 1 bonus swim on same day.  2 standards met on same day: 1 bonus swim on same day.  In order to compete on both days, a swimmer must have earned separate cuts on both days. No swim or bonus swim allowed on a day when no standard was met.			
Swimmers with a Disability:	<ul> <li>Entry Procedures:</li> <li>Enter the USA-S swimmers with a disability electronically with your team entries.</li> <li>Email the Meet Accommodation / Modification Form included in this meet information to the entry chair.</li> <li>Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats.</li> <li>See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3).</li> </ul>			
Entry Limits Entry Fees:	Swimmers may swim a maximum of 3 individual events per day.			
Liluy Fees.	\$8.00 per individual event for swimmers ages 11-14.			
	\$7.00 per individual event for swimmers ages 9-10.			
	\$4.00 OH LSC surcharge per swimmer.			
	\$10.00 Facility Fee.			

#### **Entering the Meet and Competition Information**

#### **Entry Procedures:**

Deadline for receipt of entries is Tuesday, December 30, 2025 at noon.

Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify).

Unattached swimmers (not with a team) are encouraged to use Hytek's TM Lite for entry submission. Entries not completed through a team software are subject to a \$50/swimmer surcharge. These fees are due at the time of the entry submission.

Send entries via email to: coachbernard@worthingtonpools.com

Please include the names of any Outreach swimmers or Swimmers with a Disability on the respective form(s) included in this meet information.

Checks should be made payable to: Swiminc., Inc.

"No Time" (NT) entries for bonus swims will not be accepted.

The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.

# Warm-up and Safety Guidelines:

The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet.

Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees).

Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck.

Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet.

At the discretion of the Meet Director, 2 lanes will remain open for continuous warm-up and warm-down during competition. Swimmers shall only enter/exit the pool at the opposite end of the starting blocks.

No spectators allowed on deck.

# Competition Guidelines:

This meet will follow a timed finals format for swimmers ages 9-10 and prelims/finals format for swimmers ages 11-14.

Prelims/Finals for swimmers ages 11-14 in the following age groups: 11-12, 13-14. A and B final (top 16 swimmers) qualify for finals.

Swimmers must have accomplished at minimum one (1) **B Min Short Course** 2025-2028 National Age Group Motivational Time in an event offered at the meet.

Bonus swims: 1 bonus swim on the same day for every 1 time standard earned.

All swimmers may swim up to 3 individual events per day.

This meet will be contested in SCY.

This meet will be pre-seeded. Deck entries will not be accepted at the meet (see Deck entry section below).

No bullpen.

# Scratching from finals

Any swimmer listed as an original qualifier, qualifying for a consolation (B) or championship (A) final in an individual event who fails to compete in said final shall be barred from his/her next individual event, except as noted in 'Exception for Failure to Compete' below. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete. In order to remain eligible for subsequent sessions, the swimmer must declare their intention to swim with the Administrative Referee prior to the completion of the current session

In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the consolation or championship final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. The alternates shall not be penalized if unavailable to compete in the finals

Where consolation finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the consolation and championship final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.

If the consolation final has already been contested, the championship final shall be swum without reseeding for the empty lanes(s)

Failure to scratch consolation or championship finals according to the rules above shall result in a \$50.00 penalty fee per event against the swimmer if the event is his/her last event of the meet. The penalty fee shall be billed to the club and paid to the host of the meet.

Entering the Meet and	Entering the Meet and Competition Information				
Exception for Failure to Compete:	<ul> <li>No penalty shall apply for failure to withdraw or compete in an individual event if:         <ul> <li>The Referee is notified in the event of illness or injury and accepts the proof thereof.</li> <li>A swimmer qualifying for a consolation or championship final race based upon the original results of the preliminaries notifies the Clerk of Course within thirty (30) minutes after the announcement of qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary even</li> <li>It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.</li> </ul> </li> </ul>				
Deck Entries	Deck entries will not be accepted at this meet.				
Awards	Ribbons will be awarded for places 1-12 in individual events in the following age groups: 9-10, 11-12, 13-14 Results will be posted during the meet.				
General:	There will be no swim shop on site.  Concession is tentative and will be confirmed at a later date.  Hospitality will be provided for officials and coaches.  Visiting teams may be required to provide timers.				

## Kelly German Memorial Meet ORDER OF EVENTS & TIME STANDARDS

#### Saturday, January 10, 2026 - Session 1 - Swimmers ages 11-12

Tentative timeline: warm-ups 8:30-9:30 AM, 9:35 AM meet starts. The timeline will be confirmed once entries are received.

Event #1	Girls	ages 11-12	50 yards Breaststroke	43.99
Event #2	Boys	ages 11-12	50 yards Breaststroke	43.49
Event #5	Girls	ages 11-12	50 yards Butterfly	36.89
Event #6	Boys	ages 11-12	50 yards Butterfly	37.09
Event #9	Girĺs	ages 11-12	100 yards Freestyle	1:14.69
Event #10	Boys	ages 11-12	100 yards Freestyle	1:11.49

## Saturday, January 10, 2026 - Session 2 - Swimmers ages 13-14

Tentative timeline: warm-ups Noon-1:00 PM, 1:05 PM meet starts.

The timeline will be confirmed once entries are received.

Event #3	Girls	ages 13-14	100 yards Breaststroke	1:28.69
Event #4	Boys	ages 13-14	100 yards Breaststroke	1:20.49
Event #7	Girls	ages 13-14	100 yards Freestyle	1:10.99
Event #8	Boys	ages 13-14	100 yards Freestyle	1:04.99
Event #11	Girls	ages 13-14	100 yards Butterfly	1:16.79
Event #12	Boys	ages 13-14	100 yards Butterfly	1:10.49

## Saturday, January 10, 2026 - Session 3 - Swimmers ages 9-10

Tentative timeline: warm-ups 3:30-4:30 PM, 4:35 PM meet starts. The timeline will be confirmed once entries are received.

Event #13	Girls	ages 9-10	50 yards Breaststroke	54.59
Event #14	Boys	ages 9-10	50 yards Breaststroke	53.39
Event #15	Girls	ages 9-10	50 yards Butterfly	48.39
Event #16	Boys	ages 9-10	50 yards Butterfly	46.49
Event #17	Girls	ages 9-10	100 yards Freestyle	1:30.79
Event #18	Boys	ages 9-10	100 yards Freestyle	1:27.99

## Saturday, January 10, 2026 - Session 4 - Finals Swimmers ages 11-14

Tentative timeline: warm-ups 7:00-7:40 PM, 7:45 PM meet starts. The timeline will be confirmed once entries are received.

Event #1	Girls	ages 11-12	50 yards Breaststroke
Event #2	Boys	ages 11-12	50 yards Breaststroke
Event #3	Girls	ages 13-14	100 yards Breaststroke
Event #4	Boys	ages 13-14	100 yards Breaststroke
Event #5	Girls	ages 11-12	50 yards Butterfly
Event #6	Boys	ages 11-12	50 yards Butterfly
Event #7	Girls	ages 13-14	100 yards Freestyle
Event #8	Boys	ages 13-14	100 yards Freestyle
Event #9	Girls	ages 11-12	100 yards Freestyle
Event #10	Boys	ages 11-12	100 yards Freestyle
Event #11	Girls	ages 13-14	100 yards Butterfly
Event #12	Boys	ages 13-14	100 yards Butterfly

# Sunday, January 11, 2026 - Session 5 - Prelims - Swimmers ages 11-12

Tentative timeline: warm-ups 8:30-9:30 AM, 9:35 AM meet starts. The timeline will be confirmed once entries are received.

Event #21	Girls	ages 11-12	50 yards Backstroke	38.79
Event #22	Boys	ages 11-12	50 yards Backstroke	38.49
Event #25	Girls	ages 11-12	50 yards Freestyle	33.99
Event #26	Boys	ages 11-12	50 yards Freestyle	32.79
Event #29	Girls	ages 11-12	100 yards Individual Medley	1:25.19
Event #30	Boys	ages 11-12	100 yards Individual Medley	1:21.89

## Sunday, January 11, 2026 - Session 6 - Prelims - Swimmers ages 13-14

Tentative timeline: warm-ups Noon-1:00 PM, 1:05 PM meet starts.

The timeline will be confirmed once entries are received.

Event #23	Girls	ages 13-14	100 yards Backstroke	1:16.89
Event #24	Boys	ages 13-14	100 yards Backstroke	1:11.29
Event #27	Girls	ages 13-14	50 yards Freestyle	32.49
Event #28	Boys	ages 13-14	50 yards Freestyle	29.89
Event #31	Girls	ages 13-14	200 yards Individual Medley	2:51.79
Event #32	Boys	ages 13-14	200 yards Individual Medley	2:37.99

## Sunday, January 11, 2026 - Session 7 - Swimmers ages 9-10

Tentative timeline: warm-ups 3:30-4:30 PM, 4:35 PM meet starts. The timeline will be confirmed once entries are received.

Event #33	Girls	ages 9-10	50 yards Backstroke	48.59
Event #34	Boys	ages 9-10	50 yards Backstroke	48.29
Event #35	Girls	ages 9-10	50 yards Freestyle	39.79
Event #36	Boys	ages 9-10	50 yards Freestyle	38.19
Event #37	Girls	ages 9-10	100 yards Individual Medley	1:44.29
Event #38	Boys	ages 9-10	100 yards Individual Medley	1:39.69

## Sunday, January 11, 2026 - Session 8 - Finals - Swimmers ages 11-14

Tentative timeline: warm-ups 7:00-7:40 PM, 7:45 PM meet starts. The timeline will be confirmed once entries are received.

Girls	ages 11-12	50 yards Backstroke
Boys	ages 11-12	50 yards Backstroke
Girls	ages 13-14	100 yards Backstroke
Boys	ages 13-14	100 yards Backstroke
Girls	ages 11-12	50 yards Freestyle
Boys	ages 11-12	50 yards Freestyle
Girls	ages 13-14	50 yards Freestyle
Boys	ages 13-14	50 yards Freestyle
Girls	ages 11-12	100 yards Individual Medley
Boys	ages 11-12	100 yards Individual Medley
Girls	ages 13-14	200 yards Individual Medley
Boys	ages 13-14	200 yards Individual Medley
	Boys Girls Boys Girls Boys Girls Boys Girls Boys Girls Girls	Boys ages 11-12 Girls ages 13-14 Boys ages 13-14 Girls ages 11-12 Boys ages 11-12 Girls ages 13-14 Boys ages 13-14 Girls ages 11-12 Boys ages 11-12 Girls ages 11-12 Girls ages 13-14

# **Summary of Fees/Release Form Kelly German Memorial Meet**

Team Name				
Club Representative				
Club Rep Email (for questions about entries)				
Coach Attending				
Coach Phone				
Coach Email				
		T		
Item	Total #	Cost per		Total
Individual Entries - Swimmers 11-14 (exclude Outreach)		\$8.00 per event		
Individual Entries - Swimmers 9-10 (exclude Outreach)		\$7.00 per relay		
OSI Swimmer Surcharge (exclude Outreach)		\$4.00 per swimmer		
Host Team Facility Surcharge (exclude Outreach)		\$10.00 per swimmer		
Total Fees Due				
Please list any Outreach Swimmers Below:				
,				
Waiver, Acknowledgement and Liability Release: I, the undersigned coach, or team representative, ver current USA Swimming members IN GOOD STANDII the Safety Rules of USA Swimming, Inc. and Ohio Sv responsible for the compliance of my swimmers and property Ohio Swimming, Inc., and USA Swimming, Inc., their claims for damages arising by reason of illness or injurant granting permission for the names of any or all of Results, or any other documents associated with the	NG. I acknowled vimming, Inc. requarents with the agents, employed by to anyone dury to anyone swim team's swim	lge that I am familiar with the ex- garding warm-up procedures ar respective rules during this med ees, and coaches shall be held iring the conduct of this meet. I mers to be published on the intent	spectations nd meet saf et. The Wo free and ha also ackno	of the OSI Code of Conduct and also fety guidelines, and that I shall be orthington Swim Club, Swiminc, Inc., armless from any and all liabilities or wledge that by entering this meet, I e form of Psych Sheets, Meet
Name of Club			Da	ate

Checks should be made payable to: **Swiminc.**, **Inc.** Send this form with check to: **Worthington Swim Club**, **400 W. Dublin-Granville Rd.**, **Worthington**, **OH 43085** 

# Ohio Swimming Meet Accommodation Form for Swimmer with a Disability

Meet Name:		
Date of Meet:		
Team:		
Swimmer's Name	:	
Swimmer's Ability Grouping (P1, P2		
Coach's Name:		
Coach Cell:		
		er Article 105 (in accordance with 105.1.2) are needed for the swimmer with a ered events and indicate N/A if no modification is requested.
Event #	Description	Modification(s) Per Article 105

Please send a copy of this for to both the meet entry chair and Referee for the Meet.