

## SOS Puppy Mania Invitational 1/10-1/11/26

### Held under the sanction of USA Swimming Sanction #: OH-26SC-79



Fremont Ross High School 1100 North Street Fremont, OH 43420				
	Fremont Ross High School			
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'				
• 10 lane competition pool (minimum depth 6 feet)				
The pool has a water depth measured at a minimum of 6 feet from both ends of the walls.				
	, additional raini aproof do in all all a contracts ( ) o root doop /			
NEW Daktronics Timing System with Full Color Video Board (2024)	NEW Daktronics Timing System with Full Color Video Board (2024)			
<ul> <li>Spectator Seating w/ upper &amp; lower decks capable of seating between 400-750 depending or</li> </ul>	Spectator Seating w/ upper & lower decks capable of seating between 400-750 depending on meet needs.			
The host will ensure the required course dimensions.	The host will ensure the required course dimensions.			
Meet Director: Josh Fate				
coachfate@gmail.com	coachfate@gmail.com			
Meet Referee: Scott Lang				
	Scott.lang@mcri-us.com			
Officials Contact for David Brown				
the most	dgbcurtis@gmail.com			
Entry Chair: Josh Fate				
coachfate@gmail.com	coachfate@gmail.com			
Disclaimer:  In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities damages arising by reason of injuries to anyone during the conduct of the event.	es or claims for			
, , , , ,				
Meet Type: Open Meet				
Timed Finals				
# of Sessions: 2				
Saturday Warm-ups Start: 12:00-1:20 PM *				
Meet Starts: 1:30 PM				
Sunday Warm-ups Start 8:00-9:20 AM*				
Meet Starts: 9:30 AM				
*The pool will not open to swimmers or spectators until 15 minutes before warm-up sessions.	e the start of the			
Medical Supervision Lifeguards, AED, Basic First Aid				
available to athletes				

Organization Regulations/Waivers			
USA Swimming Rules	At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet.		
	<ul> <li>Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> </ul>		
	The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.		
	<ul> <li>Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices.</li> </ul>		
	Deck changes are prohibited.		
	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.		
	Flash photography is not permitted at the start of any race.		

Organization Regulation	ons/Waivers
	All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Technical Suit Ban	<ul> <li>Per USA Swimming Rule 102.8.1F, 12 &amp; Under athletes may not compete in Technical Suits at this meet. Please refer to the USA Swimming rulebook for definitions of a technical suit.</li> </ul>
Ohio State Laws that are applicable to Ohio Swimming sanctioned events	Ohio's Return to Play Law (ORC 3313.539 and ORC 3707.511) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at <a href="https://www.swimohio.com">www.swimohio.com</a> under Safe Sport>Concussion.
	There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.
Safe Sport 360	The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.
	The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. (www.usaswimming.org/maapp)
	<ul> <li>Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately         (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and         the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or         where specific and credible information has been received from a victim or knowledgeable third party. A report to the         U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at         www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to         a designated child protection agency.</li> </ul>
	<ul> <li>All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.</li> </ul>
Waiver/Release	By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.
	<ul> <li>All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.</li> </ul>

Entering the Meet				
Eligibility:	• No swimmer will be permitted to compete unless the <b>swimmer is a member</b> as provided in Article 302.			
	All contestants must be verified USA Swimming members. Membership will not be verified at the meet.			
	<ul> <li>Membership verification deadline is 12 PM EST two (2) business days prior to the first day of the meet (1/8/25).</li> <li>Unverified swimmers will be scratched from the meet after that deadline. There will be no refunds for unverified swimmers scratched from the meet.</li> </ul>			
	All adult athletes must hold current Athlete Protection Training certification.			
	Age on the first day of the meet will determine age for the entire meet.			
	14 & Under Only			

Entering the Meet					
Disability Swimmers:	Ohio Swimming welcomes swimmers with a disability.				
	Entry Procedures:				
	<ol> <li>Enter the USA-S swimmers with a disability electronically or on the paper entry form.</li> </ol>				
	2. Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations.				
	<ol> <li>List in the email with the electronic entry (or on the paper entry) the swimmer's name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions.</li> </ol>				
	Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats.				
	See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3).				
Entry Limits	Swimmers may swim a maximum of 5 individual events per day.				
Entry Fees:	• \$7 per individual event.				
	\$10 per relay				
	\$4 OH LSC surcharge per swimmer.				
	\$12 Facility Fee				
	PDF heat sheets will be provided to all teams ahead of time. No admissions charge.				
Entry Procedures:	The entry window opens on 12/22/25 @ 7pm				
-	Deadline for receipt of entries is 1/1/25				
	Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify).				
	<ul> <li>Unattached swimmers (not with a team) are encouraged to use Hytek's TM Lite for entry submission. Entries not completed through a team software are subject to a \$25/swimmer surcharge. These fees are due at the time of the entry submission.</li> </ul>				
	Send entries via email to: sosmeetentries@gmail.com				
	Please include the names of any Outreach swimmers in the email.				
	Checks should be made payable to: Sand Otter Swimming				
	"No Time" (NT) entries will be accepted.				
	The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.				
Warm-up and Safety Guidelines:	The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet.				
	Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees).				
	Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck.				
	Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet.				
	No spectators allowed on deck.				
Competition	This meet will be a timed finals meet.				
Guidelines:	This meet will be contested in SCY.				
	This meet will be pre-seeded. Deck entries will not be accepted at the meet.				
	No Clerk of Course will be available for 8 & Under events.				
	25s will start at the block end of the pool.				
Scratch Procedures	No Scratch Procedures				
Deck Entries	No Deck Entries				
Awards:	<ul> <li>There will be awards at this meet for 12 &amp; Under swimmers. Medals 1st through 3rd, Ribbons through 16th.</li> <li>Results will not be posted during the meet.</li> </ul>				
General:	Hospitality for coaches and officials				
	Poco Loco and R&R Identification will be on site for swimming and t-shirt needs				
	Food trucks may be present				
	Each team should provide bottled water for officials, coaches and volunteers during the meet.				

#### **Entering the Meet**

#### **Code of Conduct:**

- Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of
  the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the
  actions of their respective teams.
- Good sportsmanship is expected at all times. Bullying or taunting, foul language or derogatory behavior will not be tolerated and will be subject to immediate removal. All volunteers, spectators, coaches, officials and meet staff are expected to be respectful of others.
- The Ohio Swimming Code of Conduct governs this meet. The purpose of the Zero-Tolerance Code of Conduct Policy is to establish consistent expectations across the LSC in the best interest of our Athletes and Sport. Ohio Swimming is committed to creating a safe and fair environment for all of its athlete members. This policy is to be used as a guide to promote a positive environment and good sportsmanship at meets and events conducted in the geographical boundary of Ohio Swimming. The complete Ohio Swimming Code of Conduct can be reviewed on the Ohio Swimming website under Governance> OSI Policy & Procedures Manual, Appendix 18.

### 2026 Puppy Mania Order of Events

		Order of Everits					
Girls	Cut Times	Events	Cut Times	Boys			
		Saturday					
#1		11-14 50 Fly	·				
#3		10 & Under 50 Fly	·				
#5		8& Under 25 Fly	#6				
#7		11-14 200 IM	#8				
#9		10 & Under 100 IM					
#11		8 & Under 100 IM					
#13		11-14 100 Breast					
#15		10 & Under 100 Breast		#16			
#17		11-14 50 Free		#18			
#19		10 & Under 50 Free		#20			
#21		8 & Under 50 Free		#22			
#23		11-14 100 Back		#24			
#25		10 & Under 100 Back					
#27		14 & Under 200 Free Relay	#28				
#29		10 & Under 200 Free Relay	•				
#31		8 & Under 100 Free Relay		#30 #32			
		Sunday					
#33		11-14 100 Free		#34			
#35		10 & Under 100 Free					
#37		8 & Under 25 Free					
#39		11-14 50 Back					
#41		10 & Under 50 Back					
#43		8 & Under 25 Back		#44			
#45		11-14 100 Fly		#46			
#47		10 & Under 100 Fly	#48				
#49		11-14 50 Breast		#50			
#51		10 & Under 50 Breast					
#53		8 & Under 25 Breast					
#55		11-14 200 Free					
#57		8 & Under 100 Medley Relay		#58			
#59		10 & Under 200 Medley Relay	#60			· · ·	
#61		11-14 Under 200 Medley Relay		#62			
		5 Minute Break					
#63	7:00.00	14 & Under 500 Free	7:00.00	#64			
	1						

# Summary of Fees/Release Form SOS Puppy Mania

Team Name					
Club Representative					
Club Rep Email (for questions about entries)					
Coach Attending					
Coach Phone					
Coach Email					
				<u> </u>	
Item		Total #	Cost per		Total
Individual Entries (exclude	Outreach)		\$7.00 per event		
Relay Entries			\$10.00per relay		
OSI Swimmer Surcharge (	exclude Outreach)		\$4.00 per swimmer		
Host Team Facility Surcha	rge (exclude Outreach	)	\$12.00 per swimmer	r	
Total Fees Due					
Please list any Outreach Sw	immers Below:				
Total # outreach IEs:			Total # of Outre	ach swimmers x \$16.00	
(# swimmers x # entries x (Outreach fees can be subtracted f				surcharge:	
Swimming. I acknowledge the and meet safety guidelines, Swimming, Fremont Ross Harmless from any and all lie acknowledge that by enterin	team representative, verset I am familiar with the and that I shall be respigh School, Ohio Swimabilities or claims for day this meet, I am grant Meet Results, or any	rerify that all the swim e Safety Rules of US/ consible for the complianing, Inc., and USA samages arising by realing permission for the	amers and coaches listed on the A Swimming, Inc. and Ohio Swimmers with the Swimming, Inc., their agents, ason of illness or injury to anyone names of any or all of my teat ociated with the running of this	wimming, Inc. regarding wose rules during this mee employees, and coaches one during the conduct of am's swimmers to be pub	varm-up procedures et. Sand Otter shall be held free and this meet. I also
	nepresentative)		CI	ub Tille (Coach etc)	
Name of Club				Date	
Send this form with check to	ı:				

Send this form with check to: Sand Otter Swimming PO Box 473 Fremont OH, 43420