



**2022-2024
State Meet Qualifying
Times**

6/11/2023

GIRLS				BOYS		
LCM	SCM	SCY	8-under	SCY	SCM	LCM
50.29	48.69	44.29	50 Free	47.09	51.79	54.09
1:56.49	1:53.29	1:42.99	100 Free	1:46.69	1:57.39	2:02.19
3:25.49	3:21.29	3:01.69	200 Free	3:08.09	3:28.19	3:34.79
6:57.69	6:42.79	7:44.59	500/400 Free	8:14.89	7:14.19	7:23.59
1:01.89	59.29	53.89	50 Back	56.19	1:01.79	1:05.99
1:47.59	1:44.39	1:34.09	100 Back	1:39.49	1:50.49	1:56.29
1:11.69	1:09.19	1:02.89	50 Breast	1:06.49	1:13.09	1:16.99
2:02.19	1:59.49	1:47.59	100 Breast	1:55.49	2:08.09	2:13.29
1:07.19	1:04.59	58.69	50 Fly	1:00.09	1:06.09	1:08.69
2:10.69	2:08.79	1:55.99	100 Fly	1:56.69	2:09.99	2:12.89
3:54.49	3:48.19	3:48.29	200 IM	3:50.49	4:15.99	4:25.79

LCM	SCM	SCY	9-10	SCY	SCM	LCM
41.09	40.39	36.29	50 Free	37.09	41.39	42.49
1:32.89	1:32.19	1:22.99	100 Free	1:24.69	1:33.99	1:36.89
3:25.49	3:21.29	3:01.69	200 Free	3:08.09	3:28.19	3:34.79
6:57.69	6:42.79	7:44.59	500/400 Free	8:14.89	7:14.19	7:23.59
50.39	48.69	43.89	50 Back	45.19	50.19	52.99
1:47.59	1:44.39	1:34.09	100 Back	1:39.49	1:50.49	1:56.29
57.99	56.49	50.89	50 Breast	52.49	58.09	1:00.69
2:02.19	1:59.49	1:47.59	100 Breast	1:55.49	2:08.09	2:13.29
52.09	50.69	45.69	50 Fly	49.09	54.59	55.89
2:10.69	2:08.79	1:55.99	100 Fly	1:56.69	2:09.99	2:12.89
3:54.49	3:48.19	3:48.29	200 IM	3:50.49	4:15.99	4:25.79
3:05.39	2:59.59	2:42.69	200 Free Relay	2:38.59	2:55.49	3:00.49
4:24.09	3:33.19	3:15.29	200 Med. Relay	3:12.59	3:32.89	4:20.99



**2022-2024
State Meet Qualifying
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GIRLS				BOYS		
LCM	SCM	SCY	11-12	SCY	SCM	LCM
35.19	34.59	31.09	50 Free	31.69	35.39	36.49
1:16.99	1:15.79	1:08.19	100 Free	1:11.59	1:19.49	1:21.99
2:50.29	2:46.79	2:30.69	200 Free	2:40.49	2:57.79	3:03.29
6:02.09	5:49.29	6:42.79	500/400 Free	7:12.99	6:20.09	6:28.29
41.49	39.99	36.19	50 Back	39.09	43.39	45.69
1:30.19	1:27.39	1:18.79	100 Back	1:23.89	1:32.49	1:37.39
3:24.79	3:19.49	2:59.69	200 Back	3:00.59	3:20.29	3:27.19
46.79	46.19	41.59	50 Breast	43.89	48.59	50.79
1:45.09	1:40.99	1:31.09	100 Breast	1:38.49	1:49.29	1:53.59
3:43.89	3:41.09	3:19.89	200 Breast	3:20.39	3:42.29	3:50.69
40.69	39.59	35.69	50 Fly	38.99	43.49	44.59
1:35.79	1:34.29	1:24.99	100 Fly	1:29.19	1:39.29	1:41.59
3:26.19	3:24.99	3:03.79	200 Fly	2:59.99	3:20.19	3:25.49
3:17.09	3:11.89	2:52.99	200 IM	3:01.29	3:21.39	3:28.99
7:13.99	7:01.99	6:20.19	400 IM	6:13.99	6:55.49	7:12.39
2:39.39	2:35.29	2:20.49	200 Free Relay	2:16.39	2:30.79	2:35.69
2:59.69	2:55.19	2:48.79	200 Med. Relay	2:38.19	2:54.89	3:00.49
5:50.19	5:34.99	5:03.19	400 Free Relay	4:57.49	5:28.79	5:38.69



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GIRLS			BOYS			
LCM	SCM	SCY	13-14	SCY	SCM	LCM
32.64	32.19	28.89	50 Free	26.89	30.09	30.79
1:10.49	1:09.19	1:02.29	100 Free	58.69	1:05.19	1:07.79
2:35.19	2:31.99	2:17.59	200 Free	2:12.39	2:26.59	2:31.19
5:41.89	5:29.69	6:20.19	500/400 Free	6:07.39	5:22.49	5:29.49
11:58.49	11:44.09	13:31.99	1000/800 Free	12:56.99	11:13.79	11:36.79
22:53.09	22:15.19	22:32.59	1650/1500 Free	21:29.59	21:12.99	22:02.59
1:21.79	1:19.39	1:11.49	100 Back	1:09.09	1:16.69	1:20.79
2:57.79	2:53.29	2:35.99	200 Back	2:32.49	2:49.09	2:55.39
1:35.49	1:33.39	1:23.99	100 Breast	1:20.39	1:29.19	1:32.79
3:25.19	3:22.59	3:02.19	200 Breast	2:54.49	3:13.59	3:20.89
1:24.09	1:22.89	1:14.69	100 Fly	1:10.09	1:18.09	1:19.79
3:14.79	3:12.79	2:53.59	200 Fly	2:47.49	3:06.49	3:11.19
2:59.59	2:54.89	2:36.69	200 IM	2:27.29	2:43.59	2:49.79
6:32.89	6:21.99	5:44.29	400 IM	5:35.29	6:12.39	6:27.49
2:32.79	2:29.59	2:15.59	200 Free Relay	2:05.19	2:17.99	2:21.69
2:46.59	2:30.79	2:24.49	200 Med Relay	2:14.29	2:28.49	2:35.09
6:13.29	6:00.59	5:26.29	400 Med Relay	5:03.49	5:35.49	5:48.39
5:34.99	5:25.09	4:54.19	400 Free Relay	4:33.19	5:01.99	5:13.89

The 13-14 200 MR can qualify using either the 200 MR or the 400 MR.



**2022-2024
State Meet Qualifying
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6/11/2023

GIRLS

BOYS

GIRLS			BOYS			
LCM	SCM	SCY	15-over	SCY	SCM	LCM
33.79	32.09	29.49	50 Free	26.39	29.59	30.19
1:13.49	1:11.39	1:03.99	100 Free	57.89	1:04.49	1:06.89
2:38.29	2:33.79	2:18.69	200 Free	2:06.79	2:20.89	2:26.09
5:32.89	5:25.59	6:11.99	400/500 Free	5:44.09	5:02.79	5:09.89
11:28.39	11:13.89	12:49.99	800/1000 Free	11:57.79	10:28.19	10:50.09
22:02.19	21:18.69	21:26.19	1500/1650 Free	20:02.89	19:55.89	20:33.99
1:21.09	1:17.39	1:09.39	100 Back	1:03.19	1:10.19	1:14.39
2:54.99	2:48.39	2:31.39	200 Back	2:17.49	2:33.79	2:41.39
1:32.39	1:29.19	1:19.69	100 Breast	1:11.09	1:19.59	1:23.49
3:20.49	3:13.09	2:52.79	200 Breast	2:36.19	2:53.09	3:01.39
1:19.29	1:17.29	1:09.39	100 Fly	1:02.69	1:10.09	1:11.79
2:53.99	2:51.09	2:33.49	200 Fly	2:20.49	2:35.39	2:39.99
2:58.19	2:52.59	2:34.89	200 IM	2:20.89	2:36.69	2:43.99
6:18.79	6:06.89	5:30.49	400 IM	5:03.69	5:37.69	5:47.29
2:27.89	2:26.89	2:10.69	200 Free Relay	1:39.19	1:52.39	1:53.39
5:55.59	5:44.29	5:11.49	200 Medley Relay	4:10.29	4:38.09	4:49.39
5:19.09	5:15.29	4:54.79	400 Free Relay	3:42.39	4:09.49	4:13.29

Parallel Time Standards for Swimmers With A Disability - LSC																		
Para 1	Girls									Boys								
P1 - non-ambulatory (wheelchair bound): limited use of all four extremities	10 & U P1		11-12 P1		13-14 P1		15 & O P1		P1	10 & U P1		11-12 P1		13-14 P1		15 & O P1		
	SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM		SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM	
		1:44.49	1:44.49	1:34.69	1:34.69	1:26.19	1:26.19	1:24.89	1:24.89	50 FR	1:39.29	1:39.29	1:30.29	1:30.29	1:21.29	1:21.29	1:18.29	1:18.29
		3:39.19	3:39.19	3:18.59	3:18.59	3:00.79	3:00.79	2:58.09	2:58.09	100 FR	3:44.19	3:44.19	3:23.79	3:23.79	3:03.49	3:03.49	2:56.69	2:56.69
		8:44.89	8:44.89	7:55.69	7:55.69	7:12.99	7:12.99	7:06.49	7:06.49	200 FR	6:09.09	6:09.09	5:35.59	5:35.59	5:01.99	5:01.99	4:50.90	4:50.89
		2:03.59	2:03.59	1:51.99	1:51.99	1:41.99	1:41.99	1:40.39	1:40.39	50 BK	1:22.89	1:22.89	1:15.39	1:15.39	1:07.89	1:07.89	1:05.39	1:05.39
		3:47.19	3:47.19	3:25.89	3:25.89	3:07.49	3:07.49	3:04.59	3:04.59	100 BK	3:01.19	3:01.19	2:44.69	2:44.69	2:28.19	2:28.19	2:22.69	2:22.69
		1:54.39	1:54.39	1:43.63	1:43.63	1:34.39	1:34.39	1:32.99	1:32.99	50 BR	1:29.59	1:29.59	1:21.49	1:21.49	1:13.29	1:13.29	1:10.59	1:10.59
		5:26.29	5:26.29	4:55.69	4:55.69	4:29.19	4:29.19	4:25.19	4:25.19	100 BR	4:19.99	4:19.99	3:56.39	3:56.39	3:32.69	3:32.69	3:24.89	3:24.89
		3:03.89	3:03.89	2:46.69	2:46.69	2:31.79	2:31.79	2:29.49	2:29.49	50 FL	2:48.09	2:48.09	2:32.79	2:32.79	2:17.49	2:17.49	2:12.39	2:12.39
	7:35.89	7:35.89	6:53.15	6:53.15	6:16.19	6:16.19	6:10.49	6:10.49	150 IM	7:30.09	7:30.09	6:49.19	6:49.19	6:08.19	6:08.19	5:54.59	5:54.59	
Parallel Time Standards for Swimmers With A Disability - LSC																		
Para 2	Girls									Boys								
P2 - dwarfism, multiple limb deficiencies, ambulatory with assistance, can be wheelchair bound with high functioning upper body.	10 & U P2		11-12 P2		13-14 P2		15 & O P2		P2	10 & U P2		11-12 P2		13-14 P2		15 & O P2		
	SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM		SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM	
		56.89	59.79	51.49	54.19	46.89	49.39	46.19	48.59	50 FR	53.99	56.79	49.09	51.69	44.19	46.49	42.59	44.79
		2:06.59	2:13.19	1:54.69	2:00.69	1:44.39	1:49.89	1:42.79	1:48.19	100 FR	1:59.09	2:05.29	1:48.29	1:53.99	1:37.39	1:42.59	1:33.79	1:38.79
		4:20.49	4:34.19	3:56.09	4:08.49	3:34.89	3:46.29	3:31.69	3:42.79	200 FR	4:11.89	4:25.09	3:48.49	4:00.99	3:26.09	3:36.89	3:18.49	3:28.89
				9:37.09	7:51.09	8:45.39	7:08.89	8:37.49	7:02.39	400/ 500 FR			9:37.89	7:51.69	8:40.09	7:04.49	8:20.79	6:48.79
		1:09.09	1:12.69	1:02.59	1:05.89	56.99	59.99	56.09	59.09	50 BK	1:01.09	1:04.29	55.49	58.39	49.99	52.59	48.09	50.69
		2:39.79	2:48.19	2:24.79	2:32.49	2:11.89	2:18.79	2:09.89	2:16.69	100 BK	2:32.79	2:40.89	2:18.89	2:26.29	2:05.09	2:11.59	2:00.39	2:06.79
				4:58.79	5:14.49	4:31.99	4:46.29	4:27.89	4:41.99	200 BK			4:20.89	4:34.59	3:54.79	4:07.09	3:46.09	3:57.99
		1:12.09	1:15.89	1:05.49	1:08.89	59.59	1:02.69	58.69	1:01.69	50 BR	1:09.19	1:12.79	1:02.89	1:06.19	56.59	59.59	54.49	57.39
	2:39.99	2:48.39	2:24.99	2:32.59	2:11.99	2:18.89	2:09.99	2:16.79	100 BR	2:33.39	2:41.49	2:19.49	2:26.79	2:05.49	2:12.09	2:00.89	2:07.19	
			5:17.19	5:34.19	4:24.89	4:38.79	4:44.69	4:59.59	200 BR			5:00.99	5:16.79	4:30.89	4:45.09	4:20.89	4:34.59	
	1:09.59	1:13.19	1:03.09	1:06.39	57.39	1:00.39	56.59	59.49	50 FL	55.89	58.79	50.79	53.49	45.69	48.09	43.99	46.39	
	2:58.89	3:08.29	2:42.09	2:50.59	2:27.59	2:35.29	2:25.39	2:32.99	100 FL	2:55.29	3:04.49	2:39.39	2:47.79	2:23.39	2:30.99	2:18.09	2:25.39	
	5:31.79	5:49.19	5:00.59	5:16.39	4:33.69	4:48.09	4:29.59	4:43.69	200 IM	5:12.39	5:28.89	4:43.99	4:58.99	4:15.59	4:29.09	4:06.19	4:19.09	
Parallel Time Standards for Swimmers With A Disability - LSC																		
Para 3	Girls									Boys								
P3 - single limb deficiencies, visual impairments, intellectual impairments, ambulatory without significant assistance.	10 & U P3		11-12 P3		13-14 P3		15 & O P3		P3	10 U P3		11-12 P3		13-14 P3		15 & O P3		
	SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM		SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM	
		44.09	48.89	39.89	44.29	36.39	40.39	35.79	39.69	50 FR	39.79	44.19	36.19	40.19	32.59	36.19	31.39	34.79
		1:33.89	1:44.29	1:25.09	1:34.49	1:17.49	1:26.09	1:16.39	1:24.79	100 FR	1:26.49	1:36.09	1:18.59	1:27.29	1:10.79	1:18.59	1:08.09	1:15.69
		3:51.49	4:17.19	3:29.79	3:53.09	3:10.99	3:32.19	3:08.09	3:28.99	200 FR	3:17.69	3:39.59	2:59.69	3:19.69	2:41.69	2:59.59	2:35.79	2:53.09
		8:46.89	7:43.19	7:57.59	6:59.79	7:14.79	6:22.19	7:08.19	6:16.39	400/ 500 FR	8:31.99	7:30.09	7:45.49	6:49.19	6:58.99	6:08.29	6:43.49	5:54.69
				18:00.49	15:19.59	16:32.09	14:04.39	16:18.49	13:52.79	800/ 1000 FR			18:21.59	15:37.49	16:31.39	14:03.69	15:54.69	13:32.49
				32:31.69	30:29.19	30:01.09	28:08.19	29:37.99	27:46.39	1500/ 1650 FR			34:04.19	31:55.79	30:39.71	28:44.19	29:31.53	27:40.29
		53.39	59.29	48.39	53.69	44.09	48.99	43.39	48.19	50 BK	45.59	50.69	41.49	46.09	37.29	41.49	35.89	39.89
		1:52.49	2:04.99	1:41.99	1:53.29	1:32.89	1:43.19	1:31.49	1:41.59	100 BK	1:36.09	1:46.79	1:27.39	1:37.09	1:18.59	1:27.39	1:15.69	1:24.09
			4:04.79	4:31.89	3:42.99	4:07.69	3:39.59	4:03.89	200 BK			3:29.49	3:52.79	3:08.59	3:29.49	3:01.59	3:21.79	
	56.79	1:03.09	51.49	57.19	46.79	51.99	46.09	51.19	50 BR	49.79	55.29	45.29	50.29	40.79	45.29	39.29	43.59	
	1:59.69	2:12.99	1:48.49	2:00.49	1:38.69	1:49.69	1:37.19	1:47.99	100 BR	1:50.59	2:02.89	1:20.49	1:51.69	1:30.49	1:40.49	1:27.19	1:36.79	
			4:20.29	4:49.19	3:56.99	4:23.29	3:53.29	4:19.19	200 BR			3:40.09	4:04.49	3:18.09	3:40.09	2:56.09	3:31.89	
	48.29	53.59	43.69	48.49	39.79	44.19	39.19	43.49	50 FL	43.29	48.09	39.29	43.69	35.39	39.29	31.49	37.89	
	1:41.69	1:52.89	1:32.09	1:42.29	1:23.89	1:33.19	1:22.59	1:31.69	100 FL	1:30.89	1:40.99	1:22.79	1:31.99	1:14.39	1:22.59	1:06.09	1:19.59	
			3:40.99	4:05.49	3:21.39	3:43.69	3:18.09	3:40.09	200 FL			3:29.19	3:52.39	3:08.29	3:29.19	2:47.39	3:21.39	
	3:57.99	4:24.39	3:35.69	3:59.59	3:16.29	3:38.09	3:19.39	3:34.79	200 IM	3:29.69	3:52.99	3:10.69	3:31.79	2:51.59	3:10.69	2:32.49	3:03.59	
			8:34.59	9:25.49	7:48.39	8:34.69	7:41.39	8:26.99	400 IM			7:46.79	8:20.09	6:56.79	7:30.09	6:40.09	7:13.39	