



Parent Meeting

16-Sep-2023





Welcome to 2023-2024 Season



Professional Swimming for Professional Athletes
www.daytonraiders.com



Short vs. Long Course



Fall/Winter

Short Course
25-yd pool

- USA
- High School
- YMCA
- NCAA

Spring/Summer

Long Course
50-mtr pool



- USA
- International
- Olympics



Short vs. Long Course

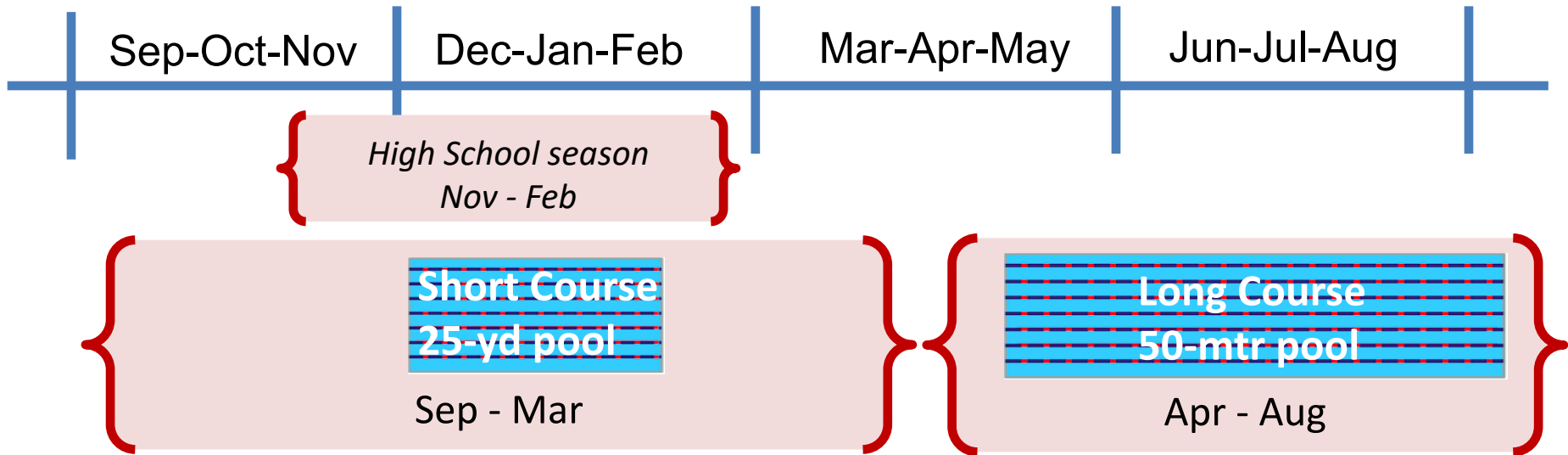


25-yard pools

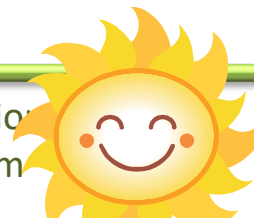
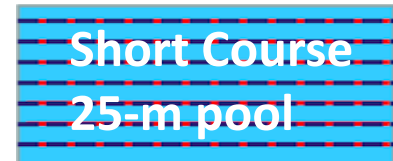
- USA
- High School
- YMCA
- NCAA

50-meter pools

- USA
- International
- Olympics



25m pools are rare; mostly local summer league





Staff

Head Coach
Andrew



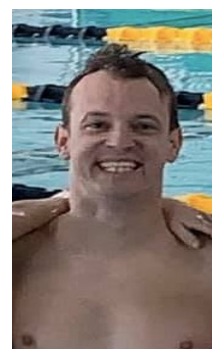
Anissa K
Office Mgr/Coach



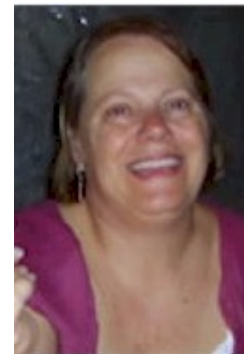
Ken H
Fitness



John R
Swim Academy



Lieneke K
Water Safety



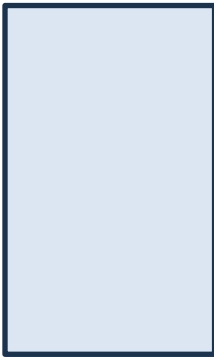
Kevin



Sean



Jeff



Jaclyn



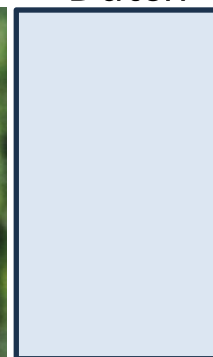
Holly



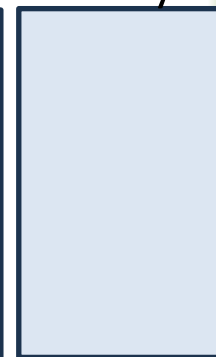
Grace



Dutch



Jenny



Head AG Coach
Brent



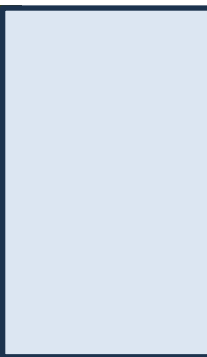
Bethany



Maddi



Izzi



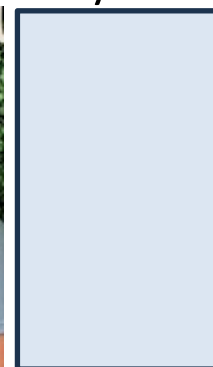
NicoleK



Chloe



TaylorR



Kathryn





Group Contacts

A group contact is a parent who acts as a liaison between the training group families, the coaches, and the Parents Board

- Distribute caps/equipment
- Assist in planning social/bonding functions
- Help with maintain family folders
- Collect questions/feedback from parents
- Assist coaches and families as needed

Average time per month: 8 hours



'23-'24 Group Contacts

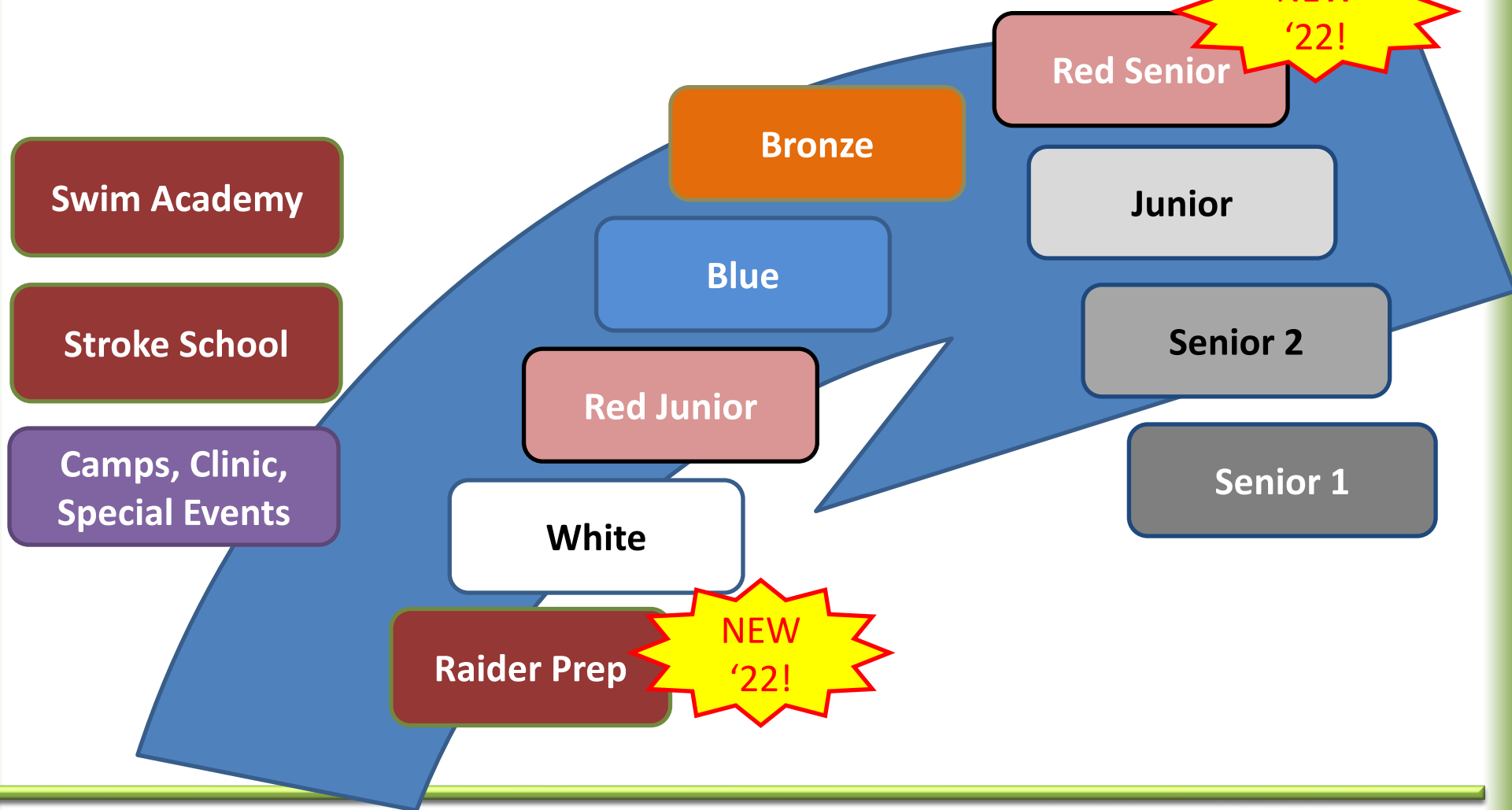


This page is on our website under "Team Management"

	Group Contact	E-Mail	Phone
Committee Chair (Primary POC)	Jennifer Manning	teachermanning@gmail.com	325-725-6559
Committee Member (Senior 1)	Shannon Silcott	shannon.silcott@icloud.com	
Committee Member (Senior 2)	Christina Tonks	christinatonks@gmail.com	
Committee Member (Bronze)	Amy Burns	amy.linklater@gmail.com	937-545-5797
Committee Member (Red Senior)	Francisca Briden	briden1978@yahoo.com	
Committee Member (Blue)	Katy Patton Jarod Patton	k-meara@onu.edu Jarod.patton@gmail.com	440-344-6095 937-974-2738
Committee Member (Junior)	Jennie Ohlson	jen.pechie.ohlson@gmail.com	
Committee Member (Red Junior)	Heather Craig	jrhlcraig@yahoo.com	937-681-8174
Committee Member (White)	Stephanie Kloos	stephanie.w.kloos@gmail.com	937-239-1921
Committee Member (Raider Prep)	Jennifer Manning	teachermanning@gmail.com	325-725-6555



Training Groups

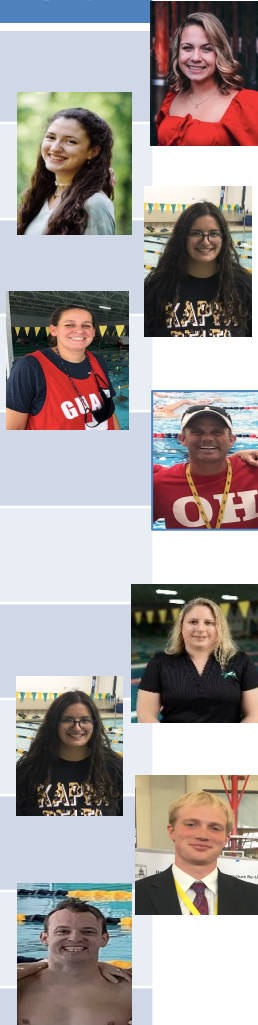




Training Group POCs



Group	Roster Size	Primary Coach POC
Raider Prep	14	Kathryn
White	16	Grace
Red Junior	19	Holly
Blue	35	Bethany
Bronze	31	Brent
Red Senior	18	Dutch
Junior	28	Jackie
Senior 2	10	Holly
Senior 1	23	Andrew
Home School	6	John
<i>Totals:</i>	196	





Mask Policy Today

WSU

Currently no mask policy. Use social distancing methods of your choice

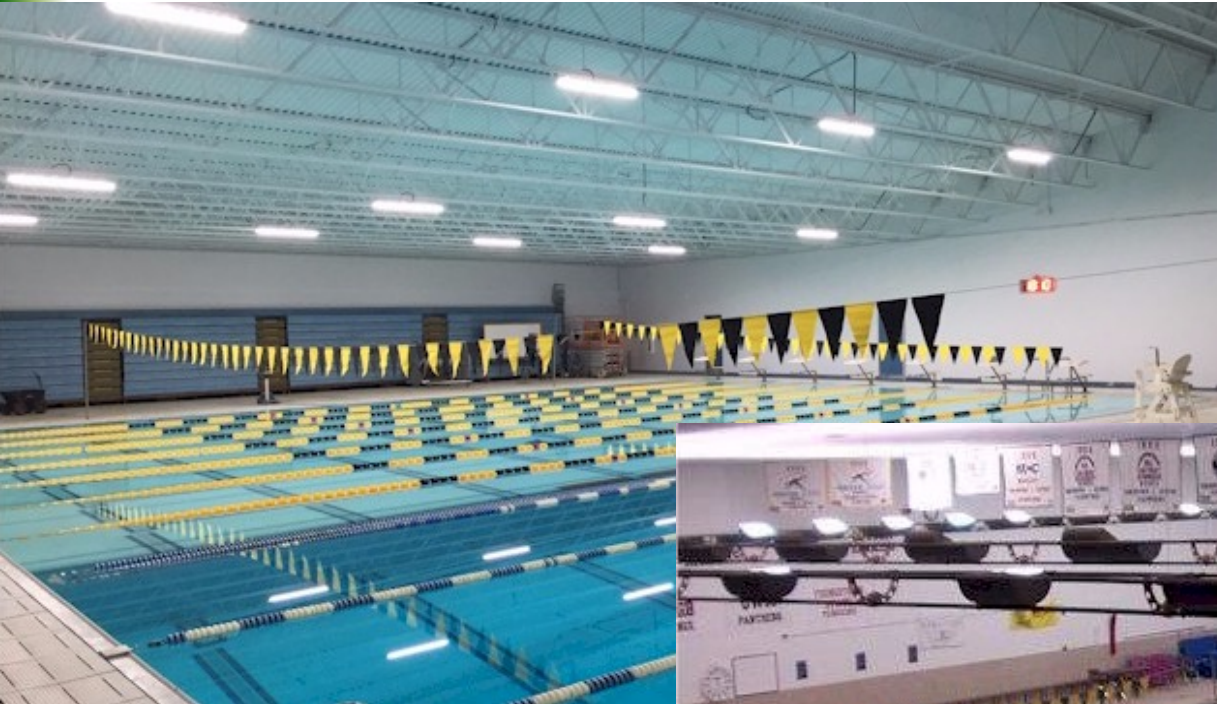


DRAC

Currently no mask policy. Use social distancing methods of your choice



Primary Sites



Dayton Raiders Aquatic Center
(DRAC)
560 Grange Hall Road



WSU Natatorium
Wright State University

Professional Swimming for Professional Athletes
www.daytonraiders.com



Parking at WSU (Optional)

- Visitors Lot remains free (best option, avoid a parking pass)
- If you want a pass, contact WSU Parking Services, 7-3:30PM (closed 1-2PM) during the week. **Call or mail your application** - \$35 per semester. Use the Parking Pass Application on our website under "Swim Team > Pool Locations"



Yellow lines
after 4PM
and on
weekends

White lines
all the time



Practice Schedule

- Always default to posted schedule under “Swim Team” menu
- Changes will occur – check email regularly
- High pool demand from **November through February** during HS season

During HS - be flexible and be prepared for practice changes



Weather Contingency

- All practices are a “**GO**” unless coaches send out an email no later than **4 hours** before the start of practice
- We control open/close of DRAC
- WSU will inform us of closings



Equipment/Spirit Wear

1. **Equipment:** Kickboards, paddles, suits, etc.

- *Order through Swimville (team vendor)*
- *Swimoutlet.com; popular online*
- *TYR is our sponsor*



2. **Spirit Wear:** *Order items through the team (cool Christmas swag)*



3. **Personalized Caps:** *Order through the team periodically throughout the year (2-3 times)*





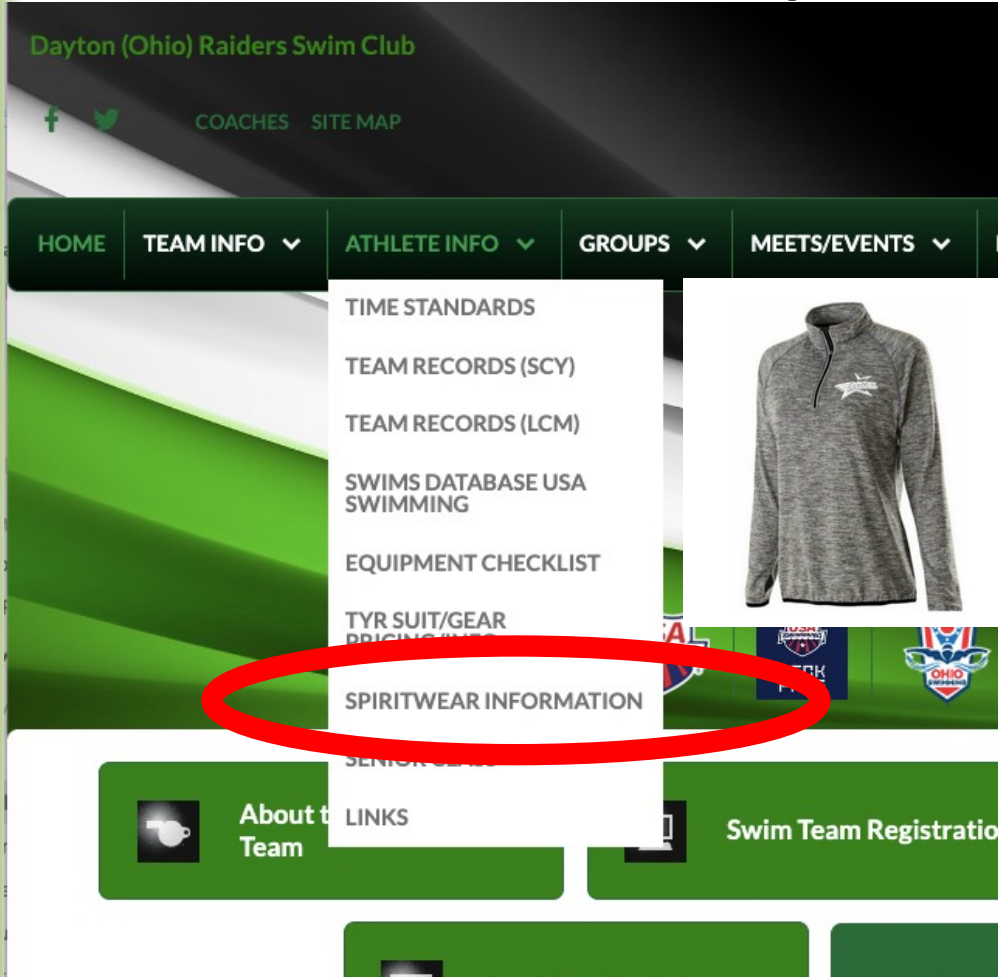
Raider Team Sponsor

Since 2018





Spiritwear



- Fall Spiritwear now open through Sep 24th midnight
- Pickup week of Oct 2nd
- Follow link in email or on website to check out what's offered (great Xmas ideas!)



Personalized Caps



1. Check emails for this year's fall order
Ordering instructions sent via email from Equip Manager
First Latex cap free when joining the team
 - Silicone personalized 2 for \$36 (approx.)
 - Latex personalized 3 for \$26 (approx.)
2. Group Contacts have plenty of non-personalized caps – fees will automatically be on your invoice
 - Silicone *Plain* (Raider logo only) = \$13 each (approx.)
 - Latex *Plain* (Raider logo only) = \$5 each (approx)

Silicone “thick”
Latex “thin”

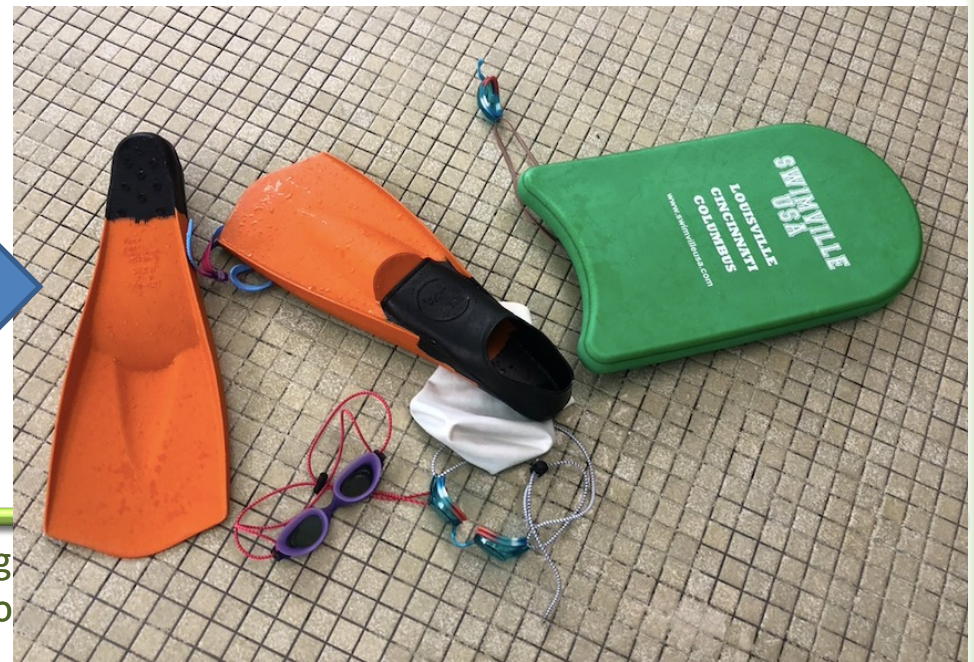
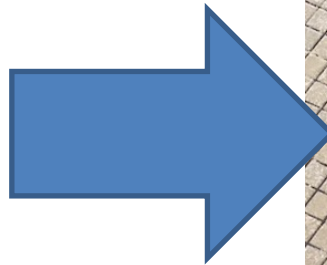




Label Your Property!

- We have Lost & Found equipment almost every practice.
- **DRAC: check on deck, rear supply room**
- **WSU: bin located under first bleacher**

We see this all the time!





Entering Meets




Event

WTRC New Swimmer Meet

Event Date September 30, 2012
Registration Deadline September 18, 2012

[Edit Event](#) [Edit this Event](#) [Edit Commitment](#)



Description
Meet: WTRC New Swimmers Meet
Location: Washington Township Recreation Center Pool, Centerville, Ohio
Address: 895 Miamisburg-Centerville Road, Centerville, OH 45459
Dates: Sunday 9/30/12(1-day meet)
Deadline to Sign Up: **Midnight on Tuesday 9/18/12**
Recommended for: Swimmers new to USA Swimming or new to the Raiders
Maximum Number of Events per day: Four (4) individual events per day, no relays offered at this meet
Awards: Ribbons 1st - 8th place, distributed in Raider mailboxes after the meet
Entry Fees: \$4 per event plus \$3 per athlete surcharge. Fees will appear on your next billing cycle.
Directions: From I-675 South take Exit 2 Miamisburg-Centerville Road (St. Rte. 725)go east (left) at second stop light. This is Miamisburg-Centerville Road. Proceed east approximately one mile to the facility. WTRC is located on the north side of Miamisburg-Centerville Road.
Deck Entries: Only if space allows for swimmers already entered in the meet. No new heats will be added. \$5 per event. Deck entries will be accepted until 30 minutes prior to the start of the meet.

FINAL RESULTS
Posted after the meet on the host team's website or at the bottom of this page.

RAIDER ENTRIES
Posted at the bottom of this page after the deadline.

[Official Meet Homepage on host team's site](#)
[Host team's website - WTRC](#)

Warm-up Times:
Note: Always verify Wup times on the host team's website the day before the meet
8-8:30AM for all age groups meet begins at 8:40AM

Forms/Documents:

- [261292 New Swimmer Meet 2012 book.pdf](#)

- Click “Edit Commitment” to RSVP and enter the meet
- Families select events;
Coaches review

Links to the host website, LIVE results, etc

Official Meet Packet, entry reports, and final results will appear here



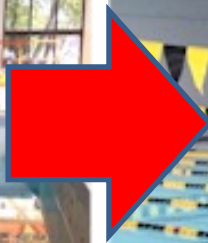
Meets with Relays...

- Relays will be offered at many meets
 - Relays were mostly abandoned during the pandemic
- Coaches may/may not enter relays at meet based on swimmer and team goals
- Relays are configured based on times in the database
- “A” relay will comprise of the fastest four times, “B” relay will include the next 4 fastest times, etc.
- Coaches will make last minute adjustments on deck in the event of “no-show”, illness, etc.



10 Year Anniversary!

Since acquiring DRAC from the YMCA in 2013...



Professional Swimming for Professional Athletes
www.daytonraiders.com



What's Happening at DRAC?

- Coach-Led Instruction
- Streamline Swim Academy/Swim Team
- Prepare for High School swim season
- Prioritize & fund next capital repairs and upgrades
- Next Steps:
 - Complete steps for streamlined facility ownership
 - Continue Modernization of Main Bldg.
 - Prepare for 50-meter pool



What's Happening at DRAC?

**Primary User...
Dayton Raider
Members and
Coaches**

**Partners /
Leasers**

**Rentals
(HS Teams, Meets)**

Masters Swim

**Water
Certifications**

Swim Academy

?





Family Involvement

Service
Hours

Required

Swim
Meets

When entered

Fundraising

Optional

Officials

Optional
Optional



Family Involvement

Service Hours

Required

- Examples: help run HS meets, facility duties, food/drink contributions
- Each DR family fulfills 30 hrs. for short course and 10 hrs. for long course
- Hours coordinated through Committee Lead(s) and/or self reported
- \$25 per unearned hours
- **Exemptions from above:**
- Swim Academy transfers: exempt 1st year
- Raider Prep Group: exempt 1st year
- White Group: ½ point system requirements
- Red Junior (1st year): ½ hours
- Red Senior (1st year): ½ hours



Family Involvement

- Home meets each family signup for ~3 sessions
- Fee assessed at \$50 p/session and then credited back to your account
- Away meet volunteering credits your family Service Hours requirements

Swim
Meets

When entered



Family Involvement

- Fundraising events are designated as “team” events and all funds goes directly towards facility and team expenses
- Check emails and website for ongoing events

Fundraising

Optional



Family Involvement

- No experience necessary!
You will be trained
- Signup for Officials Clinic to get started
- Fulfills your Service Hours requirements
- All fees reimbursed by DR

Officials

Optional



Age Group Goal Roadmap



Swimmer Begins Here

Learn all 4 strokes, turns, and starts

Compete

Swim all four strokes in competition without DQ

Compete in all IMR events

Complete all IMX races

Qualify for a Relay at Junior Olympics

Make Finals

Compete at Prelim/Finals Meet

Achieve individual cut at Junior Olympics

Make finals at Junior Olympics

Achieve ZONE cut

Be s STATE CHAMPION!

Become National Champion

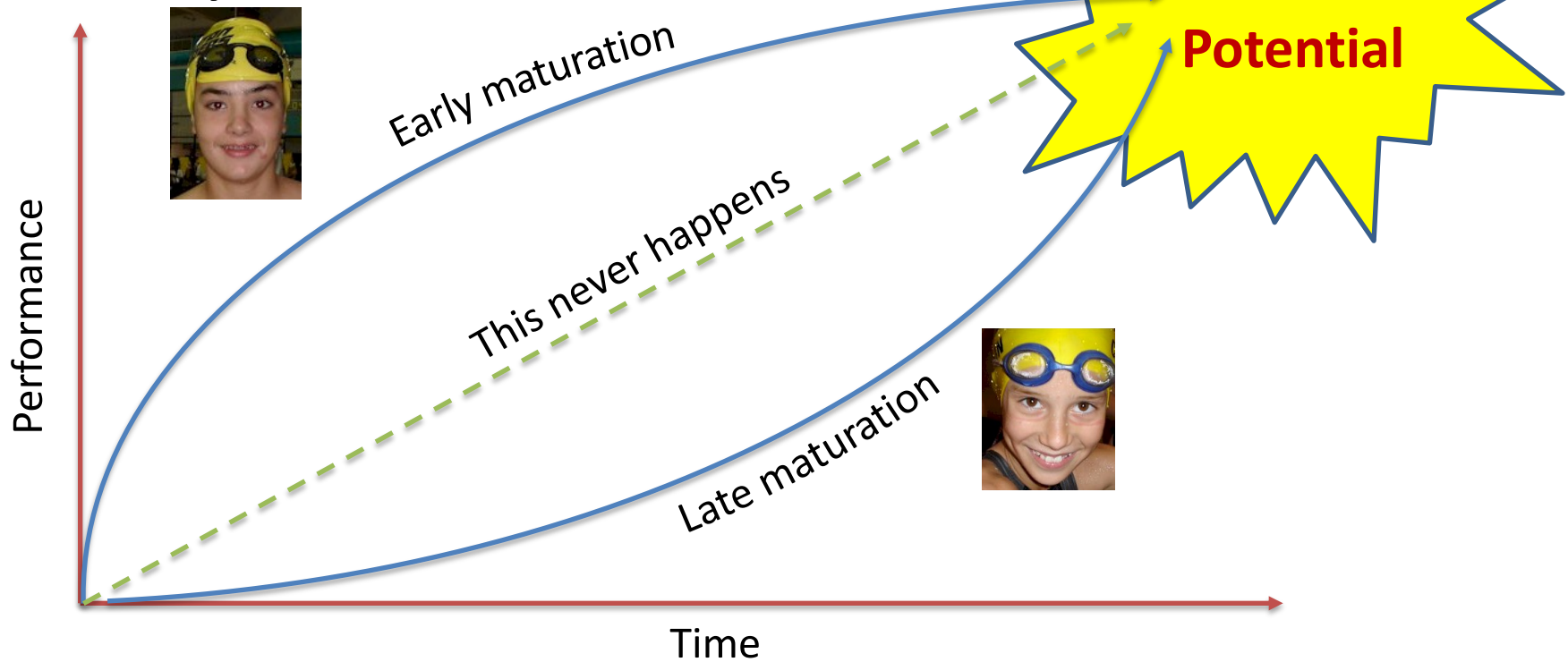
National "Top 10" in USA

Achieve USA Speedo Sectional cut

Make finals at USA ZONES

Maturation

- Early vs. Late Maturation



“Early or late maturity does not affect long term success!”
– USA-Swimming



USA -- IMR/IMX

"I M Ready"

- **10un:** 100Fr, 50Bk, 50Br, 50Fly, 100IM (200IM-LC)
- **11-12:** 200Fr, 50Bk, 50Br, 50Fly, 100IM (200IM-LC)
- **13up:** 200Fr, 100Bk, 100Br, 100Fly, 200IM

**The first steps
(years 1-3)**

"I M Xtreme"

- **10un:** 200Fr, 100Bk, 100Br, 100Fly, 200IM
- **11-12:** 500Fr, 100Bk, 100Br, 100Fly, 200IM
- **13up:** 500Fr, 200Bk, 200Br, 200Fly, 400IM

**Ready for more
(years 3+)**

Rankings are based on power points. Check your score on USA-Swimming website or on your Deck Pass Account



Get these Apps...



OnDeck

Synchs with team website

SUBJECT TO CHANGE



USA Swimming Deck Pass

Track times and rankings



Meet Mobile
Live Results for many meets

Worth it!



Swim Cloud

Setup swimmer Accounts for college recruiting (8th grade?)

Recommended for everyone



Social Media...





High School

- Often asked...

“How many Raiders swim on their High School teams?”

Answer: almost all

- In Dayton, year-round swimmers represent their HS teams in competition, but practice with their club team

- **High School season runs. Nov - Feb**



Senior
Groups
90-100%



Group Moves

- Coordination come from the current group
- Factors: age-based, skill-based, emotional readiness, group space and size
- Four dates
 - Jan 1 following December championships
 - June 1 following school year
 - Apr 1 following winter championships
 - Sep 1 following summer season
- Out of cycle group moves uncommon, but do occur under some circumstances



What Can You Do (Parents)

- Parents are our most valuable resources
 - Enjoy watching your athlete at practice
 - Spend Time on our website (go to: Swim Team Info > Parent Meetings and FAQs)
 - Spend time linking to other websites
 - Meet other parents and staff members
 - Introduce yourself to Group Contact assigned to your athlete's training group
 - Serve as Committee Member
 - Become an official

Getting involved is the best way to show your athlete how much you support them



Become an Official

Information always available at www.swimohio.com

New Officials (Pick one)

- Date TBA, Madeira OH (Cincinnati area)
- Date TBA, Arlington OH (Columbus area)

Returning Officials and Admin Officials

- Several dates throughout October, Zoom classes available

In Addition to Officials Training

- Complete online courses, background checks, concussion protocol, etc

Questions: Raider Officials Contact:

Sanj Pai

sanjeeth.pai@alumni.upenn.edu

937.903.028



Why Officiate?

- All officials began as parents
- Most officials never swam competitively





Why Officiate?

- Best seats in the house!





Why Officiate?

- Meet new friends





Why Officiate?

- Fulfill all of your Raider team requirements





Why Officiate?

- Free food





Why Officiate?

- The kids!





What Officials Do

- Safety
 - Eyes and ears for USA Swimming
 - Protection of children
- Fairness
 - Know the rules
 - Apply the rules
 - Swimmer ALWAYS gets the benefit of the doubt
- Consistency
 - Same rules for all swimmers regardless of age
 - Checks and balances built in to officials structure



Even More

- Tax Deduction?
 - Oh Yeah – USA Swimming is a 501(c)(3) Charitable Organization
 - Deduct your hotels, mileage, and meals
 - As they relate to you personally
 - Consult your tax professional for details
- And nobody yells at a Swim Official



Backup



Central Zone



Club Code: "DR"

Local Swimming Committee (LSC) Code: "OH"

