OZARK SWIMMING 2015 LONG COURSE CHAMPIONSHIPS

July 24th - 26th, 2015

Hosted By: Edwardsville Swim Club

Sanction: Held under USA Swimming/Ozark Swimming Sanction # 5765

Officials: Meet Referee, Bill Rener - wrener@lmi.org (618) 792-1028

Admin Official: Angie Dorsey – adorsey@fast-swimming.com (314) 852-5216

Meet Director: Thomas May – Thomas may 62@gmail.com 618-593-2030

Marshall: Marcia Billhartz

Location

Chuck Fruit Aquatic Center 6168 Center Grove Rd. Edwardsville, IL 62025 618-655-7100

Facility

Indoor, 8-lane, 50 meter pool with non-turbulent lane markers and fully automatic timing system. The competition will be held in 8 lanes. Overhead seating for 499 spectators is available as well as generous on-deck areas for swimmers and coaches. Smoking is not permitted anywhere in the Aquatic Center. Only swimming coaches attached to a participating team, athletes, and meet workers will be allowed on deck during the meet. Spectators can view the meet from the spectator area above the pool. *Please see the attached sheet with facility rules!*

The competition course has been certified in accordance with USA Swimming rule 104.2.2C(4). The copy of such certification is on file with USA Swimming. The pool at the start end of the pool is 7ft. The pool depth at the turn of the pool is 12ft.

Changing Policy

Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is not appropriate and is prohibited by Ozark Swimming and USA Swimming.

Camera Policy

Per USA Swimming guidelines, no person shall use a camera or any other device capable of recording still or video images (including cell phones) in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators will be reported to law enforcement or other government authorities and/or may be barred from the facility during this sanctioned event.

Schedule:

Friday AM Prelims (13 & O): 1^{st} Warm-up -6:45 am -7:15 am; 2^{nd} warm up -7:15 am -7:45 am

Meet Starts -8:00 am

Friday PM Prelims (12 & U): 1st Warm-up – 12:50 pm – 1:15 pm; 2nd warm up - 1:15 pm – 1:40 pm

Meet Starts – 1:50 pm

Friday Finals (11 & O): 1^{st} Warm-up -5:00 pm -5:30 pm; 2^{nd} warm up -5:30 pm -6:00 pm

Meet Starts - 6:15 pm

Saturday Prelims(13 & O): 1^{st} Warm-up -6.45 am -7.15 am; 2^{nd} warm up -7.15 am -7.45 am

Meet Starts – 8:00 am

Saturday PM Prelims (12&U): 1st Warm-up - 12:50 pm - 1:15 pm; 2nd warm up - 1:15 pm - 1:40 pm

Meet Starts – 1:50 pm

Saturday Finals (11 & O): 1^{st} Warm-up -5:00 pm -5:30 pm; 2^{nd} warm up -5:30 pm -6:00 pm

Meet Starts - 6:15 pm

Sunday Prelims (13 & O): 1^{st} Warm-up -6:45 am -7:15 am; 2^{nd} warm up -7:15 am -7:45 am

Meet Starts - 8:00 am

Sunday PM Prelims (12 & U): 1st Warm-up - 12:50 pm - 1:15 pm; 2nd warm up - 1:15 pm - 1:40 pm

Meet Starts – 1:50 pm

Sunday Finals (11 & O): 1st Warm-up - 4:00 pm - 4:30 pm; 2nd warm up - 4:30 pm - 5:00 pm

Meet Starts - 5:15 pm

Meet Format and Procedures

Format: This is a Preliminary & Final Championship Meet. The 10 & under events will be timed final events that will be swam during the PM Prelims on each day. 11-12 will only include "A" championship final, 13-14, and 15 & Over events will include and "A" (championship) final and a "B" (consolation) final for the Top 16 swimmers from the mornings preliminary heats in all events except the 200 Relays (will swim in Finals sessions), all 400 individual distance events (timed finals with only the top 8 swimming in the Finals session), and the 800 free (timed finals with only the top 8 swimming at night). **For the 800 free, the top 8 seeded male and female swimmers will swim first in the Sunday Finals session.** All other heats of the 800 free will be swum (after a 10 minute break) after the Sunday prelim session. **All 10 & under events, relays events, and the 800 free will be swum as timed finals.**

During Finals, there will be a "ready room" and parade of finalist for the "A" final of each event. All finalists of the "B" and "A" heats will be asked to check in with the ready room at least 2 events before their race. "A" finalists will be paraded out to music and have their names announced while the music plays prior to their stepping up on the blocks. **The "B" heat will be swum prior to the "A" final.** The "B" (consolation) finalist will have their names announced during their event. Any swimmer who does not show up to the ready room in a timely fashion will be called for once over the loud speakers. If they do not show up immediately, the alternate will swim.

Meet Safety:

In accordance with the recommendations of USA swimming and the Ozark LSC, Chuck Fruit Aquatic Center will operate this meet under the guidance of a Marshall.

Scoring:

Scoring will be to 16 places as follows:

Individual events = 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1 Relay events = 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

AWARDS

Individual events:

Medals for 1st through 8th; Ribbons for 9th through 16th

Relay events:

Medals for 1st through 3rd; Ribbons for 4th through 8th

The Penny Taylor Memorial Award

This award will be presented to the outstanding swimmer of the meet as voted on by the coaches and through the following point system: 1 point for a National Reportable Time (Top Ten Times as of the start date of the meet), 1 point for an Ozark Record, 1 point for winning an individual event, and 1 point for each coach's vote.

Ozark Team Sportsmanship Award

This award is presented to the team, which displays the best sportsmanship, team support, positive attitudes, and has the best team appearance.

Individual High Point Trophies

The Top 3 swimmers scoring the highest number of individual points in each age group & gender will be awarded a high point trophy.

Age Group Team Awards

The team scoring the most points in each age group & gender will be announced at the conclusion of the meet. No awards will be given for these categories.

Overall Team Awards (combined Gender and Age Groups)

Trophies will be presented to 1st, 2nd, 3rd place teams.

General Conduct

Seeding and Swimmer Check-in

All Prelim/Final events (except for the 400 free and 400 IM which will be positive check in events) and 10 and under events will be pre-seeded. All relay events are timed final events and coaches must turn in relay cards by the announced deadlines. Turned in relay cards will be considered a positive check in. Any relays not turned in by the deadline will be scratched from the event.

The 800 free is a combined age group, timed final, deck seeded event. It will be seeded fastest to slowest alternating girls' and boys' heats. The fastest 8 boys' and girls' will swim first in the Sunday finals session. All other heats will be swum at the conclusion of the Sunday prelim session. Swimmers must positively check-in for the 800 free by 10:00 am on the day they are scheduled to swim the event. Any scratch after positively checking in for the 800 free will result in a \$50 fine payable to Ozark Swimming. Swimmers must provide their own timer and lap- counter.

Warm-up Procedures

Warm-up procedures will be defined by the Ozark LSC safety regulations. A swimmer attending the meet without a USA-S registered coach must report to the meet referee prior to warming up. The referee or his designee shall instruct the swimmers in the safety rules and assign them to a lane. Lanes will be assigned.

Scratches

- A. Any swimmers NOT reporting for or competing in a preliminary heat or individual timed final event (except the 800 free) shall not be penalized.
- B. Any swimmer who qualifies for a consolation or championship final in an individual event who then fails to show up for said consolation or championship final event shall be ejected from the remainder of the meet.

There will be no penalty for failure to compete in finals if

- A. The referee is notified in the event of illness or injury and accepts proof thereof.
- B. A swimmer qualifying for a consolation or championship finals swim notifies the referee within thirty (30) minutes after the announcement of the finalist for that event that he/she may not intend to compete and further declares his/her intention within thirty (30) minutes following his last individual preliminary event. This is called a "declaring an intent to scratch".
- C. The swimmer "scratches" his or her finals swim within thirty (30) minutes following the announcement of the finalist for that event. The swimmer or coach of that swimmer must report to the announcer in order to "scratch" an event.
- D. It is determined by the meet referee that failure to compete was caused by circumstances beyond the control of the swimmer.

Entry Procedures

Eligibility

All swimmers must be registered for the 2015-year with USA Swimming. "Applied For" will not be accepted. Registration numbers must accompany entries. Swimmers who are entered and are found to be not registered will be dropped from the meet and will forfeit their meet entry fees. All swimmers must be a member of Ozark Swimming for this LSC championship. If a non-registered athlete does swim, a \$100.00 fee will be imposed. "Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this request."

Entry Limit

Individual Events: Swimmers may enter a maximum of 7 individual events for the entire meet and can enter no more than 3 individual events per day. Any swimmer who enters more than the prescribed number of events will be scratched down to the event limit starting with the highest event number on that day the over-entry occurs.

Relay Events: Each team will be permitted to enter two (2) scoring relays for each relay event. Teams may enter exhibition relays. All exhibition relays are to be entered at "NT". You may enter "Relay Only" swimmers in the meet to swim on the relays, even if they do not have individual events, but those swimmers names must be included with your team's entries and must pay the posted surcharge for entering the meet.

Qualifying Times

Swimmers must have achieved the BB time standard in each event for which they are entered. Swimmers who only have the short course meter or short course yard cut for an individual event must enter at the short course meter or short course yard time achieved. Those swimmers who achieve a BB time in either the 1650/1500 free, or the 1000/800 free may enter the 800 distance event. If entering with a cut other than the 800 free time, enter at the time and in the course the time was achieved. The meet will be seeded in the following order: a) LCM first seeding priority b) SCM Second seeding priority c) SCY Third seeding priority. The meet will be seeded in accordance to USA swimming rules (refer to rule 207.12.7).

Oualifying Period

The qualifying swims must have occurred between **July 25, 2014** and the entry deadline date of **July 19, 2015**. Any swimmer who initially achieves a BB time in the **Rockwood Get Your Best Yards Time** meet or a time trial before 10: 00 PM , Tuesday, July 21st, 2015 can enter by emailing Bob Rettle at coachbob@edwyswim.org by 11:00 pm Tuesday, July 21st, 2015.

Proof of Times

The host club will confirm all entry times with the USA Swimming SWIMS database prior to the meet. Entry times must be validated by SWIMS to meet the standard of proof. Any entry time that is not found in SWIMS will be flagged and a report will be emailed to all entry contacts with flagged times prior to the meet. If a swimmer on the report chooses to compete and fails to achieve the BB time standard in a flagged event at the meet, a \$50 fine will be assessed and the swimmer will be ejected from the remainder of the meet.

Entry Fees

Individual events = \$4.00 Relay events = \$10.00 Swimmer Surcharge = \$10.00

All checks should be made payable to ECUSD 7

Mail To

Bob Rettle, Meet Entry Chair C/O Chuck Fruit Aquatic Center 6168 Center Grove Rd. Edwardsville, IL 62025

Submitting

Email entries (SDIF format) are preferred for this meet, and must be received by 5:00 pm, Sunday July 19, 2015 (any swimmer who initially achieves a BB time in the Rockwood Get Your Best Yards time meet, or time trial, can enter by email by 11:00 pm Tuesday, July 21st.). All entries must be in Hy-Tek Team Manager Format. E-mail entries will receive a confirmation that their e-mail was received. If you do not receive a confirmation, please contact Coach Bob at (618) 407-7665. Confirmation does not mean that your entry has been accepted. No phone or fax entries will be accepted. Entries requiring a signature or postage will not be accepted. Check and release form must be received by Thursday, July 23rd, 2015. Times must be submitted in the course the time was achieved. Swimmers who qualify with short course yard times, short course meters times, or swimmers who qualify for the 800 free, must enter the meet with those times.

Entries must be received by 5:00 pm on Sunday, July 19th, 2015

All entries must be mailed to:

Bob Rettle, Meet Entry Chair C/O Chuck Fruit Aquatic Center 6168 Center Grove Rd. Edwardsville, IL 62025 618-407-7665 Cell coachbob@edwyswim.org

Entry summary and release form

This form is part of your entry and must be signed and returned for your entry to be accepted. Entry deadline – July 20, 2015

Club:	Code	e: LSC:	<u>—</u>
Address:			
City:	State:	Zip:	
Head Coach:			
Phone:			
Entry contact:			
Phone:			
E-mail:			
Number of Coaches attending:			
ENTRY SUMMARY Number of swimmers entered	x \$10.00 = _		
Number of individual entries:	x \$4.00 = _		
Number of relay entries:	x \$10.00 = _		
Total amount enclosed: =			
MAKE YOUR CHECK PAYABL Bob Rettle, Meet Entry Chair C/O Chuck Fruit Aquatic Center 6168 Center Grove Rd. Edwardsville, IL 62025 Do not send entries, disks, or pape			
RELEASE ECUSD7, Chuck Fruit Aquatic Cent claims for damages arising by reason		C	ss for any and all liabilities or
I certify that all individuals in the suparticipate in this event. I further cercompleting this form and prior to the	rtify that proper registration appl		
Signature:	Title:	Date:	

Schedule of Events

Friday June 24th, 2015 Prelims

13 and Over

EVENT#	BB Time	Gender	AGE	Distance	Stroke	Gender	BB Time	EVENT#
1	1:14.09	Girls	15 & Over	100	Free	Boys	1:07.39	2
3	1:15.49	Girls	13-14	100	Free	Boys	1:10.79	4
5	3:21.20	Girls	15 & Over	200	Breast	Boys	3:04.09	6
7	3:26.69	Girls	13-14	200	Breast	Boys	3:14.49	8
9	1:19.99	Girls	15 & Over	100	Fly	Boys	1:12.69	10
11	1:21.79	Girls	13-14	100	Fly	Boys	1:16.29	12
13	6:18.79	Girls	15 & Over	400	IM	Boys	5:51.59	14
15	6:30.39	Girls	13-14	400	IM	Boys	6:08.79	16
17		Girls	15 & Over	800	Free Relay	Boys		18
19		Girls	13-14	800	Free Relay	Boys		20

Friday June 24th, 2015 Prelims

12 and Under

EVENT#		Gender	AGE	Distance	Stroke	Gender		EVENT#
27	41.69	Girls	11-12	50	Back	Boys	41.49	28
29	49.59	Girls	10 & Under	50	Back	Boys	49.49	30
31	2:50.69	Girls	11-12	200	Free	Boys	2:46.19	32
33	3:23.39	Girls	10 & Under	200	Free	Boys	3:13.29	34
35	1:41.89	Girls	11-12	100	Breast	Boys	1:39.99	36
37	2:01.69	Girls	10 & Under	100	Breast	Boys	1:58.39	38
39	38.79	Girls	11-12	50	Fly	Boys	39.29	40
41	47.89	Girls	10 & Under	50	Fly	Boys	46.79	42
43		Girls	11-12	400	Medley Relay	Boys		44

Friday June 24th, 2015 FINALS

11 and Over

EVENT#	BB Time	Gender	AGE	Distance	Stroke	Gender	BB Time	EVENT#
1	1:14.09	Girls	15 & Over	100	Free	Boys	1:07.39	2
3	1:15.49	Girls	13-14	100	Free	Boys	1:10.79	4
31	2:50.69	Girls	11-12	200	Free	Boys	2:46.19	32
5	3:21.20	Girls	15 & Over	200	Breast	Boys	3:04.09	6
7	3:26.69	Girls	13-14	200	Breast	Boys	3:14.49	8
35	1:41.89	Girls	11-12	100	Breast	Boys	1:39.99	36
9	1:19.99	Girls	15 & Over	100	Fly	Boys	1:12.69	10
11	1:21.79	Girls	13-14	100	Fly	Boys	1:16.29	12
39	38.79	Girls	11-12	50	Fly	Boys	39.29	40
13	6:18.79	Girls	15 & Over	400	IM	Boys	5:51.59	14
15	6:30.39	Girls	13-14	400	IM	Boys	6:08.79	16
27	41.69	Girls	11-12	50	Back	Boys	41.49	28
21		Girls	15 & Over	200	Free Relay	Boys		22
23		Girls	13-14	200	Free Relay	Boys		24
25		Girls	11-12	200	Free Relay	Boys		26

Saturday June 25th, 2015 Prelims

13 and Over

EVENT#	BB Time	Gender	AGE	Distance	Stroke	Gender	BB Time	EVENT#
45	2:55.79	Girls	15 & Over	200	Back	Boys	2:41.39	46
47	2:59.39	Girls	13-14	200	Back	Boys	2:49.89	48
49	34.29	Girls	15 & Over	50	Free	Boys	30.19	50
51	34.89	Girls	13-14	50	Free	Boys	31.99	52
53	3:00.29	Girls	15 & Over	200	IM	Boys	2:45.49	54
55	3:05.29	Girls	13-14	200	IM	Boys	2:53.69	56
57	5:34.70	Girls	15 & Over	400	Free	Boys	5:12.79	58
59	5:41.19	Girls	13-14	400	Free	Boys	5:27.89	60
61		Girls	15 & Over	400	Medley Relay	Boys		62
63		Girls	13-14	400	Medley Relay	Boys		64

Saturday June 25th, 2015 Prelims

12 and Under

EVENT#	BB Time	Gender	AGE	Distance	Stroke	Gender	BB Time	EVENT#
71		Girls	10 & Under	200	Medley Relay	Boys		72
73	1:31.10	Girls	11-12	100	Back	Boys	1:30.09	74
75	1:48.39	Girls	10 & Under	100	Back	Boys	1:43.89	76
77	35.99	Girls	11-12	50	Free	Boys	35.09	78
79	40.69	Girls	10 & Under	50	Free	Boys	39.69	80
81	3:13.49	Girls	11-12	200	IM	Boys	3:11.39	82
83	3:43.89	Girls	10 & Under	200	IM	Boys	3:42.49	84
85	5:56.49	Girls	11-12	400	Free	Boys	5:48.69	86

Saturday June 25th, 2015 Finals

11 and Over

EVENT#	BB Time	Gender	AGE	Distance	Stroke	Gender	BB Time	EVENT#
45	2:55.79	Girls	15 & Over	200	Back	Boys	2:41.39	46
47	2:59.39	Girls	13-14	200	Back	Boys	2:49.89	48
73	1:31.10	Girls	11-12	100	Back	Boys	1:30.09	74
49	34.29	Girls	15 & Over	50	Free	Boys	30.19	50
51	34.89	Girls	13-14	50	Free	Boys	31.99	52
77	35.99	Girls	11-12	50	Free	Boys	35.09	78
53	3:00.29	Girls	15 & Over	200	IM	Boys	2:45.49	54
55	3:05.29	Girls	13-14	200	IM	Boys	2:53.69	56
81	3:13.49	Girls	11-12	200	IM	Boys	3:11.39	82
57	5:34.70	Girls	15 & Over	400	Free	Boys	5:12.79	58
59	5:41.19	Girls	13-14	400	Free	Boys	5:27.89	60
85	5:56.49	Girls	11-12	400	Free	Boys	5:48.69	86
67		Girls	15 & Over	200	Medley Relay	Boys		68
69		Girls	13-14	200	Medley Relay	Boys		70
65		Girls	11-12	200	Medley Relay	Boys		66

Sunday June 26th, 2015 Prelims 13 and Over

EVENT#	BB Time	Gender	AGE	Distance	Stroke	Gender	BB Time	EVENT#
87	1:33.90	Girls	15 & Over	100	Breast	Boys	1:25.49	88
89	3:26.69	Girls	13-14	100	Breast	Boys	1:28.10	90
91	2:39.50	Girls	15 & Over	200	Free	Boys	2:27.89	92
93	2:42.69	Girls	13-14	200	Free	Boys	2:33.79	94
95	1:22.29	Girls	15 & Over	100	Back	Boys	1:15.49	96
97	1:23.69	Girls	13-14	100	Back	Boys	1:18.99	98
99	2:55.89	Girls	15 & Over	200	Fly	Boys	2:41.49	100
101	2:59.49	Girls	13-14	200	Fly	Boys	2:49.59	102
103		Girls	15 & Over	400	Free Relay	Boys		104
105		Girls	13-14	400	Free Relay	Boys		106
107	11:30.20	Girls	13 & Over	800	Free	Boys	10:50.69	108

Sunday June 26th, 2015 Prelims

12 and Under

EVENT#	BB Time	Gender	AGE	Distance	Stroke	Gender	BB Time	EVENT#
111		Girls	10 & Under	200	Free Relay	Boys		112
113		Girls	11-12	400	Free Relay	Boys		114
115	1:53.99	Girls	10 & Under	100	Fly	Boys	1:52.79	116
117	1:29.69	Girls	11-12	100	Fly	Boys	1:28.29	118
119	1:32.19	Girls	10 & Under	100	Free	Boys	1:30.89	120
121	1:18.99	Girls	11-12	100	Free	Boys	1:16.29	122
123	54.69	Girls	10 & Under	50	Breast	Boys	54.69	124
125	45.59	Girls	11-12	50	Breast	Boys	45.99	126

Sunday June 26th, 2015 Finals

11 and Over

EVENT#	BB Time	Gender	AGE	Distance	Stroke	Gender	BB Time	EVENT#
107	11:30:20	Girls	13 & Over	800	Free	Boys	10:50.69	108
87	1:33.90	Girls	15 & Over	100	Breast	Boys	1:25.49	88
89	3:26.69	Girls	13-14	100	Breast	Boys	1:28.10	90
125	45.59	Girls	11-12	50	Breast	Boys	45.99	126
91	2:39.50	Girls	15 & Over	200	Free	Boys	2:27.89	92
93	2:42.69	Girls	13-14	200	Free	Boys	2:33.79	94
121	1:18.99	Girls	11-12	100	Free	Boys	1:16.29	122
95	1:22.29	Girls	15 & Over	100	Back	Boys	1:15.49	96
97	1:23.69	Girls	13-14	100	Back	Boys	1:18.99	98
99	2:55.89	Girls	15 & Over	200	Fly	Boys	2:41.49	100
101	2:59.49	Girls	13-14	200	Fly	Boys	2:49.59	102
117	1:29.69	Girls	11-12	100	Fly	Boys	1:28.29	118