

2016 OZARK QUALIFIER

February 13 & 14, 2016

Held under the sanction of USA Swimming/Ozark Swimming Sanction # TBD

Eligibility

Open to currently registered USA Swimming athletes only. "Applied for..." will not be accepted. On deck registration is not available. Swimmers who do not hold current USA Swimming membership will be dropped from the meet. There is a \$100 fine for entering nonregistered athletes in an Ozark meet. Coaches must be currently registered with USA Swimming as Coach members.

Athletes attending the meet unaccompanied by a USA Swimming coach must report to the meet referee or meet director prior to warming up for each session. The athlete will be assigned to a coach on deck for each session of the meet they are entered in.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this request.

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities and claims for damages arising from damages or injuries to anyone during the conduct of the event.

Meet Format

All events are timed finals. All of the technical and administrative rules of USA Swimming will apply.

Meet Contacts

Admin Official/Meet Director: Angie Dorsey (314) 852-5216 adorsey@fast-swimming.com Co-Meet Referees: Bruce Dreyer (314) 221-3802 bdreyer@fast-swimming.com

John Traube (314) 267-2971 john@traubetent.com

Meet Entry Contact: Angie Dorsey (314) 845-3978 entries@fast-swimming.com Officials Coordinator: Dave Otten (618) 340-5086 fastofficials@fast-swimming.com

Safety Marshall: Brian Ullery (314)821-8390 brian.ullery@gmail.com

Facility

Lindbergh High School pool is an indoor 10 lane, 25 yard course. It is equipped with a fully automated timing system and a 10 lane scoreboard. There is an elevated seating area provided for 600 spectators.

The competition course has been certified in accordance with USA Swimming Rule 104.2.2C(4). The copy of such certification is on file with USA Swimming. The pool depth at the start end is 13ft, the pool depth at the turn end is 7ft.

Gym 2 is located in the same building and will provide a staging area for swimmers and spectators to relax between events. As per USA Swimming guidelines, cameras & video recording devices (including cell phones with such capability) are prohibited in all locker rooms.

Directions & Parking

The Lindbergh High School pool is located at **5000 South Lindbergh Blvd.**, **St. Louis**, **MO 63126**. A Google map link is available on the FAST team website (www.fast-swimming.com). The school parking lots are available for use throughout the competition. The parking lot just outside of the pool building is accessed by driving around the left side of the property as you enter from Lindbergh Boulevard.

Entry Fees

Swimmer Surcharge: \$7.00 per swimmer Individual Events: \$4.50 per individual event

Relays: \$6 per relay team

No Refunds will be issued with the following exception. If a swimmer has not scratched out of a limited event and is held out of the event due to the entry limits (i.e. 13&Over 500 Free), the team will be mailed a refund for the entry fee following the meet. This exception does not apply to swimmers who are scratched from a limited event during the positive check-in process.

Entry Limits

The meet will be limited to 400 swimmers prior to the addition of the host team entry. No Team entry will be split. The host team reserves the right to limit the entry for any specific event in order to provide reasonable timelines for each session. The host team reserves the right to include an additional heat of girls and boys in the 10-12 500 Free, 13&Over 500 Free and 13&Over 400 IM to be filled by swimmers from the host team.

Each swimmer may swim four (4) individual events per day plus relays each day. Each team may enter two (2) relays per team. A swimmer must swim at least one individual event at any time during the meet to be eligible for a relay.

Eligibility

Eligible teams: FAST, Parkway, Edward Jones, Gateway City, River City, Tsunami, YOSI, Rolla Fins, Saluki, Poplar Bluff, HTCY, and CCC

Qualifying Times

Qualifying times for 10 & Under, 10-12 and 13-14 age groups are SLOWER THAN BB time. Qualifying times for the Open events will be SLOWER THAN USA JUNIORS. The 10-12 age group is for swimmers who are already 11 to 12 years of age or swimmers who are still 10 years of age as of 2/14/2015 but will turn 11 years of age before 2/26/2015

Entry Process

FAST will begin to accept entries on Monday, February 1, 2016 at 9:00am CT.

All Teams are required to send an entry file that is compatible with the Hytek Meet Manager Program.

All entries should be submitted by email to entries@fast-swimming. FAST will send a confirmation email once your entry email has been received. This **does not** indicate acceptance into the meet.

The signed meet entry summary form and the check for the team entry fees **must** be received by the entry deadline in order to be considered for acceptance.

Please mail your summary forms and checks (made payable to Flyers Aquatic Swim Team) to: **Angie Dorsey**

C/O FAST

PO Box 8595

St. Louis, MO 63126

The **Entry Deadline** for the meet will be **Wednesday**, **February 3**, **2016 at 12 pm CT**. Entries may be accepted after the deadline if the meet is not full.

FAST will contact each team by email no later than 5 pm CT on Wednesday, February 3, 2016 to confirm acceptance into the meet.

Deck entries may be accepted at the discretion of the administrative official.

Pre-Meet Information & Meet Results

A technical bulletin will be emailed to all participating clubs prior to the meet which will include estimated timelines, warm-up assignments and any other pertinent meet information.

Meet Results will be posted at the meet throughout each session and on meet mobile. The official final results will be posted on the Ozark Swimming website (www.ozarkswimming.org) following the meet.

Awards

All events: Ribbons for places 1-8

Positive Check-in

All swimmers must positively check-in for the 400IM, 1000 Free and 500 Free.

Check-in is required at least 30 minutes prior to the session start. Failure to do so will result in the swimmer being scratched from that session.

The host team reserves the right to pre-seed Saturday and Sunday events if the timeline permits.

All remaining events will be pre-seeded. Heat sheets will be available for sale in the concession area.

USA Swimming/Ozark Policy and Facility Rules

As per USA Swimming guidelines, cameras & video recording devices (including cell phones with such capability) are prohibited in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during this sanctioned event. Lindbergh High School is a tobacco-free facility with no use of tobacco products on the pool deck or in the adjacent buildings. Deck changing is prohibited in accordance with USA Swimming Rule 202.4.9.I.

USA Swimming Swimsuit Legislation

The only suits allowed are those permitted by FINA and in compliance with <u>current USA Swimming rules</u>.

The criteria for allowable swimsuits at USA Swimming competition, under Rule 102.9, is as follows:

- 1. Swimsuits for men may not extend above the navel or below the knee and for women may not cover the neck or extend past the shoulders or below the knee;
- No zippers or other fastening devices are allowed except for a waist tie on a brief or jammer; and
- 3. Suits must be of textile material and must not be made of any rubberized type of material such as polyurethane or neoprene.

Vendor

B&B Aquatics will be at the meet on Saturday and Sunday and will be located in Gym 2.

Concessions

Concessions will be available in the Gym 2 lobby.

Additional Notes to Coaches and Athletes

- We plan to run 8 lanes for all sessions but we reserve the right to run 10 lanes if estimated timelines require us to do so to remain within appropriate session timelines.
- All events will be swum fastest to slowest.
- Swimmers entered in the 500 Free and 1000 Free must provide a lap counter.
- The 400 IM and 1000 Free will be swum alternating heats of girls and boys.

	Saturday Morning Warm-up: 7:30 am Meet Starts: 8:40 am			
Girls	Event	Boys		
1	10-12 200 Individual Medley	2		
3	10&Under 100 Individual Medley	4		
5	10-12 100 Breaststroke	6		
7	10&Under 100 Breaststroke	8		
9	10-12 50 Butterfly	10		
11	10&Under 50 Butterfly	12		
13	10-12 100 Backstroke	14		
15	10&Under 100 Backstroke	16		
17	10-12 100 Freestyle	18		
19	10&Under 100 Freestyle	20		
21	11-12 200 Medley Relay	22		
23	10&Under 200 Medley Relay	24		
10 Minute Break				
25	10-12 500 Freestyle	26		

	Saturday Afternoon Warm-up: 1:30 pm Meet Starts: 2:40 pm		
Girls	Event	Boys	
27	13-14 200 Individual Medley	28	
29	Open 200 Individual Medley	30	
31	13-14 200 Breaststroke	32	
33	Open 200 Breaststroke	34	
35	13-14 100 Butterfly	36	
37	Open 100 Butterfly	38	
39	13-14 200 Backstroke	40	
41	Open 200 Backstroke	42	
43	13-14 100 Freestyle	44	
45	Open 100 Freestyle	46	
47	13-14 200 Medley Relay	48	
49	Open 200 Medley Relay	50	
	10 Minute Break		
51	13-14 500 Freestyle	52	
53	Open 500 Freestyle	54	

	Sunday Morning Warm-up: 7:30 am Meet Starts: 8:40 am		
Girls	Event	Boys 56	
55	11-12 200 Free Relay		
57	10&Under 200 Free Relay	58	
59	10-12 200 Freestyle	60	
61	10&Under 200 Freestyle	62	
63	10-12 50 Backstroke	64	
65	10&Under 50 Backstroke	66	
67	10-12 100 Butterfly	68	
69	10&Under 100 Butterfly	70	
71	10-12 50 Freestyle	72	
73	10&Under 50 Freestyle	74	
75	10-12 50 Breaststroke	76	
77	10&Under 50 Breaststroke	78	
79	10-12 100 Individual Medley	80	
81	10&Under 200 Individual Medley	82	

	Sunday Afternoon Warm-up: 1:30 pm Meet Starts: 2:40 pm		
Girls	Event	Boys	
83	13-14 200 Medley Relay	84	
85	Open 200 Medley Relay	86	
87	13-14 200 Freestyle	88	
89	Open 200 Freestyle	90	
91	13-14 100 Backstroke	92 94	
93	Open 100 Backstroke		
95	13-14 200 Butterfly	96	
97	Open 200 Butterfly	98	
99	13-14 50 Freestyle	100	
101	Open 50 Freestyle	102	
103	13-14 100 Breaststroke	104	
105	Open 100 Breaststroke	106	
107	Open 400 Individual Medley	108	
<u>.</u>	10 Minute Break		
109	Open 1000 Freestyle	110	