Chuck Fruit Senior Invitational

Short Course Prelims – Long Course Finals

Presented by Edwardsville Swimming Dec 18-20, 2015

SANCTIONED BY: USA Swimming/Ozark Swimming

SANCTION NO: HEATS & FINALS (B Consolation, A Finals)

ENTRIES DUE: Received by 5:00 pm, Mon Dec 14, 2015

DATE OF MEET: **DEC. 18-20, 2015** START TIMES: Friday Prelims – 3:30 pm - Finals – 7:00 pm

Saturday Premlims – 5:30 pm – Finals – 7:00 pm Saturday Premlims-9:00 am – Finals – 5:00 pm

Warm-up: POOL OPEN FOR WARM-UP - FRI 2:30pm

SAT/SUN ~ 7:00 am (Prelims), 3:30 pm (Finals)

POOL: Chuck Fruit Aquatic Center 6168 Center Grove Rd. Edwardsville, IL 62025

COURSE: The Chuck Fruit Aquatic Center pool is an indoor 50 meter pool; 25 yard competition area with eight (8) swimming lanes, and a warm-up area. This competition course with bulkhead in position has been certified in accordance with 104.2.2 (C). Pool depth dimensions at start end = 7', turn end = 12.5'.

<u>WARM-UP</u>: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of a current **2015 or 2016 USA Swimming member coach**. There will be <u>NO DIVING</u> into the pool during these times except into the designated sprint lane(s) as directed by the meet referee. WARM-UP RULES WILL BE ANNOUNCED AND POSTED.

MEET REFEREE: The Meet Referee will be in charge of the meet. Any questions regarding conduct of the meet should be made directly to that person.

RULES: USA Swimming Rules will govern. Current OSI Meet procedure for heats and finals meets will be enforced and take precedence over any errors or omissions on this form. **Prelims will be seeded slow to fast, three circle seeded heats.** The National Championship Finals' Scratch rule will be used. Athletes qualifying 1st thru 16th are obligated to scratch within 30 minutes of the preliminary results announcement if they do not intend to swim finals. Failure to swim finals will result in disqualification from the rest of the meet.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

DECK CHANGING: Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DECK ACCESS: Only certified USA Swimming officials and designated volunteers will be allowed on the pool deck. Coaches will be issued deck passes which are required for deck access before, and during the meet.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each

race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence and throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

ELIGIBILITY & AFFILIATION: Open to all athletes who hold 2015 or 2016 USA Swimming Registration. Registration application must be received by the entry deadline by the meet processor, administrative referee or OSI Office. Late application will be considered "on deck" and subject to penalties. Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to your LSC Registrar. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet.

QUALIFYING TIMES: Submit ACTUAL times achieved for each event. If Standard is achieved in LONG COURSE METERS, enter event with LONG COURSE METER time, indicated on entry by "L". If standard is achieved in SHORT COURSE YARDS, enter event with SHORT COURSE YARD time, indicated on entry by "V" If entering electronically, "L" or "Y" must be indicated on proof of time sheet. Times must have been achieved on or after September 1, 2014 and must be verifiable (meets not in SWIMS are provable only with official results subject to approval by OSI). Do Not submit NT (no time) or ET (estimated time). Discrepancies in submitted times may lead to disciplinary action. Coaches, swimmers & parents are reminded that this is a proof-of-time meet. NOTE: All entry times will be verified in advance through the USA SWIMS database.

800 & 1500 FREESTYLE & Relays: The 800 and 1500 are timed final events swum at the end of prelims on Saturday and Sunday. Events 23-24 and 37-38 will be swum fastest to slowest alternating women and men heats. Relays are timed finals and will be swum in finals each day.

ENTRY LIMIT: A swimmer may enter all events for which the time standard has been met and can be verified. A swimmer may swim no more than 3 individual events per day. A swimmer who meets the automatic time standard for any event is eligible to enter the 50 Butterfly, 50 Backstroke, 50 Breaststroke, and ONE bonus event.

ENTRY FORMAT: Individual entry charge of \$4.00 per entered event plus \$12.00 surcharge and Relay fee \$16.00, must accompany entry. Club electronic entry is encouraged. NO REFUNDS. If submitting a Standard Meet Entry Form for swimmer card must be completely filled out including entire USA Swimming registration number. A check for the total amount must accompany each entry to the address below. All payment must be made before a team is allowed to participate in the meet.

Electronic Entry – E-mail entries to edwyswim@yahoo.com by the designated deadline. Any additions or updates after the deadline will be considered. Confirmation of your entry will be sent by e-mail by Tuesday Dec. 15th at 10:00am.

MEET LIMIT: The Chuck Fruit Senior Invitational will be limited to the first 300 athletes. Entries will be processed "first come, first served."

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.

MAKE CHECKS PAYABLE TO: ECUSD7

Mail To: Bob Rettle 6168 Center Grove Rd. Edwardsville, IL 62025 ELECTRONIC ENTRY FILE (entry.zip): edwyswim@yahoo.com (must include Word or .pdf file)

Chuck Fruit Senior Invitational

Short course prelims – Long course finals

Presented by: Edwardsville Swimming Hosted by: Chuck Fruit Aquatic Center

Date: December 18-20, 2015

Open to USA Swimming Members

Friday Prelims Start: 3:30pm Finals: 7:00pm Saturday & Sunday Prelims Start: 9:00 AM Finals: 5:00 PM

Entries due: 5:00pm Monday 12/14/15

WOMEN

Friday 12/18/15

<u>MEN</u>

Event	Qualifying Time		Stroke/Distance	Qualifying Time		Event
#	Yards	Meters	Stroke/Distance	Yards	Meters	#
1	2:22.99	2:46.39	200 INDIV. MEDLEY	2:12.29	2:32.79	2
3	27.69	31.69	50 FREESTYLE	24.79	27.89	4
			Convert pool to LCM			
5	5:43.99	5:08.89	400 FREESTYLE- Swum last event	5:21.19	4:48.69	6
			in finals			

WOMEN

Saturday 12/19/15

MEN

Event	Qualifying Time		Stroke/Distance	Qualifying Time		Event
#	Yards	Meters	Sti oke/Distance	Yards	Meters	#
7			200 MEDLEY RELAY- Swum first			8
			event in finals			
9			50 BACKSTROKE			10
11	5:07.29	5:49.69	400 INDIV. MEDLEY	4:43.99	5:24.49	12
13	1:05.29	1:13.89	100 BUTTERFLY	58.99	1:07.09	14
15	2:09.29	2:27.19	200 FREESTYLE	1:58.59	2:16.49	16
17	1:15.69	1:26.69	100 BREASTSTROKE	1:07.89	1:18.89	18
19	1:05.39	1:15.99	100 BACKSTROKE	59.79	1:09.69	20
21			50 BREASTSTROKE			22
			Convert pool to LCM			
			30 minute warm up			
23	19:48.19	20:27.39	1500/800 FREESTYLE	11:05.99	10:00.69	24

WOMEN

Sunday 12/20/15

MEN

Event	Qualifying Time		Stroke/Distance	Qualifying Time		Event
#	Yards	Meters	Stroke/Distance	Yards	Meters	#
25			200 FREESTYLE RELAY- Swum			26
			first event in finals			
27			50 BUTTERFLY			28
29	2:21.19	2:42.29	200 BACKSTROKE	2:09.89	2:28.89	30
31	59.99	1:08.39	100 FREESTYLE	54.19	1:02.19	32
33	2:42.79	3:05.69	200 BREASTSTROKE	2:28.09	2:49.99	34
35	2:22.99	2:42.29	200 BUTTERFLY	2:11.39	2:29.09	36
			Convert pool to LCM			
			30 minute warm up			
37	11.52.39	10:37.09	800/1500 FREESTYLE	18:39.99	19:07.79	38