### Fall 2015 High School Challenge



**October 24th, 2015** 

Shea Natatorium - Southern Illinois University Carbondale, IL 62901

**Location**: Shea Natatorium in the Student Recreation Center on the Campus of Southern Illinois University - 600 East Grand, Carbondale, Illinois 62901

**Sanction**: This competition is held under dual USA Swimming / Ozark LSC sanction #XXXX and US Masters Swimming Sanction #YYYY. Per USAS and USMS sanctioning protocols, this meet will be conducted by alternating USAS events and USMS events (interleaved). At the request of all involved coaches and with the permission of the Meet Referee, events and heats may be combined with appropriate governing rules being applied to individual lanes.

**Facility**: The Dr. Edward J Shea Natatorium, located in the Student Recreation Center of the Southern Illinois University Carbondale Campus features eight 25 yard competition lanes with non-turbulent lane markers and a fully automatic timing system as well as multiple continuous warm-up & cool-down lanes.

Overhead seating for 500 spectators is available as well as generous on-deck space for swimmers and teams. Smoking is not permitted anywhere on campus. Food is not permitted in the pool balcony nor on deck. This meet is operated as a "closed deck". Only participating, credentialed coaches, officials, athletes and designated meet workers will be allowed on deck. There are no exceptions. Spectators are welcome to view the competition from the overhead bleachers or the air conditioned viewing lounges.

Attached are rules specific to the facility. Please insure that all athletes, coaches, and family members are familiar with these rules so that everyone involved can have a safe and friendly swim meet.

The competition course has been certified in accordance with USA Swimming rule 104.2.2C(4). The pool depth at the start end is 5' and the depth of the pool at the turn end is 5'.

**Changing Policy**: Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is not appropriate and is prohibited by Ozark Swimming. Shea Natatorium provides male and female locker rooms with private changing booths as well as a private family changing room. Changing into or out of swimsuits is prohibited in any area except these locations.

**Camera Policy**: Per USA Swimming guidelines, use of audio or visual recording devices including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Violators will be reported to law enforcement or other government authorities and/or may be barred from the facility during this sanctioned event. This policy applies to athletes as well as meet staff and spectators.

**Eligibility**: All swimmers must be Athlete members of USA Swimming or US Masters Swimming. "Applied for..." will not be accepted. On deck registration is not available. Swimmers who do not hold current USA Swimming or USMS membership will be dropped from the meet. There is a \$100 fine for entering non-registered athletes in an Ozark meet. Coaches must be registered with USA Swimming or USMS as 'Coach' members.

USAS athletes attending the meet unaccompanied by a USA Swimming coach must report to the meet referee or meet director prior to warming up for each session. The athlete will be assigned to a coach on deck for each session of the meet that s/he is entered. Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this request.

**Format**: Current USA Swimming rules apply to all USAS events while USMS rules will be applied to USMS events. All events are competed as timed finals.

**Age Groups**: This meet emulates the experience of a high school dual meet. All USAS events will be competed as a single, 11 & Over age group with separate events for boys and girls. USMS events will be competed as Open with USMS standard age groups for scoring.

Awards: No awards will be distributed at this meet

**Entry Fees**: There is an entry fee of \$4.00 per event and \$8.00 surcharge per athlete. All entries are due by Wednesday, October 15. Entries will be accepted in the order they are received.

**Limits**: Athletes are limited to 2 individual events and 2 relays. The total number of entries will be limited to assure a reasonable time line and compliance with USA Swimming guidelines for session length. No team entries will be split.

**Entry Process**: This meet will be administered using Hytek Meet Manager. Entries will be accepted as SDIF entry files. You will receive confirmation of receipt of your entry file followed by confirmation of successful entry into the meet or declination of your entries. Fees and signed waivers must be turned in no later than 1/2 hour prior to the start of the session or your entry will be scratched. Deck entries will be accepted with a \$6.00 per event fee. All entries will close 1/2 hour prior to the start of the meet.

Send entries to:

aosalukiswimming@gmail.com

**Deadline**: All entries must be received by October 15th at midnight. Late entries will be treated as deck entries and charged 6.00 per event.

**Distance Events**: The 500 yard freestyle event will be a positive check in event. Athletes must check in 30 minutes prior to the start of the first session. Those athletes that do no check in by that time will be scratched from the event with no further penalty and with no refund of fees. Failure to compete once positively checked in will result in disqualification from all remaining events.

Athletes competing in the 500 yard freestyle must provide a lap counter.

The 500 yard freestyle will be swum alternating heats of girls, boys, Masters Women, and Masters Men. The event will be seeded fastest to slowest.

#### Contacts:

Meet Director	Safety Marshall
Thomas Huggins	Wayne Halstead
(618) 559-5992	
salukiswimclub@gmail.com	
Meet Referee	Administrative Official
Dale Andersen	Bill Woelbeling
Dale Andersen (618) 628-1242	Bill Woelbeling (315) 925-SALU
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(618) 628-1242	(315) 925-SALU

Bill Woelbeling

(315) 925-SALU

woelbelingw@gmail.com

# Meet Program Warmups Begin at 9:15 a.m. Competition Begins at 10:00 a.m.

Girls	Event	Boys
1	200 Yard Medley Relay	2
3	Masters 200 Yard Medley Relay	4
5	Masters Mixed 200 Yard Medley Relay	5
6	200 Yard Freestyle	7
8	Masters 200 Yard Freestyle	9
10	200 Yard Individual Medley	11
12	Masters 200 Yard Individual Medley	13
14	50 Yard Freestyle	15
16	Masters 50 Yard Freestyle	17
	15 Minute Break	
18	100 Yard Butterfly	19
20	Masters 100 Yard Butterfly	21

Girls	Event			
22	100 Yard Freestyle	23		
24	Masters 100 Yard Freestyle	25		
26	500 Yard Freestyle	27		
28	Masters 500 Yard Freestyle	29		
30	200 Yard Freestyle Relay	31		
32	Masters 200 Yard Freestyle Relay	33		
34	Masters Mixed 200 Yard Freestyle Relay	34		
	15 Minute Break			
35	100 Yard Backstroke	36		
37	Masters 100 Yard Backstroke	38		
39	100 Yard Breaststroke	40		
41	Masters100 Yard Breaststroke	42		
43	400 Yard Freestyle Relay	44		
45	Masters 400 Yard Freestyle Relay	46		
47	Masters Mixed 400 Yard Freestyle Relay			

### **2015 Fall High School Challenge Entry Summary and Release Form**

leam:			Code:	LSC:	
Address:					
City:					
Head Coach:					
Phone#:		Email:_			
Entry Contact:					
Phone#:		Email:_			
Entry Summary:					
Number of Athletes	Entered:		_ x \$8.00 = _		
Number of Individu	al Events Entered	l:	_ x \$4.00 = _		
Total amount enclo	sed:				
Please make your	check payable to:				
Saluki Swim	Club				
PO Box 329	3				
Carbondale,	IL 62902				
Release					
Saluki Swim Club I Swimming shall be arising by reasons individuals in the su Swimming, and are registration applica this form and prior	held harmless for of injuries to anyoubmitted entry files eligible to participations and fees have	any and and ne during sare registrates are the same the same the same and the same are same are are same are same are been same are same a	all liabilities of the conduct stered athlets s event. I fur	or claims for done of the meet. The members of the certify that	amages I certify that al USA it proper
Signature: Title:			-		
Date:			_		

## SIU Student Recreation Center Rules and Policies

The following are the rules and policies for the use of the SIU Student Recreation Center during swimming competitions. These policies are in place for the safety of all swimmers, guests, students, and Rec Center members. We appreciate your help in abiding by these rules.

### **Parent & Spectators**

Parking is open in the Rec Center lot on Saturday's and Sunday's. Please do not park in the Student Health Center parking spots.

Parent spectators are not allowed in the lower portion of the SIU Rec Center. Once entering the building, parent spectators will be directed upstairs to spectator area. Parents will not be allowed into the lower level of the Rec Center. Your swimmers will be allowed to go upstairs to the spectator to see you or get drinks, etc.

You are welcome to bring your own chairs to use in the 2nd floor hallway observation areas, but you must take your chairs with you when you leave the building. Please DO NOT leave your chairs overnight or between sessions. The SIU Student Rec Center is not responsible for any items left in the building. Any chairs or items left overnight or between sessions will be removed.

Parent volunteers should check in at the front. All parent volunteers listed on the worker sign-up sheet will be given volunteer credentials and will be allowed access to the lower level. Parent volunteers should immediately report to the pool deck, entering through the locker rooms.

#### Swimmers, Coaches, and Officials

Swimmers, Coaches, and Officials will be admitted to the lower level of the Rec Center. Swimmers should identify themselves as swimmers and Coaches and Officials should show their USA Swimming Coaches Registration card at the gate.

If young swimmers need an escort to the locker room area, there will be staff there to escort swimmers to the locker room. Parents will not be allowed to escort swimmers to the locker room or pool deck.

Swimmers, Coaches, and Officials should enter and exit the pool area through the locker room. Please use only the locker rooms to enter and exit the pool area.

When downstairs, swimmers should only be in the pool area or the locker room. Swimmers are welcome to go upstairs to the spectator area, but they must be dry and wearing shirt, shoes, and clothes and exit through the locker room area.