OZARK SWIMMING 2013 A CHAMPIONSHIPS

November 22-24, 2013

Hosted By: Saluki Swim Club and Ozark Swimming. Ozark Swimming will be acting as the co-host this year. All swim clubs will provide timers for the meet in portion to the number of swimmers entered in the meet. The co-host portion of the profits will be placed in the Ozark Swimming.

Sanction: Held Under USA Swimming/Ozark Swimming Sanction #OZ5647

Officials: Assigned by Ozark Swimming

Meet Director: Jay Newton (618) 319-2747; jamesnewton47@hotmail.com

Meet Referee: Bill Rener - WRENER@lmi.org

Marshall: Leo Robinson

Location: Shea Natatorium in the Student Recreation Center 600 East Grand Avenue on the SIU campus, Carbondale, Illinois 62901

Facility: 50 meter x 25 yard Pool. The competition will be held in 8 lanes and additional lanes will be available for continuous warm-up/warm-down throughout the meet. Only swimming coaches, athletes, and meet workers will be allowed on deck during the meet. Spectators can view the meet from the spectator area above the pool. Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is not appropriate and is prohibited by Ozark. Facility Notes: Attached are the SIU Student Rec Center Rules. The SIU Rec Center will be charging a spectator fee per person per session (all proceeds go to the SIU Rec Center. Please see the additional information that will be available in the future. Please refer to the guide attached regarding parking. Schedule:

Friday Prelims: Warm-up -7:10-7:45 am 1^{st} warm up; 7:45-8:20 am 2^{nd} warm up Meet Starts -8:30 am

Friday Finals: Warm-up – 5:00 – 5:50 pm (2 x 25 minute warm up sessions)

Meet Starts - 6:00 pm

Saturday Prelims: Warm up -7:10-7:45 am 1^{st} warm up; 7:45-8:20 am 2^{nd} warm up Meet Starts -8:30 am

Saturday Finals: Warm-up – 5:00-5:50 pm (2 x 25 minute warm up sessions) Meet Starts – 6:00 pm

Sunday Prelims: Warm up -7:10-7:45 am 1^{st} warm up; 7:45-8:20 am 2^{nd} warm up Meet Starts -8:30 am

Sunday Finals: Warm-up – 4:00 pm – 4:50 pm (2 x 25 minute warm up sessions)

Meet Starts – 5:00 pm

Meet Format and Procedures

Format: This is a Preliminary & Final Championship Meet. The 10 & under events will be prelim/final with the top 8 advancing to the finals. 11-12, 13-14, and 15 & Over events will include an "A" (championship) final and a "B" (consolation) final for the Top 16 swimmers from the mornings preliminary heats in all events except the 400 IM (prelim/final with only the top 8 swimming at night), 500 free (prelim/final with only the top 8 swimming at night), and the 1650 free. All relays events, and the 1650 free will be swum as timed finals. Swimmers in the 500 free are responsible for one counter. Swimmers in the 1650 free are responsible for one timer and one counter. The Top 8 seeded swimmers (8 - 13 & older Females and 8 - 13 & older Males) will swim in the Finals session on Sunday night.

During Finals, there will be a "ready room" and parade of finalist for the "A" final of each event. All finalists of the "B" and "A" heats will be asked to check in with the ready room at least 2 events before their race.

"A" finalists will be paraded out to music and have their names announced while the music plays prior to their stepping up on the blocks. The "B" heat will be swum prior to the "A" final. The "B" (consolation) finalist will have their names announced during their event. Any swimmer who does not show up to the ready room in a timely fashion will be called for once over the loud speakers. If they do not show up immediately, the alternate will swim.

Meet Safety:

In accordance with the recommendations of USA swimming and the Ozark LSC and Saluki Swim Club will operate this meet under the guidance of a Marshall. Per Ozark LSC policy, cell phones with video and video recording devices are prohibited in all locker rooms. No deck changing permitted.

Scoring:

Scoring will be to 16 places as follows: Individual events = 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1 Relay events = 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

AWARDS

Individual events: Medals for 1st through 8th; Ribbons for 9th through 16th

Relay events: Medals for 1st through 3rd; Ribbons for 4th through 8th

Individual High Point Trophies:

The Top 3 swimmers scoring the highest number of individual points in each age group & gender will be awarded a high point trophy.

Age Group Team Awards:

The team scoring the most points in each age group & gender will be announced at the conclusion of the meet. No awards will be given for these categories.

Overall Team Awards (combined Gender and Age Groups):

Trophies will be presented to 1st, 2nd, 3rd place teams.

General Conduct

Seeding and Swimmer Check-in: All Prelim/Final events (except for the 500 free and 400 IM which will be positive check in events) and 10 and under events will be pre-seeded. All relay events are timed final events and coaches must turn in relay cards by the announced deadlines. Turned in relay cards will be considered a positive check in. Any relays not turned in by the deadline will be scratched from the event.

The 1650 free is a combined age group, timed final, deck seeded event. It will be seeded fastest to slowest alternating girls' and boys' heats. Swimmers must positively check-in for the 1650 free by 10:00 am on the day they are scheduled to swim the event. Any scratch after positively checking in for the 1650 free will result in a \$50 fine payable to Ozark Swimming. Swimmers must provide their own timer and lap-counter. The Top 8 seeded swimmers (8 - 13 & older Females and 8 - 13 & older Males) will swim in the Finals session on Sunday night.

Warm-up Procedures:

Warm-up procedures will be defined by the Ozark LSC safety regulations. A swimmer attending the meet without a USA-S registered coach must report to the meet referee prior to warming up. The referee or his designee shall instruct the swimmers in the safety rules and assign them to a lane. Lanes will be assigned.

Scratches:

- 1. Any swimmers NOT reporting for or competing in a preliminary heat or individual timed final event (except the 400 IM, 500 free, and 1650 free) shall not be penalized.
- 2. Any swimmer who qualifies for a consolation or championship final in an individual event who then fails to show up for said consolation or championship final event shall be ejected from the remainder of the meet.

There will be no penalty for failure to compete in finals if:

- A. The referee is notified in the event of illness or injury and accepts proof thereof.
- B. A swimmer qualifying for a consolation or championship finals swim notifies the referee within thirty (30) minutes after the announcement of the finalist for that event that he/she may not intend to compete and further declares his/her intention within thirty (30) minutes following his last individual preliminary event. This is called "declaring an intent to scratch".
- C. The swimmer "scratches" his or her finals swim within thirty (30) minutes following the announcement of the finalist for that event. The swimmer or coach of that swimmer must report to the announcer in order to "scratch" an event.
- D. It is determined by the meet referee that failure to compete was caused by circumstances beyond the control of the swimmer.

Entry Procedures

Eligibility: All swimmers must be registered for the 2013-year with USA Swimming and in Ozark Swimming LSC. "Applied For" will not be accepted. Registration numbers must accompany entries. Swimmers who are entered and are found to be not registered will be dropped from the meet and will forfeit their meet entry fees. If a non-registered athlete does swim, a \$100.00 fee will be imposed.

"Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this request."

Entry Limit:

Individual Events: Swimmers may enter a maximum of 7 individual events for the entire meet and can enter no more than 3 individual events per day. Any swimmer who enters more than the prescribed number of events will be scratched down to the event limit starting with the highest event number on the day the over-entry occurs. Relay Events: Each team will be permitted to enter two (2) scoring relays for each relay event. Teams may enter exhibition relays. All exhibition relays are to be entered at "NT". You may enter "Relay Only" swimmers in the meet to swim on the relays, even if they do not have individual events, but those swimmers must still pay the posted surcharge for entering the meet.

Qualifying Times:

Swimmers must have achieved the USA A time standard in each event for which they are entered with the exception of bonus events. A swimmer with 1 A time will be allowed to swim 2 bonus swims (1 + 2 = 3 swims). A swimmer with 2 A times also will be allowed to swim 2 bonus events (2 +2=4). If a swimmer has a total of three or more A times, the swimmer will be allowed a third bonus swim (3 + 3=6 or 4 + 3 =7). Seven individual events is maximum. If you have any questions regarding the bonus swims, please contact the meet director. Swimmers who only have the short course meter or Long course meter cut for an individual event must enter at the short course meter or Long course meter time achieved. Those swimmers who achieve USA A times in either the 1650/1500 free, or the 1000/800 free may enter the 1650 distance event. If entering with a cut other than the 1650 free time, enter at the time and in the course the time was achieved. The meet will be seeded in the following order: a) SCY seeding priority b) SCM Second seeding priority c) LCM Third seeding priority. The meet will be seeded in accordance to USA swimming rules (refer to rule 207.12.7).

Qualifying Period:

The qualifying swims must have occurred between September 1, 2012 and the entry deadline date of **November 13, 2013.**

Proof of Times:

The host club will confirm all entry times with the USA Swimming SWIMS database prior to the meet. Entry times must be validated by SWIMS to meet the standard of proof. Any entry time that is not found in SWIMS will be flagged and a report will be emailed to all entry contacts with flagged times prior to the meet. If a swimmer on the report chooses to compete and fails to achieve the USA A time standard in a flagged event (bonus events will not be held to this standard) at the meet, a \$50 fine will be assessed and the swimmer will be ejected from the remainder of the meet.

Entry Fees:

Individual events = \$4.00 Relay events = \$10.00 Swimmer Surcharge = \$10.00

All checks should be made payable to Saluki Swim Club. There will be no refunds.

Submitting:

Email entries (SDIF format) are preferred for this meet, and must be received by 5:00 pm, Wednesday, November 13, 2013. You will receive an email verifying receipt of you entry. If verification is not received, please contact Jay Newton on Thursday, November 14, 2013 by NOON. No phone or fax

entries will be accepted. Entries requiring a signature or postage will not be accepted. Check and release form must be received by Monday, November 18, 2013. Times must be submitted in the course the time was achieved. Swimmers who qualify with long meters times, short course meters times, or swimmers who qualify for the 1650 free with a 1000 free time, must enter the meet with those times.

Entries must be received by 5:00 pm on Wednesday, November 13, 2013

All entries must be mailed to: Saluki Swim Club PO Box 3293 Carbondale, IL 62902

Jamesnewton47@hotmail.com

EVENT SCHEDULE

Friday AM Prelims Session # 1

	Session # 1					
Girls	LCM A	SCY A	Event	SCY A	LCM A	Boys
1	1:13.89	1:05.29	15 & over 100 fly	58.99	1:07.09	2
3	1:15.49	1:06.59	13-14 100 fly	1:01.89	1:10.39	4
5	35.79	31.89	11-12 50 fly	31.69	35.89	6
7	41.49	36.69	10 & under 50 fly	36.19	40.89	8
9	2:27.19	2:09.29	15 & over 200 free	1:58.59	2:16.49	10
11	2:30.19	2:11.99	13-14 200 free	2:03.89	2:21.99	12
13	2:37.59	2:18.19	11-12 200 free	2:14.79	2:33.39	14
15	2:58.39	2:36.39	10 & under 200 free	2:31.29	2:51.89	16
17	1:26.69	1:15.69	15 & over 100 breast	1:07.89	1:18.89	18
19	1:28.19	1:16.59	13-14 100 breast	1:10.79	1:21.29	20
21	1:33.79	1:21.69	11-12 100 breast	1:19.29	1:31.69	22
23	1:46.49	1:32.39	10 & under 100 breast	1:30.19	1:44.69	24
25	5:49.69	5:07.29	15 & over 400 IM	4:43.99	5:24.49	26
2 7	6:00.39	5:15.89	13-14 400 IM	4:55.69	5:40.39	28
29		1:13.09	11-12 100 IM	1:11.09		30
31		1:21.39	10 & under 100 IM	1:20.39		32
33	Timed	Finals	15 & over 800 free relay	Timed	Finals	34
35	Timed	Finals	13-14 800 free relay	Timed	Finals	36

Saturday AM Prelims (continued on next page) Session # 3

			3 3 3 3 3			
Girls	LCM A	SCY A	Event	SCY A	LCM A	Boys
3 7	Timed	Finals	10 & under 200 Medley Relay	Timed	Finals	38
39	31.69	27.69	15 and over 50 free	24.79	27.89	40
41	32.19	28.19	13-14 50 free	25.99	29.49	42
43	1:12.89	1:03.09	11-12 100 free	1:01.89	1:10.49	44

45	1:21.19	1:11.39	10 & under 100 free	1:10.19	1:20.39	46
4 7	2:42.29	2:22.99	15 & over 200 fly	2:11.39	2:29.09	48
49	2:45.69	2:27.79	13-14 200 fly	2:17.49	2:36.59	50
51	1:21.89	1:12.49	11-12 100 fly	1:10.59	1:20.39	52
53	1:36.79	1:25.29	10 & under 100 fly	1:24.79	1:36.09	54
55	1:15.99	1:05.39	15& over 100 back	59.79	1:09.69	56
5 7	1:17.19	1:07.09	13-14 100 back	1:03.09	1:12.89	58
59	38.49	33.29	11-12 50 back	33.09	37.99	60
61	43.49	37.99	10 & under 50 back	37.79	43.29	62
63	3:05.69	2:42.79	15 & over 200 breast	2:28.09	2:49.99	64
65	3:10.79	2:46.29	13-14 200 breast	2:34.69	2:59.49	66
67	42.09	37.49	11-12 50 breast	36.89	41.99	68
69	48.09	41.99	10 & under 50 breast	41.89	48.19	70
71	Timed	Finals	15 & older 400 Medley Relay	Timed	Finals	72
73	Timed	Finals	13-14 400 Medley Relay	Timed	Finals	74
75	Timed	Finals	11-12 400 Medley Relay	Timed	Finals	76
77	5:08.89	5:43.99	15 & older 500 free	5:21.19	4:48.69	78
79	5:14.89	5:52.99	13-14 500 free	5:33.89	5:02.69	80
81	5:29.09	6:07.99	11-12 500 free	6:02.59	5:21.89	82

Sunday AM Prelims Session #5

Girls	LCM A	SCY A	Events	SCY A	LCM A	Boys
83	20:27.39	19:48.19	15 & over 1650 free*	18:39.99	19:07.79	84
85	20:39.79	20:12.19	13-14 1650 free*	19:15.69	19:55.69	86
			*1650 Free will be swum after event 118 following the prelim session. The top 8 seeded swimmers will swim in the finals session.			
8 7	Timed	Finals	10 & under 200 free relay	Timed	Finals	88
89	2:46.39	2:24.79	15 & over 200 IM	2:12.29	2:32.79	90
91	2:50.99	2:28.49	13-14 200 IM	2:18.79	2:40.39	92
93	2:58.59	2:36.39	11-12 200 IM	2:33.79	2:55.89	94
95	3:17.59	2:54.19	10 & under 200 IM	2:53.69	3:16.89	96
9 7	1:08.39	59.99	15 & over 100 free	54.19	1:02.19	98
99	1:09.69	1:01.19	13-14 100 free	56.89	1:05.29	100
101	33.39	29.39	11-12 50 free	28.39	32.49	102
103	36.29	31.89	10 & under 50 free	31.39	35.69	104
105	2:42.29	2:21.19	15 & over 200 back	2:09.89	2:28.89	106
107	2:45.59	2:24.29	13-14 200 back	2:15.79	2:36.79	108
109	1:23.29	1:12.69	11-12 100 back	1:10.79	1:22.39	110
111	1:34.79	1:21.79	10 & under 100 back	1:20.09	1:31.69	112
113	Timed	Finals	15 & over 400 free relay	Timed	Finals	114
115	Timed	Finals	13-14 400 free relay	Timed	Finals	116
117	Timed	Finals	11-12 400 free relay	Timed	Finals	118

Friday Finals: Session # 2

Girls		Event		Boys
1	Top 16 From Prelims	15 & over 100 fly	Top 16 From Prelims	2
3	Top 16 From Prelims	13-14 100 fly	Top 16 From Prelims	4
5	Top 16 From Prelims	11-12 50 fly	Top 16 From Prelims	6
7	Top 8 From Prelims	10 & under 50 fly	Top 8 From Prelims	8
9	Top 16 From Prelims	15 & over 200 free	Top 16 From Prelims	10
11	Top 16 From Prelims	13-14 200 free	Top 16 From Prelims	12
13	Top 16 From Prelims	11-12 200 free	Top 16 From Prelims	14
15	Top 8 From Prelims	10 & under 200 free	Top 8 From Prelims	16
17	Top 16 From Prelims	15 & over 100 breast	Top 16 From Prelims	18
19	Top 16 From Prelims	13-14 100 breast	Top 16 From Prelims	20
21	Top 16 From Prelims	11-12 100 breast	Top 16 From Prelims	22
23	Top 8 From Prelims	10 & under 100 breast	Top 8 From Prelims	24
25	Top 8 From Prelims	15 & over 400 IM	Top 8 From Prelims	26
2 7	Top 8 From Prelims	13-14 400 IM	Top 8 From Prelims	28
29	Top 16 From Prelims	11-12 100 IM	Top 16 From Prelims	30
31	Top 8 From Prelims	10 & under 100 IM	Top 8 From Prelims	32

Saturday Finals: Session # 4

Girls		Event		Boys
39	Top 16 From Prelims	15 and over 50 free	Top 16 From Prelims	40
41	Top 16 From Prelims	13-14 50 free	Top 16 From Prelims	42
43	Top 16 From Prelims	11-12 100 free	Top 16 From Prelims	44
45	Top 8 From Prelims	10 & under 100 free	Top 8 From Prelims	46
4 7	Top 16 From Prelims	15 & over 200 fly	Top 16 From Prelims	48
49	Top 16 From Prelims	13-14 200 fly	Top 16 From Prelims	50
51	Top 16 From Prelims	11-12 100 fly	Top 16 From Prelims	52
53	Top 8 From Prelims	10 & under 100 fly	Top 8 From Prelims	54
55	Top 16 From Prelims	15& over 100 back	Top 16 From Prelims	56
5 7	Top 16 From Prelims	13-14 100 back	Top 16 From Prelims	58
59	Top 16 From Prelims	11-12 50 back	Top 16 From Prelims	60
61	Top 8 From Prelims	10 & under 50 back	Top 8 From Prelims	62
63	Top 16 From Prelims	15 & over 200 breast	Top 16 From Prelims	64
65	Top 16 From Prelims	13-14 200 breast	Top 16 From Prelims	66
67	Top 16 From Prelims	11-12 50 breast	Top 16 From Prelims	68
69	Top 8 From Prelims	10 & under 50 breast	Top 8 From Prelims	70
77	Top 8 From Prelims	15 & older 500 free	Top 8 From Prelims	78
79	Top 8 From Prelims	13-14 500 free	Top 8 From Prelims	80
81	Top 8 From Prelims	11-12 500 free	Top 8 From Prelims	82

Sunday Finals: Session # 6

Girls		Events		Boys
83/85	Top 8 seeded	13 & 0ver 1650 free	Top 8 seeded	84/86
89	Top 16 From Prelims	15 & over 200 IM	Top 16 From Prelims	90
91	Top 16 From Prelims	13-14 200 IM	Top 16 From Prelims	92
93	Top 16 From Prelims	11-12 200 IM	Top 16 From Prelims	94
95	Top 8 From Prelims	10 & under 200 IM	Top 8 From Prelims	96
9 7	Top 16 From Prelims	15 & over 100 free	Top 16 From Prelims	98
99	Top 16 From Prelims	13-14 100 free	Top 16 From Prelims	100
101	Top 16 From Prelims	11-12 50 free	Top 16 From Prelims	102
103	Top 8 From Prelims	10 & under 50 free	Top 8 From Prelims	104
105	Top 16 From Prelims	15 & over 200 back	Top 16 From Prelims	106
107	Top 16 From Prelims	13-14 200 back	Top 16 From Prelims	108
109	Top 16 From Prelims	11-12 100 back	Top 16 From Prelims	110
111	Top 8 From Prelims	10 & under 100 back	Top 8 From Prelims	112

Entry summary and release form

This form is part of your entry and must be signed and returned for your entry to be accepted. Entry deadline – November 13, 2013

Club:	Code:	LSC:
Address:		
City:		
Head Coach:		_
Phone:		
Entry contact:		_
Phone:		
E-mail:		
Number of Coaches attending:		
ENTRY SUMMARY Number of swimmers entered	x \$10.00 =	
Number of individual entries:	x \$4.00 =	
Number of relay entries:	x \$10.00 =	
Total amount enclosed: =		
MAKE YOUR CHECK PAYABLE T PO Box 3293 Carbondale, IL 62902 Do not send entries, disks, or pap Saluki accepts <i>only</i> email entries	er backup with this form.	MAIL TO:
RELEASE Saluki Swim Club, Inc., Southern Illi Swimming shall be held harmless fo by reasons of injuries to anyone dur I certify that all individuals in the sub USA Swimming, and are eligible to pregistration applications and fees hat this form and prior to the entry dead	or any and all liabilities or claim ing the conduct of the meet. omitted entry files are registere participate in this event. I furth ave been submitted for entrant	ed athlete members of er certify that proper
Signature:	Title:	Date:

SIU Student Recreation Center Rules and Policies

The following are the rules and policies for the use of the SIU Student Recreation Center during swimming competitions. These policies are in place for the safety of all swimmers, guests, students, and Rec Center members. We appreciate your help in abiding by these rules.

Parent Spectators

*Parking is open in the Rec Center lot on Saturday's and Sunday's. Please do not park in the Student Health Center parking spots. **Additional information regarding spectator admission cost and parking will be available in the future**

*Parent spectators are not allowed in the lower portion of the SIU Rec Center. Once entering the building, parent spectators will be directed upstairs to spectator area. Parents will not be allowed into the lower level of the Rec Center. Your swimmers will be allowed to go upstairs to the spectator area to see you or get drinks, etc.

* You are welcome to bring your own chairs to use in the 2nd floor hallway observation areas, but you must take your chairs with you when you leave the building. Please DO NOT leave your chairs overnight or between sessions. The SIU Student Rec Center is not responsible for any items left in the building. Any chairs or items left overnight or between sessions will be removed.

*Parent volunteers should check in at the front. All parent volunteers listed on the worker sign-up sheet will be given volunteer credentials and will be allowed access to the lower level. Parent volunteers should immediately report to the pool deck, entering through the locker rooms.

Swimmers, Coaches, and Officials

*Swimmers, Coaches, and Officials will be admitted to the lower level of the Rec Center. Swimmers should identify themselves as swimmers and Coaches and Officials should show their USA Swimming Coaches Registration card at the gate.

* If young swimmers need an escort to the locker room area, there will be staff there to escort swimmers to the locker room. Parents will not be allowed to escort swimmers to the locker room or pool deck.

*Swimmers, Coaches, and Officials should enter and exit the pool area through the locker room. Please use only the locker rooms to enter and exit the pool area.

*When downstairs, swimmers should only be in the pool area or the locker room. Swimmers are welcome to go upstairs to the spectator area, but they must be dry and wearing shirt, shoes, and clothes and exit through the locker room area.