



CSP TIDERIDERS™
SPRINT YOUR OWN AGE MEET
October 29th, 2022

HELD UNDER the Sanction of USA SWIMMING AND OZARK SANCTION # pending

In granting this approval, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

LOCATION: Pattonville High School, 2497 Creve Coeur Mill Road, St. Louis, MO 62943

FACILITY: The pool is 11 lanes, 25 yards, equipped with Kiefer-McNeil starting blocks, Kiefer-McNeil wave eater, non-turbulent lane markers & Daktronics Timing System and Dolphin Wireless Stopwatch Timing System. The minimum depth of the competition pool at the start is 6' and at the turn end is 6'. The competition course has not been certified in accordance with 104.2.2C(4). THIS IS A NO SMOKING FACILITY.

MEET DIRECTOR: Mark Imig 314-727-7946 mimig@cspswim.com
David McCrary 314-727-7946 dmccrary@cspswim.com

MEET REFEREE: Kim Weiss 314-330-8924 or weiss5218@charter.net

Teams participating in the meet should provide officials. Please contact Kim Weiss if you are able to work.

SAFETY MARSHALL: Chris McCrary

ADMIN. OFFICIAL: Terry Varney Freerks 314-727-7946 or tvf@cspswim.com

WARM-UPS: Warm-up: 10 & Unders 7:30 – 7:55 AM Session I
7:55 – 8:20 AM Session II
Meet Starts: 8:30 AM
11 & Over 11:30 – 11:55 AM Session I
11:55 – 12:15 PM Session II
Meet Starts: 12:25 PM

Warm-up lanes will be assigned. Warm-up procedure will be as defined by Ozark LSC safety regulations. A swimmer attending the meet without a USA-S certified coach must report to the meet referee or meet director prior to warming up for each session in which he/she is swimming. The swimmer will then be assigned to a coach on deck for each session of the meet that he/she has entered. The meet referee or his designee shall instruct the swimmer in the safety rules for the meet and assign them to warm-up lanes.

ELIGIBILITY: All swimmers must be athlete members of USA Swimming at the time of meet entry. "Applied for" will not be accepted. Swimmers entered in the meet who do not hold current membership will be dropped from the meet and their entry fees will not be refunded. Swimmer's age on the first day of the meet Saturday, October 29th, 2022 determines age for the meet. Failure to provide the required proof will result in the team not being entered in the meet. Any swimmer (and or the team) found not having current USA Swimming membership who swims in an Ozark sanctioned meet is subject to a \$100.00 fine per athlete. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this request.



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ENTRIES: The host team reserves the right to limit the meet to the first 290 for the AM session and 290 swimmers in the PM session. No team entry will be split. Swimmers may swim up to four (4) individual events. Entries should be submitted via email or on a HY-TEK COMMMLINK 3.5 DISK. Telephone/fax entries will not be accepted. All entries must be received by the entry deadline. Please enter in yards times only. **DECK ENTRIES WILL NOT BE ACCEPTED.**

DEADLINE: Entries will be accepted beginning at 9:00 AM on Wednesday, October 6th, 2022. Entry deadline is 3:00 PM, Thursday, October 7th, 2022. Email entries to: meetentry@cspswim.com. Hard copy with check payable to CSP Tideriders and Entry Summary Release Form must be received 7 days after email confirmation that your entry has been accepted. **All times may be updated until 3:00 PM, Monday, October 11th, 2022.**

Mark Imig
Entry Chair CSP Tideriders
2627 Hope Avenue
St. Louis, MO 63143

FEES: Individual Events: \$5.00 per event
Relays: \$10 per relay
Surcharge: \$17.00 per individual swimmer

MEET SAFETY: In accordance with the recommendations of USA Swimming and Ozark LSC, the CSP Tideriders will operate this meet under the guidance of a meet Safety Marshall. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms.

MEET INFO: Make sure to have your families check the meet information section of our website, at www.cspswim.com in case of any changes due to weather and for any other updates that may apply.

RULES: Current USA Short Course Rules will govern the meet. There will be no recall on a false start. All coaches must hold a valid USA Swimming Coach card, and all officials must have their current USA Swimming and certification cards DISPLAYED while on the pool deck. All technical and administrative rules of USA swimming will apply.

ONLY OFFICIALS, COACHES, SWIMMERS AND PARENTS WORKING AS TIMERS, RUNNERS, SAFETY, BULLPEN, OR HOSPITALITY WILL BE PERMITTED ON THE POOL DECK. THIS RULE WILL BE STRICTLY ENFORCED. ALL IN ATTENDANCE ARE REQUIRED TO WEAR A MASK OTHER THAN WHILE IN THE WATER RACING.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this request.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Swimsuit regulation 102.9 effective October 1, 2009: Swimwear shall include only a swimsuit, cap, and goggles; armbands or leg bands shall not be regarded as part of the swimsuit and are not allowed. In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel or below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Swimsuits worn for competition must be non-transparent and



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conform to the current concept of appropriate. The Referee shall have the authority to bar offenders from the competition until they comply with the rule.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

- AGE GROUPS:** All swimmers will compete with contestants of their own age only.
10-, 9-, 8-, 7- & 6-year Olds swim in the Morning, while 15 – 18, 14, 13, 12, 11 will swim in the afternoon.
Age as of Saturday, October 29th, 2022 will determine eligibility for meet all age categories.
- EVENTS:** Enter swimmers at fastest yard times. With the exception of the IM's, NT will be accepted. All swimmers entered in the IM event must meet the entry time.
- AWARDS:** Individual events: 1st - 16th (Ribbons) for 12 & Unders
- BULLPEN:** All events will be called in the gym. Coaches are asked to observe space limitations on the deck and keep their swimmers in the gym. SPECTATORS ARE NOT ALLOWED ON THE POOL DECK.
- CONDUCT:** No food or drinks are allowed in the gymnasium.
- HOSPITALITY:** There will be a hospitality area for officials and coaches.
- COACHES:** Only 2022/2023 certified USA Swimming coaches will be permitted on the pool deck.
USA Swimming Coach's cards may be checked by the meet referee.
- COVID-19:** We have taken enhanced health and safety measures – for athletes, officials, and personnel. You must follow all posted instructions of the facility. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. By attending and participating in this meet you voluntarily assume all risks related to exposure to COVID-19.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OZARK SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.



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Saturday AM Session

Girls	Qualifying Times	Event	Qualifying Times	Boys
1	1:42.59	10-YEAR-OLD 100 IM	1:39.39	2
3	1:42.59	9-YEAR-OLD 100 IM	1:39.39	4
5	NT	8-YEAR-OLD 25 FLY	NT	6
7	NT	7-YEAR-OLD 25 FLY	NT	8
9	NT	6 AND UNDER 25 FLY	NT	10
11	NT	10-YEAR-OLD 50 FLY	NT	12
13	NT	9-YEAR-OLD 50 FLY	NT	14
15	NT	8-YEAR-OLD 25 BACK	NT	16
17	NT	7-YEAR-OLD 25 BACK	NT	18
19	NT	6 & UNDER 25 BACK	NT	20
21	NT	10-YEAR-OLD 50 BACK	NT	22
23	NT	9-YEAR-OLD 50 BACK	NT	24
25	NT	8-YEAR-OLD 25 BREAST	NT	26
27	NT	7-YEAR-OLD 25 BREAST	NT	28
29	NT	6 & UNDER 25 BREAST	NT	29
31	NT	10-YEAR-OLD 50 BREAST	NT	32
33	NT	9-YEAR-OLD 50 BREAST	NT	34
35	NT	8-YEAR-OLD 25 FREE	NT	36
37	NT	7-YEAR-OLD 25 FREE	NT	38
39	NT	6 & UNDER 25 FREE	NT	40
41	NT	10-YEAR-OLD 50 FREE	NT	42
43	NT	9-YEAR-OLD 50 FREE	NT	44

Saturday PM Session

45	1:24.39	15 – 18-YEAR-OLD 100 IM	1:20.89	46
47	1:24.39	14-YEAR-OLD 100 IM	1:20.89	48
49	1:24.39	13-YEAR-OLD 100 IM	1:20.89	50
51	1:24.39	12-YEAR-OLD 100 IM	1:20.89	52
53	1:24.39	11-YEAR-OLD 100 IM	1:20.89	54
55	NT	15 – 18-YEAR-OLD 50 FLY	NT	56
57	NT	14-YEAR-OLD 50 FLY	NT	58
59	NT	13-YEAR-OLD 50 FLY	NT	60
61	NT	12-YEAR-OLD 50 FLY	NT	62
63	NT	11-YEAR-OLD 50 FLY	NT	64
65	NT	15 – 18-YEAR-OLD 50 BACK	NT	66
67	NT	14-YEAR-OLD 50 BACK	NT	68
69	NT	13-YEAR-OLD 50 BACK	NT	70
71	NT	12-YEAR-OLD 50 BACK	NT	72
73	NT	11-YEAR-OLD 50 BACK	NT	74
75	NT	15 – 18-YEAR-OLD 50 BREAST	NT	76
77	NT	14-YEAR-OLD 50 BREAST	NT	78
79	NT	13-YEAR-OLD 50 BREAST	NT	80
81	NT	12-YEAR-OLD 50 BREAST	NT	82
83	NT	11-YEAR-OLD 50 BREAST	NT	84
85	NT	15 – 18-YEAR-OLD 50 FREE	NT	86
87	NT	14-YEAR-OLD 50 FREE	NT	88
89	NT	13-YEAR-OLD 50 FREE	NT	90
91	NT	12-YEAR-OLD 50 FREE	NT	92
93	NT	11-YEAR-OLD 50 FREE	NT	94



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Entry Summary and Release Form

This form is part of your entry and must be signed and returned for your entry to be accepted.

Club: _____ Code: _____ LSC _____

Address: _____

City: _____ State: _____ Zip: _____

Head Coach: _____

Phone: _____ Email: _____

Entry Contact: _____

Phone: _____ Email: _____

Number of Coaches attending: _____

Entry Summary

Number of Swimmers entered _____ x \$17.00 = _____

Number of Individual Events _____ x \$5.00 = _____

Total Enclosed = _____

Make your check payable to **CSP Tideriders** and mail to:

2627 Hope Avenue

St Louis, MO 63143

Along with your check please include this Entry Summary/Release form.

RELEASE

CSP Tideriders Swimming Team, USA Swimming, and Ozark Swimming, Pattonville High School shall be held harmless for any and all liabilities or claims for damages arising by reasons of injuries to anyone during the conduct of the meet.

I certify that all individuals in the submitted entry files are registered athlete members of USA Swimming, and are eligible to participate in this event. I further certify that proper registrations applications and fees have been submitted for entrants prior to completing this form and to the entry deadline.

Signature: _____ Title: _____ Date: _____