



2025 GTWY FALL IMX September 26-28, 2025

Hosted by



SPONSOR/HOST	Gateway Swim Club
SANCTION:	- Held under the sanction of USA Swimming/Ozark Swimming, Inc., SANCTION NO: OZ- - USA Swimming, Inc., Ozark Swimming, Inc., Kirkwood High School, and Gateway Swim Club shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. - An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the CDC, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., Ozark Swimming, Inc., and Gateway Swim Club cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/Ozark Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/Ozark Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. - BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OZARK SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.
LOCATION:	Walker Natatorium - Kirkwood High School 730 Chopin Drive; Kirkwood, Missouri 63122; 314-213-6110
FACILITY:	- Indoor short course 25-yard pool; with eight (8) competition lanes with non-turbulent lane lines - Indoor 20-yard warm-up/cool down pool with five (5) lanes available throughout the meet. - Water temperature – 79 degrees - Omega timing system - Full 8-lane scoreboard showing splits and cumulative times. - The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4). The copy of such certification is on file with USA Swimming. - The minimum water depth for racing starts has been measured in accordance with Article 103.2.32. The pool depth is a minimum of six feet at both ends of the competition course. - Overhead Balcony seating for spectators is available, as well as generous on-deck areas for swimmers and coaches.

GTWY Fall IMX

MEET DIRECTOR	Ruth Price	gatewayswimmeets@gmail.com	N/A
ADMIN OFFICIAL	Erin Shank	erin.d.shank@gmail.com	N/A
MEET REFEREE	Brett Shank	gatewayofficialsdirector@gmail.com	314.452.6541
MEET MARSHALS	TBD		
ELIGIBILITY:	- No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. - No on deck Ozark Swimming athlete registration will be permitted. - Swimmers entered in the meet who do not hold current membership will be dropped from the meet and entry fees will NOT be refunded. If a swimmer swims and is not registered, a \$100 fine per athlete will be imposed on the swimmer's club, made payable to Ozark Swimming. - Open to all USA Swimming athletes registered before the first day of the meet. - The meet will be limited to a total of 500 swimmers. NO team entry will be split. - Age on Friday, September 26, 2025 will determine age for the entire meet.		
DISABILITY SWIMMERS:	- Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. - The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.		
FORMAT:	- All swimmers will swim in the same session each day. Events will be divided between 12 & Under events and Open events, except for the 1650 Free which are 11 & Over respectively. - All events will be timed finals.		
SCHEDULE:	- Friday session: Warm-ups at (Group A) 5:15-5:40 PM, (Group B) 5:40-6:05 PM; competition starts at 6:10 PM - Morning sessions: Warm-ups at (Group A) 8:15-8:40 AM, (Group B) 8:40-9:05 AM, with optional sprints during the last 5 minutes of each session; competition starts at 9:10 AM. - Afternoon session: Warm-up at (Group A) 1:30-1:55 PM, (Group B) 1:55-2:20 PM with optional sprints during the last 5 minutes of each session; competition starts at 2:25 PM. - Lane assignment and warm-up times for individual clubs will be posted on the Gateway Swim Club website no later than September 19th and will also be emailed to the contact person of the participating clubs. - If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.		
ENTRIES:	DEADLINE FOR THE RECEIPT OF ENTRIES WEDNESDAY, SEPTEMBER 10, 2025. ENTRIES OPENS MONDAY SEPTEMBER 8, 2025, AT 9:00 AM. - Entries must be submitted in short course yard times using Hy-Tek compatible format. - Teams must submit entries via email. "No Time" (NT) entries will be accepted for events in which a swimmer does not have a time of record. - Swimmers may enter a maximum of four individual events per day. - Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. - The Meet Director, in conjunction with the Meet Referee reserves the right to limit entries in any events, if necessary, to prevent a too le - Ingthy of a session. This may include combining heats and events, which may require reseeding. - Email entries to: Kian Quigley at gsc@prcommunityed.org		
SEEDING:	Events will be swum fastest to slowest.		

GTWY Fall IMX

	• All events except 9&10 (500 Freestyle), 35&36 (400 IM) and 63&64 (1650 Freestyle) will be preseeded. • Events 9&10 (500 Freestyle), 35&36 (400 IM) and 63&64 (1650 Freestyle) require a positive check-in to swim. Positive check-in will close 1 hour after the start of the session. • Swimmers must positively check-in to be seeded in the event for events 9&10, 35&36, and 63&64. Any swimmer not checked in for these events will not be seeded. • The 1650 Freestyle will be swum fastest to slow alternating between genders (girls then boys). • Splits for the 1000 Freestyle will be taken during the 1650 Freestyle. If you would like your official split taken, please alert your coach so that they may inform the Meet Referee and Administrative Official.
FEES:	• Individual events: \$5.00 • Swimmer Surcharge: \$20.00 • \$2 of the per swimmer surcharge is paid to Ozark Swimming. The remaining surcharge amount is being retained by the host club. • Checks should be made payable to: Gateway Swim Club • Mail payment to: c/o Kian Quigley Meet Entry Secretary 1401 Froesel Drive, Ellisville, MO 63011 • Payment must be received within 7 days of acceptance into the meet. Failure to pay entry fees by this deadline could result in teams being barred from the meet. • IMPORTANT: If payment is sent via Express Mail/FedEx/UPS, etc., please ensure that a signature is NOT required for delivery as this will delay the acceptance of your entries. • There will be no refunds.
TIME TRIALS	• Time trials may be conducted at the completion of each session on Saturday and Sunday. • The limitation on the total number of individual events in which a swimmer may compete each day is 6 (USA Swimming Rules and Regulations Article 1022 & 102.3) • Time trials will only be accepted/seeded after payment is accepted and meet registration form is completed for any swimmers not originally entered in the meet. • Deadline: All fees and any required registration forms must be submitted 60 minutes before the end of each session on Saturday and Sunday.
AWARDS:	• No awards will be given at this meet
SCORING	N/A
SAFETY	• In accordance with USA Swimming and Ozark Guidelines, the warm-up sessions and the meet will be under the guidance of a meet Safety Marshall. Meet Marshals have full authority through the Meet Referee for safety and good order throughout the venue at all times. Swimmers, coaches, and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.
RULES:	• The current USA Swimming Rules and Regulations will apply. • The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The Meet Referee has final judgment for any issues that arise during the course of the meet. • Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • The flyover start procedure will be used for all sessions. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. As an approved exception, USA Swimming registered and credentialed

GTWY Fall IMX

	coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training, subject to the location restrictions of this statement, so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Meet Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes. • Deck changes are prohibited. • Deck access is restricted to USA Swimming athletes, coaches, officials and meet volunteers. All coaches and officials must present proof of registration in good standing and sign the sign-in sheet at the start of every session. USA Swimming app is acceptable proof of USA Swimming membership. ◦ Coaches/Officials with expired or non-current credentials or those unable to provide credentials will be required to leave the deck area. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP") and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. • A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. This includes, without limitation, individuals listed on the U.S. Center for SafeSport's Disciplinary Database, USA Swimming's List of Individuals Permanently Suspended or Ineligible for Membership, USA Swimming's List of Individuals Suspended or Ineligible-Specific Date, and all adult members (defined by the SafeSport Code for the Olympic and Paralympic Movement as 18 years and over) of USA Swimming who have not completed athlete protection education as required by the U.S. Center for SafeSport.
OFFICIALS:	• Gateway welcomes officials from participating teams. If you are interested in officiating at this meet, please contact our Officials Coordinator, Tom Lombardo (gatewayofficialsdirector@gmail.com) • Apprentice sessions may be available but please get approval from Bill Renner (billrener@gmail.com) • Officials meeting will occur 45 minutes prior to the session start times in the hospitality room.
TIMERS:	• Timers will be provided by the host club, with the exception of the 500 freestyle, 400 IM and 1650 Freestyle. For these events, each swimmer must provide 1 timer. • Swimmers in the 500 Free need to provide their own TIMER and COUNTER • Swimmers in the 400 IM need to provide their own timer. • Swimmers in the 1650 Free need to provide their own TIMER and COUNTER
GENERAL:	• Swimmers should report to the Bullpen for their events. • Psych sheets will be posted and emailed to the contact person of each individual club and be available on Meet Mobile. • Heat Sheets (upon completion of the positive check-in events) will be posted at the venue. • Results will be posted in the venue, available on Meet Mobile, and emailed to the contact person of each individual club, as well as posted to ozarkswimming.com. Note that Meet Mobile results are not considered official results. • No parking directly in front of the Natatorium. All spaces are reserved for coaches, staff, and officials. There is very little parking directly in front of the pool. Cars may park on Chopin Street or in the parking lot on Essex or Dougherty Ferry Drive. • Concessions will be available on Saturday and Sunday. • Hospitality will be provided for coaches and officials.

GTWY Fall IMX

FACILITY RULES:	• Loud radios, running, roughhousing, and ball playing in the bullpen / hallways will be prohibited. Unauthorized areas will be clearly marked and entrance into those designated areas will be prohibited to all meet participants and spectators. • Each team is responsible for its own valuables. • Each coach is responsible for the conduct of their team. • Smoking and the use of any tobacco products is prohibited on all Kirkwood School District campuses, both in the buildings and on the surrounding campus grounds. • No glass containers are allowed. • All trash should be properly disposed of and exit doors and aisles shall not be blocked.
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GTWY Fall IMX

ORDER OF EVENTS

Friday September 26		
Evening Session Warm-up: 5:15 PM; Start: 6:10 PM		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	10 & Under 100 IM	2
3	12 & Under 200 IM	4
5	13 & Over 200 IM	6
7	12 & Under 200 Free	8
9	11 & Over 500 Free	10

Saturday September 27						
Morning Session Warm-up: 8:15 AM; Start: 9:10 AM				Afternoon Session Warm-up: 1:30 PM; Start: 2:25 PM		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>		<u>Girls</u>	<u>Events</u>	<u>Boys</u>
11	11-12 200 Back	12		27	13 & Over 100 Back	28
13	10 & Under 100 Back	14		29	13 & Over 200 Breast	30
15	11-12 100 Breast	16		31	13 & Over 100 Free	32
17	12 & Under 50 Breast	18		33	13 & Over 100 Fly	34
19	12 & Under 50 Free	20		35	11 & Over 400 IM	36
21	10 & Under 100 Fly	22				
23	11-12 200 Fly	24				
25	10 & Under 100 Free	26				

Sunday September 28						
Morning Session Warm-up: 8:15 AM; Start: 9:10 AM				Afternoon Session Warm-up: 1:30pm; Start: 2:25 PM		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>		<u>Girls</u>	<u>Events</u>	<u>Boys</u>
37	11-12 100 Back	38		53	13 & Over 200 Free	54
39	12 & Under 50 Back	40		55	13 & Over 200 Back	56
41	11-12 200 Breast	42		57	13 & Over 100 Breast	58
43	10 & Under 100 Breast	44		59	13 & Over 50 Free	60
45	11-12 100 Free	46		61	13 & Over 200 Fly	62
47	12 & Under 50 Fly	48		63	11 & Over 1650 Free	64
49	11-12 100 Fly	50				
51	12 & Under 50 Free	52				