



2025 GTWY Halloween Howl October 17-19, 2025

Hosted by



SPONSOR/HOST	Gateway Swim Club		
SANCTION:	- Held under the sanction of USA Swimming/Ozark Swimming, Inc., SANCTION NO: OZ-2606 - USA Swimming, Inc., Ozark Swimming, Inc., Rockwood Summit High School and Gateway Swim Club shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. - An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the CDC, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., Ozark Swimming, Inc., and Gateway Swim Club cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/Ozark Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/Ozark Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. - BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OZARK SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.		
LOCATION:	Rockwood Summit High School, 1780 Hawkins Road, Fenton, MO 63026 636-891-6800		
FACILITY:	- Short course, 25-yards, 13-foot start end depth, 4-foot turn end depth, 8 lanes, Kiefer McNeil non-turbulent lane markers, Paragon starting blocks. Colorado Timing System. Indoor facility. - The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4). The copy of such certification is on file with USA Swimming		
MEET DIRECTOR	Katherine Becker	gatewayswimmeets@gmail.com	314-599-6387
ADMIN OFFICIAL	TBD		
MEET REFEREE	Brett Shank	gatewayofficialsdirector@gmail.com	314-452-6541
MEET MARSHALS	TBD		
ELIGIBILITY:	- No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. - No on deck Ozark Swimming athlete registration will be permitted. - Swimmers entered in the meet who do not hold current membership will be dropped from the meet and entry fees will NOT be refunded. If a swimmer swims and is not registered, a \$100 fine per athlete will be imposed on the swimmer's club, made payable to Ozark Swimming.		

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	• Open to all USA Swimming athletes registered before the first day of the meet. • The meet will be limited to a total of 500 swimmers. NO team entry will be split. • Age on Friday, October 17, 2025 will determine age for the entire meet.
DISABILITY SWIMMERS:	• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	• All swimmers will swim in the same session each day. Events will be divided between 12 & Under events and 13 & Over events, except for the 500 Free which is 11 & Over. • All events will be timed finals.
SCHEDULE:	• Morning sessions: Warm-ups at (Group A) 7:00-7:25 AM, (Group B) 7:25-7:50 AM, with optional sprints during the last 5 minutes of each session; competition starts at 8:00 AM. • Afternoon session: Warm-up at (Group A) 12:00-12:25 PM, (Group B) 12:25-12:50 PM with optional sprints during the last 5 minutes of each session; competition starts at 1:00 PM. • Lane assignment and warm-up times for individual clubs will be posted on the Gateway Swim Club website no later than October 8th and will also be emailed to the contact person of the participating clubs. • If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.
ENTRIES:	DEADLINE FOR THE RECEIPT OF ENTRIES OPENS MONDAY SEPTEMBER 29, 2025 AT 9:00 AM. The deadline is Wednesday, October 1, 2025. • Entries must be submitted in short course yard times using Hy-Tek compatible format. • Teams must submit entries via email. • "No Time" (NT) entries will be accepted for events in which a swimmer does not have a time of record. • Swimmers may enter a maximum of four individual events per day. • Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. • The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy of a session. This may include combining heats and events, which may require reseeding. • Email entries to: Kian Quigley at gsc@prcommunityed.org
SEEDING:	• Events will be swum fastest to slowest • All events, except #7 & 8 (500 Free), # 45 & 46 (400 IM), will be pre-seeded. • Events #7 & 8 (500 Free), # 45 & 46 (400 IM), will require a positive check-in to swim. • Positive check-in will close at 7:45am. • SWIMMERS MUST POSITIVELY CHECK-IN TO BE SEEDED IN THOSE EVENTS
FEES:	• Individual events: \$5.00 • Swimmer Surcharge: \$20.00 • \$2 of the per swimmer surcharge is paid to Ozark Swimming. The remaining surcharge amount is being retained by the host club. • Checks should be made payable to: Gateway Swim Club • Mail payment to: c/o Kian Quigley – Meet Entry Secretary 1401 Froesel Drive, Ellisville, MO 63011 • Payment must be received within 7 days of acceptance into the meet. Failure to pay entry fees by this deadline could result in teams being barred from the meet. • IMPORTANT: If payment is sent via Express Mail/FedEx/UPS, etc., please ensure that a signature is NOT required for delivery as this will delay the acceptance of your entries.

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TIME TRIALS	- Time trials may be conducted at the completion of each session on Saturday and Sunday. - The limitation on the total number of individual events in which a swimmer may compete each day is 6 (USA Swimming Rules and Regulations Article 1022 & 102.3) - Time trials will only be accepted/seeded after payment is accepted and meet registration form is completed for any swimmers not originally entered in the meet. - Deadline: All fees and any required registration forms must be submitted 60 minutes before the end of each session on Saturday and Sunday.
AWARDS:	- Medals will be given out for places 1-3. - Ribbons will be given out for places 4-8.
SCORING	N/A
SAFETY	In accordance with USA Swimming and Ozark Guidelines, the warm-up sessions and the meet will be under the guidance of a meet Safety Marshall. Meet Marshals have full authority through the Meet Referee for safety and good order throughout the venue at all times. Swimmers, coaches, and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions. In granting this approval, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
RULES:	- The current USA Swimming Rules and Regulations will apply. - The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The Meet Referee has final judgment for any issues that arise during the course of the meet. - Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. - The flyover start procedure will be used for all sessions. - Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. - Deck changes are prohibited. - Deck access is restricted to USA Swimming athletes, coaches, officials and meet volunteers. All coaches and officials must present proof of registration in good standing and sign the sign-in sheet at the start of every session. USA Swimming app is acceptable proof of USA Swimming membership. - Coaches/Officials with expired or non-current credentials or those unable to provide credentials will be required to leave the deck area. - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. - All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP") and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. - A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. This includes, without limitation, individuals listed on the U.S. Center for SafeSport's Disciplinary Database, USA Swimming's List of Individuals Permanently Suspended or Ineligible for Membership, USA Swimming's List of Individuals Suspended or Ineligible-Specific Date,

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	and all adult members (defined by the SafeSport Code for the Olympic and Paralympic Movement as 18 years and over) of USA Swimming who have not completed athlete protection education as required by the U.S. Center for SafeSport.
OFFICIALS:	• Gateway welcomes officials from participating teams. If you are interested in officiating at this meet, please contact our Officials Coordinator, Tom Lombardo (gatewayofficialsdirector@gmail.com) • Apprentice sessions may be available but please get approval from Bill Renner (billrenner@gmail.com) • Officials meeting will occur 45 minutes prior to the session start times in the hospitality room.
TIMERS:	• Host club will provide timers • Swimmers in the 500 Free will need to provide their own TIMER and COUNTER. • Swimmers in the 400 IM will need to provide their own TIMER.
GENERAL:	• Swimmers should report to the Bullpen for their events. • Psych sheets will be posted and emailed to the contact person of each individual club and be available on Meet Mobile. • Heat Sheets (upon completion of the positive check-in events) will be posted at the venue. • Results will be posted in the venue, available on Meet Mobile, and emailed to the contact person of each individual club, as well as posted to ozarkswimming.com. Note that Meet Mobile results are not considered official results. • Concessions will be available on Saturday and Sunday. All food and drink is restricted to the concession area. COOLERS, FOOD, AND BEVERAGES ARE NOT PERMITTED IN THE BULLPEN OR POOL AREA. Coolers brought into the building must be left in the hall outside of the bullpen and pool and their contents consumed only in the concession area. This is in accordance with Rockwood School District policy and is expected of every participant as guests in their facilities. • Hospitality will be provided for coaches and officials.
FACILITY RULES:	• Loud radios, running, roughhousing, and ball playing in the bullpen / hallways will be prohibited. Unauthorized areas will be clearly marked and entrance into those designated areas will be prohibited to all meet participants and spectators. • Each team is responsible for its own valuables. • Each coach is responsible for the conduct of their team. • Smoking is prohibited on all Rockwood School District campuses, both in the buildings and on the surrounding campus grounds. • No glass containers are allowed. • All trash should be properly disposed of. • Exit doors and aisles shall not be blocked.

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ORDER OF EVENTS

Friday October 17, 2025		
Evening Session Warm-up: 5:00pm; Start: 6:10 PM		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	11-12 200 Breast	2
3	13 & Over 200 Free	4
5	12 & Under 100 IM	6
7	13 & Over 200 IM	8
9	11 & Over 500 Free	10

Saturday October 18, 2025						
Morning Session Warm-up:7:00 AM; Start: 8:10 AM				Afternoon Session Warm-up: 12:00 PM; Start: 1:10 PM		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>		<u>Girls</u>	<u>Events</u>	<u>Boys</u>
11	13 & Over 50 Breast	12		23	11-12 200 Back	24
13	13 & Over 200 Breast	14		25	8 & Under 25 Breast	26
15	13 & Over 100 Free	16		27	12 & Under 100 Breast	28
17	13 & Over 100 Back	18		29	12 & Under 50 Free	30
19	13 & Over 50 Fly	20		31	12 & Under 50 Back	32
21	13 & Over 200 Fly	22		33	8 & Under 25 Fly	34
				35	12 & Under 100 Fly	36
				37	12 & Under 200 Free	38

Sunday October 19, 2025						
Morning Session Warm-up:7:00 AM; Start: 8:10 AM				Afternoon Session Warm-up: 12:00pm; Start: 1:10 PM		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>		<u>Girls</u>	<u>Events</u>	<u>Boys</u>
39	13 & Over 100 Fly	40		51	11-12 200 Fly	52
41	13 & Over 50 Back	42		53	8 & Under 25 Back	54
43	13 & Over 200 Back	44		55	12 & Under 100 Back	56
45	13 & Over 100 Breast	46		57	12 & Under 50 Breast	58
47	13 & Over 50 Free	48		59	8 & Under 25 Free	60
49	13 & Over 400 IM	50		61	12 & Under 100 Free	62
				63	12 & Under 50 Fly	64
				65	12 & Under 200 IM	66