

Ozark Swimming HOD Meeting

March 2, 2025

Ozark LSC General Chair Report



Thank you all for being here today and for your continued dedication to Ozark Swimming. Your involvement is what drives our success, and I appreciate each of you taking the time to support our athletes, teams, and the broader swimming community.

Three Key Initiatives for This Year

1. Regular Monthly Board Meetings

One of our primary goals was to establish consistent monthly board meetings, and I'm happy to report that we've successfully implemented this. Attendance has been strong, but I'd like to see even more engagement. These meetings ensure that we stay aligned, make timely decisions, and remain transparent in our governance. I encourage all board members and committee representatives to continue prioritizing participation to keep our momentum going.

2. Five-Year Strategic Plan

We have made great progress on our five-year strategic plan. We conducted a survey to gather input from the swimming community, and later today, we'll be reviewing the findings and discussing the next steps. This plan will serve as a roadmap for the future of Ozark Swimming, ensuring that we continue to grow, develop, and support our athletes, coaches, and clubs in meaningful ways. I look forward to working with all of you as we refine and finalize this strategy.

3. Parent Involvement

Engaging parents has been one of the more challenging but crucial aspects of our work. We've had several discussions on how best to educate and involve parents in the LSC. Many parents still don't fully understand what the LSC does or how it benefits their swimmers. While we haven't landed on the perfect solution yet, we know that increasing communication and outreach will be key. This remains a work in progress, and I encourage everyone to share ideas on how we can better connect with parents and bring them into the fold.

Looking Ahead

As we continue through the season, I ask for your continued support in strengthening our LSC. Whether it's increasing engagement in board meetings, finalizing our long-term strategy, or finding creative ways to reach parents, each of you plays a critical role in our success.

Thank you again for your hard work and commitment. I look forward to the discussions ahead and to another great year for Ozark Swimming!

Nathan Stooke

General Chair, Ozark LSC

Meeting minutes

Ozark Age Group Committee

The Age Group Committee of the Ozark Swimming, Inc. LSC communicated via email.

Committee members: **Chris Etherington** (CSP), **Mark Imig** (CSP), **Ryan Dorsey** (FAST), **Bob Rettle** (METS), **Sean Harrison** (RSCA). Athlete Rep Member: **Cabot Murawski** (CSP)

Item 1: Changes to the Ozark Long Course Championship

With the new time standards for Central Zones, the following changes have been proposed.

Adding events:

- 10&Under Age Group- 400 Free.
- 11-12 Age Group- 200 Back, 200 Fly, 200 Breast & 400 IM. (All new events will be Timed Finals in Prelims).
- 13-14 Age Group- 50 Back, 50 Fly & 50 Breast (All new events will be Prelim/Final).
- 15&Over Age Group- 50 Back, 50 Fly & 50 Breast (All new events will be Prelim/Final).

Changes to meet:

- Instead of 3.5 day meet format, adding the new events would require a 4 full day meet format
- 10&Unders age group would still be a 3 day meet format and would remain timed finals
- 11-12 would still have A Final in the evening (Top 8)
- 13-14 and 15&Over age groups will run A/B Final (Top 16) instead of the original A/B/C Final (Top 24).

The goal is to cut down on the timeline for all involved in the meet including officials and volunteers in hopes to get more people helping with the meet. This will also give swimmers more opportunities for “AAA” time standards and 15&Over Age Group since they do the 50’s at Sectionals. Committee members all agreed this is a great start to adding events and changes to the LSC championship meets and approved of the changes.

Item 2: Central Zones

Chris Etherington, Ozark Zones Team Head Coach, posted a coaches application in recruiting coaches to attend Central Zones on the LSC website. Chris will email all LSC coaches about the coaches application and more information about Central Zones.

DEI Report

International Water Safety Day 2025

When: May 15th

Where: St Louis University (SLU)/Simon Recreation Center

Time: 4:30-8:30 (Includes set up and tear down time)

What: Free Swim Lesson, Clinic w/ an Olympian (?) & Fair

USA Swimming will send the chosen Olympian to visit and talk about water safety to 2-3 St Louis Public schools that morning.

Registration will begin April 1-May 9, a link for the clinic will be emailed to all team coaches, space is limited so first come first serve registration.

-I'm needing lots of coaches on deck for the clinic, and any older swimmers would be great to help out for the swim lessons.



Governance Committee Report February 2025

Members

- Scott Myers
- Andy Allman, Chair

Current Focus

- Support the board of directors in the development of a strategic plan for the LSC.
- Increase parent and athlete involvement at the LSC level.
- Nominations for board member and committee chairs for upcoming May election.

May Elections

Here is the list of our current board members and committee chairs. These positions are for two-year terms, staggered so that every year there are elections for roughly half of the positions. There is a limit of 2 consecutive complete terms for all positions except for secretary and treasurer.

Board of Directors		Term expiring	Limit reached
General Chair	Nathan Stooke (SEA)		
Admin. Vice-Chair	Mark Imig (CSP)		
Finance Vice-Chair	Brian Perkins (RSCA)	X	
Coach Representative*	Sean Harrison (RSCA) Bob Rettle (METS)		
DEI Chair	Terea Goodwin (OFPY)	X	
Treasurer	Trish Grant (METS)		
Secretary	Angie Dorsey (FAST)		
Age Group Vice-Chair	Chris Etherington (CSP)	X	
Senior Vice-Chair	Dave McCrary (CSP)	X	?
Safe Sport Chair	Christopher Theall (RCA)	X	
Senior Athlete Representative	Cabot Murawski (CSP)	X	
Junior Athlete Representative*	Connor Dunker (RSCA) Samantha Stooke (SEA)		
At-Large Athlete Member*	Evan Wiley (METS) Ellie Sitton (SEA)		

*These positions are currently filled by two individuals but they share a single vote

Committee Chairs and Coordinators		Term expiring	Limit reached
Disability Chair	Mike Scott		
Operational Risk Chair	Brett Shank		
Officials Chair	Jeff McCoskey	X	
Technical Planning Chair	Bob Rettle		
Open Water Chair	Sean Harrison	X	
Registration/Membership	Trish Grant		
Governance	Scott Meyers		
	Andy Allman		(2026)

If your term is expiring this year and you are interested (and eligible) to serve for another term, please let us know as soon as possible.

Help needed!

We need additional adult and athlete members! Please contact Andy (aallman@amscontrols) if you are interested in serving on the governance committee.

Governance Committee Duties: (From Bylaws)

1. To assist in periodic evaluation of the mission and vision statements and the Bylaws of OZSI.
2. To aid in the development of operating policies regarding conflict of interest (Board and staff), document retention, ethics, whistle-blower, procurement, contract review, grievance and other employment-related practices, etc.;
3. To aid in the development of personnel practices procedure including job descriptions and annual review of staff;
4. To ensure that the Board's focus remains on the strategic plan;
5. To aid in the development of expectations and processes for accountability of Board members;
6. To develop criteria for the qualities and required characteristics of Board officers;
7. To lead Board succession planning by assessing current and anticipated needs for Board composition and identifying and recruiting potential Board members;
8. To nominate Board members and other coordinator or chair positions to be elected by the House of Delegates consistent with the matrix of skills, demographics, and talents needed;
9. To publish the slate of candidates to the OZSI membership at least twenty (20) days prior to the election. Additional nominations may be made from the floor of the House of Delegates by voting members of the House of Delegates;
10. To design and implement Board orientation and an ongoing program of Board education and development; and
11. To lead periodic assessment of the Board's performance (as a whole and of individual members) and make recommendations to enhance Board effectiveness.

Operational Risk Committee Report

February 2025



Members:

Erik Strom, Susan Samet, **Vacant**, Brett Shank (Chair)

Athletes:

Vacant

Meeting Schedule:

As needed

Duties: (Operational Risk Chair from BOD Manual)

1. Responsible for coordinating safety enhancement and training opportunities as needed and for the dissemination of USA Swimming safety education information to all Group Members, athletes, coaches, and officials of Ozark Swimming
2. Develop safety education programs and policies for the LSC and make recommendations regarding same and the implementation thereof to the Senior Vice-Chair and the Board of Directors
3. Report to BOD and HOD a summary of reports of occurrence and any appropriate corrective actions
4. Request reports from Club Safety Chairs
5. Select a committee (including 20% of athlete participation and one official), with BOD approval Prepare a bi-annual Report of Occurrences for the HOD

This Year's Focus:

USA swimming has asked us to report every injury no matter how minor, I am asking all of our coaches to submit Report of Occurrence reports for all incidents and first aid situations including minor injuries. USA swimming is now forwarding the Reports of Occurrence on to the LSC Operation Risk Chairs. The person submitting the report does not need to forward a copy to the LSC Operational Risk Chair.

For a copy of the form, please refer to: [Report of Occurrence 2025](#)

The Operational Risk Chair receives detailed quarterly reports of injuries. Note that these are only reported injuries so if a ROO is not filed, it is not reported.

Since the last HOD meeting in February 2024 the following Report of Occurrences (ROO) have been submitted for Ozark LSC participants. In summary, there were 8 ROO's submitted with roughly 50% occurring at practices and 50% occurring at meets. This is one of the reasons why it is important to stay current with all required training obligations (APT, first aid, etc.) in order to not only ensure that appropriate treatment is provided but also that USA Swimming Insurance can be appropriately applied.

Operational Risk Committee Report

February 2025



This includes ensuring that clubs that are hosting meets are ensuring appropriate credential checks for those permitted with deck access as well as ensuring meet marshals are properly trained and utilized.

Date of Accident	Gender	Age	Activity at Time of Injury	Where Accident Occurred	Source of Injury	Body Part Injured
02/22/25	M	12	Meet - Walking	On deck	Slip/Trip/Fall	Head
01/14/25	F	12	Practice	In water	Collision with object	Leg/Ankle
09/24/24 (08/24/23)	F	14	Facility Area	Pool Meet	Enviro. Exposure	General Health
09/09/24	F	15	Practice	In water	Collision with object	Leg/Ankle
09/04/24	M	9	Practice	In water	Collision with object	Head
07/23/24	F	13	Practice	Cardio	Fatigue/Overexertion	General Health
07/15/24	F	18	Meet	Pool Meet	Fatigue/Overexertion	General Health
03/15/24	M	16	Meet	Pool Meet	Cut bottom of foot	Leg/Ankle

There are a variety of resources available on USA Swimming as it pertains to some key topics including Air Quality. Considering one of the ROO was the result of “Enviro Exposure”, I recommend coaches or individuals responsible for holding practices and meets to view the webinars provided at the following link:

[Respiratory Health of Swimmers, Measures of Outdoor Air Quality, and Guidance for Holding Practices and Meets on Vimeo](#)

[Influencing Air Quality in Indoor Pools: The Why and How on Vimeo](#)

It is important to develop a culture of safety: Safety is and should be a team mindset/culture for all age groups.

10& Under Children in this category enjoy compliments, games, coloring contests, and immediate feedback. They live in the here and now, with a shorter attention span, and will need constant reminders about their actions. Adults and older swimmers are their yardsticks to measure acceptable behavior. This group is easy to teach safety skills to because they haven't yet developed long-standing bad habits. They still try to please adults and aren't as influenced by peer pressure yet.

11-13. This group is in a transition stage. They want and need to be treated like adults some of the time, but sometimes they want and need to be treated like children. They are testing and challenging limits constantly, trying to develop their personalities. Peer pressure is a strong factor in this group. They don't like to stand out in a crowd and common goals will be a key to effective safety education. Give them respect and don't talk down to them.

Operational Risk Committee Report

February 2025



14+. The team leaders. They believe they are invincible. They will prefer discussion over worksheets. There is still the factor of peer pressure in this group; they will be more selective about their friends. The coaches' attitudes are extremely important for this group. They will follow rules for the "sake of the younger children."

The committee's goal this year is to continue to bring awareness of operational risk and ensure appropriate communication of various areas that may be beneficial to our LSC.

Long Term Focus:

Help the LSC develop as 5-year strategic plan.



Ozark Swimming 5-year Strategic Plan



Strategic Planning Purpose

- Sets us on a course to achieve sustained success.
- Aligns Ozark Swimming's long-term goals to our mission, vision, and values.
- Captures our strengths and weaknesses as well as identifying opportunities to grow and threats to that growth.
- Provides a framework to achieve the goals of Ozark Swimming



Mission, Vision and Values

- MISSION: To grow and develop the swimming community through education and programs.
- VISION: To inspire a lifelong passion for the sport of swimming.
- VALUES:
 - Leadership-demonstrating personal and organizational leadership in all we do; doing our best to develop the leadership qualities of our athletes
 - Integrity-upholding the rules of fair play and providing opportunities to all to participate; encouraging team spirit and group and individual sportsmanship; dealing fairly and honestly with each other and with our athletes in all we do
 - Commitment-commitment to promoting the development and success of the athletes and the clubs resented
 - Respect-respecting individual athletes, clubs, and other members of Ozark Swimming for their differences, as well as their inclusion as members of the greater USA Swimming.



Current State

- What are our Ozark Swimming's key strengths or competitive advantages? What do we do well?
- What areas or functions within Ozark Swimming need improvement?
- Are there emerging trends in swimming we can we leverage to achieve our goals?
- Are there any upcoming regulations or changes in USA swimming that could impact us?



Future State

- What is our purpose?
- What does success look like?
- How would others with my role view success?
- What key activities or services do we/should we provide?
- What qualities or behaviors do we expect from our members?
- What do we do to fulfill our vision?



Strategic Priorities Survey

- Please complete the survey for strategic priority ideas
- Goals should be actionable, achievable and measurable
- The Board of Directors and House of Delegates will be reviewing the survey results to develop a 5-year priority list
- Thank you for your participation and dedication to Ozark Swimming!

Proposed change to Ozark Swimming Bylaws

(For vote at February 2025 House of Delegates)

Motivation

The current bylaws don't specify where athlete representatives to the HoD come from; only how we get enough at-large athlete members needed to ensure 20% athlete composition (section 4.1.4).

Proposed change

Removed

Added

ARTICLE 4

HOUSE OF DELEGATES

- 4.1 MEMBERS - The House of Delegates of OZSI shall consist of the Group Member Representatives, the Board of Director Members, the committee chairs and coordinators, and Athlete At-Large House Members.
- .1 GROUP MEMBER REPRESENTATIVES - Each Group Member in good standing shall appoint from its membership ~~two (2)~~ **three (3)** Group Member Representatives and one or more alternates for each. **At least one of the representatives must be an Athlete.** The appointment shall be in writing, addressed to the Secretary of OZSI and duly certified by the chief executive officer or secretary of the appointing Group Member. The appointing Group Member may withdraw one or more of its Group Member Representatives or one or more of its alternates and substitute new Group Member Representatives or new alternates by written notice, addressed to the Secretary of OZSI and signed by the chief executive officer or secretary of the appointing Group Member. The representatives of any Group Member are required to be Individual Members of OZSI or USA Swimming.
 - .2 BOARD OF DIRECTORS - Board of Director Members as designated in Section 5.
 - .3 NON-ATHLETE AT-LARGE HOUSE MEMBERS - Reserved for future use.
 - .4 ATHLETE AT-LARGE HOUSE MEMBERS - A sufficient number of athletes to ensure that Athlete Members constitute at least 20% of the voting membership of the House of Delegates shall be elected by the Athletes Committee and shall hold office from the date of election through the conclusion of the annual meeting of the House of Delegates following such election or until their successors are elected to the House of Delegates.
 - .5 OTHER MEMBERS - The elected committee chairs and coordinators (see 7.2.1) shall serve as members of OZSI House of Delegates.

Rationale

- The composition of the Athletes Committee already makes mention of an "Athlete representative from each Group Member" (sec. 7.4.1B)
- Adding official athlete representative for each club will hopefully encourage clubs to involve swimmers at the LSC level
- In practical terms, it should eliminate the need for additional at-large athlete members (assuming the number of clubs doesn't get too low)
- It is aligned with the idea that the House of Delegates is a representative body
- The USA Swimming required LSC bylaws template already supports this approach: "*The LSC may designate categories of its voting delegates, such as athlete, coach, non-coach*" (footnote for 4.1.1)

Ozark Swim Conference HoD Meeting 03/02/2025

Safe Sport Chair Report

Submitted By: Christopher J Theall

Motion(s) to be brought to the Board of Directors: No motions at this time.

Discussion Items:

Upcoming Monthly Safe Sport Trainings:

- Parents: March 12th 7:00 pm CT, [Parent Registration](#)
- Athletes: March 13th 7:00 pm CT, [Athlete Registration](#)

Reported Code of Conduct Violations / Resolutions Since Last HoD Meeting: None

Hosting Virtual Trainings: [Steps to Host \(page bottom\)](#)

New Safe Sport Recognitions : Lifetime Swimming Missouri

Safe Sport Committee: 2 individuals expressed interest but not responded when contacted

OZ Current SSRP Report:

Club Code	Club	Status	Effective Date	Expiration Date	Points	Contact Email
CSP	CSP Tideriders	Achieved	4/17/2024	4/17/2026	56	pkerrigan58@gmail.com
LIFE	Life Time Swim					
	Missouri		12/10/2024	12/10/2026	53	ccoyle@lt.life
	Metro East Titans					
METS	Swimming	In Progress			49	ozarklsc.treasurer@hotmail.com
PKWY	Parkway Swim Club	In Progress			51	bickthom@prcommunityed.org
RCA	River City Aquatics	In Progress			1	lolabryn13@gmail.com
RSCA	Rockwood Swim Club	In Progress			50	harrisonsean@prcommunityed.org
OFPY	Saluki Swim Club	In Progress			14	tlpreciado93@gmail.com
LOVE	Team Genesis Swim Club	In Progress				
UCSC	University City Swim Club	In Progress			16	

Ozark SSRP Parent and Athlete Course Completions 02/25/2024 - 02/23/2025:

First Name	Last Name	Course Taker	Club	Course Name	Course Completion Date	Course Expiration Date
				SafeSport For Youth		
Vivian	McCaffrey	Athlete	CSP	Athletes (13-17)	3/21/2024	9/21/2025
Melissa	Agustin	Parent	CSP	Parents Guide to	4/11/2024	10/11/2025

				Misconduct in Sport Parents Guide to		
Tara	Budetti	Parent	CSP	Misconduct in Sport Parents Guide to	3/21/2024	9/21/2025
Nathan	Kirsten	Parent	CSP	Misconduct in Sport Parents Guide to	4/4/2024	10/4/2025
Allison	Loveland	Parent	CSP	Misconduct in Sport Parents Guide to	4/1/2024	10/1/2025
Tara	Payne	Parent	CSP	Misconduct in Sport	3/30/2024	9/30/2025
Maxwell	Arrowood	Athlete	LIFE	SafeSport for Kids	11/20/2024	5/20/2026
Oliver	Arrowood	Athlete	LIFE	SafeSport For Youth Athletes (13-17)	11/20/2024	5/20/2026
Olivia	Wang	Athlete	LIFE	SafeSport For Youth Athletes (13-17)	10/19/2024	4/19/2026
Donald	Arrowood	Parent	LIFE	Parents Guide to Misconduct in Sport	10/31/2024	4/30/2026
April	Gao	Parent	LIFE	Parents Guide to Misconduct in Sport	10/19/2024	4/19/2026
Emily	Musselma n Haas	Parent	LIFE	Parents Guide to Misconduct in Sport	12/5/2024	6/5/2026
Shepard	Simpson	Parent	LIFE	Parents Guide to Misconduct in Sport	12/5/2024	6/5/2026
Elizabeth	Vasquez	Parent	LIFE	Parents Guide to Misconduct in Sport	12/5/2024	6/5/2026
Karter	Boyd	Athlete	OFPY	SafeSport for Kids	2/22/2025	8/22/2026
Kennedie	Boyd	Athlete	OFPY	SafeSport For Youth Athletes (13-17)	2/22/2025	8/22/2026
Joy	Hill	Parent	OFPY	Parents Guide to Misconduct in Sport	2/20/2025	8/20/2026
Ida	Moody	Parent	OFPY	Parents Guide to Misconduct in Sport	2/20/2025	8/20/2026
Jose	Preciado	Parent	OFPY	Parents Guide to Misconduct in Sport	2/19/2025	8/19/2026
Emmett	Shank	Athlete	PKWY	SafeSport For Youth Athletes (13-17)	9/17/2024	3/17/2026
Tylan	Thomas	Athlete	RCA	SafeSport For Youth Athletes (13-17)	1/1/2025	7/1/2026
Jarrold	Thomas	Parent	RCA	Parents Guide to Misconduct in Sport	9/11/2024	3/11/2026
Patrick	Becker	Athlete	RSCA	SafeSport For Youth Athletes (13-17)	10/24/2024	4/24/2026
Chloe	Belen	Athlete	RSCA	SafeSport For Youth Athletes (13-17)	10/15/2024	4/15/2026
Kaitlyn	Bonds	Athlete	RSCA	SafeSport For Youth Athletes (13-17)	10/14/2024	4/14/2026
Elizabeth	Eckelkamp	Athlete	RSCA	SafeSport For Youth Athletes (13-17)	10/24/2024	4/24/2026
Natalie	Johnson	Athlete	RSCA	SafeSport For Youth	10/18/2024	4/18/2026

Katherine	Kraus	Athlete	RSCA	Athletes (13-17) SafeSport For Youth	10/14/2024	4/14/2026
Ethan	Lee	Athlete	RSCA	Athletes (13-17) SafeSport For Youth	10/24/2024	4/24/2026
Rylie	Lynch	Athlete	RSCA	Athletes (13-17) SafeSport For Youth	10/25/2024	4/25/2026
Ella	Marcum	Athlete	RSCA	Athletes (13-17) SafeSport For Youth	10/24/2024	4/24/2026
Maxwell	McMillan	Athlete	RSCA	Athletes (13-17) SafeSport For Youth	10/19/2024	4/19/2026
Elizabeth	Mohan	Athlete	RSCA	Athletes (13-17) SafeSport For Youth	10/23/2024	4/23/2026
Reagan	Poggio	Athlete	RSCA	Athletes (13-17) SafeSport For Youth	10/26/2024	4/26/2026
Aditi	Roy	Athlete	RSCA	Athletes (13-17) SafeSport For Youth	10/26/2024	4/26/2026
Lauren	Stein	Athlete	RSCA	Athletes (13-17) SafeSport For Youth	10/14/2024	4/14/2026
Grant	Wilson	Athlete	RSCA	Athletes (13-17) SafeSport For Youth	10/16/2024	4/16/2026
Violet	Wilson	Athlete	RSCA	Athletes (13-17) SafeSport For Youth	10/16/2024	4/16/2026
Abbey	Yoder	Athlete	RSCA	Athletes (13-17) Parents Guide to	10/18/2024	4/18/2026
Katherine	Becker	Parent	RSCA	Misconduct in Sport	10/24/2024	4/24/2026
Heather	Bonds	Parent	RSCA	Parents Guide to	10/14/2024	4/14/2026
Liliane	Bonfietti	Parent	RSCA	Misconduct in Sport	9/23/2024	3/23/2026
Melissa	Garrett	Parent	RSCA	Parents Guide to	9/23/2024	3/23/2026
Jaclyn	German	Parent	RSCA	Misconduct in Sport	9/20/2024	3/20/2026
Sean	Harrison	Parent	RSCA	Parents Guide to	10/14/2024	4/14/2026
Ashley	Johnson	Parent	RSCA	Misconduct in Sport	10/17/2024	4/17/2026
Suzanne	Jones	Parent	RSCA	Parents Guide to	9/20/2024	3/20/2026
Wrenn	Kates	Parent	RSCA	Misconduct in Sport	9/21/2024	3/21/2026
Andrea	Kraus	Parent	RSCA	Parents Guide to	10/24/2024	4/24/2026
Jin	Lee	Parent	RSCA	Misconduct in Sport	10/25/2024	4/25/2026

Current Team Safe Sport Coordinator (SSC) Contacts *:

* Head Coach if no designated SSC, contact cjtheall@gmail.com for corrections and updates

Team	Safe Sport Coordinator / Coach	Email
CRCY	David Mollett	crcycoachdave@gmail.com
CSP	Stacey Maxwell	maxwellmirarchi@yahoo.com
FAST	Diana Rosen	drosen@fast-swimming.com
HHST	Mike Austin	mikeaustin1724@yahoo.com
LIFE	Caleb Jahnke	cjahnke@lt.life
LOVE	Alice Oates	chico@i1.net
MAC	Raz Cupamecu	midwestaquaticclub@gmail.com
MKC	Jimmy Tierney	jetierney@mckendree.edu
METS	Trish Grant	treasurer@ozarkswimming.com
PKWY	Thom Bick	tbick@parkwayschools.net
RCA	Bryn Dickson	lolabryn13@gmail.com
RPLX	Erik Strom	estrom@stpetersmo.net
RSCA	Sean Harrison	harrisonsean@prcommunityed.org
SALU	Thomas Huggins	salukiswimming@gmail.com
SCS	Steffan Troxel	seismicswim@gmail.com
SEA	Kirsty Stooke	kirsty@TheSeahawks.com
SLTS	Meredith Nash	UNKNOWN
USCS	Doni Causey	ucityswimclub20@gmail.com
WAVE	Kristi Sheridan	wpwavesswimclub@gmail.com

Technical Planning Report:

Our Ozark calendar is posted on the Ozark website. No additional meetings or events have been submitted since our last meeting. Any events that need to be added to this calendar should be sent to me.

We will begin our meet schedule planning soon. I will be asking for everyone to send their meet dates and formats by May 12. Once I have all those we will begin making the full schedule for the 2025-2026 short and long course seasons. Our goal will be to have the meet schedule posted by May 31. I will be sending notification with meeting date/time details in the coming week.

Sanction Reminders:

Reminder: When you apply for a sanction you are agreeing to several things as part of receiving the sanction. There are several post meet items I want to remind everyone of:

- 1) Send results file, meet manager back up, and PDF results to Trish for posting.
- 2) You must fill out the meet fee worksheet and pay all Ozark fees. The policy you agreed to when applying for sanction states that you must have these paid within 30 days of the meet conclusion. Teams that are more than 30 days behind will not receive future sanctions till they are in good standing.

Coaches Rep report:

Coaches compliance is going better but still not at the 100% goal. Please make sure all coaches are properly credentialed before allowing them to coach in any capacity. Please take advantage of Ozark's new submission option. Using this will make it easier for the LSC to gather and process your certifications.

Sanction Chair:

MEET HOSTING RESOURCES



Ozark Swimming

MEET HOSTING RESOURCES

Attached are links to several meet operations resources from the Ozark Swimming website. Please take time to take advantage of these guidelines and requirements for hosting a USA sanctioned swimming meet.

MEET HOSTING RESOURCES:

This link will take you to the page that includes all of our resources, including the ones on this page.

<https://www.gomotionapp.com/team/czoslsc/page/lsc-info/meet-forms>

Coaches and officials must be USA swimming members in good standing to be on deck. All meets must have a process for checking in coaches and officials to ensure this requirement is met. Your meet information must explain how the host will accomplish this. This link will take you to our sign in document that you may use to help.

https://www.gomotionapp.com/czoslsc/UserFiles/Image/QuickUpload/meet-form-sign-in-sheets_098393.pdf

In order to make sure your meet information has all the required verbiage we have developed a checklist to assist you in developing your meet information packet. Check out this link to view the checklist.

https://www.gomotionapp.com/czoslsc/UserFiles/Image/QuickUpload/meet-announcement-checklist-updated-12-2024-038104_062478.pdf

Ozark swimming has a very nice template that will make it easy for you to develop meet information for your meet. This template contains items in the checklist, so it will make it easy to cover all your bases with hosting a meet.

https://www.gomotionapp.com/czoslsc/UserFiles/Image/QuickUpload/ozark-swimming-meet-announcement-template-updated_063867.pdf

Meets sanctioned by Ozark swimming have fees that get paid after the meet. This link takes you to that document. We have greatly simplified this form so it should be easy to fill out and submit to Ozark Swimming in a timely manner.

https://www.gomotionapp.com/czoslsc/UserFiles/Image/QuickUpload/meet-fee-worksheet-099129-1-4_020824.pdf

One More! The minimum requirements for hosting a Sanctioned USA Swimming meet come directly from USA Swimming headquarters. This link will take you to the USA Swimming Safe Sport Meet360 document published by USA Swimming. This is the source of all requirements and recommendations we publish in our sanctioning material. LSCs must use these minimum standards to sanction meets, however an LSC may employ stricter standards in some areas. Give this a read, this contains tons of great meet operations information!

https://www.gomotionapp.com/czoslsc/UserFiles/Image/QuickUpload/lsc-sanctioned-meet-360-qcs_063177.pdf

Ozark Swimming

Registrar's Report

USA-S 2025 Registration Summary (9/1/2024-2/24/2025)		Last year at this time
Clubs	22	21
Administrator	20	12
Coach	141	139
Flex Athletes	86	107
Seasonal Athletes	49	95
Junior Coach	3	
Junior Official	1	
Officials	153	160
Other	21	48
Outreach Athletes	49	45
Premium Athletes	2,331	2305
Provisional Coach	9	4
Total Athletes	2,515	2,552
Total Non-Athletes	348	363
Total	2,863	2,915

- We have a new registered club: SLU (Saint Louis University), head coach: Austin Mayer
- All clubs are currently in good standing.
- Please ensure your SWIMS rosters match your club rosters (i.e. TU, etc.) It is imperative that every member of your organization is registered with USA Swimming. This will help with meet recons and ensure that clubs' insurance agreements are active.
- Reminder: All employees of member clubs who have direct and frequent contact with athletes must be registered as non-athlete other members of USA-S. Others that require non-athlete other registration include whether employees or volunteers, meet directors, dryland instructors, chaperones, and any other individuals that have direct and frequent interaction or have authority over athletes.

Individuals who do not have direct and frequent contact with athletes but serve as just administrative support must register as an administrator with USA-S. These may include individuals serving on a club's board, registrars, website administrators, individuals in a position of oversight over the operations of a member club, individuals with an ownership interest in a member club, etc. as long as they do NOT have direct and frequent interaction with athletes or authority over athletes. If they do, they must register in the Other category.

- In addition to missing registrations, the meet recons have also been returning mismatches in names and DOBs. Please compare your club roster to the one in SWIMS to ensure accuracy.
- Please ensure that all athletes about to turn 18 or already 18 and over have completed APT. These individuals must have their own account instead of taking APT under a parent's account.
- The following clubs currently have athletes that need to complete the APT. Please look over your rosters and ensure those athletes complete APT.
 - CSP-3
 - FAST-2
 - LOVE-3
 - LOV2-1
 - METS-2
 - PKWY-4
 - RSCA-2
 - SEA-2
 - SLU-1
 - STLT-2
 - WAVE-1
- Coaching/Officials' Certifications: Non-athletes may now submit certifications that require manual updating on the website. As a reminder, these include Online STSC, In-Water STSC, CPR, and Concussion for coaches and Concussion for officials. The form is both on the officials' page of the website and as a sub-tab for the coaches' page. This will help with efficiency and prevent missed emails that are ending up in my junk mail.
- If you are the chair of a committee, please email me the list of all your athlete and non-athlete members if they are not posted on the website already.
- The Club portal on SWIMS has some new Reporting Roles available. Please take some time to review these and assign if necessary.

- On the home page of the website there's now a button "Sign up for News." Please encourage your parents and other non USA-Swimming registered members to sign up so that we can have those email lists to provide better communication to all.

Respectfully submitted,

Trish Grant

Ozark Swimming Treasurer

2/24/2025

Ozark Swimming

Treasurer's Report

- All clubs are up-to-date with their fees.
- Reminders: Meet fees are due within 30 days after a meet's conclusion. Both the meet fee worksheet and the TM Entry Fee Report must be submitted, and fees can either be invoiced or mailed.
- FY 2023-2024 Tax Return is still in progress due to a change in accountants. Once the tax return has been completed the audit will be initiated.
- Meet Fees Worksheet: Submission of the meet fee worksheet and TM Entry Fee Report can now be completed on the website. The form is available on the Forms/Docs page or on the sub-tab of the page. You will complete the same information as on the previous meet fee worksheet and upload the TM Entry Fee report. Fees will continue to be invoiced through Ozark TU or mailed.
- Reminder: Reimbursements/payments must be requested within 30-days unless otherwise approved by the Finance Committee. If you have an outstanding invoice or reimbursement request, please be sure to submit it within 30 days to ensure approval. Invoices that need to be paid must be submitted with the Vendor Check Request.

Financial Statements: Please see the following for the most current P&L vs. Budget Analysis and Balance Sheet.

Respectfully Submitted by:

Trish Grant

Ozark Swimming LSC Treasurer

2/24/2025



Ozark Swimming FY-24-25 P&L vs. Budget (As of 2-24-2025)

Income	FY 24-25 Actual	FY 24-25 Budget	Footnotes
Membership Dues			
Athlete Registrations	\$28,427	\$32,212	¹
Non-Athlete Registrations	\$3,792	\$4,722	¹
Club Registrations	\$132	\$132	¹
Less USA-S Processing Fees	(\$1,337)	(\$1,483)	¹
Sanction Fees	\$1,086	\$1,400	¹
Meet Fees			
Surcharge	\$14,074	\$28,000	
Splash Fees	\$16,111	\$33,000	
Zones			
Age Group	0	\$11,800	
Open Water	0	\$625	
Total Income	\$62,285	\$110,408	
Expenses	FY 24-25 Actual	FY 24-25 Budget	
Gen & Admin			
Office	\$2,625	\$4,500	
Website	\$285	\$600	
Professional Expenses			
Tax Prep	\$7	\$500	
State Filings	0	\$10	
Auditing	0	\$1,800	
Central Zone Dues	\$640	\$645	
Bank Service Charge	\$175	\$250	
1099-NEC Payments	\$17,550	\$35,100	
USA-S National Workshop	\$6,830	\$10,000	
Senior Swimming			
Athlete Travel Reimbursements	\$6,000	\$32,000	
Workshops/Athlete Summit	0	\$2,500	
Age Group Swimming			
Zones	0	\$35,000	
Ozark Champs Awards	\$4,839	\$9,000	
Coaches	0	\$2,500	

Officials' Committee			
Travel Awards	0	\$3,000	
Nametags	\$205	\$300	
Uniforms	\$3,755	\$2,500	
Meet Ref Travel Reimbursement	0	\$2,000	
Ozark Swag	0	\$1,550	
Awards Banquet/Recognition	0	\$1,000	
DEI			
Outreach Entry Fees	\$672	\$3,000	
Camps/Meets	0	\$2,000	
Caps & Goggles	0	\$1,000	
Open Water			
Zones-Caps	0	\$500	
Zones-Uniforms	0	\$400	
Zones-Meet Entries	0	\$1,600	
Zones-Coach Stipend	0	\$400	
Hall of Fame	0	\$500	
Disability	0	\$1,000	
Athletes	0	\$1,200	
BoD	\$978	0 ²	
Total Expenses	\$44,561	\$156,355	
Net Operating Income	\$17,724	-\$45,947	

¹ Does not reflect Membership Dues and USA-S processing fees from February registrations

² New line item not budgeted for; BoD Orientation Mtg



Ozark Swimming Balance Sheet

ASSETS

As of Feb. 24, 2025

Current Assets

Bank Accounts

10000-Main Account-First Mid	129,140
10100-Secondary Account-First Mid	986
10200-Swimmers Assistance-First Mid	1,481

Total Bank Accounts	\$131,607
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11000-Accounts Receivable	\$19,152
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Other Current Assets

11100-Investment Account-First Mid Wealth	\$106,452
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TOTAL ASSETS	<u>\$257,211</u>
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LIABILITIES AND EQUITY

Liabilities

Current Liabilities

20000-Accounts Payable	145
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Total Liabilities	145
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Equity	\$257,066
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TOTAL LIABILITIES AND EQUITY	<u>\$257,211</u>
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