

	Ozark A Championships Time Trial Session November 21 – 23, 2025 	
SPONSOR/HOST	• Saluki Swim Club	
SANCTION:	• Time Trials under the SANCTION NO: _____ • USA Swimming, Inc., Ozark Swimming, Inc., and Shea Natatorium shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. • Saluki Swim Club agrees to comply and enforce all health and safety mandates and guidelines of USA Swimming, Ozark Swimming, the State of Illinois and local jurisdictions • An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the CDC, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., Ozark Swimming, Inc., and Parkway Swim Club cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/Ozark Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/Ozark Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. • BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OZARK SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.	
LOCATION:	• Dr. Edward J. Shea Natatorium in the Student Recreation Center 300 East Grand Avenue on the Southern Illinois Campus, Carbondale, Illinois • Parking: Please see the attached map for parking information	

FACILITY:	Dr. Edward J. Shea Natatorium - Indoor 50 meter by 25 yard pool with non-turbulent lane markers and fully automatic timing system - The competition will be held in 8 lanes and additional lanes will be available for continuous warm-up/warm-down throughout the meet. - The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4). The copy of such certification is on file with USA Swimming. - The minimum water depth for racing starts has been measured in accordance with Article 103.2.32. The pool depth is 5 feet at both ends of the competition course. - Overhead Balcony seating for approximately 500 spectators available, as well as generous on-deck areas for swimmers and coaches. - Water Temperature - 79 degrees - Full 8-lane scoreboard showing splits and cumulative times		
MEET DIRECTOR	Kevin Junk Thomas Huggins	Email: salukitreasurer@gmail.com Email: salukiswimming@gmail.com	Phone: (618) 792-0941 Phone: (618) 559-5992
MEET REFEREE	Bill Renner	Email: billrenner@gmail.com	Phone: (618) 792-1028
ADMIN OFFICIAL	Adam Lewis Amanda Lowery	Email: ao.salukiswimclub@gmail.com	Phone: (618) 318-2542 Phone: (321) 288-6198
MEET MARRSHALS (MALE)	Elwin Zubiri	Email: elwin.zubiri@gmail.com	Phone: (571) 970-8454
MEET MARSHALS (FEMALE)	Kate Fakhoury	Email: kandafak@yahoo.com	Phone: (321) 288-6198
ELIGIBILITY, FORMAT AND ENTRIES	- All swimmers entered in the Ozark A Championship 2025 can time trial. - No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. - Swimmers entered in the meet who do not hold current membership will be dropped from the meet and entry fees will NOT be refunded. If a swimmer swims and is not registered, a \$100 fine per athlete will be imposed on the swimmer's club, made payable to Ozark Swimming. - All swimmers must be a member of Ozark Swimming for this LSC Championship - When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. - All technical and administrative rules of USA Swimming will apply. - Time trials will be deck seeded. - Time Trial request form and fees must be provided to the Admin Official by the announced deadline. - Time trials will be held at the end of Friday, Saturday, Sunday AM session and end of Friday and Saturday final session for events 500 yards and less if time permits. - On Friday, priority will be given to Friday events, followed by, if time permits, Saturday and Sunday events. On Saturday, priority will be given to Saturday events, followed by, if time permits, Sunday and Friday events. On Sunday, priority will be given to Sunday events, followed by Friday and Saturday events. Time Trials may be limited or cancelled at the discretion of the Meet Referee - Deadline for requesting a time trial: - Friday/Saturday/Sunday AM session- 11:00a.m - Friday/Saturday Final Session-6:00pm		

	- At the meet Referee's discretion, event maybe combine into a single heat. Note that the limitation on the total number of individual events in which a swimmer may compete each day is 3 events (USA Swimming Rules and Regulations Article 102.2 and 102.3) <i>Time Trial race do not count against meet total of 7 individual event but do count against daily maximum of 3 individual event.</i>
SCHEDULE:	Time trials will be held at the end of Friday, Saturday, Sunday AM session and end of Friday and Saturday final session. Friday, Saturday, and Sunday AM Prelims (13 & Over) 1st Warm-up: 6:45a.m. – 7:15a.m.; 2nd Warm-up 7:15a.m. – 7:45a.m. Meet Starts –8:00a.m. Friday, Saturday Finals Warm-ups: Open warm-ups not before 4:00-4:45p.m. Meet Starts – Not before 5:00p.m.
FEES:	- Time trial fee is \$15 per splash. Accept cash and check - Time trial swims will not be seeded until payment received. Check should be made payable to: Saluki Swim Club - Payment must be received with the time trial application form. - There will be no refunds.
AWARDS:	No Award will be given to the time Trial event.
SAFETY:	In accordance with the recommendations of USA Swimming, Ozark LSC, and Saluki Swim Club Inc., will operate this meet under the guidance of Meet Marshals. Meet Marshals have full authority through the Meet Referee for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.
RULES:	- The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The Meet Referee has final judgment for any issues that arise during the course of the meet. - The current USA Swimming Rules and Regulations will apply. - Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. - Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. As an approved exception, USA Swimming registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training, subject to the location restrictions of this statement, so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Meet Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes. - Deck changes are prohibited. - Deck access is restricted to USA Swimming athletes, coaches, officials and

	meet volunteers. All non-athlete members must have proof of registration or a credential while on deck and present them upon meet management request. USA Swimming app is acceptable proof of USA Swimming membership. • Coaches who have valid USA Swimming credentials but who are unable to provide them upon request will be issued temporary credentials by the meet director • Coaches with expired or non-current credentials will be required to leave the deck area. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. • A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. This includes, without limitation, individuals listed on the U.S. Center for SafeSport’s Disciplinary Database, USA Swimming’s List of Individuals Permanently Suspended or Ineligible for Membership, USA Swimming’s List of Individuals Suspended or Ineligible-Specific Date, and all adult members (defined by the SafeSport Code for the Olympic and Paralympic Movement as 18 years and over) of USA Swimming who have not completed athlete protection education as required by the U.S. Center for SafeSport.
TIMERS:	• Timers will be provided by the host club, with the exception of the 500 Free • For the 500 Free swimmers must provide 1 timer • Timers’ meetings will occur 15 minutes prior to session times in the lobby.
FACILITY RULES:	• Each team is responsible for its own valuables • Each coach is responsible for the conduct of their team. • The use and sale of any tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas, and in all areas used by swimmers during the meet and during warm-up periods. • All trash should be properly disposed of, and exit doors and aisles should not be blocked

The following are the rules and policies for the use of the SIU Student Recreation Center during swimming competitions. These policies are in place for the safety of all swimmers, guests, students, and Rec Center members. We appreciate your help in abiding by these rules.

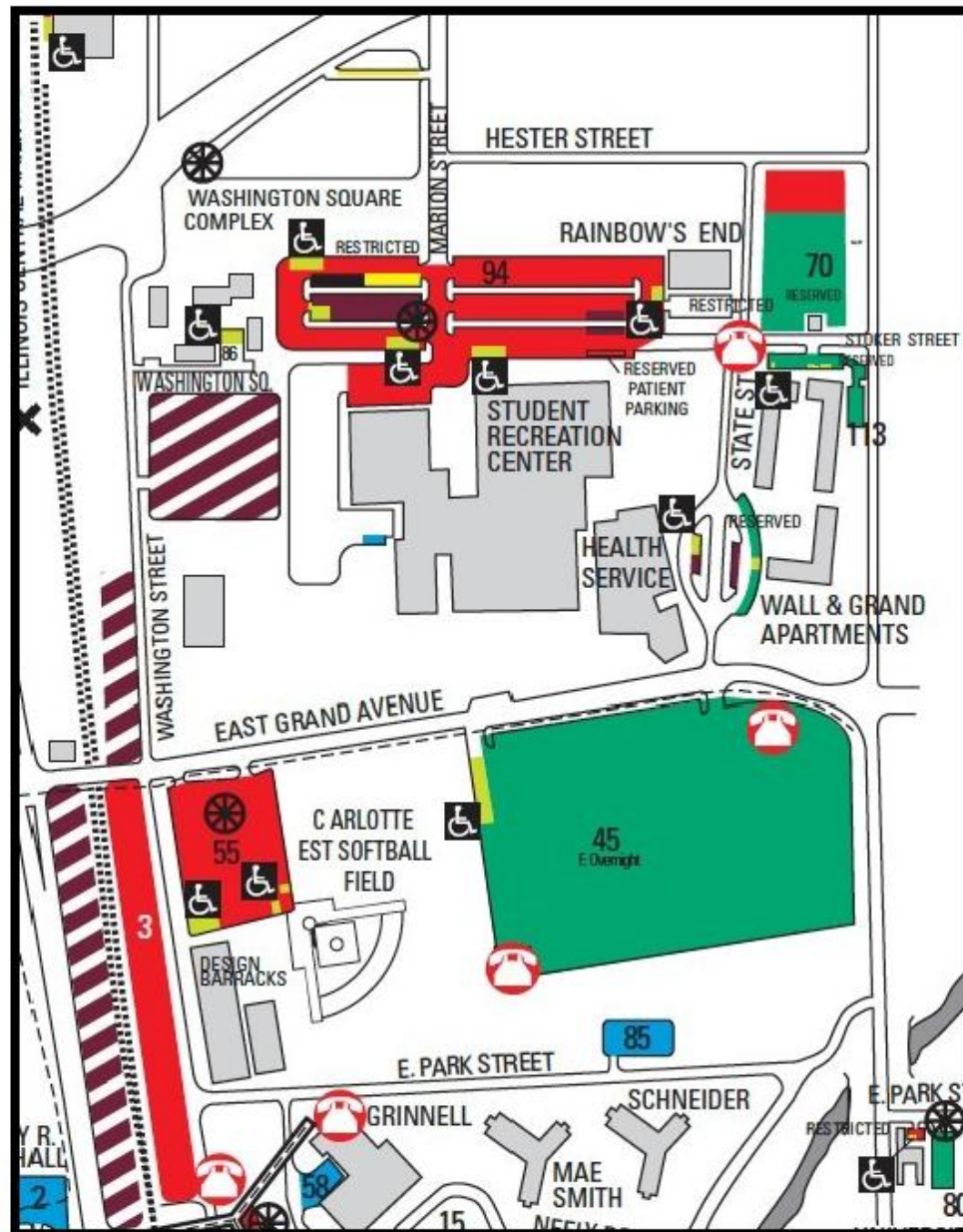
Parent & Spectators

- Please see the attached parking map. Please do not park in the Student Health Center parking spots or the REC member only parking spots.
- Parent spectators are not allowed in the lower portion of the SIU Rec Center. Once entering the building, parent spectators will be directed upstairs to spectator area. Only swimmers will be allowed into the lower level of the Rec Center. Swimmers will be allowed to go upstairs to the spectator area but must be dry and wearing clothes and shoes.
- You are welcome to bring your own chairs to use in the 2nd floor hallway observation areas, but you must take your chairs with you when you leave the building. Please DO NOT leave your chairs overnight or between sessions. The SIU Student Rec Center is not responsible for any items left in the building. Any chairs or items left overnight or between sessions will be removed.
- Parent volunteers should check in at the front. All parent volunteers listed on the worker sign-up sheet will be given volunteer credentials and will be allowed access to the lower level. Parent volunteers should immediately report to the pool deck.

Swimmers, Coaches, and Officials

- Swimmers, Coaches, and Officials will be admitted to the lower level of the Rec Center. Swimmers should identify themselves as swimmers and Coaches and Officials should show their USA Swimming Coaches Registration card at the gate.
- If young swimmers need an escort to the locker room area, there will be staff there to escort swimmers to the locker room. Parents will not be allowed to escort swimmers to the locker room or pool deck.
- When downstairs, swimmers should only be in the pool area or the locker room. Swimmers are welcome to go upstairs to the spectator area, but they must be dry and wearing shirt, shoes, and clothes and exit through the locker room area.

Ozark Swimming A Champs Parking Information



Parking for the Ozark Swimming A Champs on the grounds of Southern Illinois University is spacious and convenient. Parking lots 94, 45, 55, and 3 have been made available for our (mostly) unrestricted use during the meet. Meters and other payment requirements in these lots have been suspended. The only restrictions that remain in place are handicapped usage rules and spaces marked "Reserved Patient Parking" and "Restricted" in lot 94. If you require disability access, please note that there is a drop off loop on the South side of the Rec with ground level entrance to the upper viewing area.