

Ozark Swimming BOD Meeting

13 Jan 2025 8:15pm – 9:15pm



Minutes

Call to order – Meeting was called to order at 8:16 by Nathan Stooke.

roll call - Nathan Stooke, Angie Dorsey, Bob Rettle, Trish Grant, Chris Etherington, Dave McCrary, Terea Goodwin, Sean Harrison, Mark Imig, Christopher Theall

Approval of last BOD meeting minutes. Dave McCrary motioned to approve, Chris Etherington seconded, all approved and minutes are approved.

NO Committee reports this month - reports will be required for our March meeting

Review of ToDos

Bob – Send a note out to coaches about check-in processes at meets - Sent to all clubs

Trish – Update the Template for meets to include the coach and official check-in process - Sent to all clubs and posted on the Ozark website

Bob – Send Document for coaches to use for checking process - Sent to all clubs

Nathan – Get with Trish to setup Google file storage for the LSC - Trish has followed up with this and is in process. Those who need access to this and need email addresses will get that soon.

All– Send dates for committee meetings to Trish for calendar - Nathan reminded committee leads to send dates to Trish.

All – Read 5 year plan and LEAP document

All – Think about what information you want our parents to know.

All – Send Trish names of people on your committees if she does not already have them.

USA Swimming meeting update - USA Swimming now has a monthly meeting that is open to anyone. Nathan included information about these meetings and encourages people to attend. There is also a Central Zones meeting each month for the General Chairs of the LSCs. Nathan is attending and will report back information from those meetings.

3 Initiatives

Monthly Board Meetings

Does this time still work? - No one asked for an alternate time.

Thank you for making it a priority to attend.

5-Year Plan

Documents were sent out for last meeting - Nathan would like the board to be able to submit new Strategic Plan at the February HOD meeting.

Strategic Plan and LEAP Review

How do we want to work on the 5 year plan? Next Steps - Offline brain storming was suggested with members being asked to submit a number of actionable items on a shared doc and then we can review as a group at our next meeting. Short and long term goals were also recommended so that we have small goals that build to help us reach 5 year goals. One potential goal is some reformatting of our championship meets so that we best serve all athletes in the LSC. It is recommended that we look at other LSC's plans who are further along and use their plans as a potential guide. It was also suggested that we reach out to all teams in our LSC's for ideas of potential actionable items and let the board narrow down which ones we will move forward with.

Parent Involvement

What content do we need to share with parents? - Nathan suggested recruiting a parent volunteer who specializes in communication to handle regular communication with all members in the LSC. Discussed using the Ozark website News page to post short articles, either original content or already created articles related to topics we want to share with them.

Next Steps - Nathan asked for volunteers to head up communications and will reach out to teams to help find volunteers.

Other Business

- Bob Rettle discussed coaches who no longer work for clubs. To remove coaches from your team, go into your team's USA Swimming portal and transfer those former coaches to unattached.
- Jason Owen discussed an study on adolescent athlete nutrition that is looking for participants. He will pass along information as he gets it.
- Mark Imig has the Ozark Hall of Fame nomination form on the Ozark website. New Hall of Fame members will be announced at LC Champs.
- Terea Goodwin discussed that St. Louis will be one of the visiting cities for International Swimming Safety day, May 15. USA Swimming will try to send olympians to this event. More information will be coming soon.
- Angie Dorsey discussed using a QR code to present on the scoreboards that links to a PowerPoint with information about volunteering on Ozark committees.

Bob Rettle motioned to adjourn the meeting, all approved meeting adjourned at 9:13