

MEET TITLE Type of Meet Date

Hosted by
Team Name
(or Logo)

NOTE: All highlighted statements require a decision by the host team.

SPONSOR/HOST	Host Team Name or 3	Sponsor Name			
SANCTION:	Held under the sancti	on of USA Swimming/Ozark Sv	vimming, Inc., SANCTION NO: OZ -		
	 USA Swimming, Inc., Ozark Swimming, Inc., and (venue) shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the CDC, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., Ozark Swimming, Inc., and Chuck Fruit Aquatic Center cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/Ozark Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/Ozark Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. 				
	BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMINGAND OZARK SWIMMING AND				
	REPRESENTATIVES INJURIES, DEATH, I INCLUDING	DISEASE OR PROPERTY LOS	TY OR CLAIMS FOR PERSONAL		
	MAY HAVE TO SEEK DAM		OR UNKONWN, FORESEEN OR		
LOCATION:	Facility Name, address, p	hone number			
FACILITY:	Course, length of pool, <u>depth of pool,</u> number of lanes, with non-turbulent lane lines, and special pool characteristics. Timing system. Indoor or outdoor.				
	 The competition course has been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C(4). The copy of such certification is on file with USA Swimming OR 				
	The competition course has not been certified in accordance with current USA Swimming				
	Rules and Regulation	ns, Article 104.2.2C(4).			
MEET DIRECTOR	Name	Email	Phone		
ADMIN OFFICIAL	Name	Email	Phone		
MEET REFEREE	Name	Email	Phone		
MEET MARSHALS	Names	Emails	Phones		
ELIGIBILITY:	 No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. No on deck Ozark Swimming athlete registration will be permitted. 				
	Swimmers entered in the meet and entry fe	the meet who do not hold curre es will NOT be refunded. If a sv	ent membership will be dropped from vimmer swims and is not registered, ner's club, made payable to Ozark		

	 Open to all USA Swimming athletes registered before the first day of the meet. 				
	OR OR				
	 Open to all Ozark Swimming athletes registered before the first day of the meet. 				
	 List any other discriminating factors for eligibility of the meet (qualifying times, qualifying periods, classifications, age restrictions, etc.) If qualifying times are being used, list procedures necessary for proof of entry times 				
	Age on (first day of the meet) will determine age for the entire meet.				
DISABILITY SWIMMERS:	Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.				
	The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.				
FORMAT:	All swimmers will swim in the session.				
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	 All events will be timed finals. 				
	OR OR				
	All swimmers will swim a preliminary session in the morning. The top swimmers in age groups will swim the final session each day. Specify which finals will be used (e.g., championship, consolation, bonus)				
	OR				
	 A combination of these two if a combined timed finals and prelim/final meet. 				
	 All 25 yard (meter) events will start from the turn end of the pool (used if some events are starting opposite the start end of the pool) 				
SCHEDULE:	Morning sessions: Warm-ups at; competition starts at				
	Afternoon sessions: Warm-ups not before; competition starts not before				
	Distance sessions: The pool will be opened for minutes of open warm-ups immediately following the finish of the session(s), with the distance session competition starting minutes thereafter.				
	The approximate start time for the distance sessions will be posted on the (host name) website no later than (date), and will also be emailed to the contact person of the participating clubs. The distance sessions will start no earlier than the estimated times.				
	Lane assignment and warm-up times for individual clubs will be posted on the (club name) website no later than (date), and will also be emailed to the contact person of the participating clubs.				
	If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.				
ENTRIES:	DEADLINE FOR THE RECEIPT OF ENTRIES(DAY, DATE, TIME)				
	Entries must be submitted incourse times using Hy-Tek compatible format.				
	Teams must submit entries via email.				
	"No Time" (NT) entries will be accepted.				
	OR				
	 Coach Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT <u>must be slower than an "A" time.</u> All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. 				
	• "No Time" (NT) will not be accepted.				
	OR OR				
	 Coach Time (CT and "No Time" (NT) entries will be accepted for events in which a swimmer does not have a time of record. CT <u>must be slower than an "A" time</u>. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. 				
	Swimmers may enter a maximum of individual events and relay events				

		per		
	•	Relay teams must be designated A, B, C, etc. if more than one per club is entered per event.		
	•	Specify any other restrictions on relay entries (optional)		
	•	If qualifying times are being used, specify requirements of any bonus events.		
	•	Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit.		
	•	Deck entries will be accepted in the order received for swimmers already entered in the		
		meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Administrative Official. (Optional if you choose to accept deck entries).		
	•	The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which may require reseeding.		
	•	Email entries to:(name),(email address)		
SEEDING:	•	Email entries to:(name),(email address) All events, except # will be pre-seeded.		
	•	8 & Younger swimmers in the morning sessions must report to the Clerk of Course and they will be escorted to the blocks from there (optional).		
	•	Events (specify name and number of the events) will require a positive check-in to swim (if using positive-check-in).		
	•	Positive check-in will close at (if using positive-check-in).		
	•	SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT (optional)		
		<mark>OR</mark>		
	•	SWIMMERS MUST POSITIVELY CHECK-IN TO BE SEEDED IN THE EVENT (optional)		
	•	All events will be swum slow to fast		
		OR OR		
	•	All events will be swum fast to slow.		
		OR Any alternative seeding, such as if distance events will be swum fastest to slowest and		
	•	alternating heats of girls and boys.		
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	•	could result in teams being barred from the meet. IMPORTANT: If payment is sent via Express Mail/Fed signature is NOT required for delivery as this will delay			
AWARDS:	•	Individual events: Ribbons will be awarded for first throllanes) Specify, if for example 13&Over events will be gand 15&O age groups, etc.	ough place (number of given separate awards for 13-14		
	•	Relay events: Ribbons will be awarded for first through	n place (half the number of		
		lanes). OR			
	•	No prizes will be awarded at this meet.			
SCORING	•	If points will be awarded, describe the point values use (optional if scoring is used).	ed and (if applicable) team scoring		
SAFETY	•	A description of the medical supervision (e.g., lifeguard available to athletes participating in the meet.	ds, EMT, AED device, etc.)		
RULES:	•	The current USA Swimming Rules and Regulations wi	ll apply.		
	•	Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.			
	•	The flyover start procedure will be used for thethe sessions at the discretion of the Refere			
		Use of audio or visual recording devices, including cell			
		changing areas, rest rooms or locker rooms. In addition is not permitted.			
	•	Deck changes are prohibited.			
	•	Deck access is restricted to USA Swimming athletes, of volunteers. All non-athlete members must have proof of deck and present them upon meet management reacceptable proof of USA Swimming membership.	of registration or a credential while		
		 Coaches who have valid USA Swimming credential them upon request will be issued temporary credential 			
		 Coaches with expired or non-current credentials w area. 	·		
	•	Operation of a drone, or any other flying apparatus, is athlete/coach areas, spectator areas and open-ceiling coaches, officials and/or spectators are present.			
	•	All applicable adults participating in or associated with are subject to the provisions of the USA Swimming Mir Policy ("MAAPP)" and that they understand that complete condition of participation in the conduct of this competition.	nor Athlete Abuse Prevention liance with the MAAPP policy is a		
	•	A quality control system has been implemented to ensineligible for participation are unable to participate in the without limitation, individuals listed on the U.S. Center Database, USA Swimming's List of Individuals Perman Membership, USA Swimming's List of Individuals Suspand all adult members (defined by the SafeSport Code Movement as 18 years and over) of USA Swimming we protection education as required by the U.S. Center for	nis competition. This includes, for SafeSport's Disciplinary nently Suspended or Ineligible for pended or Ineligible-Specific Date, e for the Olympic and Paralympic who have not completed athlete		
OFFICIALS:	•	Officials will be needed for all positions and all session	is for this meet.		
	•	Teams should submit the names and session availabil the names and session availability of trainees to (host coordinator (name), (phone) no later than (date).	team officials chair or officials		
		Announce any meetings, place, and time.			

TIMERS:	 Clubs will be required (or asked) to provide timers in proportion to the number of swimmers they have entered in each session (required if timers will be requested or assigned).
	• The number of timers required per club and their lane assignments will be posted on the (host club website) no later than (date), and will also be emailed to the contact person of each of the individual clubs.
	Announce any meetings, place, and time.
GENERAL:	Information pertaining to but not limited to: Hospitality, concessions, heat sheets, swim shop, etc.
FACILITY RULES:	Special facility rules and standard aquatic facility safety rules

MEET TITLE ORDER OF EVENTS

		Day	<mark>, Date</mark>			
	Morning Session			Afternoon Session		
	Warm-up:; Start:		Warm-up: ; Start: (Times are approximate)			
Girls	<u>Events</u>	Boys	<u>Girls</u>	Boys		
GIIIS	Events	Doys	GIIIs	<u>Events</u>	Doys	
		Day	<mark>, Date</mark>			
	Morning Session			Afternoon Session		
	Morning Session Warm-up:; Start:			Warm-up:; Start:		
	warm-up:; Start:		vv a	rm-up: ; Start:		
		Roys		(Times are approximate)	Roys	
Girls	Events Events	Boys	Girls	(Times are approximate) Events	Boys	
		Boys		(Times are approximate)	Boys	
		Boys		(Times are approximate)	Boys	
		Boys		(Times are approximate)	Boys	
		Boys		(Times are approximate)	Boys	
		Boys		(Times are approximate)	Boys	
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