



PARKWAY SWIM CLUB
2021 Long Course Classic
May 1-2, 2021



SPONSOR/HOST	Parkway Swim Club		
SANCTION	Held under sanction of Ozark Swimming, Inc., on behalf of USA Swimming, Inc. Sanction Number: Pending		
MEET DIRECTOR	Ruth Price	Email: ruth.price323@sbcglobal.net	
OFFICIALS CONTACT	Stephanie Petersen	Email: legos-lb@sbcglobal.net	
ENTRY CHAIR	Jon David Williford	Email: jwilliford@parkwayschools.net	
MEET REFEREE	Stephanie Petersen/Brett Shank	Email: legos-lb@sbcglobal.net brett.shank@yahoo.com	
ADMIN OFFICIAL	Sunnie Will	TBD	
SAFETY MARSHALL	Blair Porter	Email: bp3434@swbellnet	
FACILITY ADDRESS	Chuck Fruit Aquatic Center, 6161 Center Grove Rd, Edwardsville, IL 62025		
PARKING	Parking is reserved for Meet Referee, Meet Workers, and swimmers or parents to drop off only. We will NOT have any spectators allowed inside/outside pool area.		
FACILITY DESCRIPTION	The Chuck Fruit Aquatic Center pool is an indoor 8 land 50-meter pool. This competition course with bulkhead in position has been certified in accordance with 104.2.2 (C).		
POOL CERTIFICATION	The competitive course has been certified in accordance with 104.2.2C(4). The copy of this certification is on file with USA Swimming		
WATER DEPTH	The minimum water depth for racing starts has been measured in accordance with Article 103.2.32. Pool depth is a minimum of six feet at the start and 3 feet 8 inches at the turn end of the competition course. No starts will occur from the turn end of the pool.		
HEAT SHEETS	Heat sheets will be posted on meet mobile and emailed coaches, Thursday, November 19		
EVENTS	This meet will be conducted in accordance with the attached schedule of events		
ENTRY BY INVITE	PKWY will begin to accept entries by invite only.		
ENTRY DEADLINE	PKWY will accept entries up until the entry deadline, Friday, April 23, 2021 at 12:00 pm Central time or until the entry limit is reached.		
ADDITIONAL ENTRY INFORMATION	Each club will receive a notification of receipt of entry. <u>This notification does not guarantee acceptance into the meet.</u> Teams will be notified on Sunday December 6, 2020 if entries were able to be accepted within the entry limit.		
ENTRY LIMIT	Entries will be limited to 150 swimmers per session, including host team.		
CONFORMING TIMES	Swimmers should be entered at their actual time in short course yards. No times are allowed and should be designated NT		
FORMAT	All of the technical and administrative rules of USA Swimming will apply. Saturday and Sunday events are timed finals. The meet will be run as chase starts, competition 1-6 lanes, 1 lane space, 1 lane for warm-down. Odd heats will start at pool entrance, Even heats will start at Diving Board end. Exception is 50s, all 50s will start at one end TBA at meet.		
ENTRY PROCEDURES	Teams are required to send an entry file that is compatible with Hy-Tek Meet Manager. All entries should be submitted by email to jwilliford@parkwayschools.net . The	Mail summary forms and checks to: Jon David Williford c/o Parkway Swim Club 12657 Fee Fee Road St. Louis, Missouri 63146	



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	signed meet entry summary form and the check for the team entry fees must be received by the entry deadline in order to be considered for acceptance. \$15.00 per athlete entry to meet \$3.00 per event	
MEET DURATION	In compliance with USA Swimming Four-Hour Rule Regulations (see rule 205.3.1F), Events may be combined and/or the number of entries limited in one or more events in order to control the length of the meet. Teams will be notified by email of swimmers who are affected by such limits. Proof of times may be required if events are limited. Updated times will not be accepted past April 24 at 10:00pm Central Time for use in any limited event and the USA Swimming SWIMS database will be used to verify that the psych sheet is accurate. If swimmers are cut out of an event due to imitations, the entry will be refunded for said event or placed in a shorter one.	
PROOF OF TIMES	No proof of time is required, but teams are asked to enter swimmers at their actual time in order of priority: Short Course Yards, Long Course Meters, Short Course Meters	
OFFICIALS	PKWY welcomes officials from participating teams. If you are interested in officiating at this meet, please contact our Officials Coordinator, Stephanie Petersen at legos-lb@sbcglobal.net. Apprentice sessions may be available, but please get approval from Bill Rener (billrener@gmail.com)	
SEEDING AND PRESEEDING	All events are timed finals.	
DECK ENTRIES	There will be no deck entries at this meet.	
WARM-UP INFORMATION	Teams will be assigned warm-up lanes and times will be notified prior to the day of the meet. Swimmers who are unattached or otherwise do not have a coach to supervise warm-up should check in the Meet Director upon arrival to be assigned to a certified coach for warm-up.	
Saturday	Session 1: Warm-up 10:30am	Meet Start 11:10am
	Session 2: Warm-up not before 1:15pm	Meet Start not before 1:45pm
Sunday	Session 3: Warm-up 7:00am	Meet Start 7:40am
	Session 4: Warm-up not before 10:00am	Meet Start not before 10:40am
	Session 5: Warm-up not before 12:40pm	Meet Start not before 1:20pm
	**Warm-up times may change depending on meet session entries.	
AWARDS/SCORING	There will be no high points or awards given out.	
TIMERS	All timers will be provided by the host team.	
RULES	2021 USA Swimming Rules and Regulations will govern the conduct of the meet.	
DECK PRIVILIDGES	Only currently registered USA Swimming athlete and non-athlete members and volunteers necessary to run and operate the meet will be allowed on deck and/or locker room areas during the meet. Coaches must be currently registered with USA Swimming as a Coach member to act in a coaching capacity at the meet. Coaches must constantly display their USA Swimming coach credential for deck assess. The meet referee or meet director may ask for credentials and deny access if the coach does not comply.	



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ELIGIBILITY	The meet is open only to athletes registered with USA Swimming for 2021. "Applied for" will not be accepted. On deck registrations will not be available. The host LSC may impose a \$100 fine to the individual athlete or club, per event, for entering non-registered swimmers in an Ozark meet. A swimmers age as of meet start Saturday, May 1, 2021
RACING START CERTIFICATION	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement."
MEET REFEREE	The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The Meet Referee has final judgment for <i>any</i> issues that arise during the course of the meet.
MEET MARSHALS	Meet Marshals have full authority through the Meet Referee for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition in accordance with 202.4.10(M).
SWIMMERS WITH DISABILITIES	Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
PHOTOGRAPHY	In compliance with USA Swimming Rules and Regulations rule 202.4.10(H), the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Additionally the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, tablets, etc.) are prohibited from behind the starting blocks during the entire meet, including warm-up, competition and warm-down periods. As an approved exception, USA Swimming registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training, subject to the location restrictions of this statement, so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Meet Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.
DECK CHANGING	Per USA Swimming rule 202.4.10(I), deck changes are prohibited.
PRE-MEET INFORMATION AND RESULTS	A technical bulletin will be e-mailed to all participating clubs prior to the meet which will include estimated timelines, warm-up assignments and any other pertinent information. Meet results will be posted at the pool and on Meet Mobile throughout each session as available. Final results will be posted on the Ozark Swimming website (www.ozarkswimming.org) following the meet. The meet will be live recorded for virtual spectating.
RESTRICTIONS	As provided under 202.4.10(L), It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.



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	The use and sale of any tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. No glass containers are allowed in the meet venue
RULES	In accordance with USA Swimming rule 202.4.10J, unless approved in writing in advance of the completion by the Program & Events Committee Chair or designee, Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. In accordance with USA Swimming rule 102.8 1. Swimsuits for men may not extend above the naval or below the knee and for women may not cover the neck or extend past the shoulders or below the knee. 2. Swimsuits worn for competition must be non-transparent and conform to the current concept of appropriate. 3. No swimmer is permitted to wear or use any device, substance of swimsuit to help his/her speed, pace, buoyancy or endurance during a race. Goggles may be worn, and rubdown oil applied if not considered excessive by the Referee. Therapeutic elastic tape is prohibited. Any other kind of tape on the body is not permitted unless approved by the Referee 4. No Technical Suits shall be worn by any 12&U USA Swimming athlete member
Covid-19	We have taken enhanced health and safety measures – for athletes, officials, and personnel. You must follow all posted instructions of the facility. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending and participating in this meet you voluntarily assume all risks related to exposure to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OZARK SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN



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	OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.
OTHER INFORMATION	There will be no spectators for this meet. The meet will be live recorded for virtual spectating There will be no vendor available for this meet Concessions will NOT be available Each team is responsible for its own valuables Each coach is responsible for the conduct of their team In the event of circumstances necessitating changes during the meet, information will be updated on the PKWY website at www.pkwy.org .
DIRECTIONS	A Google map link is available on the PKWY team website (www.pkwy.org)

Girls Events	Saturday Morning (12&Under) Session I	Boys Events
1	12&U 200 Free	2
3	12&U 100 Breast	4
5	12&U 50 Back	6
7	12&U 50 Free	8
9	12&U 100 Fly	10

Girls Events	Saturday afternoon (13&Over) Session II	Boys Events
11	13&Over 200 Free	12
13	13&Over 100 Breast	14
15	13&Over 100 Back	16
17	13&Over 50 free	18
19	13&Over 200 Fly	20

Girls Events	Sunday AM (12&Under) Session III	Boys Events
21	12&U 100 Free	22
23	12&U 50 Breast	24
25	12&U 100 Back	26
27	12&U 50 Fly	28
29	12&U 200 IM	30

Girls Events	Sunday Afternoon (13 & over) Session IV	Boys Events
31	13& Over 100 Free	32
33	13& Over 200 Breast	34
35	13& Over 100 Fly	36
37	13& Over 200 Back	38
39	13&Over 200 IM	40

Girls Events	Sunday Afternoon Distance Session IV	Boys Event4
41	12&U 400 Free	42



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43	13&Over 400 Free	44
45	13& Over 400 IM	46
47	13&Over 800 Free	48

*12U 400 Free limited to top 30 swimmers

*13O 400 Free/400 IM limited to top 36 swimmers/13O 800 Free top 18 swimmers

FEE SUMMARY AND RELEASE FORM

This summary form must be completed and returned with all entry fee by the start of the session on Saturday, April 24, 2021. Please make certain to include all of the following:

1. Check for entries made payable to: **Parkway Swim Club**
2. This completed summary form

Mail the above to:

Jon David Williford
c/o Parkway Swim Club
12657 Fee Fee Road
St. Louis, Missouri 63146
Email: pkwymmeetentry@gmail.com

Club _____ Club Code _____

Number of swimmers entered: Boys _____ + Girls _____ = Total _____

Number of swimmers entered: _____ x \$15.00 = \$ _____

Number of events entered: _____ x \$3.00 = \$ _____

TOTAL AMOUNT ENCLOSED = \$ _____

Contact Information:

Club Official submitting entry:

Coach's Name:

Name: _____

Address: _____

City: _____

State, Zip: _____

Telephone: _____

Email: _____



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Parkway Long Course Classic: Meet tab coming soon!

- Under our Meet tab, Parkway Long Course Classic, you will find information related to the meet.
- All Athletes/Coaches/Officials/swimmers/timers are Required to wear Face Mask (covering nose and mouth), upon entering and duration of being inside pool facility.
- Covid Self-Screen: All of the above, must do a self-screen and temperature check at the door before entering facility.
- Swimmers must wear Face Mask behind the block, may remove for warm-up and before getting on block to race.