



PARKWAY SWIM CLUB
2022 PKWY IMX Challenge
September 23 – 25



SPONSOR/HOST	Parkway Swim Club	
SANCTION	Held under sanction of Ozark Swimming, Inc., on behalf of USA Swimming, Inc. Sanction Number: Pending	
MEET DIRECTOR	Ruth Price	Email: ruth.price323@sbcglobal.net
OFFICIALS CONTACT	Stephanie Petersen Brett Shank	Email: legos-lb@sbcglobal.net Email: brett.shank@yahoo.com
ENTRY CHAIR	Chris Etherington	Email: cetherington1@parkwayschools.net
MEET REFEREES	Stephanie Petersen Brett Shank	Email: legos-lb@sbcglobal.net Email: brett.shank@yahoo.com
ADMIN OFFICIAL		Email:
SAFETY MARSHALL	Matthew Moellering	Email: mjm_43@hotmail.com
HOSPITALITY	Ruth Price	Email: ruth.price323@sbcglobal.net
FACILITY ADDRESS	Walker Natatorium – Kirkwood High School – 801 West Essex Avenue, Kirkwood, MO 63021	
PARKING	No parking directly in front of the Natatorium. All spaces are reserved for coaches, staff and officials. There is very little parking directly in front of the pool. Cars may park on Chopin Street or in the parking lot on Essex or Dougherty Ferry Drive.	
FACILITY DESCRIPTION	Kirkwood High School pool is an indoor 8 lane, 25 yard-course. It is equipped with an automated timing system, scoreboard, 8 starting blocks, and competitor non-turbulent lane lines. There is an additional 5 lane, 20 yard pool for warm up/warm down separated by a bulk head. Balcony spectator seating is available.	
POOL CERTIFICATION	The competitive course has been certified in accordance with 104.2.2C(4). The copy of this certification is on file with USA Swimming	
WATER DEPTH	The minimum water depth for racing starts has been measured in accordance with Article 103.2.32. The pool depth is a minimum of six feet at both ends of the competition course.	
PSYCH SHEETS	Psych sheets will be emailed to teams or posted no later than September 20, 2022. Since this meet is a positive check in meet (refer to below section titled “Positive Check In”), heat sheets will be posted at the facility prior to each session and uploaded to Meet Mobile accordingly.	
EVENTS	This meet will be conducted in accordance with the attached schedule of events	
ENTRY INVITE	PKWY will begin to accept entries on Wednesday August 17, 2022 at 09:00 pm Central Time.	
ENTRY DEADLINE	PKWY will accept entries up until the entry deadline, Wednesday September 14, 2022 at 10:00pm Central time or until the entry limit is reached.	
ADDITIONAL ENTRY INFORMATION	Each club will receive a notification of receipt of entry.	
ENTRY LIMIT	Each session will be limited to 300 swimmers maximum. Team entries will not be split.	
FORMAT	<u>All of the technical and administrative rules of USA Swimming will apply.</u> Each swimmer will be limited to four (4) individual events per day. If an entry is submitted with an individual over-entered, the entry will be made by order of events starting with Event #1 until the rule is satisfied; there will be NO refunds. All events are timed finals. <u>This meet will have five sessions</u> Session 1 – Friday Evening – (10&Under, 11-12, 13&Over and OPEN) Session 2 – Saturday Morning – (13&Over) Session 3 – Saturday Afternoon – (12&Under)	



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	Session 4 – Sunday Morning – (13&Over) Session 5 – Sunday Afternoon – (12&Under)	
ENTRY PROCEDURES	Teams are required to send an entry file that is compatible with Hy-Tek Meet Manager. All entries should be submitted by email to cetherington1@parkwayschools.net. The signed meet entry summary form and the check for the team entry fees must be received by the entry deadline in order to be considered for acceptance. \$30.00 per swimmer for meet There is a \$10.00 surcharge per swimmer	Mail summary forms and checks to: Chris Etherington c/o Parkway Swim Club 12657 Fee Fee Road St. Louis, Missouri 63146
MEET DURATION	Events may be combined and/or the number of entries limited in one or more events in order to control the length of the meet. Teams will be notified by email of swimmers who are affected by such limits. Proof of times may be required if events are limited. Updated times will not be accepted past September 17 at 5:00pm Central. The USA Swimming SWIMS database will be used to verify that the psych sheet is accurate. If swimmers are cut out of an event due to time limitations, the swimmer can be placed in a different event.	
PROOF OF TIMES	Proof of time is required if any times are not confirmed through SWIMS. Teams are asked to enter swimmers at their actual time in order of priority: Short Course Yards, Long Course Meters, Short Course Meters	
OFFICIALS	PKWY welcomes officials from participating teams. If you are interested in officiating at this meet, please contact our Meet Referees, Stephanie Petersen at legos-lb@sbcsbc.globalnet and Brett Shank at brett.shank@yahoo.com. <u>Apprentice sessions may be available but please get approval from Bill Renner (billrenner@gmail.com)</u>	
SEEDING AND PRESEEDING	Events will be swum fastest to slowest. Swimmers must provide their own lap counter for the 500 Freestyle and 1000 Freestyle. Swimmers must provide their own timer for the 1000 Free.	
POSITIVE CHECK-IN	Positive check-in means, "I am here and I intend to swim." There will be positive check-in for each session. Check-in will close 35 minutes before the session start time (i.e. at the beginning of second warm up). Positive check-in sheets will be located on the windows in the Natatorium lobby. Each swimmer must highlight his/her name on the Sign In Sheets. Any swimmers not checked in will be scratched from that sessions events.	
DECK ENTRIES	There will be no deck entries at this meet.	
WARM-UP INFORMATION	Teams will be assigned warm-up lanes and times, and they will be notified of their schedule prior to the meet. Swimmers who are unattached or otherwise do not have a coach to supervise warm-up should check in the Meet Director upon arrival to be assigned to a certified coach for warm-up.	
Session 1 - Timed Finals	First warm up: 5:15pm - 5:40pm Second warm up: 5:40pm - 6:05pm	Meet start: 6:15pm
Session 2 - Timed Finals	First warm up: 8:15am - 8:40am Second warm up: 8:40am - 9:05am	Meet start: 9:15am
Session 3 - Timed Finals	First warm up: 12:30pm - 12:55pm Second warm up: 12:55pm - 1:20pm	Meet start: 1:30pm



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Session 4 - Timed Finals	First warm up: 7:15am - 7:40am Second warm up: 7:40am - 8:05am	Meet start: 8:15am
Session 5 - Timed Finals	First warm up: 12:30pm - 12:55pm Second warm up: 12:55pm - 1:20pm	Meet start: 1:30pm
AWARDS/SCORING	Awards will be given to the high point winners for each gender.	
TIMERS	All timers will be provided by the host team except for the 1000 Free, as noted above.	
RULES	2022 USA Swimming Rules and Regulations will govern the conduct of the meet.	
DECK PRIVILIDGES	Only currently registered USA Swimming athlete and non-athlete members and volunteers necessary to run and operate the meet will be allowed on deck and/or in locker room areas during the meet. Coaches must be currently registered with USA Swimming as a Coach member to act in a coaching capacity at the meet. Coaches must constantly display their USA Swimming coach credential for deck assess. The meet referee or meet director may ask for credentials and deny access if the coach does not comply.	
ELIGIBILITY	The meet is open only to athletes registered with USA Swimming for 2022. "Applied for" will not be accepted. On deck registrations will not be available. The host LSC may impose a \$100 fine to the individual athlete or club, per event, for entering non-registered swimmers in an Ozark meet.	
RACING START CERTIFICATION	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.	
MEET REFEREE	The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The Meet Referee has final judgment for <i>any</i> issues that arise during the course of the meet.	
MEET MARSHALS	Meet Marshals have full authority through the Meet Referee for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions. Coaches and Officials must constantly display their USA Swimming coach credential or deck pass for deck access. The meet referee or meet director may ask for coach credentials and deny access if the coach does not comply. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition in accordance with 202.4.10(M).	
SWIMMERS WITH DISABILITIES	Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.	
PHOTOGRAPHY	In compliance with USA Swimming Rules and Regulations rule 202.4.10(H), the use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms, or locker rooms. In addition, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, tablets, etc.) is prohibited from behind the starting blocks during the entire meet, including warm-up, competition and warm-down periods. As an approved	



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	exception, USA Swimming registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training, subject to the location restrictions of this statement, so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Meet Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.
DECK CHANGING	Per USA Swimming rule 202.4.10(I), deck changes are prohibited.
PRE-MEET INFORMATION AND RESULTS	A technical bulletin will be e-mailed to all participating clubs prior to the meet which will include estimated timelines, warm-up assignments and any other pertinent information. Meet results will be posted at the pool and on Meet Mobile throughout each session. Final results will be posted on the Ozark Swimming website (www.ozarkswimming.org) following the meet.
RESTRICTIONS	As provided under 202.4.10(L), It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. The use and sale of any tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas, and in all areas used by swimmers during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. No glass containers are allowed in the meet venue
RULES	In accordance with USA Swimming rule 202.4.10J, unless approved in writing in advance of the completion by the Program & Events Committee Chair or designee, operation of a drone or any other flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. In accordance with USA Swimming rule 102.8 1. Swimsuits for men may not extend above the naval or below the knee and for women may not cover the neck or extend past the shoulders or below the knee. 2. Swimsuits worn for competition must be non-transparent and conform to the current concept of appropriate. 3. No swimmer is permitted to wear or use any device, substance or swimsuit to help his/her speed, pace, buoyancy or endurance during a race. Goggles may be worn, and rubdown oil may be applied if not considered excessive by the Referee. Therapeutic elastic tape is prohibited. Any other kind of tape on the body is not permitted unless approved by the Referee. 4. No Technical Suits shall be worn by any 12&U USA Swimming athlete member.
OTHER INFORMATION	Spectators will be allowed for the meet, following school district guidelines. There will be no vendor available for this meet Each team is responsible for its own valuables Each coach is responsible for the conduct of their team

ORDER OF EVENTS

GIRLS	FRIDAY PM SESSION 1	BOYS
1	10 & Under 100 IM	2



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3	12 & Under 200 IM	4
5	13 & Over 200 IM	6
7	12 & Under 200 Free	8
9	OPEN 500 Free	10

GIRLS	SATURDAY AM SESSION 2	BOYS
11	13 & Over 100 Back	12
13	13 & Over 200 Breast	14
15	13 & Over 100 Free	16
17	13 & Over 100 Fly	18
19	13 & Over 400 IM	20

GIRLS	SATURDAY PM SESSION 3	BOYS
21	11-12 200 Back	22
23	10 & Under 100 Back	24
25	11-12 100 Breast	26
27	10 & Under 50 Breast	28
29	11-12 50 Free	30
31	10 & Under 100 Fly	32
33	11-12 200 Fly	34
35	10 & Under 100 Free	36

GIRLS	SUNDAY AM SESSION 4	BOYS
37	13 & Over 200 Free	38
39	13 & Over 200 Back	40
41	13 & Over 100 Breast	42
43	13 & Over 50 Free	44
45	13 & Over 200 Fly	46
47	OPEN 1000 Free	48

GIRLS	SUNDAY PM SESSION 5	BOYS
49	11-12 100 Back	50
51	10 & Under 50 Back	52
53	11-12 200 Breast	54
55	10 & Under 100 Breast	56
57	11-12 100 Free	58
59	10 & Under 50 Fly	60
61	11-12 100 Fly	62
63	10 & Under 50 Free	64



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FEE SUMMARY AND RELEASE FORM

This summary form must be completed and returned with all entry fee by the start of the session on Friday, September 23, 2022. Please make certain to include all of the following:

1. Check for entries made payable to: **Parkway Swim Club**
2. This completed summary form

Mail the above to:

Chris Etherington
c/o Parkway Swim Club
12657 Fee Fee Road
St. Louis, Missouri 63146
Email: cetherington1@parkwayschools.net

Club _____ Club Code _____

Number of swimmers entered: Boys _____ + Girls _____ = Total _____

Number of athletes: _____ x \$40.00 = \$ _____

TOTAL AMOUNT ENCLOSED = \$ _____

Contact Information:

Club Official submitting entry:

Name: _____

Address: _____

City: _____

State, Zip: _____

Telephone: _____

Email: _____