

Sioux Falls Swim Team Times Report For 4/1/2016 - 10/10/2025



10/10/2025 1:24:46 PM

Time Standard Selected: B

Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
1	50 FR LCM	26.83	864	Kenzie	Hinrich	F	SFST	8/4/2023	2023 MV CENTRAL ZONES 14 & UNDER CHAMPIONSHIPS	2023 Winter Juniors (SCY)	13-14
2	50 FR LCM	27.68	791	Joella	Sproles	F	SFST	6/29/2019	2019 SD Scheels Independence D	2016-2020 AAAA	13-14
3	50 FR LCM	28.03	762	Rachel	Ritter	F	SFST	6/29/2024	2024 SD SFST June Invite	2020-2024 AAA	13-14
4	50 FR LCM	28.13	753	Gabrielle	Ahrendt	F	SFST	6/29/2019	2019 SD Scheels Independence D	2016-2020 AAA	13-14
5	50 FR LCM	28.16	791	Kyla	Hinrich	F	SFST	8/2/2025	2025 MN RSC CZ 14&U Championship	AAA	13-14
6	50 FR LCM	28.40	731	Naomi	Pokela	F	SFST	6/23/2023	2023 MN AQJT Summer Spectacular	2020-2024 AAA	13-14
7	50 FR LCM	28.51	722	Sydney	Anel	F	SFST	6/29/2019	2019 SD Scheels Independence D	2016-2020 AAA	13-14
8	50 FR LCM	28.67	709	Olivia	Wassink	F	SFST	8/6/2017	2017 MN ROC Central Zone 14 &	2016-2020 AAA	13-14
9	50 FR LCM	28.73	704	Lexi	Skorjanec	F	SFST	7/23/2022	2022 SD Long Course Championship	2020-2024 AAA	13-14
10	50 FR LCM	28.77	701	Lydia	Soldatke	F	SFST	8/7/2021	2021 IL FMC Central Zone 14 an	2020-2024 AAA	13-14
1	100 FR LCM	58.57	855	Kenzie	Hinrich	F	SFST	8/6/2023	2023 MV CENTRAL ZONES 14 & UNDER CHAMPIONSHIPS	2024 Futures (LCM)	13-14
2	100 FR LCM	59.49	814	Rachel	Ritter	F	SFST	6/28/2024	2024 SD SFST June Invite	2020-2024 AAAA	13-14
3	100 FR LCM	1:02.08	702	Joella	Sproles	F	SFST	8/4/2019	2019 Zone AG Champs - West Fargo	2016-2020 AAA	13-14
4	100 FR LCM	1:02.16	699	Katherine	Pardy	F	SFST	7/31/2016	2016 SD Long Course State Cham	2012-2016 AAA	13-14
5	100 FR LCM	1:02.70	676	Gabrielle	Ahrendt	F	SFST	6/28/2019	2019 SD Scheels Independence D	2016-2020 AAA	13-14
6	100 FR LCM	1:02.84	704	Lavin	Maddox	F	SFST	6/28/2019	2019 SD Scheels Independence D	2016-2020 AAA	13-14
7	100 FR LCM	1:02.90	669	Keira	Wagers	F	SFST	6/28/2024	2024 SD SFST June Invite	2020-2024 AAA	13-14
8	100 FR LCM	1:02.97	666	Naomi	Pokela	F	SFST	8/6/2023	2023 MV CENTRAL ZONES 14 & UNDER CHAMPIONSHIPS	2020-2024 AAA	13-14
8	100 FR LCM	1:02.97	665	Sydney	Anel	F	SFST	6/28/2019	2019 SD Scheels Independence D	2016-2020 AAA	13-14
10	100 FR LCM	1:02.98	699	Kyla	Hinrich	F	SFST	8/3/2025	2025 MN RSC CZ 14&U Championship	AAA	13-14
1	200 FR LCM	2:09.37	787	Rachel	Ritter	F	SFST	3/7/2024	2024 IA Central Zone North Section Spring Championships	2020-2024 AAAA	13-14
2	200 FR LCM	2:11.91	731	Kenzie	Hinrich	F	SFST	7/9/2023	2023 SD SFST Sanford Invitation	2020-2024 AAA	13-14
3	200 FR LCM	2:15.10	662	Gabrielle	Ahrendt	F	SFST	7/26/2019	2019 SD Long Course State Champs	2016-2020 AAA	13-14
4	200 FR LCM	2:15.80	647	Sofia	Hein	F	SFST	8/3/2018	2018 MN FOXJ Central Zone 14 & U Champs	2016-2020 AAA	13-14
5	200 FR LCM	2:16.00	668	Lavin	Maddox	F	SFST	7/26/2019	2019 SD Long Course State Champs	2016-2020 AAA	13-14
6	200 FR LCM	2:16.16	640	Kennedy	Cauwels	F	SFST	7/22/2022	2022 SD Long Course Championship	2020-2024 AAA	13-14
7	200 FR LCM	2:17.15	620	Joella	Sproles	F	SFST	7/12/2019	2019 SD Splash Central Invitation	2016-2020 AAA	13-14
8	200 FR LCM	2:17.70	633	Kyla	Hinrich	F	SFST	6/29/2025	2025 SD SFST Sanford Invite	AAA	13-14

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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
9	200 FR LCM	2:18.02	602	Olivia	Wassink	F	SFST	3/8/2018	2018 Sectionals - Pleasant Prairie	2016-2020 AA	13-14
10	200 FR LCM	2:18.67	590	Naomi	Pokela	F	SFST	7/21/2023	2023 SD State A Long Course Meet	2020-2024 AA	13-14
1	400 FR LCM	4:32.73	764	Rachel	Ritter	F	SFST	6/21/2024	2024 MN AQJT Summer Spectacular Invite	2020-2024 AAAA	13-14
2	400 FR LCM	4:44.32	642	Keira	Wagers	F	SFST	6/28/2024	2024 SD SFST June Invite	2020-2024 AAA	13-14
3	400 FR LCM	4:48.34	602	Sofia	Hein	F	SFST	8/4/2018	2018 MN FOXJ Central Zone 14 & U Champs	2016-2020 AAA	13-14
4	400 FR LCM	4:48.46	601	Kennedy	Cauwels	F	SFST	7/23/2022	2022 SD Long Course Championship	2020-2024 AA	13-14
5	400 FR LCM	4:49.47	613	Lavin	Maddox	F	SFST	7/27/2019	2019 SD Long Course State Champs	2016-2020 AA	13-14
6	400 FR LCM	4:49.82	587	Gabrielle	Ahrendt	F	SFST	6/28/2019	2019 SD Scheels Independence D	2016-2020 AA	13-14
7	400 FR LCM	4:49.97	609	Kyla	Hinrich	F	SFST	6/27/2025	2025 SD SFST Sanford Invite	AA	13-14
8	400 FR LCM	4:51.04	576	Katie	Timmer	F	SFST	7/29/2017	2017 SD Long Course State Cham	2016-2020 AA	13-14
9	400 FR LCM	4:51.44	572	Kenzie	Hinrich	F	SFST	4/28/2023	2023 SD Augustana Spring Splash	2020-2024 AA	13-14
10	400 FR LCM	4:57.87	512	Annika	Bockholt	F	SFST	7/19/2025	2025 SD State Long Course Meet	AA	13-14
1	800 FR LCM	9:17.30	801	Rachel	Ritter	F	SFST	3/7/2024	2024 IA Central Zone North Section Spring Championships	2020-2024 AAAA	13-14
2	800 FR LCM	9:56.76	615	Keira	Wagers	F	SFST	7/21/2024	2024 SD State A Long Course Meet	2020-2024 AA	13-14
3	800 FR LCM	9:57.66	610	Kennedy	Cauwels	F	SFST	8/4/2022	2022 MN MNSI CZ 14 & Championships	2020-2024 AA	13-14
4	800 FR LCM	9:59.26	628	Lavin	Maddox	F	SFST	8/1/2019	2019 Zone AG Champs - West Fargo	2016-2020 AA	13-14
5	800 FR LCM	10:02.26	590	Katie	Timmer	F	SFST	7/30/2017	2017 SD Long Course State Cham	2016-2020 AA	13-14
6	800 FR LCM	10:05.00	578	Justice	Lloyd	F	SFST	7/8/2018	2018 SD Scheels Independence D	2016-2020 AA	13-14
7	800 FR LCM	10:07.18	568	Gabrielle	Ahrendt	F	SFST	7/28/2019	2019 SD Long Course State Champs	2016-2020 AA	13-14
8	800 FR LCM	10:15.40	533	Joella	Sproles	F	SFST	7/28/2019	2019 SD Long Course State Champs	2016-2020 AA	13-14
9	800 FR LCM	10:15.46	534	Annika	Bockholt	F	SFST	7/20/2025	2025 SD State Long Course Meet	AA	13-14
10	800 FR LCM	10:18.65	520	Grace	Davis	F	SFST	7/28/2019	2019 SD Long Course State Champs	2016-2020 AA	13-14
1	1500 FR LCM	18:09.93	747	Rachel	Ritter	F	SFST	3/10/2024	2024 IA Central Zone North Section Spring Championships	2020-2024 AAA	13-14
2	1500 FR LCM	19:10.12	604	Kennedy	Cauwels	F	SFST	8/7/2022	2022 MN MNSI CZ 14 & Championships	2020-2024 AA	13-14
3	1500 FR LCM	19:11.69	636	Lavin	Maddox	F	SFST	8/4/2019	2019 Zone AG Champs - West Fargo	2016-2020 AA	13-14
4	1500 FR LCM	19:14.84	594	Katie	Timmer	F	SFST	7/28/2017	2017 SD Long Course State Cham	2016-2020 AA	13-14
5	1500 FR LCM	19:28.03	600	Keira	Wagers	F	SFST	7/21/2023	2023 SD State A Long Course Meet	2020-2024 AA	13-14

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6	1500 FR LCM	19:37.75	543	Alena	Rodriguez	F	SFST	7/28/2017	2017 SD Long Course State Cham	2016-2020 AA	13-14
7	1500 FR LCM	19:41.54	570	Kyla	Hinrich	F	SFST	6/6/2025	2025 SD BSC Summer Splash	AA	13-14
8	1500 FR LCM	19:55.99	504	George	Sugrue	F	SFST	8/4/2016	2016 IN CZ 14 and Under Mega Zone	2012-2016 A	13-14
9	1500 FR LCM	20:02.68	525	Kenzie	Hinrich	F	SFST	6/10/2022	2022 SD BSC Summer Invitational	2020-2024 A	13-14
10	1500 FR LCM	20:15.45	497	Justice	Lloyd	F	SFST	7/28/2017	2017 SD Long Course State Cham	2016-2020 A	13-14
1	50 BK LCM	29.96	1	Kenzie	Hinrich	F	SFST	8/4/2023	2023 MV CENTRAL ZONES 14 & UNDER CHAMPIONSHIPS	Slower than B	13-14
2	50 BK LCM	31.16	1	Rachel	Ritter	F	SFST	8/3/2023	2023 MV CENTRAL ZONES 14 & UNDER CHAMPIONSHIPS	Slower than B	13-14
3	50 BK LCM	31.99	1	Kyla	Hinrich	F	SFST	8/1/2025	2025 MN RSC CZ 14&U Championship	AAA	13-14
4	50 BK LCM	32.53	1	Sydney	Anel	F	SFST	7/27/2019	2019 SD Long Course State Champs	Slower than B	13-14
5	50 BK LCM	33.34	1	Dawsyn	Grosdidier	F	SFST	7/20/2024	2024 SD State A Long Course Meet	Slower than B	13-14
6	50 BK LCM	33.88	1	Joella	Sproles	F	SFST	8/4/2019	2019 Zone AG Champs - West Fargo	Slower than B	13-14
7	50 BK LCM	33.98	1	Naomi	Pokela	F	SFST	8/4/2023	2023 MV CENTRAL ZONES 14 & UNDER CHAMPIONSHIPS	Slower than B	13-14
8	50 BK LCM	34.00	1	Natalie	Bien	F	SFST	7/22/2023	2023 SD State A Long Course Meet	Slower than B	13-14
9	50 BK LCM	34.31	1	Sofia	Hein	F	SFST	7/28/2018	2018 SD Long Course State Cham	Slower than B	13-14
10	50 BK LCM	36.91	1	Halle	Bidus	F	SFST	7/20/2025	2025 SD State Long Course Meet	BB	13-14
1	100 BK LCM	1:03.95	940	Rachel	Ritter	F	SFST	6/23/2024	2024 MN AQJT Summer Spectacular Invite	2024 Winter US Open (SCY)	13-14
2	100 BK LCM	1:05.33	887	Kenzie	Hinrich	F	SFST	7/9/2023	2023 SD SFST Sanford Invitation	2023 Futures (LCM)	13-14
3	100 BK LCM	1:08.54	813	Kyla	Hinrich	F	SFST	6/29/2025	2025 SD SFST Sanford Invite	AAA	13-14
4	100 BK LCM	1:09.95	716	Lydia	Soldatke	F	SFST	8/7/2021	2021 IL FMC Central Zone 14 an	2020-2024 AAA	13-14
5	100 BK LCM	1:11.40	665	Sydney	Anel	F	SFST	8/3/2019	2019 Zone AG Champs - West Fargo	2016-2020 AA	13-14
6	100 BK LCM	1:11.72	654	Olivia	Wassink	F	SFST	3/10/2018	2018 Sectionals - Pleasant Prairie	2016-2020 AA	13-14
7	100 BK LCM	1:11.77	698	Lavin	Maddox	F	SFST	6/30/2019	2019 SD Scheels Independence D	2016-2020 AA	13-14
8	100 BK LCM	1:11.91	648	Naomi	Pokela	F	SFST	6/25/2023	2023 MN AQJT Summer Spectacular	2020-2024 AA	13-14
9	100 BK LCM	1:12.31	634	Joella	Sproles	F	SFST	7/28/2019	2019 SD Long Course State Champs	2016-2020 AA	13-14
10	100 BK LCM	1:12.58	625	Dawsyn	Grosdidier	F	SFST	7/21/2024	2024 SD State A Long Course Meet	2020-2024 AA	13-14
1	200 BK LCM	2:16.30	937	Rachel	Ritter	F	SFST	6/22/2024	2024 MN AQJT Summer Spectacular Invite	2024 Winter US Open (SCY)	13-14

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2	200 BK LCM	2:28.20	744	Kenzie	Hinrich	F	SFST	7/8/2023	2023 SD SFST Sanford Invitation	2020-2024 AAA	13-14
3	200 BK LCM	2:28.88	768	Kyla	Hinrich	F	SFST	7/19/2025	2025 SD State Long Course Meet	AAA	13-14
4	200 BK LCM	2:31.73	690	Lydia	Soldatke	F	SFST	8/8/2021	2021 IL FMC Central Zone 14 an	2020-2024 AA	13-14
5	200 BK LCM	2:35.61	631	Sydney	Anel	F	SFST	8/1/2019	2019 Zone AG Champs - West Fargo	2016-2020 AA	13-14
6	200 BK LCM	2:36.84	614	Naomi	Pokela	F	SFST	6/24/2023	2023 MN AQJT Summer Spectacular	2020-2024 AA	13-14
7	200 BK LCM	2:37.00	645	Lavin	Maddox	F	SFST	6/29/2019	2019 SD Scheels Independence D	2016-2020 AA	13-14
8	200 BK LCM	2:37.10	609	Sofia	Hein	F	SFST	7/28/2018	2018 SD Long Course State Cham	2016-2020 AA	13-14
9	200 BK LCM	2:38.40	591	Keira	Wagers	F	SFST	7/20/2024	2024 SD State A Long Course Meet	2020-2024 A	13-14
10	200 BK LCM	2:40.32	563	Olivia	Wassink	F	SFST	3/11/2018	2018 Sectionals - Pleasant Prairie	2016-2020 A	13-14
1	50 BR LCM	34.15	1	Kenzie	Hinrich	F	SFST	8/6/2023	2023 MV CENTRAL ZONES 14 & UNDER CHAMPIONSHIPS	Slower than B	13-14
2	50 BR LCM	37.23	1	Grace	Davis	F	SFST	8/3/2019	2019 Zone AG Champs - West Fargo	Slower than B	13-14
3	50 BR LCM	37.98	1	Peyton	Frear	F	SFST	8/5/2017	2017 MN ROC Central Zone 14 &	Slower than B	13-14
4	50 BR LCM	39.10	1	Sydney	Anel	F	SFST	8/3/2019	2019 Zone AG Champs - West Fargo	Slower than B	13-14
5	50 BR LCM	39.16	1	Juliana	Tiangco	F	SFST	8/6/2023	2023 MV CENTRAL ZONES 14 & UNDER CHAMPIONSHIPS	Slower than B	13-14
6	50 BR LCM	40.58	1	Lavin	Maddox	F	SFST	4/26/2019	2019 SD 3rd Annual Augustana Spring Sp	Slower than B	13-14
7	50 BR LCM	41.47	1	Ava	Redmond	F	SFST	7/18/2025	2025 SD State Long Course Meet	BB	13-14
8	50 BR LCM	41.86	1	Halle	Bidus	F	SFST	7/18/2025	2025 SD State Long Course Meet	BB	13-14
9	50 BR LCM	43.91	1	Sophia	Reit	F	SFST	5/9/2025	2025 SD Ready for Long Course Meet	BB	13-14
10	50 BR LCM	44.66	1	Izabel	Honerman	F	SFST	4/26/2019	2019 SD 3rd Annual Augustana Spring Sp	Slower than B	13-14
1	100 BR LCM	1:14.35	864	Kenzie	Hinrich	F	SFST	6/23/2023	2023 MN AQJT Summer Spectacular	2024 Futures (LCM)	13-14
2	100 BR LCM	1:18.75	736	Rachel	Ritter	F	SFST	6/29/2024	2024 SD SFST June Invite	2020-2024 AAA	13-14
3	100 BR LCM	1:19.05	728	Keira	Wagers	F	SFST	6/21/2024	2024 MN AQJT Summer Spectacular Invite	2020-2024 AAA	13-14
4	100 BR LCM	1:20.05	699	Peyton	Frear	F	SFST	7/21/2017	2017 Sectionals - Lincoln	2016-2020 AAA	13-14
5	100 BR LCM	1:20.11	697	Grace	Davis	F	SFST	6/29/2019	2019 SD Scheels Independence D	2016-2020 AAA	13-14
6	100 BR LCM	1:22.79	624	Gabrielle	Ahrendt	F	SFST	8/1/2019	2019 Zone AG Champs - West Fargo	2016-2020 AA	13-14
7	100 BR LCM	1:22.89	621	Sydney	Anel	F	SFST	7/28/2019	2019 SD Long Course State Champs	2016-2020 AA	13-14
8	100 BR LCM	1:23.20	613	Juliana	Tiangco	F	SFST	7/21/2024	2024 SD State A Long Course Meet	2020-2024 AA	13-14
9	100 BR LCM	1:24.37	585	Ruth	Pardy	F	SFST	7/28/2019	2019 SD Long Course State Champs	2016-2020 A	13-14

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10	100 BR LCM	1:25.06	563	Lexi	Skorjanec	F	SFST	7/9/2022	2022 SD SFST Sanford Invitational	2020-2024 A	13-14
1	200 BR LCM	2:41.78	821	Kenzie	Hinrich	F	SFST	3/11/2023	2023 ND USA Swimming Speedo Championship Series, Central Zone North Section	2023 Futures (LCM)	13-14
2	200 BR LCM	2:47.68	744	Keira	Wagers	F	SFST	6/23/2024	2024 MN AQJT Summer Spectacular Invite	2020-2024 AAA	13-14
3	200 BR LCM	2:48.70	731	Grace	Davis	F	SFST	8/4/2019	2019 Zone AG Champs - West Fargo	2016-2020 AAA	13-14
4	200 BR LCM	2:53.42	671	Peyton	Frear	F	SFST	7/19/2017	2017 Sectionals - Lincoln	2016-2020 AAA	13-14
5	200 BR LCM	2:56.02	639	Rachel	Ritter	F	SFST	4/13/2024	2024 SD BSC Early Bird LC Meet	2020-2024 AA	13-14
6	200 BR LCM	2:59.39	597	Sydney	Anel	F	SFST	6/28/2019	2019 SD Scheels Independence D	2016-2020 AA	13-14
7	200 BR LCM	2:59.72	594	Juliana	Tiangco	F	SFST	7/20/2024	2024 SD State A Long Course Meet	2020-2024 AA	13-14
8	200 BR LCM	3:02.04	566	Autumn	Gilhooly	F	SFST	6/27/2025	2025 SD SFST Sanford Invite	A	13-14
9	200 BR LCM	3:02.48	569	Ruth	Pardy	F	SFST	7/27/2019	2019 SD Long Course State Champs	2016-2020 A	13-14
10	200 BR LCM	3:04.16	540	Lexi	Skorjanec	F	SFST	3/11/2023	2023 ND USA Swimming Speedo Championship Series, Central Zone North Section	2020-2024 A	13-14
1	50 FL LCM	29.20	1	Kenzie	Hinrich	F	SFST	8/4/2022	2022 MN MNSI CZ 14 & Championships	Slower than B	13-14
2	50 FL LCM	30.67	1	Gabrielle	Ahrendt	F	SFST	8/1/2019	2019 Zone AG Champs - West Fargo	Slower than B	13-14
3	50 FL LCM	31.18	1	Joella	Sproles	F	SFST	8/1/2019	2019 Zone AG Champs - West Fargo	Slower than B	13-14
4	50 FL LCM	31.28	1	Juliana	Tiangco	F	SFST	8/3/2024	2024 ND Central Zone Championship - West Fargo	Slower than B	13-14
5	50 FL LCM	31.31	1	Keira	Wagers	F	SFST	5/10/2024	2024 SD SFST Ready for Long Course	Slower than B	13-14
6	50 FL LCM	31.54	1	Kyla	Hinrich	F	SFST	7/18/2025	2025 SD State Long Course Meet	AA	13-14
7	50 FL LCM	31.83	1	Rachel	Ritter	F	SFST	4/27/2024	2024 SD Augustana Spring Splash	Slower than B	13-14
8	50 FL LCM	31.89	1	Sophia	Reit	F	SFST	8/2/2025	2025 MN RSC CZ 14&U Championship	AA	13-14
9	50 FL LCM	32.80	1	Dawsyn	Grosdidier	F	SFST	4/27/2024	2024 SD Augustana Spring Splash	Slower than B	13-14
10	50 FL LCM	34.77	1	Lexi	Skorjanec	F	SFST	8/4/2022	2022 MN MNSI CZ 14 & Championships	Slower than B	13-14
1	100 FL LCM	1:04.79	808	Rachel	Ritter	F	SFST	6/28/2024	2024 SD SFST June Invite	2020-2024 AAAA	13-14
2	100 FL LCM	1:05.77	774	Kenzie	Hinrich	F	SFST	7/7/2023	2023 SD SFST Sanford Invitation	2020-2024 AAA	13-14
3	100 FL LCM	1:07.74	708	Keira	Wagers	F	SFST	6/22/2024	2024 MN AQJT Summer Spectacular Invite	2020-2024 AAA	13-14
4	100 FL LCM	1:10.02	668	Lavin	Maddox	F	SFST	6/28/2019	2019 SD Scheels Independence D	2016-2020 AA	13-14
5	100 FL LCM	1:10.31	623	Gabrielle	Ahrendt	F	SFST	6/28/2019	2019 SD Scheels Independence D	2016-2020 AA	13-14

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6	100 FL LCM	1:10.45	619	Juliana	Tiangco	F	SFST	3/9/2024	2024 IA Central Zone North Section Spring Championships	2020-2024 AA	13-14
7	100 FL LCM	1:10.55	651	Olivia	Wassink	F	SFST	7/30/2016	2016 SD Long Course State Cham	2012-2016 AA	13-14
8	100 FL LCM	1:11.81	576	Dawsyn	Grosdidier	F	SFST	7/20/2024	2024 SD State A Long Course Meet	2020-2024 A	13-14
9	100 FL LCM	1:13.25	531	Joella	Sproles	F	SFST	7/13/2019	2019 SD Splash Central Invitation	2016-2020 A	13-14
10	100 FL LCM	1:13.34	564	Kyla	Hinrich	F	SFST	6/21/2025	2025 IA Waukee Waves Open Summer Invite	A	13-14
1	200 FL LCM	2:28.07	735	Keira	Wagers	F	SFST	3/8/2024	2024 IA Central Zone North Section Spring Championships	2020-2024 AAA	13-14
2	200 FL LCM	2:28.10	735	Rachel	Ritter	F	SFST	6/30/2024	2024 SD SFST June Invite	2020-2024 AAA	13-14
3	200 FL LCM	2:37.88	642	Lavin	Maddox	F	SFST	8/3/2019	2019 Zone AG Champs - West Fargo	2016-2020 AA	13-14
4	200 FL LCM	2:39.95	569	Juliana	Tiangco	F	SFST	8/4/2024	2024 ND Central Zone Championship - West Fargo	2020-2024 A	13-14
5	200 FL LCM	2:42.15	539	Grace	Davis	F	SFST	8/3/2019	2019 Zone AG Champs - West Fargo	2016-2020 A	13-14
6	200 FL LCM	2:45.78	491	Peyton	Frear	F	SFST	7/30/2017	2017 SD Long Course State Cham	2016-2020 BB	13-14
7	200 FL LCM	2:46.66	480	Katie	Timmer	F	SFST	7/30/2017	2017 SD Long Course State Cham	2016-2020 BB	13-14
8	200 FL LCM	2:49.39	445	George	Sugrue	F	SFST	7/10/2016	2016 SD SFST Independence Invite	2012-2016 BB	13-14
9	200 FL LCM	2:54.63	424	Kenzie	Hinrich	F	SFST	6/12/2022	2022 SD BSC Summer Invitational	2020-2024 BB	13-14
10	200 FL LCM	2:56.83	352	Madalyn	McQuistan	F	SFST	7/30/2017	2017 SD Long Course State Cham	2016-2020 BB	13-14
1	200 IM LCM	2:22.19	854	Rachel	Ritter	F	SFST	6/21/2024	2024 MN AQJT Summer Spectacular Invite	2024 Futures (LCM)	13-14
2	200 IM LCM	2:25.25	800	Kenzie	Hinrich	F	SFST	5/20/2023	2023 Indy Spring Cup - CAP REACHED	2023 Futures (LCM)	13-14
3	200 IM LCM	2:30.55	710	Keira	Wagers	F	SFST	3/10/2024	2024 IA Central Zone North Section Spring Championships	2020-2024 AAA	13-14
4	200 IM LCM	2:35.10	635	Joella	Sproles	F	SFST	7/26/2019	2019 SD Long Course State Champs	2016-2020 AAA	13-14
5	200 IM LCM	2:35.12	686	Kyla	Hinrich	F	SFST	7/18/2025	2025 SD State Long Course Meet	AA	13-14
6	200 IM LCM	2:35.20	633	Grace	Davis	F	SFST	7/26/2019	2019 SD Long Course State Champs	2016-2020 AA	13-14
7	200 IM LCM	2:36.01	620	Peyton	Frear	F	SFST	7/28/2017	2017 SD Long Course State Cham	2016-2020 AA	13-14
8	200 IM LCM	2:37.77	643	Lavin	Maddox	F	SFST	6/30/2019	2019 SD Scheels Independence D	2016-2020 AA	13-14
9	200 IM LCM	2:38.15	587	Juliana	Tiangco	F	SFST	7/19/2024	2024 SD State A Long Course Meet	2020-2024 AA	13-14
10	200 IM LCM	2:38.27	585	Olivia	Wassink	F	SFST	7/28/2017	2017 SD Long Course State Cham	2016-2020 AA	13-14
1	400 IM LCM	5:01.01	845	Rachel	Ritter	F	SFST	5/3/2024	2024 18 & Under Spring Cup - Mesa	2024 Futures (LCM)	13-14
2	400 IM LCM	5:12.90	752	Kenzie	Hinrich	F	SFST	7/8/2023	2023 SD SFST Sanford Invitation	2020-2024 AAA	13-14
3	400 IM LCM	5:16.34	726	Keira	Wagers	F	SFST	6/22/2024	2024 MN AQJT Summer Spectacular Invite	2020-2024 AAA	13-14
4	400 IM LCM	5:27.23	644	Grace	Davis	F	SFST	6/29/2019	2019 SD Scheels Independence D	2016-2020 AAA	13-14

Sioux Falls Swim Team Times Report For 4/1/2016 - 10/10/2025



10/10/2025 1:24:46 PM

Time Standard Selected: B

Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
5	400 IM LCM	5:36.01	582	Peyton	Frear	F	SFST	7/29/2017	2017 SD Long Course State Cham	2016-2020 AA	13-14
6	400 IM LCM	5:39.23	598	Lavin	Maddox	F	SFST	8/2/2019	2019 Zone AG Champs - West Fargo	2016-2020 AA	13-14
7	400 IM LCM	5:40.56	589	Kyla	Hinrich	F	SFST	6/7/2025	2025 SD BSC Summer Splash	AA	13-14
8	400 IM LCM	5:42.80	535	Juliana	Tiangco	F	SFST	6/29/2024	2024 SD SFST June Invite	2020-2024 A	13-14
9	400 IM LCM	5:44.14	525	Alena	Rodriguez	F	SFST	7/8/2017	2017 SD SFST Independence Day	2016-2020 A	13-14
10	400 IM LCM	5:46.11	512	Autumn	Gilhooly	F	SFST	6/28/2025	2025 SD SFST Sanford Invite	A	13-14