

SFST Intrasquad 1-2-26 - 1/2/2026
Meet Program - Intrasquad

Event 1 Girls 9 & Under 25 Yard Backstroke

Lane	Name	Age	Team	Seed	Time
------	------	-----	------	------	------

Heat 1 of 2 Finals Starts at 05:20 PM

0					___
1					___
2					___
3	Fernandes, Zoë	7	SFST-SD	NT	___
4	Kemper, Jaecia	7	SFST-SD	48.02	___
5	Holmberg, Hattie	8	SFST-SD	NT	___
6					___
7					___
8					___
9					___

Heat 2 of 2 Finals Starts at 05:22 PM

0	Weyer, Emerson	7	SFST-SD	36.26	___
1	Greenfield, Piper or Piper	8	SFST-SD	29.65	___
2	Bassett, Nora	8	SFST-SD	27.73	___
3	Peterson, Macy	8	SFST-SD	24.69	___
4	Bockholt, Nina	8	SFST-SD	24.30	___
5	Harris, Cora	9	SFST-SD	24.32	___
6	Schneider, Melanie	9	SFST-SD	27.30	___
7	Sorenson, Ava	8	SFST-SD	28.89	___
8	Shanks, Brynlee	9	SFST-SD	29.69	___
9					___

Event 2 Boys 9 & Under 25 Yard Backstroke

Lane	Name	Age	Team	Seed	Time
------	------	-----	------	------	------

Heat 1 of 1 Finals Starts at 05:23 PM

0					___
1	VanKeulen, Lincoln	7	SFST-SD	33.00	___
2	Ulrich, Clayton	7	SFST-SD	26.73	___
3	Syverson, Gunnar	9	SFST-SD	25.62	___
4	Boots, Layton	8	SFST-SD	22.11	___
5	Whalen, Henry	9	SFST-SD	23.68	___
6	Soli, Henry	8	SFST-SD	26.67	___
7	Paliienko, Andrii	9	SFST-SD	27.62	___
8	Griffith, Jack	9	SFST-SD	NT	___
9					___

Event 3 Girls 200 Yard Freestyle

Lane	Name	Age	Team	Seed	Time
------	------	-----	------	------	------

Heat 1 of 7 Finals Starts at 05:27 PM

0					___
1	Bockholt, Nina	8	SFST-SD	NT	___
2	Hohm, Kate	9	SFST-SD	NT	___
3	Turgeon, Nelly	10	SFST-SD	NT	___
4	Reitsma, Avery	10	SFST-SD	NT	___
5	Rains, Annika	10	SFST-SD	NT	___
6	Holden, Emma	10	SFST-SD	NT	___
7	Harris, Cora	9	SFST-SD	NT	___
8					___
9	Griffith, Clara	12	SFST-SD	NT	___

Heat 2 of 7 Finals Starts at 05:30 PM

0	Scott, Noelle	11	SFST-SD	NT	___
1	Feltes, Gwen	11	SFST-SD	NT	___
2	Hermanson, Lyla	12	SFST-SD	NT	___
3	Bohlen, Julia	10	SFST-SD	3:57.94	___
4	Poppe, Olive	10	SFST-SD	3:45.92	___
5	Lohmann, Vera	11	SFST-SD	3:51.91	___
6	Meile, Faye	13	SFST-SD	NT	___
7	Kix, Aecho	11	SFST-SD	NT	___
8	Soli, Lucy	11	SFST-SD	NT	___
9	Myscofski, Lucy	11	SFST-SD	NT	___

Heat 3 of 7 Finals Starts at 05:34 PM

0	Weyer, Avery	12	SFST-SD	3:37.56	___
1	Kleinjan, Luci	10	SFST-SD	3:18.61	___
2	Deelstra, Abby	12	SFST-SD	3:12.61	___
3	Place, Delaney	10	SFST-SD	3:05.53	___
4	Meyer, Margot	10	SFST-SD	3:02.60	___
5	Travis, Lucy	14	SFST-SD	3:05.02	___
6	Velgersdyk, Evelyn	12	SFST-SD	3:06.36	___
7	Ulrich, Clara	9	SFST-SD	3:17.65	___
8	Luckasson, Brielle	12	SFST-SD	3:35.42	___
9	Reyes, Micaela	11	SFST-SD	3:45.15	___

Heat 4 of 7 Finals Starts at 05:39 PM

0	Bobic, Charlotte	10	SFST-SD	2:51.57	___
1	Harris, Gwyn	12	SFST-SD	2:48.95	___
2	Gabriel, Noelle	15	SFST-SD	2:46.04	___
3	Gabriel, Nina	16	SFST-SD	2:40.87	___
4	Bohlen, Lydia	13	SFST-SD	2:33.32	___
5	Ashton, Belle	12	SFST-SD	2:36.51	___
6	Cook, Carlee	11	SFST-SD	2:42.23	___
7	Bormann, Cecilia	11	SFST-SD	2:47.52	___
8	Haala, Olivia	14	SFST-SD	2:49.09	___
9	Harris, Adria	13	SFST-SD	2:54.18	___

Heat 5 of 7 Finals Starts at 05:42 PM

0	Kiessel, Rebekah	14	SFST-SD	2:30.46	___
1	Matthiesen, Maggie	13	SFST-SD	2:26.22	___
2	Whalen, Hazel	12	SFST-SD	2:23.99	___
3	Pass, Elena	13	SFST-SD	2:22.82	___
4	Olinger, Olivia	17	SFST-SD	2:19.48	___
5	Scheitler, Brooke	12	SFST-SD	2:19.92	___
6	Pederson, Clara	14	SFST-SD	2:23.90	___
7	Daly, Sam	13	SFST-SD	2:24.33	___
8	Blom, Roxy	13	SFST-SD	2:29.62	___
9	Pitz, Molly	12	SFST-SD	2:30.63	___

Heat 6 of 7 Finals Starts at 05:45 PM

0	Baumgartner, Stella	14	SFST-SD	2:18.27	___
1	Dickelman, Hadleigh	15	SFST-SD	2:17.58	___
2	Leedom, Kennedy	14	SFST-SD	2:16.64	___
3	Letham, Tessa	14	SFST-SD	2:10.75	___
4	Bockholt, Annika	15	SFST-SD	2:08.20	___
5	Baumgartner, Sylvia	17	SFST-SD	2:10.04	___
6	Bidus, Halle	14	SFST-SD	2:14.27	___
7	Costain, Autumn	13	SFST-SD	2:17.38	___
8	Ulrich, Camilla	13	SFST-SD	2:17.80	___
9	Hinrich, Kinley	11	SFST-SD	2:18.60	___

SFST Intrasquad 1-2-26 - 1/2/2026
Meet Program - Intrasquad

Heat 7 Finals (#3 Girls 200 Yard Freestyle)				
0	Wagers, Rylee	12	SFST-SD	2:05.32 ____
1	Ulrich, Courtney	17	SFST-SD	2:02.72 ____
2	Hinrich, Kyla	14	SFST-SD	1:59.49 ____
3	Hinrich, Kenzie	17	SFST-SD	1:54.61 ____
4	Ritter, Rachel	16	SFST-SD	1:50.86 ____
5	Huber, Sophia	18	SFST-SD	1:54.53 ____
6	Wagers, Keira	16	SFST-SD	1:58.08 ____
7	Reit, Sophia	15	SFST-SD	2:02.51 ____
8	Tiangco, Lia	16	SFST-SD	2:03.34 ____
9	Knutson, Lila	13	SFST-SD	2:07.01 ____

Event 4 Boys 200 Yard Freestyle				
Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Finals Starts at 05:51 PM				
0				____
1				____
2				____
3	Callahan, Michael	10	SFST-SD	NT ____
4	Starks, William	11	SFST-SD	NT ____
5	Manning, Jeremiah	10	SFST-SD	NT ____
6				____
7				____
8				____
9				____

Heat 2 of 6 Finals Starts at 05:54 PM				
0				____
1	Nyangamoi, Benjamin	12	SFST-SD	NT ____
2	Starks, Alexander	13	SFST-SD	NT ____
3	Paliienko, Illia	12	SFST-SD	3:31.14 ____
4	Hovdestad, Hudson	13	SFST-SD	3:24.89 ____
5	Splichal Larson, Gabriel	10	SFST-SD	3:25.37 ____
6	Fredericksen, Emmett	8	SFST-SD	3:45.67 ____
7	Manning, Jaren	12	SFST-SD	NT ____
8	Shirley, Leo	11	SFST-SD	NT ____
9				____

Heat 3 of 6 Finals Starts at 05:58 PM				
0	Ashton, Gabe	10	SFST-SD	3:22.42 ____
1	Vanderlip, Hudson	11	SFST-SD	3:20.42 ____
2	Zuercher, Evan	10	SFST-SD	3:14.02 ____
3	Pizer, James	13	SFST-SD	3:03.97 ____
4	Warren, Ace	11	SFST-SD	3:03.31 ____
5	Bassett, Liam	12	SFST-SD	3:03.47 ____
6	Velgersdyk, Patrick	10	SFST-SD	3:10.00 ____
7	Lunser, Xander	12	SFST-SD	3:15.55 ____
8	Pesola, Jonah	10	SFST-SD	3:20.92 ____
9	McLellan, Caleb	12	SFST-SD	3:24.27 ____

Heat 4 of 6 Finals Starts at 06:02 PM				
0	Thum, Jackson	10	SFST-SD	3:00.19 ____
1	Bassett, Killian	11	SFST-SD	2:58.30 ____
2	Meyer, Samuel	12	SFST-SD	2:56.72 ____
3	Keiper, Carter	14	SFST-SD	2:50.38 ____
4	Vinzant, Cam	11	SFST-SD	2:45.16 ____
5	VanKeulen, Ashton	9	SFST-SD	2:46.84 ____
6	Dillard, Amiri	11	SFST-SD	2:54.88 ____
7	Mawhiney, Carter	11	SFST-SD	2:56.90 ____
8	Pass, Marcus	9	SFST-SD	2:58.38 ____
9	Zuercher, Owen	12	SFST-SD	3:00.63 ____

Heat 5 of 6 Finals Starts at 06:06 PM				
0	Flemming, Max	12	SFST-SD	2:39.77 ____
1	Ulrich, Camden	11	SFST-SD	2:37.95 ____
2	Vankeulen, Grayson	11	SFST-SD	2:33.60 ____
3	Ware, Simon	12	SFST-SD	2:30.50 ____
4	Nyangamoi, Gideon	13	SFST-SD	2:25.08 ____
5	Mahrous, Gavin	9	SFST-SD	2:29.25 ____
6	Reilly, Keegan	11	SFST-SD	2:32.81 ____
7	Baker, Liam	13	SFST-SD	2:35.03 ____
8	Lucklum, Colin	15	SFST-SD	2:39.21 ____
9	Hinrich, Kolton	11	SFST-SD	2:44.53 ____

Heat 6 of 6 Finals Starts at 06:09 PM				
0	Kemper, Crew	13	SFST-SD	2:08.34 ____
1	Ulrich, Cameron	15	SFST-SD	1:55.43 ____
2	Erickson, Dane	16	SFST-SD	1:51.10 ____
3	Pardy, Thomas	15	SFST-SD	1:50.53 ____
4	Pickett, Colin	16	SFST-SD	1:46.78 ____
5	Jerstad, Christian	16	SFST-SD	1:50.15 ____
6	Volzke, Isaiah	14	SFST-SD	1:50.85 ____
7	Miller, Andrew	15	SFST-SD	1:55.13 ____
8	Costain, Gage	17	SFST-SD	1:59.23 ____
9	Lee, Hudson	13	SFST-SD	2:13.56 ____

Event 5 Girls 9 & Under 25 Yard Butterfly				
Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals Starts at 06:13 PM				
0	Kemper, Jaecia	7	SFST-SD	NT ____
1	Weyer, Emerson	7	SFST-SD	NT ____
2	Holmberg, Hattie	8	SFST-SD	NT ____
3	Schneider, Melanie	9	SFST-SD	NT ____
4	Jackson, Beckett	9	SFST-SD	36.91 ____
5	Bures, Charlie	9	SFST-SD	NT ____
6	Greenfield, Piper or Piper	8	SFST-SD	NT ____
7	Sorenson, Ava	8	SFST-SD	NT ____
8	Fernandes, Zoë	7	SFST-SD	NT ____
9				____

SFST Intrasquad 1-2-26 - 1/2/2026
Meet Program - Intrasquad

Heat 2 Finals (#5 Girls 9 & Under 25 Yard Butterfly)				
0	Bassett, Nora	8	SFST-SD	33.46
1	Larson, Lily	8	SFST-SD	28.20
2	Peterson, Addie	9	SFST-SD	26.83
3	Hohm, Kate	9	SFST-SD	26.32
4	Willard, Mia	8	SFST-SD	24.04
5	Koppes, Carly	8	SFST-SD	26.14
6	Healey, Amélie	8	SFST-SD	26.53
7	Nelson, Aspen	8	SFST-SD	27.28
8	Shanks, Brynlee	9	SFST-SD	31.08
9	Koppes, Addison	8	SFST-SD	33.49

Event 6 Boys 9 & Under 25 Yard Butterfly				
Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals Starts at 06:16 PM				
0				
1				
2				
3	Ulrich, Clayton	7	SFST-SD	NT
4	Whalen, Henry	9	SFST-SD	NT
5	Fredericksen, Emmett	8	SFST-SD	NT
6	Griffith, Jack	9	SFST-SD	NT
7				
8				
9				

Heat 2 of 2 Finals Starts at 06:17 PM				
0				
1	VanKeulen, Lincoln	7	SFST-SD	40.23
2	Reyes, Emiliano	9	SFST-SD	36.70
3	Hall, Teddy	8	SFST-SD	32.21
4	Boots, Layton	8	SFST-SD	27.43
5	Syverson, Gunnar	9	SFST-SD	28.87
6	Soli, Henry	8	SFST-SD	32.93
7	Paliienko, Andrii	9	SFST-SD	37.52
8	Otis, Rowan	9	SFST-SD	NT
9				

Event 7 Girls 50 Yard Breaststroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 9 Finals Starts at 06:20 PM				
0	Weyer, Emerson	7	SFST-SD	NT
1	Fernandes, Zoë	7	SFST-SD	NT
2	Greenfield, Piper or Piper	8	SFST-SD	NT
3	Sorenson, Ava	8	SFST-SD	NT
4	Koppes, Carly	8	SFST-SD	NT
5	Holmberg, Hattie	8	SFST-SD	NT
6	Larson, Lily	8	SFST-SD	NT
7	Willard, Mia	8	SFST-SD	NT
8	Kemper, Jaecia	7	SFST-SD	NT
9	Griffith, Clara	12	SFST-SD	NT

Heat 2 of 9 Finals Starts at 06:21 PM				
0	Bures, Charlie	9	SFST-SD	NT
1	Schneider, Melanie	9	SFST-SD	NT
2	Peterson, Lily	10	SFST-SD	NT
3	Turgeon, Nelly	10	SFST-SD	NT
4	Lohmann, Vera	11	SFST-SD	NT
5	Poppe, Olive	10	SFST-SD	NT
6	Rains, Annika	10	SFST-SD	NT
7	Jackson, Beckett	9	SFST-SD	NT
8	Shanks, Brynlee	9	SFST-SD	NT
9	Nelson, Aspen	8	SFST-SD	NT

Heat 3 of 9 Finals Starts at 06:22 PM				
0	Keller, Olivia	11	SFST-SD	NT
1	Okerlund, Olivia	11	SFST-SD	NT
2	Koppes, Addison	8	SFST-SD	1:24.78
3	Holden, Emma	10	SFST-SD	1:14.08
4	Healey, Amélie	8	SFST-SD	1:11.56
5	Gacke, Lauren	10	SFST-SD	1:13.73
6	Feltes, Gwen	11	SFST-SD	1:21.58
7	Myscofski, Lucy	11	SFST-SD	NT
8	Vore, Maddie	11	SFST-SD	NT
9	Oey, Lucy	11	SFST-SD	NT

Heat 4 of 9 Finals Starts at 06:24 PM				
0	Kix, Aecho	11	SFST-SD	1:05.67
1	Bockholt, Nina	8	SFST-SD	1:04.88
2	Scott, Noelle	11	SFST-SD	1:01.81
3	Weyer, Avery	12	SFST-SD	59.35
4	Luckasson, Brielle	12	SFST-SD	58.83
5	Bohlen, Julia	10	SFST-SD	58.85
6	Reitsma, Avery	10	SFST-SD	1:01.71
7	Peterson, Macy	8	SFST-SD	1:04.49
8	Harris, Cora	9	SFST-SD	1:04.94
9	Johnson, Emma	11	SFST-SD	1:05.80

Heat 5 of 9 Finals Starts at 06:26 PM				
0	Deelstra, Abby	12	SFST-SD	56.67
1	Reyes, Micaela	11	SFST-SD	55.27
2	Travis, Lucy	14	SFST-SD	52.39
3	Peterson, Addie	9	SFST-SD	50.82
4	Harris, Adria	13	SFST-SD	50.14
5	Hohm, Kate	9	SFST-SD	50.63
6	Place, Delaney	10	SFST-SD	52.25
7	Soli, Lucy	11	SFST-SD	53.66
8	Bobic, Charlotte	10	SFST-SD	55.29
9	Meile, Faye	13	SFST-SD	58.14

Heat 6 of 9 Finals Starts at 06:27 PM				
0	Meyer, Margot	10	SFST-SD	49.66
1	Haala, Olivia	14	SFST-SD	48.49
2	Kiessel, Rebekah	14	SFST-SD	47.78
3	Velgersdyk, Evelyn	12	SFST-SD	47.16
4	Hermanson, Lyla	12	SFST-SD	46.34
5	Kleinjan, Evelyn	14	SFST-SD	46.67
6	Ulrich, Clara	9	SFST-SD	47.52
7	Leedom, Kennedy	14	SFST-SD	48.37
8	Harris, Gwyn	12	SFST-SD	49.45
9	Kleinjan, Luci	10	SFST-SD	49.96

SFST Intrasquad 1-2-26 - 1/2/2026
Meet Program - Intrasquad

Heat 7 Finals (#7 Girls 50 Yard Breaststroke)				
0	Bohlen, Lydia	13	SFST-SD	46.01 ____
1	Gabriel, Nina	16	SFST-SD	44.82 ____
2	Ashton, Belle	12	SFST-SD	42.85 ____
3	Whalen, Hazel	12	SFST-SD	41.94 ____
4	Miller, Gabby	13	SFST-SD	41.39 ____
5	Dickelman, Hadleigh	15	SFST-SD	41.65 ____
6	Cook, Carlee	11	SFST-SD	42.51 ____
7	Olinger, Olivia	17	SFST-SD	43.97 ____
8	Bormann, Cecilia	11	SFST-SD	44.88 ____
9	Gabriel, Noelle	15	SFST-SD	46.11 ____

Heat 8 of 9 Finals Starts at 06:30 PM				
0	Baumgartner, Stella	14	SFST-SD	40.67 ____
1	Pitz, Molly	12	SFST-SD	39.24 ____
2	Reit, Sophia	15	SFST-SD	38.87 ____
3	Hinrich, Kinley	11	SFST-SD	37.76 ____
4	Scheitler, Brooke	12	SFST-SD	36.50 ____
5	Baumgartner, Sylvia	17	SFST-SD	37.72 ____
6	BlueBird, Aurora	12	SFST-SD	38.61 ____
7	Knutson, Lila	13	SFST-SD	38.97 ____
8	Letham, Tessa	14	SFST-SD	39.70 ____
9	Pederson, Clara	14	SFST-SD	40.73 ____

Heat 9 of 9 Finals Starts at 06:31 PM				
0	Bidus, Halle	14	SFST-SD	36.13 ____
1	Costain, Autumn	13	SFST-SD	35.77 ____
2	Blom, Roxy	13	SFST-SD	34.22 ____
3	Hinrich, Kyla	14	SFST-SD	32.84 ____
4	Hinrich, Kenzie	17	SFST-SD	29.85 ____
5	Huber, Sophia	18	SFST-SD	30.39 ____
6	Wagers, Keira	16	SFST-SD	33.20 ____
7	Tiangco, Lia	16	SFST-SD	34.73 ____
8	Tiangco, Maia	12	SFST-SD	35.81 ____
9	Wagers, Rylee	12	SFST-SD	36.32 ____

Event 8 Boys 50 Yard Breaststroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Finals Starts at 06:32 PM				
0				____
1				____
2				____
3	VanKeulen, Lincoln	7	SFST-SD	NT ____
4	Soli, Henry	8	SFST-SD	NT ____
5	Hall, Teddy	8	SFST-SD	NT ____
6	Griffith, Jack	9	SFST-SD	NT ____
7				____
8				____
9				____

Heat 2 of 7 Finals Starts at 06:33 PM				
0	Fredericksen, Emmett	8	SFST-SD	NT ____
1	Syverson, Gunnar	9	SFST-SD	NT ____
2	Yoshino, Liam	10	SFST-SD	NT ____
3	Shirley, Leo	11	SFST-SD	NT ____
4	Ulrich, Clayton	7	SFST-SD	1:23.00 ____
5	McLellan, Caleb	12	SFST-SD	NT ____
6	Callahan, Michael	10	SFST-SD	NT ____
7	Paliienko, Andrii	9	SFST-SD	NT ____
8	Reyes, Emiliano	9	SFST-SD	NT ____
9				____

Heat 3 of 7 Finals Starts at 06:35 PM				
0	Flemming, Max	12	SFST-SD	1:14.85 ____
1	Starks, William	11	SFST-SD	1:09.72 ____
2	Whalen, Henry	9	SFST-SD	1:06.15 ____
3	Manning, Jeremiah	10	SFST-SD	1:02.39 ____
4	Nyangamoi, Benjamin	12	SFST-SD	58.64 ____
5	Velgersdyk, Patrick	10	SFST-SD	1:00.19 ____
6	Dillard, Amiri	11	SFST-SD	1:03.98 ____
7	Zuercher, Owen	12	SFST-SD	1:08.29 ____
8	Otis, Rowan	9	SFST-SD	1:11.69 ____
9	Starks, Alexander	13	SFST-SD	1:18.85 ____

Heat 4 of 7 Finals Starts at 06:37 PM				
0	Paliienko, Illia	12	SFST-SD	57.14 ____
1	Warren, Ace	11	SFST-SD	55.74 ____
2	Thum, Jackson	10	SFST-SD	54.97 ____
3	Meyer, Samuel	12	SFST-SD	53.62 ____
4	Vanderlip, Hudson	11	SFST-SD	53.14 ____
5	Lunser, Xander	12	SFST-SD	53.37 ____
6	Zuercher, Evan	10	SFST-SD	54.83 ____
7	Baker, Liam	13	SFST-SD	54.99 ____
8	Ashton, Gabe	10	SFST-SD	56.78 ____
9	Pesola, Jonah	10	SFST-SD	57.50 ____

Heat 5 of 7 Finals Starts at 06:39 PM				
0	Lucklum, Colin	15	SFST-SD	50.57 ____
1	Nyangamoi, Gideon	13	SFST-SD	50.21 ____
2	Hovdestad, Hudson	13	SFST-SD	49.36 ____
3	Bassett, Liam	12	SFST-SD	48.86 ____
4	VanKeulen, Ashton	9	SFST-SD	48.34 ____
5	Mawhiney, Carter	11	SFST-SD	48.37 ____
6	Manning, Jaren	12	SFST-SD	49.31 ____
7	Pizer, James	13	SFST-SD	49.79 ____
8	Splichal Larson, Gabriel	10	SFST-SD	50.29 ____
9	Bassett, Killian	11	SFST-SD	52.29 ____

Heat 6 of 7 Finals Starts at 06:40 PM				
0	Keiper, Carter	14	SFST-SD	44.78 ____
1	Vinzant, Cam	11	SFST-SD	44.31 ____
2	Ware, Oliver	15	SFST-SD	43.90 ____
3	Pass, Marcus	9	SFST-SD	43.24 ____
4	Bueltel, Barrett	13	SFST-SD	41.69 ____
5	Mahrous, Gavin	9	SFST-SD	42.59 ____
6	Vankeulen, Grayson	11	SFST-SD	43.26 ____
7	Ulrich, Camden	11	SFST-SD	44.26 ____
8	Ware, Simon	12	SFST-SD	44.70 ____
9	Reilly, Keegan	11	SFST-SD	45.86 ____

SFST Intrasquad 1-2-26 - 1/2/2026
Meet Program - Intrasquad

Heat 7 Finals (#8 Boys 50 Yard Breaststroke)

0	Harris, Andre	11	SFST-SD	40.61	___
1	Bockholt, Bryce	12	SFST-SD	37.09	___
2	Pardy, Thomas	15	SFST-SD	31.82	___
3	Gugel, Ethan	13	SFST-SD	30.85	___
4	Jerstad, Christian	16	SFST-SD	28.86	___
5	Pickett, Colin	16	SFST-SD	30.44	___
6	Ulrich, Cameron	15	SFST-SD	31.12	___
7	Kemper, Crew	13	SFST-SD	33.41	___
8	Hinrich, Kolton	11	SFST-SD	39.00	___
9	Place, Asher	12	SFST-SD	41.04	___

Event 9 Girls 100 Yard Backstroke

Lane	Name	Age	Team	Seed	Time
------	------	-----	------	------	------

Heat 1 of 8 Finals Starts at 06:42 PM

0					___
1					___
2					___
3	Koppes, Addison	8	SFST-SD	NT	___
4	Koppes, Carly	8	SFST-SD	NT	___
5	Willard, Mia	8	SFST-SD	NT	___
6					___
7	Griffith, Clara	12	SFST-SD	NT	___
8					___
9					___

Heat 2 of 8 Finals Starts at 06:45 PM

0	Jackson, Beckett	9	SFST-SD	NT	___
1	Rains, Annika	10	SFST-SD	NT	___
2	Poppe, Olive	10	SFST-SD	NT	___
3	Keller, Olivia	11	SFST-SD	NT	___
4	Myscofski, Lucy	11	SFST-SD	NT	___
5	Reyes, Micaela	11	SFST-SD	NT	___
6	Peterson, Lily	10	SFST-SD	NT	___
7	Gacke, Lauren	10	SFST-SD	NT	___
8	Turgeon, Nelly	10	SFST-SD	NT	___
9	Healey, Amélie	8	SFST-SD	NT	___

Heat 3 of 8 Finals Starts at 06:47 PM

0	Lohmann, Vera	11	SFST-SD	NT	___
1	Oey, Lucy	11	SFST-SD	NT	___
2	Johnson, Emma	11	SFST-SD	NT	___
3	Bohlen, Julia	10	SFST-SD	2:20.13	___
4	Deelstra, Abby	12	SFST-SD	2:04.98	___
5	Holden, Emma	10	SFST-SD	2:05.62	___
6	Luckasson, Brielle	12	SFST-SD	NT	___
7	Kix, Aecho	11	SFST-SD	NT	___
8	Vore, Maddie	11	SFST-SD	NT	___
9	Okerlund, Olivia	11	SFST-SD	NT	___

Heat 4 of 8 Finals Starts at 06:50 PM

0	Feltes, Gwen	11	SFST-SD	2:03.90	___
1	Weyer, Avery	12	SFST-SD	1:54.20	___
2	Nelson, Aspen	8	SFST-SD	1:52.36	___
3	Reitsma, Avery	10	SFST-SD	1:48.69	___
4	Peterson, Macy	8	SFST-SD	1:47.50	___
5	Peterson, Addie	9	SFST-SD	1:48.53	___
6	Scott, Noelle	11	SFST-SD	1:49.18	___
7	Bures, Charlie	9	SFST-SD	1:52.90	___
8	Larson, Lily	8	SFST-SD	1:55.19	___
9	Bassett, Nora	8	SFST-SD	2:04.80	___

Heat 5 of 8 Finals Starts at 06:53 PM

0	Kleinjan, Luci	10	SFST-SD	1:40.30	___
1	Place, Delaney	10	SFST-SD	1:35.16	___
2	Meile, Faye	13	SFST-SD	1:33.34	___
3	Soli, Lucy	11	SFST-SD	1:32.79	___
4	Gabriel, Noelle	15	SFST-SD	1:28.33	___
5	Bobic, Charlotte	10	SFST-SD	1:29.81	___
6	Kleinjan, Evelyn	14	SFST-SD	1:33.07	___
7	Ulrich, Clara	9	SFST-SD	1:34.50	___
8	Travis, Lucy	14	SFST-SD	1:36.78	___
9	Velgersdyk, Evelyn	12	SFST-SD	1:42.31	___

Heat 6 of 8 Finals Starts at 06:55 PM

0	Bohlen, Lydia	13	SFST-SD	1:27.56	___
1	Bormann, Cecilia	11	SFST-SD	1:25.98	___
2	Haala, Olivia	14	SFST-SD	1:22.53	___
3	Gabriel, Nina	16	SFST-SD	1:18.65	___
4	Pitz, Molly	12	SFST-SD	1:17.91	___
5	Cook, Carlee	11	SFST-SD	1:18.09	___
6	Kiessel, Rebekah	14	SFST-SD	1:21.73	___
7	Hermanson, Lyla	12	SFST-SD	1:24.44	___
8	Harris, Gwyn	12	SFST-SD	1:27.45	___
9	Meyer, Margot	10	SFST-SD	1:27.85	___

Heat 7 of 8 Finals Starts at 06:57 PM

0	Olinger, Olivia	17	SFST-SD	1:16.87	___
1	Leedom, Kennedy	14	SFST-SD	1:15.01	___
2	Daly, Sam	13	SFST-SD	1:14.49	___
3	Pass, Elena	13	SFST-SD	1:13.81	___
4	Dickelman, Hadleigh	15	SFST-SD	1:12.56	___
5	Pederson, Clara	14	SFST-SD	1:12.72	___
6	BlueBird, Aurora	12	SFST-SD	1:14.13	___
7	Tiangco, Maia	12	SFST-SD	1:14.51	___
8	Whalen, Hazel	12	SFST-SD	1:16.43	___
9	Matthiesen, Maggie	13	SFST-SD	1:17.61	___

Heat 8 of 8 Finals Starts at 06:59 PM

0	Costain, Autumn	13	SFST-SD	1:12.12	___
1	Letham, Tessa	14	SFST-SD	1:10.47	___
2	Bockholt, Annika	15	SFST-SD	1:08.76	___
3	Baumgartner, Sylvia	17	SFST-SD	1:06.10	___
4	Ritter, Rachel	16	SFST-SD	54.78	___
5	Ulrich, Courtney	17	SFST-SD	1:00.40	___
6	Miller, Gabby	13	SFST-SD	1:08.34	___
7	Reit, Sophia	15	SFST-SD	1:09.13	___
8	Knutson, Lila	13	SFST-SD	1:11.38	___
9	Ulrich, Camilla	13	SFST-SD	1:12.30	___

SFST Intrasquad 1-2-26 - 1/2/2026
Meet Program - Intrasquad

Event 10 Boys 100 Yard Backstroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Finals Starts at 07:01 PM				
0				___
1	Reyes, Emiliano	9	SFST-SD	NT ___
2	Yoshino, Liam	10	SFST-SD	NT ___
3	Shirley, Leo	11	SFST-SD	NT ___
4	Starks, Alexander	13	SFST-SD	NT ___
5	Paliienko, Illia	12	SFST-SD	NT ___
6	Starks, William	11	SFST-SD	NT ___
7	Callahan, Michael	10	SFST-SD	NT ___
8				___
9				___
Heat 2 of 6 Finals Starts at 07:04 PM				
0	McLellan, Caleb	12	SFST-SD	1:57.74 ___
1	Keiper, Carter	14	SFST-SD	1:56.68 ___
2	Splichal Larson, Gabriel	10	SFST-SD	1:54.05 ___
3	Otis, Rowan	9	SFST-SD	1:51.82 ___
4	Velgersdyk, Patrick	10	SFST-SD	1:48.77 ___
5	Lunser, Xander	12	SFST-SD	1:50.58 ___
6	Boots, Layton	8	SFST-SD	1:52.24 ___
7	Dillard, Amiri	11	SFST-SD	1:54.64 ___
8	Manning, Jeremiah	10	SFST-SD	1:57.37 ___
9	Hall, Teddy	8	SFST-SD	1:58.14 ___
Heat 3 of 6 Finals Starts at 07:06 PM				
0	Manning, Jaren	12	SFST-SD	1:44.61 ___
1	Flemming, Max	12	SFST-SD	1:40.78 ___
2	Zuercher, Owen	12	SFST-SD	1:39.16 ___
3	Warren, Ace	11	SFST-SD	1:38.88 ___
4	Bassett, Liam	12	SFST-SD	1:36.22 ___
5	Thum, Jackson	10	SFST-SD	1:37.11 ___
6	Zuercher, Evan	10	SFST-SD	1:38.89 ___
7	Pesola, Jonah	10	SFST-SD	1:39.93 ___
8	Nyangamoi, Benjamin	12	SFST-SD	1:42.89 ___
9	Ashton, Gabe	10	SFST-SD	1:48.46 ___
Heat 4 of 6 Finals Starts at 07:09 PM				
0	Meyer, Samuel	12	SFST-SD	1:33.42 ___
1	Vinzant, Cam	11	SFST-SD	1:29.28 ___
2	Pass, Marcus	9	SFST-SD	1:26.94 ___
3	VanKeulen, Ashton	9	SFST-SD	1:23.33 ___
4	Hinrich, Kolton	11	SFST-SD	1:22.67 ___
5	Pizer, James	13	SFST-SD	1:23.16 ___
6	Bueltel, Barrett	13	SFST-SD	1:25.19 ___
7	Bassett, Killian	11	SFST-SD	1:26.94 ___
8	Vanderlip, Hudson	11	SFST-SD	1:30.99 ___
9	Mawhiney, Carter	11	SFST-SD	1:33.94 ___

Heat 5 of 6 Finals Starts at 07:11 PM				
0	Nyangamoi, Gideon	13	SFST-SD	1:21.27 ___
1	Place, Asher	12	SFST-SD	1:20.25 ___
2	Vankeulen, Grayson	11	SFST-SD	1:19.44 ___
3	Reilly, Keegan	11	SFST-SD	1:18.42 ___
4	Hovdestad, Hudson	13	SFST-SD	1:15.81 ___
5	Bockholt, Bryce	12	SFST-SD	1:18.10 ___
6	Harris, Andre	11	SFST-SD	1:18.82 ___
7	Lucklum, Colin	15	SFST-SD	1:19.86 ___
8	Ulrich, Camden	11	SFST-SD	1:21.07 ___
9	Ware, Simon	12	SFST-SD	1:22.42 ___
Heat 6 of 6 Finals Starts at 07:13 PM				
0	Baker, Liam	13	SFST-SD	1:14.74 ___
1	Ware, Oliver	15	SFST-SD	1:09.29 ___
2	Costain, Gage	17	SFST-SD	1:03.12 ___
3	Erickson, Dane	16	SFST-SD	56.82 ___
4	Miller, Andrew	15	SFST-SD	55.94 ___
5	Gugel, Ethan	13	SFST-SD	56.12 ___
6	Volzke, Isaiah	14	SFST-SD	59.24 ___
7	Kemper, Crew	13	SFST-SD	1:07.61 ___
8	Lee, Hudson	13	SFST-SD	1:10.20 ___
9	Mahrous, Gavin	9	SFST-SD	1:15.08 ___

Event 11 Mixed 200 Yard Medley Relay			
Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals Starts at 07:20 PM			
0	SFST-SD	S	2:38.80 ___
	1) Harris, Gwyn W12	2) Bormann, Cecilia W11	
	3) Bassett, Killian M11	4) Flemming, Max M12	
1	SFST-SD	Q	2:33.97 ___
	1) Pizer, James M13	2) Pass, Marcus M9	
	3) Ashton, Belle W12	4) Kleinjan, Evelyn W14	
2	SFST-SD	O	2:24.19 ___
	1) Ulrich, Camden M11	2) Bueltel, Barrett M13	
	3) Kiessel, Rebekah W14	4) Olinger, Olivia W17	
3	SFST-SD	M	2:20.75 ___
	1) Mahrous, Gavin M9	2) Baumgartner, Stella W14	
	3) Place, Asher M12	4) Leedom, Kennedy W14	
4	SFST-SD	K	2:15.57 ___
	1) Pederson, Clara W14	2) Hinrich, Kolton M11	
	3) Hovdestad, Hudson M13	4) Whalen, Hazel W12	
5	SFST-SD	L	2:18.06 ___
	1) Harris, Andre M11	2) Pitz, Molly W12	
	3) Vankeulen, Grayson M11	4) Bohlen, Lydia W13	
6	SFST-SD	N	2:21.46 ___
	1) Daly, Sam W13	2) Matthiesen, Maggie W13	
	3) Haala, Olivia W14	4) Vinzant, Cam M11	
7	SFST-SD	P	2:30.47 ___
	1) Gabriel, Nina W16	2) Cook, Carlee W11	
	3) Nyangamoi, Gideon M13	4) Reilly, Keegan M11	
8	SFST-SD	R	2:36.90 ___
	1) Meyer, Margot W10	2) Keiper, Carter M14	
	3) Gabriel, Noelle W15	4) VanKeulen, Ashton M9	
9	SFST-SD	T	2:42.68 ___
	1) Harris, Adria W13	2) Hermanson, Lyla W12	
	3) Bobic, Charlotte W10	4) Manning, Jaren M12	

SFST Intrasquad 1-2-26 - 1/2/2026
Meet Program - Intrasquad

Heat 2 Finals (#11 Mixed 200 Yard Medley Relay)				
0	SFST-SD	I	2:09.65	___
	1) Baker, Liam M13	2) Scheitler, Brooke W12		
	3) Dickelman, Hadleigh W15	4) Letham, Tessa W14		
1	SFST-SD	G	2:06.01	___
	1) Baumgartner, Sylvia W17	2) Bockholt, Bryce M12		
	3) Costain, Autumn W13	4) Bockholt, Annika W15		
2	SFST-SD	E	1:57.13	___
	1) Hinrich, Kinley W11	2) Kemper, Crew M13		
	3) Ware, Oliver M15	4) Tiangco, Lia W16		
3	SFST-SD	C	1:49.72	___
	1) Hinrich, Kyla W14	2) Gugel, Ethan M13		
	3) Wagers, Keira W16	4) Volzke, Isaiah M14		
4	SFST-SD	A	1:44.07	___
	1) Hinrich, Kenzie W17	2) Jerstad, Christian M16		
	3) Pardy, Thomas M15	4) Pickett, Colin M16		
5	SFST-SD	B	1:47.63	___
	1) Ritter, Rachel W16	2) Huber, Sophia W18		
	3) Miller, Andrew M15	4) Erickson, Dane M16		
6	SFST-SD	D	1:52.81	___
	1) Ulrich, Courtney W17	2) Ulrich, Cameron M15		
	3) Wagers, Rylee W12	4) Costain, Gage M17		
7	SFST-SD	F	2:01.55	___
	1) Knutson, Lila W13	2) Blom, Roxy W13		
	3) Lee, Hudson M13	4) Reit, Sophia W15		
8	SFST-SD	H	2:07.35	___
	1) Bidus, Halle W14	2) Tiangco, Maia W12		
	3) Miller, Gabby W13	4) Ware, Simon M12		
9	SFST-SD	J	2:12.97	___
	1) Ulrich, Camilla W13	2) BlueBird, Aurora W12		
	3) Lucklum, Colin M15	4) Pass, Elena W13		

Heat 3 of 4 Finals Starts at 07:45 PM				
0	Lee, Hudson	M13	SFST-SD	5:25.35 ___
1	Miller, Gabby	W13	SFST-SD	5:07.15 ___
2	Costain, Gage	M17	SFST-SD	4:55.45 ___
3	Hinrich, Kyla	W14	SFST-SD	4:43.78 ___
4	Volzke, Isaiah	M14	SFST-SD	4:38.20 ___
5	Ulrich, Cameron	M15	SFST-SD	4:39.35 ___
6	Tiangco, Lia	W16	SFST-SD	4:54.77 ___
7	Ulrich, Courtney	W17	SFST-SD	5:05.81 ___
8	Bidus, Halle	W14	SFST-SD	5:16.07 ___
9	Bockholt, Annika	W15	SFST-SD	5:25.62 ___
Heat 4 of 4 Finals Starts at 07:51 PM				
0	Hinrich, Kenzie	W17	SFST-SD	4:33.01 ___
1	Huber, Sophia	W18	SFST-SD	4:28.64 ___
2	Miller, Andrew	M15	SFST-SD	4:27.32 ___
3	Jerstad, Christian	M16	SFST-SD	4:25.69 ___
4	Pickett, Colin	M16	SFST-SD	3:59.46 ___
5	Ritter, Rachel	W16	SFST-SD	4:20.20 ___
6	Gugel, Ethan	M13	SFST-SD	4:26.95 ___
7	Pardy, Thomas	M15	SFST-SD	4:27.47 ___
8	Erickson, Dane	M16	SFST-SD	4:31.36 ___
9	Wagers, Keira	W16	SFST-SD	4:35.76 ___

Event 12 Mixed 400 Yard IM

Lane	Name	Age	Team	Seed	Time
Heat 1 of 4 Finals Starts at 07:32 PM					
0	Harris, Andre	M11	SFST-SD	NT	___
1	Ashton, Belle	W12	SFST-SD	NT	___
2	Wagers, Rylee	W12	SFST-SD	NT	___
3	Bockholt, Bryce	M12	SFST-SD	NT	___
4	Scheitler, Brooke	W12	SFST-SD	NT	___
5	BlueBird, Aurora	W12	SFST-SD	NT	___
6	Place, Asher	M12	SFST-SD	NT	___
7	Tiangco, Maia	W12	SFST-SD	NT	___
8	Hinrich, Kinley	W11	SFST-SD	NT	___
9					___
Heat 2 of 4 Finals Starts at 07:38 PM					
0	Blom, Roxy	W13	SFST-SD	NT	___
1	Kleinjan, Evelyn	W14	SFST-SD	NT	___
2	Ware, Oliver	M15	SFST-SD	5:50.09	___
3	Matthiesen, Maggie	W13	SFST-SD	5:48.37	___
4	Ulrich, Camilla	W13	SFST-SD	5:31.50	___
5	Daly, Sam	W13	SFST-SD	5:37.02	___
6	Baumgartner, Stella	W14	SFST-SD	5:48.69	___
7	Pass, Elena	W13	SFST-SD	6:06.60	___
8	Bueltel, Barrett	M13	SFST-SD	NT	___
9	Harris, Adria	W13	SFST-SD	NT	___